

The Madison Chatham Coalition

Chatham

Student Survey Report 2019

Student Survey Report

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Introduction



Student Survey Report

The need for such a survey is clear. The “drug problem” and the context within which substance use and abuse occurs will not improve without intervention.

Like other local and national studies of drug use, this survey attempts to shed light on and more accurately describe the ever-changing use of illicit drugs by youth. With prevalence and trend data, public debate can be enhanced and resources and policymaking can be based on evidence, not misconceptions. Information received through this survey has been very valuable in helping community organizations, coalitions, and schools develop needed research- and evidence-based prevention and intervention services throughout Chatham, NJ.

The 2019 Youth Survey involved 1805 Chatham students from grades 6-12. The survey was administered during the month of February in 2019. The study describes recent trends in the use, perceived harm, parental and peer disapproval associated with a variety of drugs. Other contextual features (perceived safety, physical and emotional status, etc.) are also presented. This report is divided into 5 sections. First, we outline the **Study Design and Methods** used in the implementation of the study, including a description of the population of students involved in the study. This is followed by an **Executive Summary** of the 2019 survey. This section contains a brief discussion of the study. Based on the fact that no two substances are used, acquired, or perceived in the same ways—and that significant differences exist in the data between the drug classes—we provide **Specific Results for 30 Day Use, Perception of Risk of Harm, Perception of Parental Disapproval** and **Perception of Peer Disapproval**, which are the Core Measures tracked by the federal government for Alcohol, Tobacco, Marijuana, and Prescription Drugs. Additionally, **Risk and Protective Factors** are identified in the survey, including school factors, activity levels and types, and perceptions of safety.

Study Design and Methods

The background is a solid blue color. It features a large, faint, light-blue geometric shape in the center, resembling a stylized cross or a four-pointed star with rounded ends. This central shape is surrounded by four smaller, solid blue circles, one in each quadrant (top, bottom, left, and right).

Student Survey Report

The Madison Chatham Coalition contracted with Epiphany Community Services to deliver the biannual drug and alcohol survey, based on the Communities That Care Survey for a random sample of students in grades 6-12. The final analysis was completed by Epiphany Community Service, LLC. The survey was given in February of 2019. A total of 1805 surveys were completed with rejection rate/ incompleteness rate of 1.2% (22 surveys) for a total 1,783 surveys being used, providing a greater than 95% confidence level of the results.

Surveys were rejected when:

1. The student answered questions inconsistently
2. The student answered they took all of the drugs all of the time at the highest level possible
3. Surveys were considered incomplete if less than 75% of the survey questions were answered.

Because of the size of the 2019 survey (N=1,783, representing a total population of 2,254) in grades 6-12. The margin of error for all respondents is estimated to be approximately 1.1% with a 95% confidence interval. Such a confidence interval means that for any particular statistic reported there is a 95% probability that the true value falls in a range from -1.1 to + 1.1 around the value. For example, if 75% of respondents endorse a particular item, then the reader can interpret this to mean there is a 95% chance the true score falls in the range of 73.9% to 76.1%. The confidence interval decreases along and the margin of error increases as the grades are broken down. The grade and gender breakdown is depicted in the following table.

Male	Female	Transgender/ Gender Variant	6 th Grade	7 th Grade	8 th Grade	9 th Grade	10 th Grade	11 th Grade	12 th Grade
837	925	14	271	255	268	272	276	235	202

Student Survey Report

Limitations

It is important to note that survey results are based on the responses of students who were in attendance the day the survey was administered as well as the proportion of respondents to each individual question. Since some students were not present and some did not answer every question on the survey, not every question was based on the same number of respondents.

It is also important to note that self-reported is sometimes criticized for being inaccurate; especially when the target population is youth or the topic under question is illicit drug use behavior. Self-reports can be influenced by a variety of factors, including lapses in memory, the desire to appear a certain way (either “better” or “worse than one’s actual behavior might indicate), and the ability to comprehend the question. Specific research procedures can be put in place to increase the chances of students reporting truthfully. It has been found that school-based; self-administered surveys like the 2019 Youth Survey “appear to yield higher prevalence than either telephone surveys or face-to-face interviews, but lower prevalence than biochemical indicators of substance use or methods that provide even greater anonymity. The most objective comparison data, and low self-reported use of a fictitious drug suggest that most self-reported behaviors on school-based surveys are likely valid but some underreporting may occur.” While self-reports have their weaknesses, they are perhaps one of the best ways to determine many of the things we are seeking in this survey, like age of onset, perceptions of harm, and perceptions of availability. “Survey research can provide a more thorough profile of drug use and abuse among a broader cross section of the population; it can also provide a much greater range of information for use in designing intervention strategies.”¹

Format of the Report

The report is laid out in a graphical format depicting use for all grades, broken down by grade and gender for core measures of substance using behavior. The report is broken down into the key categories of the four core measures, past year use, access, risk factors, protective factors, and family.

Executive Summary



Student Survey Report

Core Measures

- The highest rate of use for the past 30 days was for alcohol (16.5%), followed by e-cigarettes (9.8%), and marijuana (7.1%).
- Almost half (47.7%) of all 12th graders and over a third (33.9%) of 11th graders used alcohol in the past 30 days.
- Of those substances used in the past 30 days, respondents were more likely to get them from peers, either in school (7.6%) or outside of school (6.1%).
- When asked how the substances were obtained, students reported they were purchased (9.3%) or given to them (9.0%).
- Students perceived the following as great or moderate risk for harming themselves: cigarettes (94.6%), followed by prescription drugs that were not prescribed to them (94.1%), and binge drinking (81.9%).
- Students perceived the most parental disapproval for cigarettes (99.0%), followed by prescription drugs not prescribed to them (98.2%), and smoking marijuana regularly (95.0%).
- Students perceived the most peer disapproval for cigarettes (92.9%), followed by prescription drugs not prescribed to them (90.8%), and for taking one or two drinks of an alcoholic beverages nearly every day (75.9%).
- More than half of students disapprove of someone their age having one or two drinks of an alcoholic beverage nearly every day (86.6%).
- When asked how often they witnessed a student vaping in the restroom, overall, almost half (45.7%) said never.
- However, 54.3% of high school students reported seeing at least one person vaping in the past year, with 9.7% of those seeing at least one person vaping in the past day.

Risk and Protective Factors

- Most students reported getting mostly A's (67.9%) or B's (30.3%) on their report cards, and 1.8% describing their grades as mostly C's or lower.
- When asked how many hours per night they spent on homework, the highest response was 1-2 hours (45.3%) and 29.6% spent less than 1 hour on homework per night.

Student Survey Report

Risk and Protective Factors Continued

- When asked where academic pressure comes from, most said from themselves (73.6%), followed by parents (49.4%).
- Students mostly self-reported being in very good (46%) or excellent (30%) health, and 6.2% describing their health as fair or poor.
- When asked how many hours of sleep they typically get during the school week, 90.7% of students reported getting less than 9 hours of sleep and 62.9% getting less than 8 hours of sleep per night during the week.
- When asked how many hours of sleep they typically get on the weekend, most students said 9 or more hours (57.2%), followed by 8 hours (26.2%).

Stress

- When asked how much stress they experience in a typical week, almost half of the students reported having moderate stress (41.7%), followed by a little stress (35.4%).
- Female students reported feeling more moderate and great stress than males.
- When asked what their response to stress was, the most common answer, overall, was cool and calm under pressure (41.9%), followed by jittery (29.8%). 34.9% of females reported their response to stress was jittery and I cannot sit still compared to males, 24.3%.
- When asked how often they felt unable to control important things in their life, the most common answer was sometimes (42.5%), followed by almost never (28.9%), leaving 17.7% that reported fairly often or very often.
- When asked how often they found they could not cope with all the things they had to do, the most common answer was almost never (34.6%), followed by sometimes (33.6%), leaving 14.3% reporting that they could not cope fairly often or very often.

Wellness

- When asked how they felt about themselves, the most common answer was somewhat positive (36.5%), followed by very positive (31.4%). 17.6% reported they felt very negative or somewhat negative about themselves.
- However, males (38.5%) and 6th graders (41.4%) were more likely to say very positive.

Student Survey Report

Wellness Continued

- When asked how often they take time to do something they enjoy, almost half (49.1%) said fairly often, followed by very often (27.8%).
- Students were asked how they would feel if they sat in silence with no distractions. The most common answer was calm (38.2%), followed by tired (25.1%).
- Students were asked how many hours a day they spend texting, emailing, video chatting, or socializing online. The most common response was 1-2 hours (41.9%), followed by 3-4 hours (28.0%).
- Most students (77.5%) disagreed that it is okay to send racy or sexual messages or pictures electronically.
- As students get older, the more permissible they are about sending racy or sexual messages and pictures.
- When asked if they had ever sent a racy or sexual picture, most students said no (93.1%).
- Most students (77.4%) also said they have never received a racy or sexual picture.
- Most students (83.6%) reported not having spent more than two weeks in a row feeling sad and hopeless.
- When asked how many times they did something to purposefully hurt themselves, most students (91.1%) said zero times.
- When asked if they ever seriously considered attempting suicide, 92.7% said no.
- When asked if they made a plan to attempt suicide, 95.9% said no.
- Most students reported feeling moderately (50.4%) or very safe (35.9%) at school.
- Students also reported feeling moderately (34.7%) or very safe (49.1%) when a police officer is present at school.
- When asked how often they think about a potential school shooting, the most common response was a little bit (42.5%), followed by not at all (25.5%).

Student Survey Report

Multi-year Comparison

- In 2016, 18.8% of students reported they had used alcohol in the past 30 days, compared to 16.5% in 2019.
- Students perception of great risk for trying marijuana once or twice decreased in 2019 to 14.5% from 18.7% in 2016.
- 24.3% of students reported in 2016 there was a great risk associated with using an e-cigarette/vape pen increased to 35.2% in 2019.
- 74.3% of students reported in 2019 their parents would find it very wrong to use an e-cigarette/vape pen, compared to 64.7% in 2016.
- Students reported their peers would disapprove (very wrong) of trying marijuana once or twice decreased by almost 8 % since 2016.
- Students reported their peers would disapprove (very wrong) of using an e-cigarette/vape pen decreased by 7 % since 2016.
- Students reported in 2019 , that 41.9% were cool and calm under pressure compared to 2016 (38.0%).
- In 2016, when asked how do you feel when you sit in silence with no distraction , 20.6% said they felt jittery and could not sit still increasing to 16.3% in 2019.
- 30.3% of students reported they had spent 3 or more hours of homework in 2016, texting, emailing, video chatting or socializing online compared to 36.1% in 2019.
- When asked how often they had felt they were unable to control important things in their life, in 2016, 7.6% reported very often decreasing to 10.8% in 2019.
- When asked if they found that they could not cope with all of the things they had to do, in 2016 14.0% reported very often compared to 11.2% in 2019.
- Students reported in 2016, 44.4% fairly often took time to do something they enjoyed, increasing to 49.1% in 2019.

Conclusions



Student Survey Report

Several conclusions can be drawn from the data. These include: For the most part, kids who attend school in Chatham do not use drugs. The drugs of choice for those that do use drugs are alcohol, e-cigarettes, and marijuana. Older students are more likely to use substances. Students perceive less risk and disapproval as they get older. Most Chatham students get good grades and report being happy and healthy. High school students were more likely to report getting less sleep and having more stress. Prescription drugs use, not prescribed to them has decreased for pain relievers, stimulants and tranquilizers since 2016.

Recommendations



Student Survey Report

Several recommendations can be made as a result of the data in order to affect the results and better utilize the information provided. These include:

1. Review the data with others in the community and school to provide appropriate context for the information provided.
2. Reinforce the positive choices students are making to ensure all youth understand that use is not the norm.
3. Reinforce to the students the risks associated with e-cigarettes.
4. Promote healthy coping mechanisms to deal with stress.
5. Work with the school district to identify and implement best practices to reduce vaping use on campus. This may include both an individual and environmental approach.
6. Conduct additional data collection to determine the gaps in supports for those who have identified as seriously considering attempting suicide.
7. Conduct additional data collection to identify potential reasons for males feeling more stress than females.
8. Work collaboratively with local partners to address the mental health and wellness issues students are facing.
9. Act as a resource for data to other organizations in the community as appropriate.
10. Coordinate with other school districts in the community to ensure a comprehensive and consistent approach to addressing issues that students face.

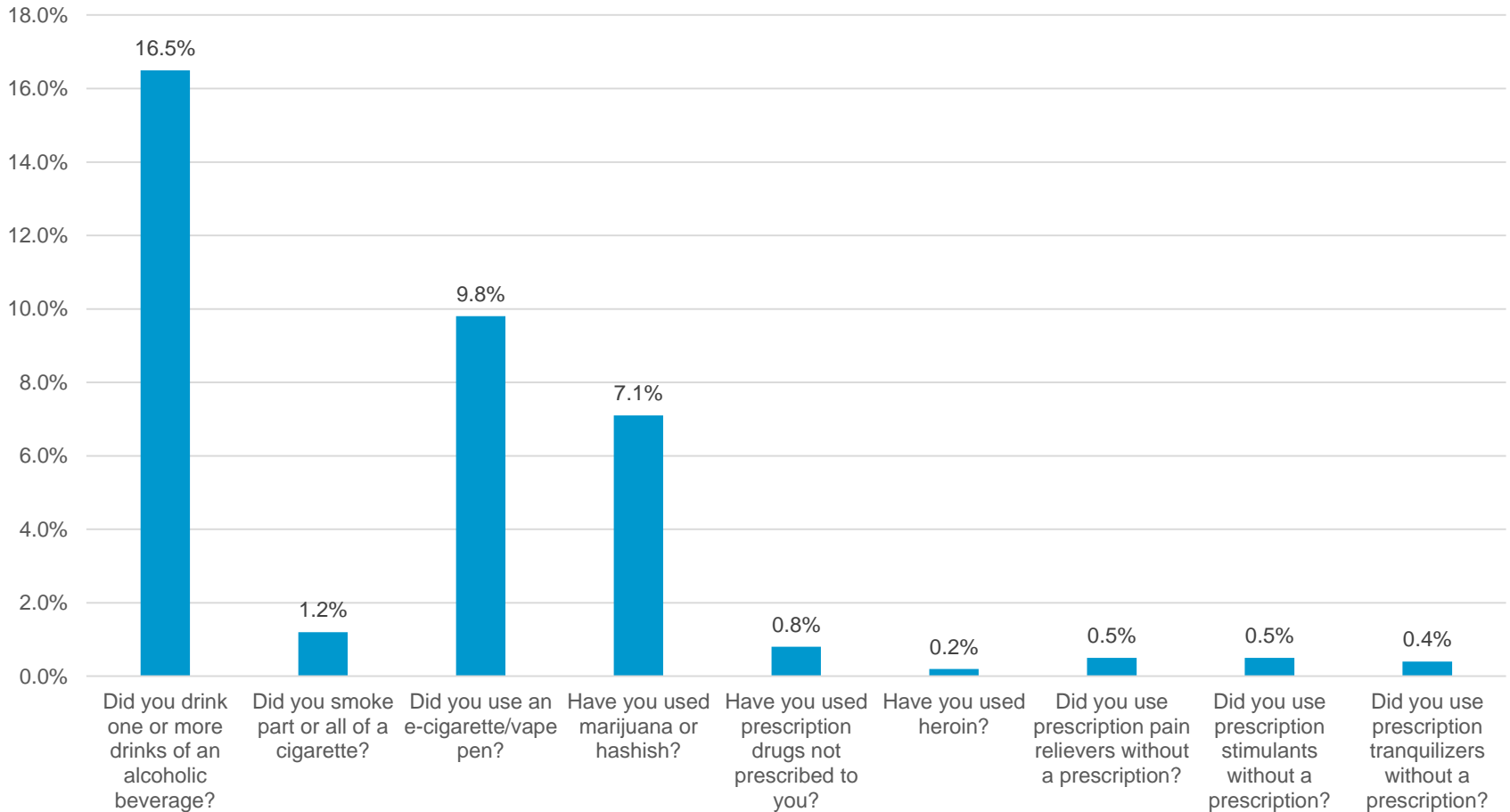
ADDITIONAL RECOMMENDATIONS MAYBE ADDED BASED ON REVIEW OF DATA WITH COALITION

30 Day Use

30 day use of alcohol, tobacco, marijuana and prescription drugs is directly related to the number of youth who say they have used at least once in the last 30 days. This measure is predictive and indicative of regular use as well as potential for future use.

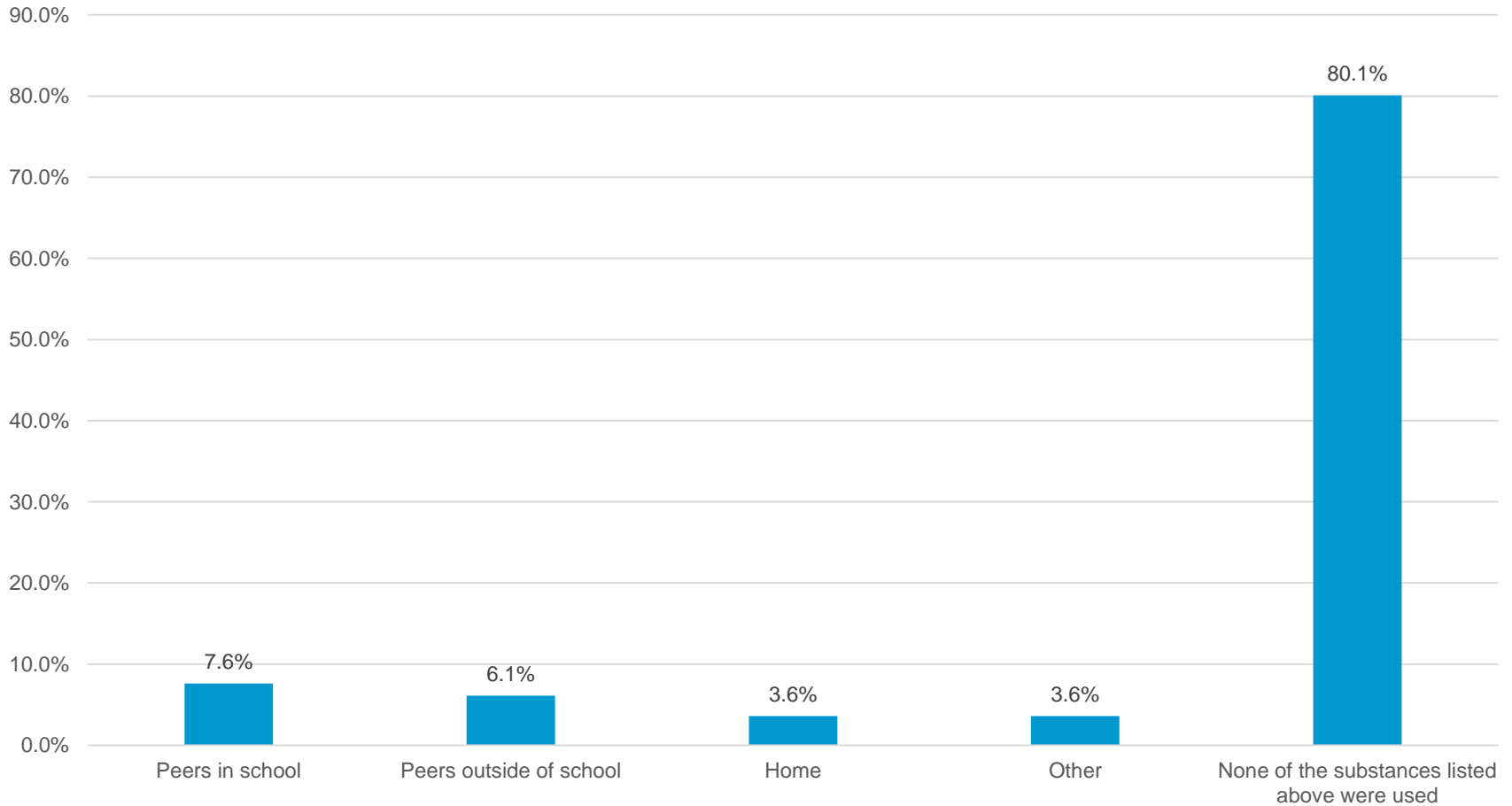
Student Survey Report

During the past 30 days:



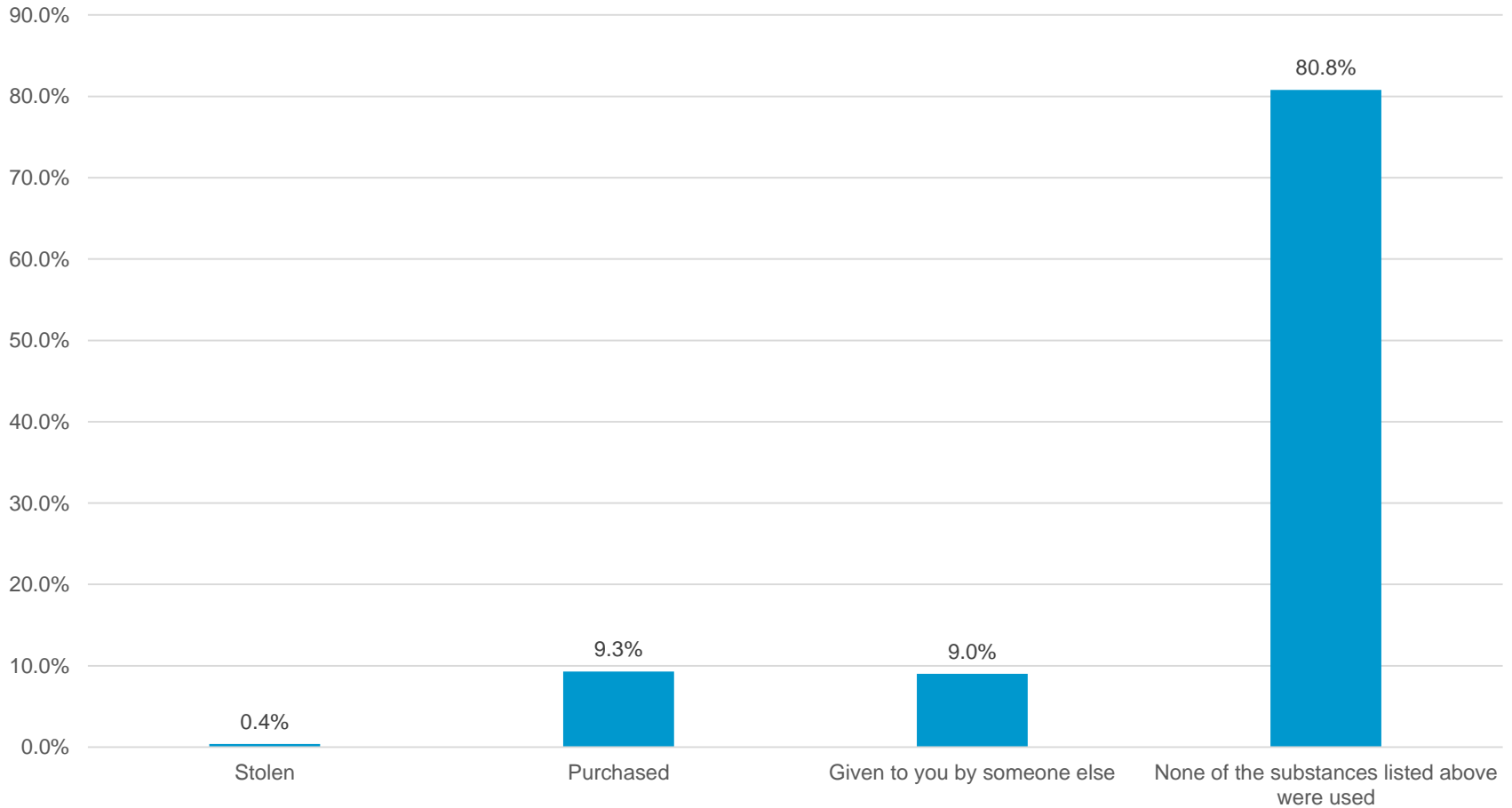
Student Survey Report

If any of the substances listed above were used, where did they come from?



Student Survey Report

If any of the substances listed above were used, how were they obtained?

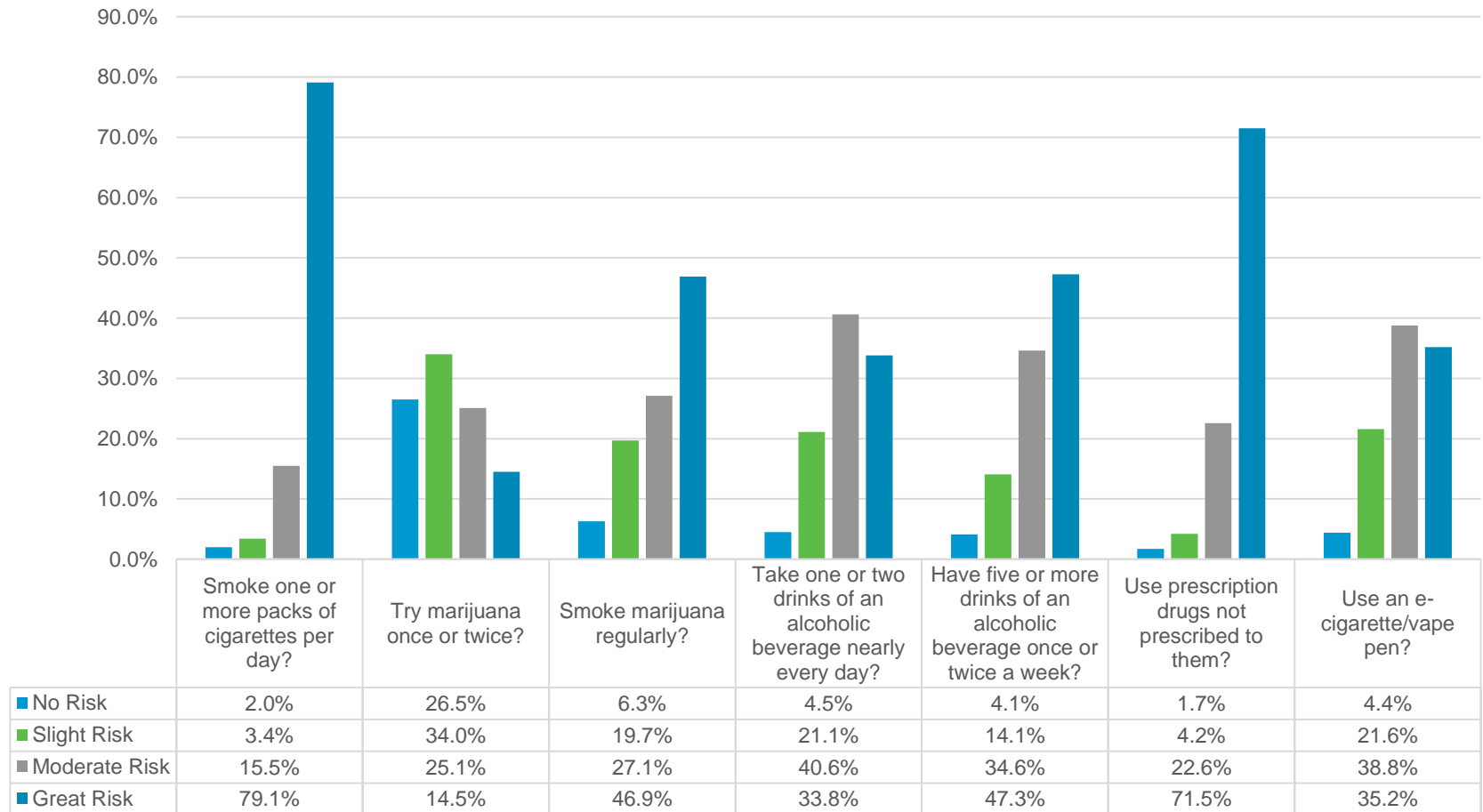


Perception of Risk of Harm

Perceived harm from nicotine (cigarettes), smoking marijuana, and drinking alcohol (beer, wine, and liquor) are indicators of why youth use or do not use.

Student Survey Report

How much do you think people risk harming themselves if they:

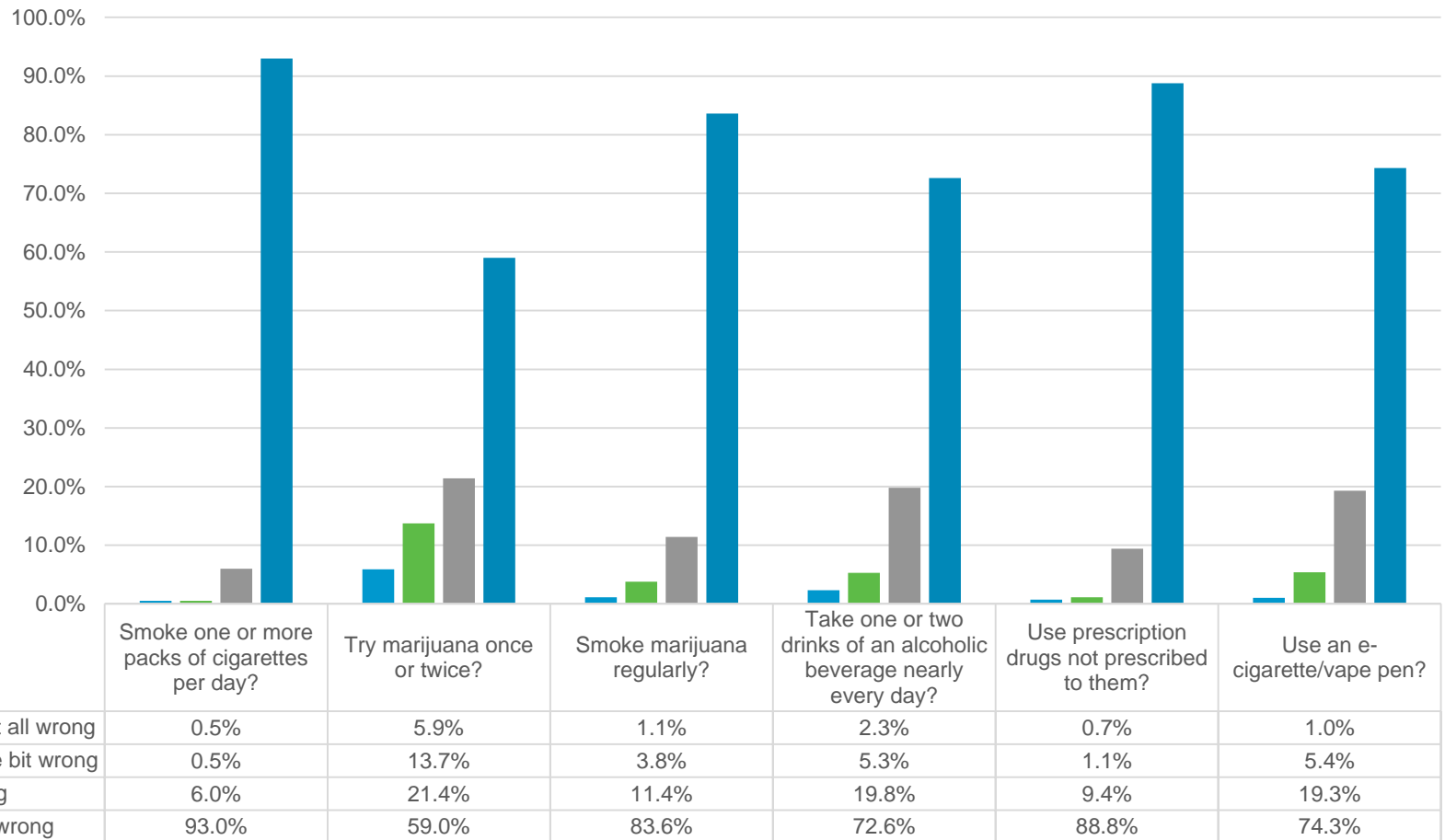


Perception of Parental Disapproval

Perceived parental disapproval is an important factor in whether or not children use substances. Research indicates that “youths who perceive that their parents disapprove of substance use and who report that their parents are involved in their day-to-day activities [helped with homework, limited TV watching, made the child do chores around the house, let the child know they are proud of them, etc.] are less likely than those who do not to use alcohol, tobacco, or illicit drugs.”¹⁰ This research also indicates that perceived disapproval and parental involvement decreases as children age.

Student Survey Report

How wrong do your parents/guardians feel it would be for you to:

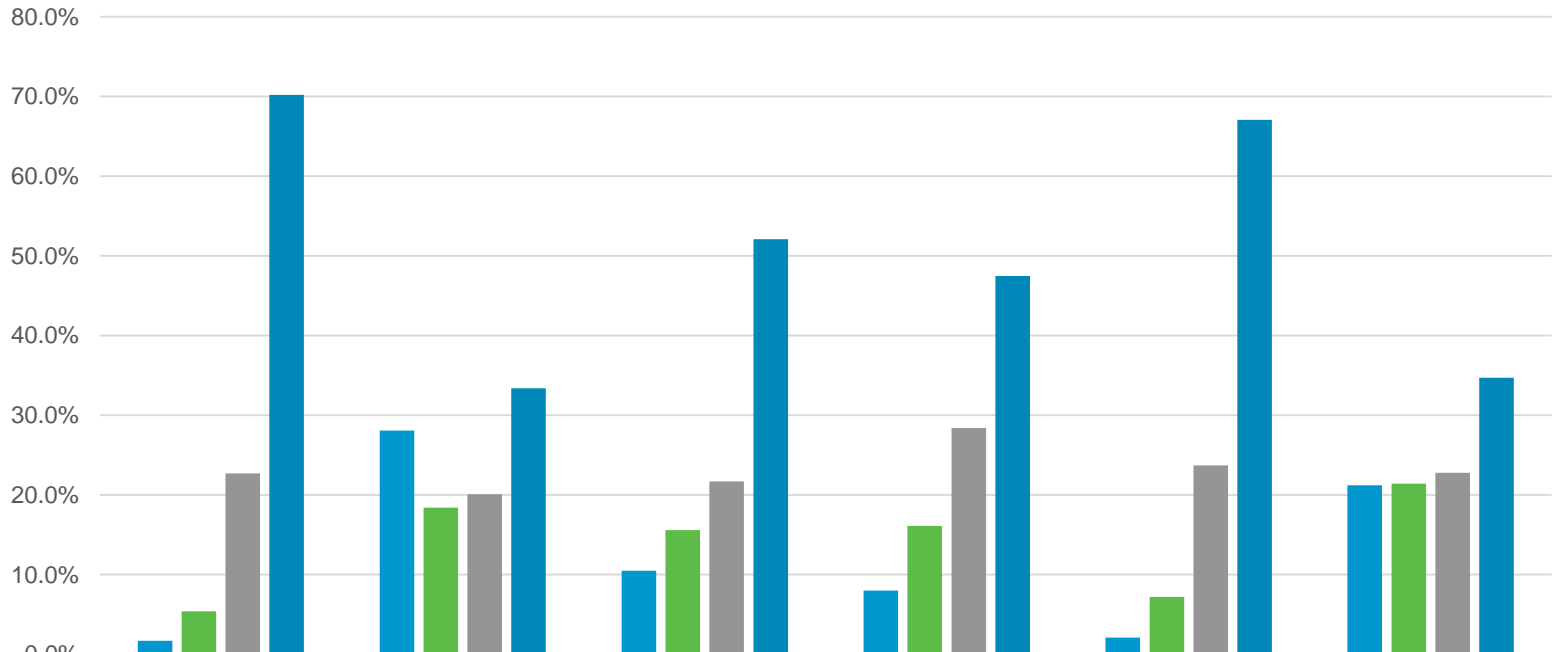


Perceptions of Peer and Personal Disapproval

Peer disapproval is linked to the notion of “peer pressure” to use. The higher the perception of approval the more likely a youth will make the decision to use, regardless of actual use rates.

Student Survey Report

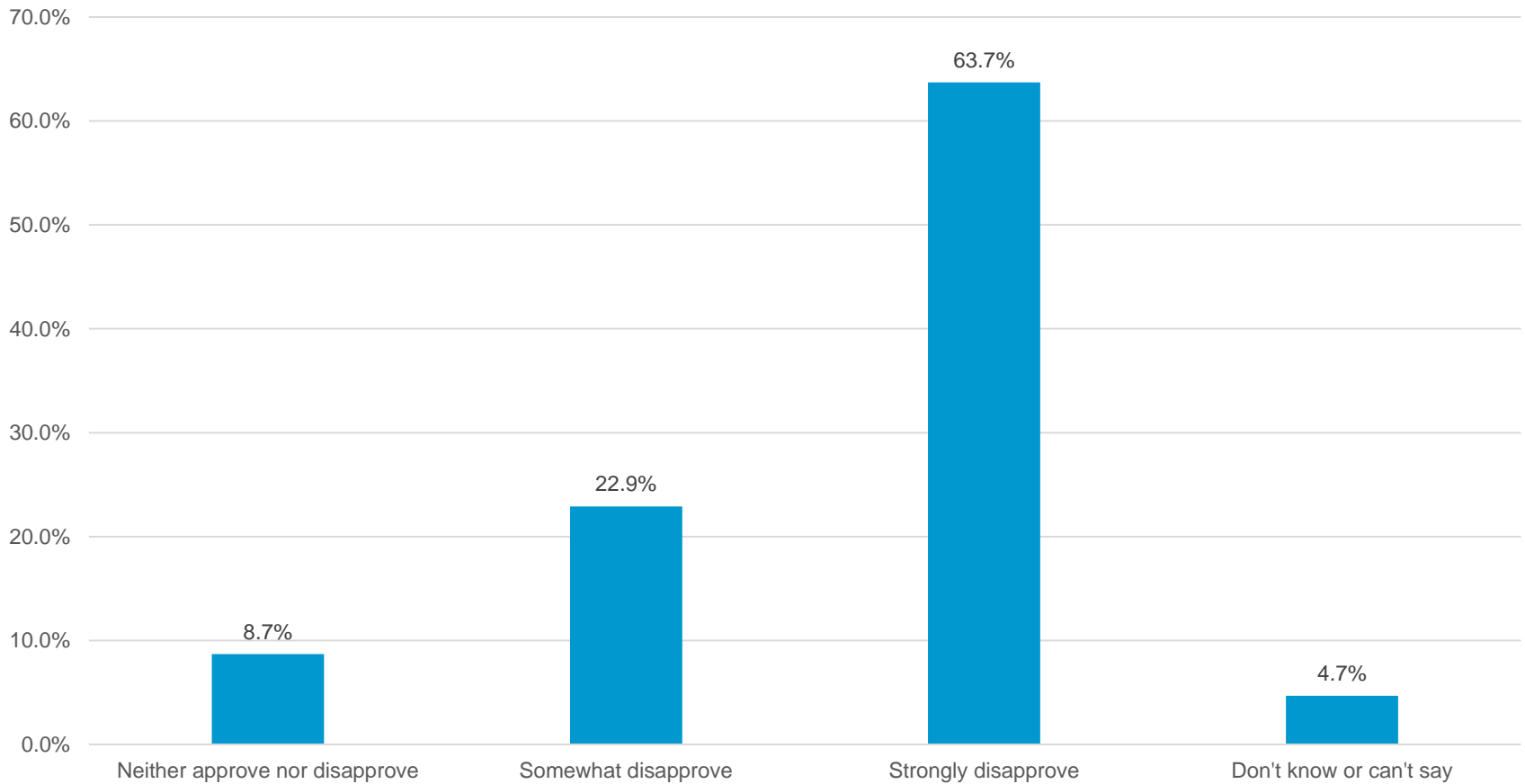
How wrong do your friends feel it would be for you to:



	Smoke one or more packs of cigarettes per day?	Try marijuana once or twice?	Smoke marijuana regularly?	Take one or two drinks of an alcoholic beverage nearly every day?	Use prescription drugs not prescribed to them?	Use an e-cigarette/vape pen?
■ Not at all wrong	1.7%	28.1%	10.5%	8.0%	2.1%	21.2%
■ A little bit wrong	5.4%	18.4%	15.6%	16.1%	7.2%	21.4%
■ Wrong	22.7%	20.1%	21.7%	28.4%	23.7%	22.8%
■ Very wrong	70.2%	33.4%	52.1%	47.5%	67.1%	34.7%

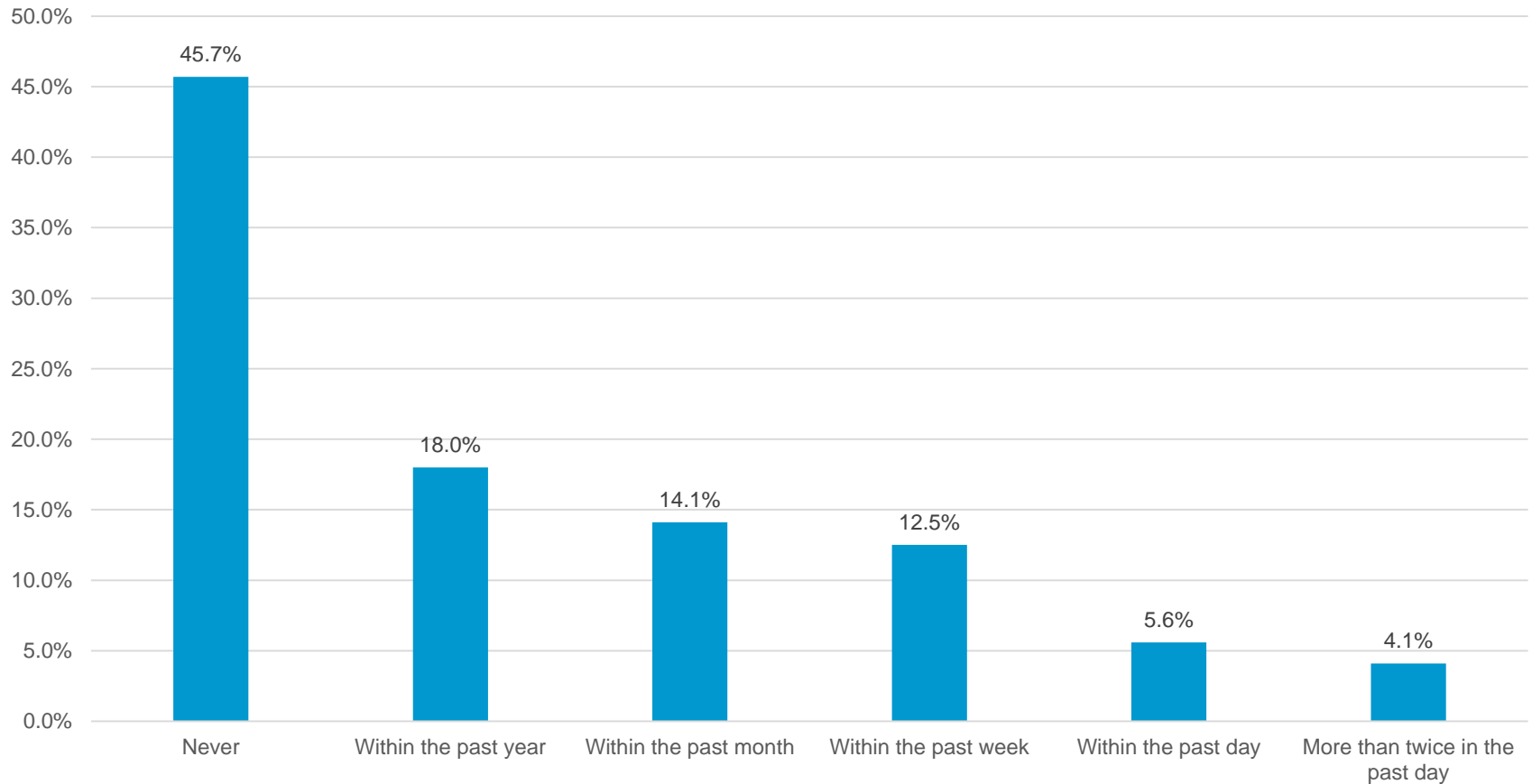
Student Survey Report

How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day?



Student Survey Report

How often have you witnessed another student vaping in the restroom of your school?

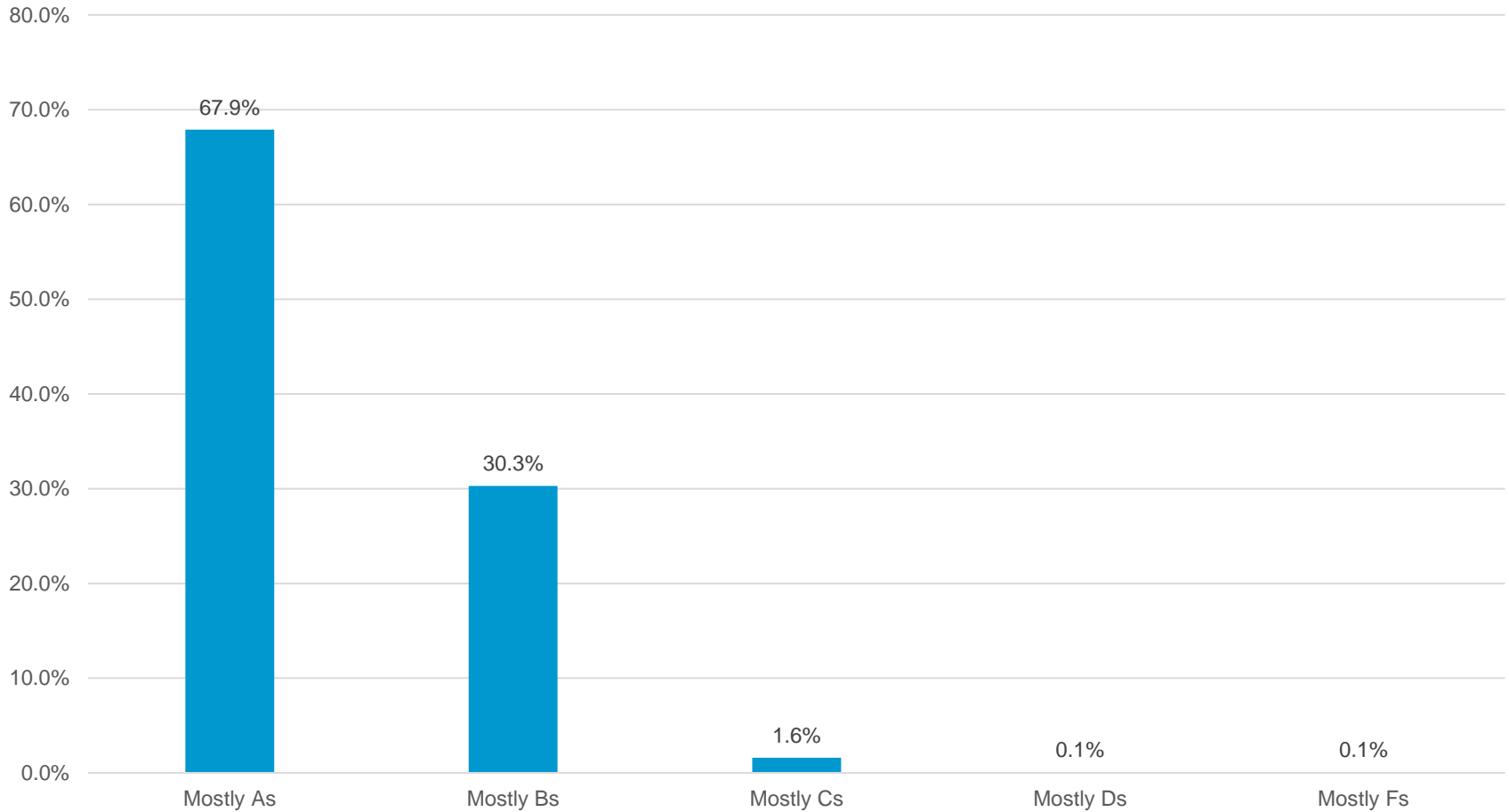


Risk and Protective Factor Data Findings

The discipline of epidemiology (the study of factors impacting health in populations) has developed four constructs to help measure and describe drug use: host, agent, vector, and environment. The host is the person or population using drugs. The agent is the drug. The vector is the mechanism by which agents are distributed. And, the environment includes “familial, social, cultural, historical, economic, political, legal, and media factors”² in which the agent, host, and vectors function. “Without accurate knowledge of the epidemiology, the development and implementation of prevention, treatment, and policy mechanisms to deal with drug abuse cannot succeed.”² In this section, we will examine a number of environmental factors, including school factors, activity levels and types, perceptions of safety, mental health factors, and sources of support.

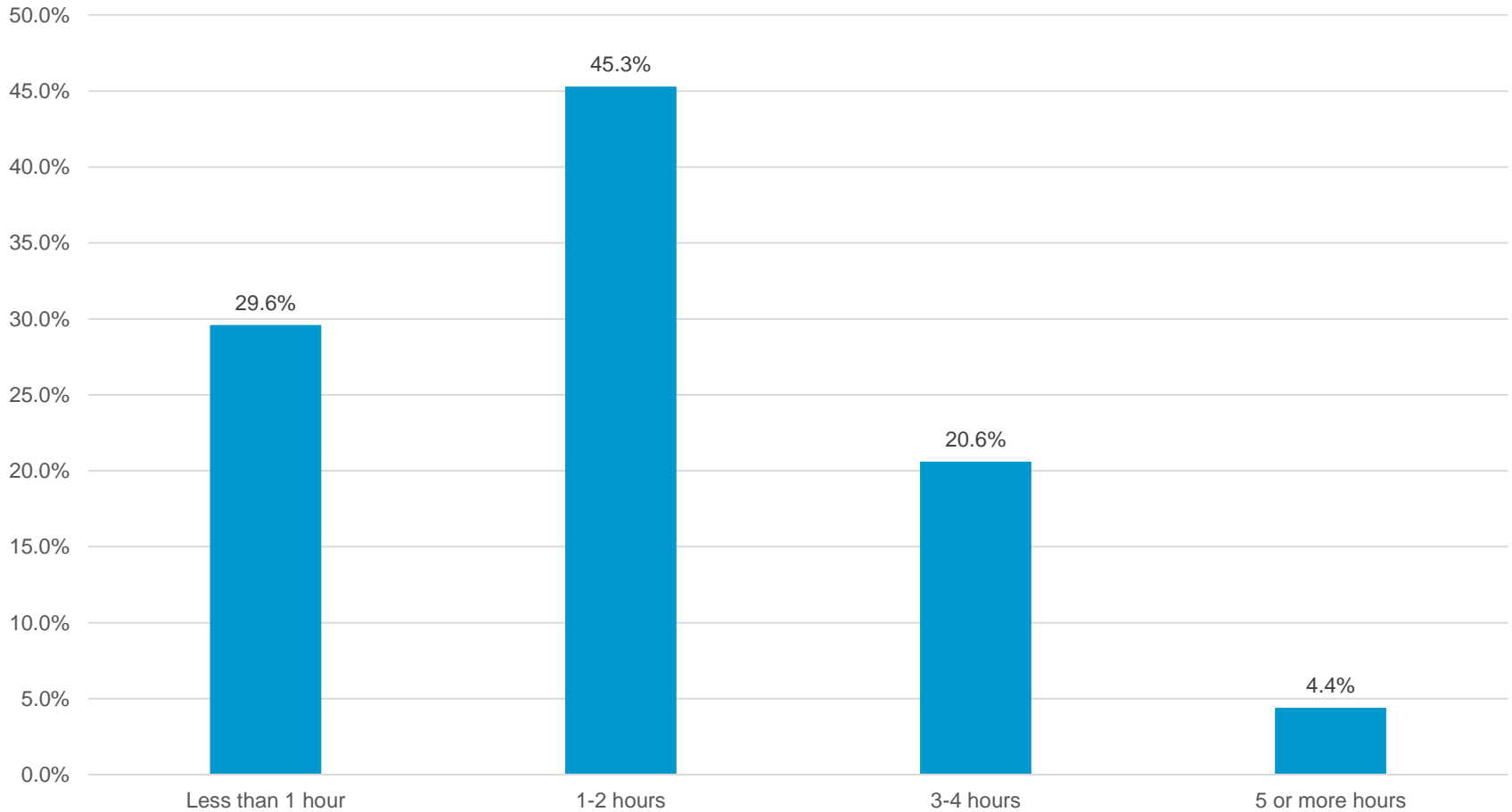
Student Survey Report

During this school year, how would you describe your grades in school?



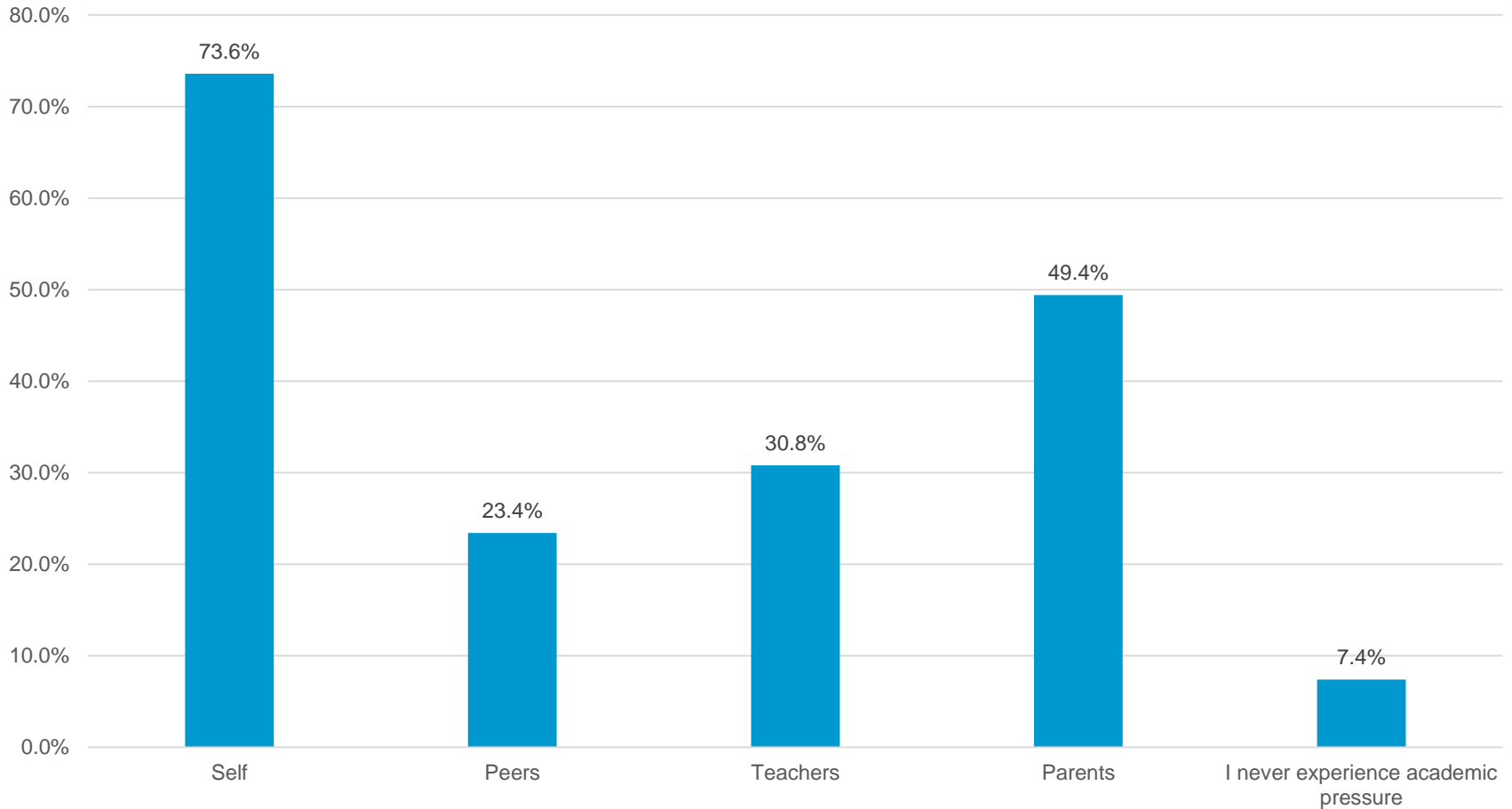
Student Survey Report

How many hours per night do you usually spend on homework?



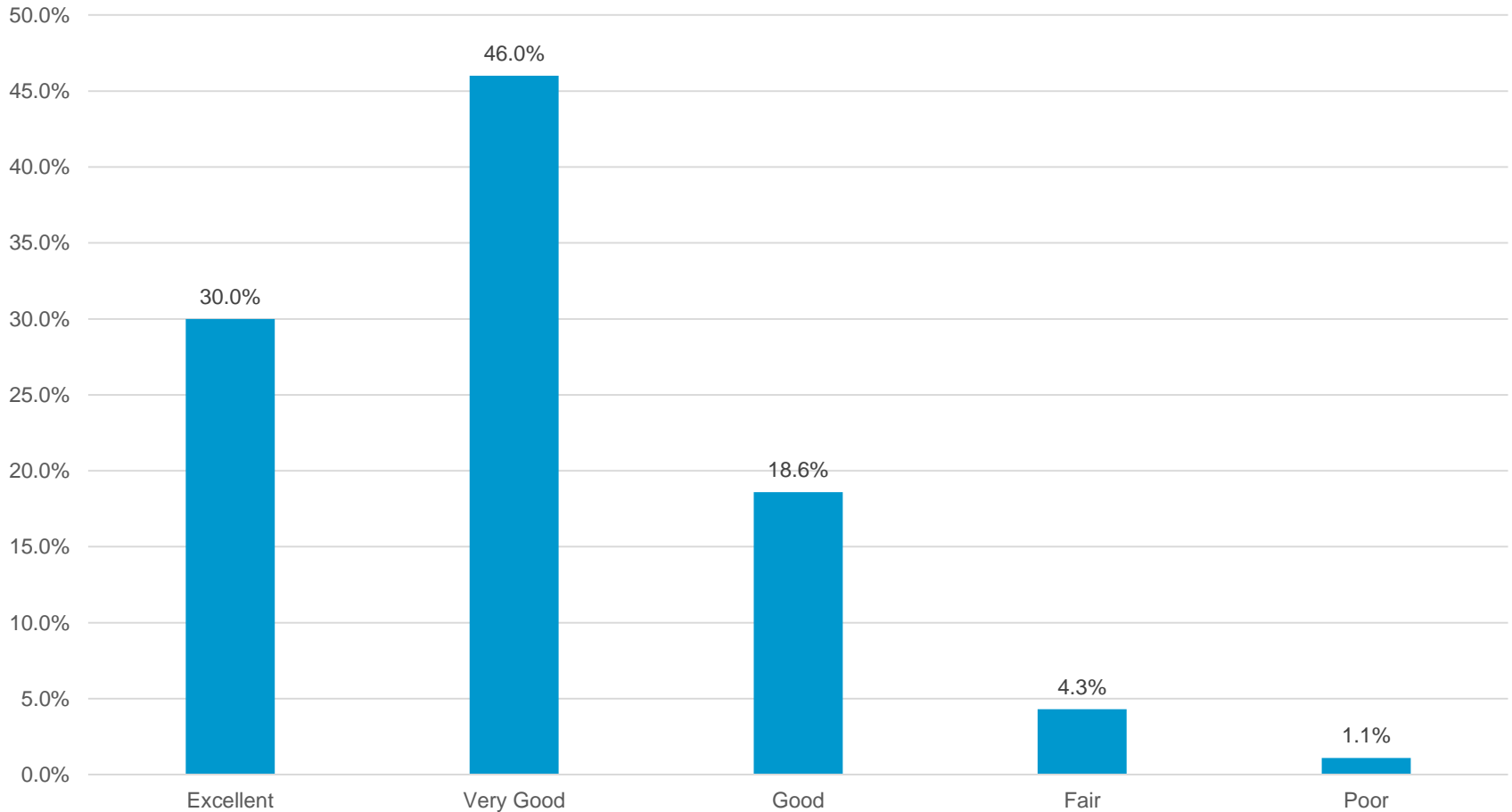
Student Survey Report

If you experience academic pressure, where does it come from?



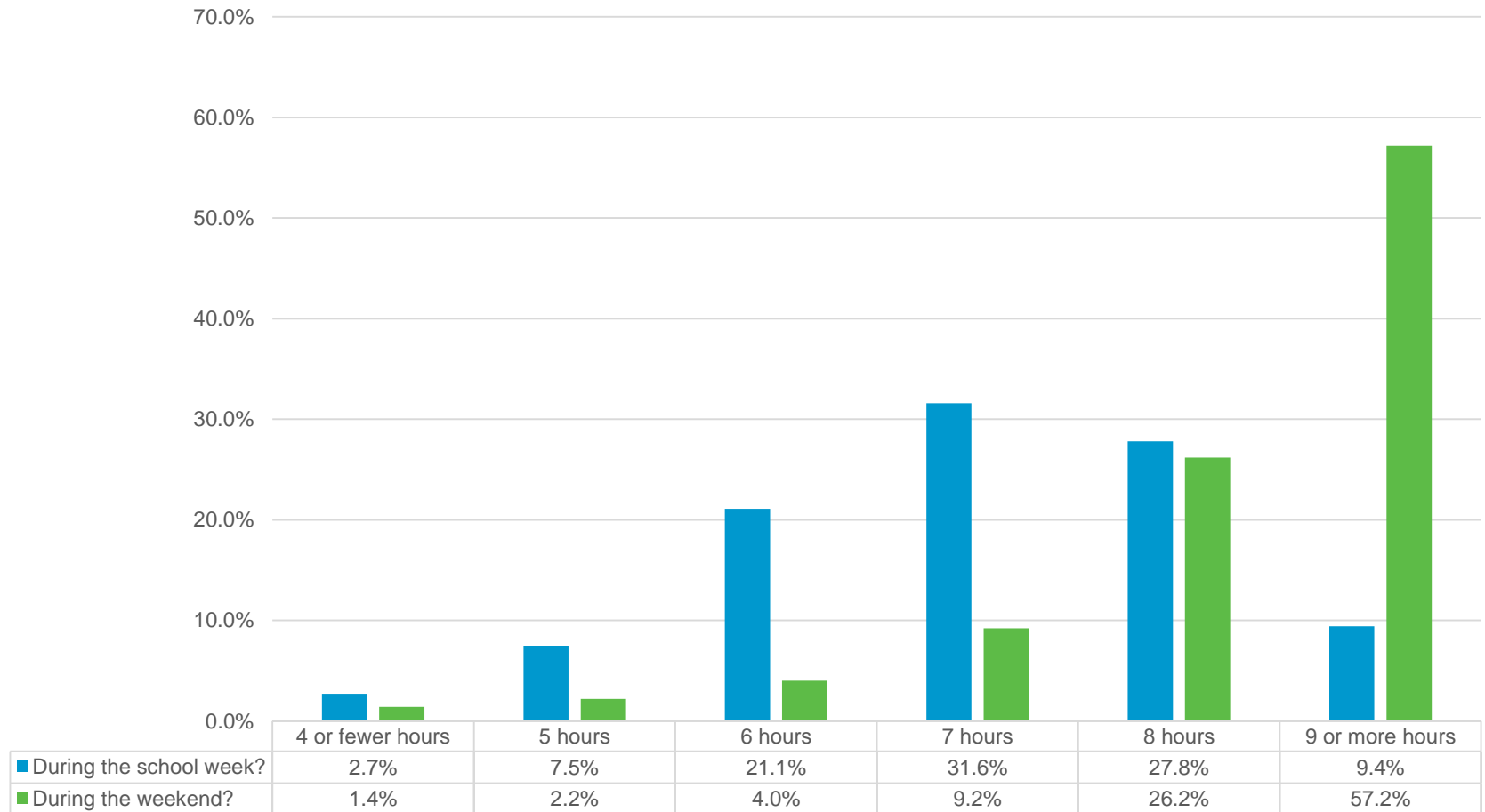
Student Survey Report

How do you describe your overall health?



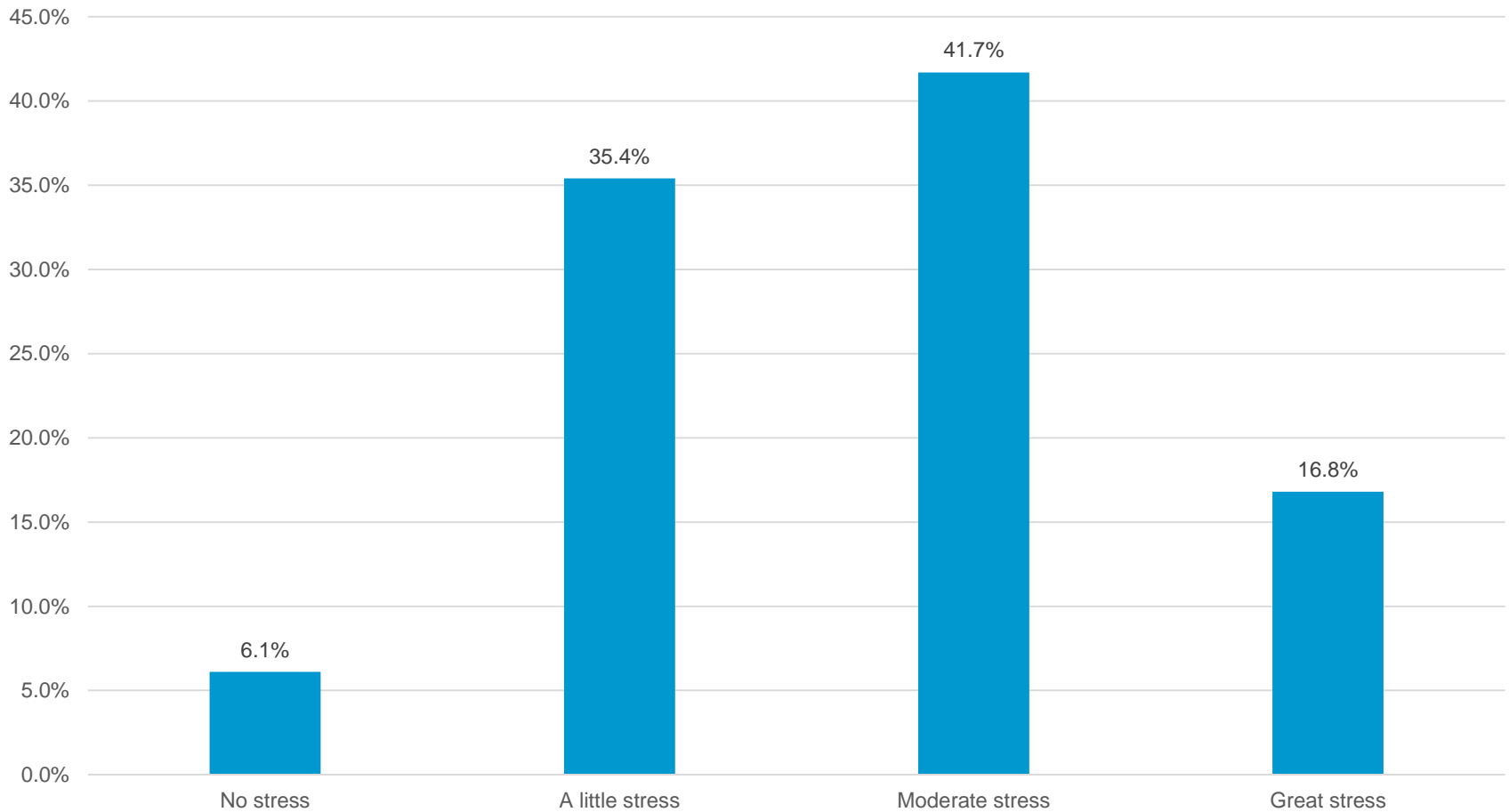
Student Survey Report

How many hours of sleep a night do you typically get?



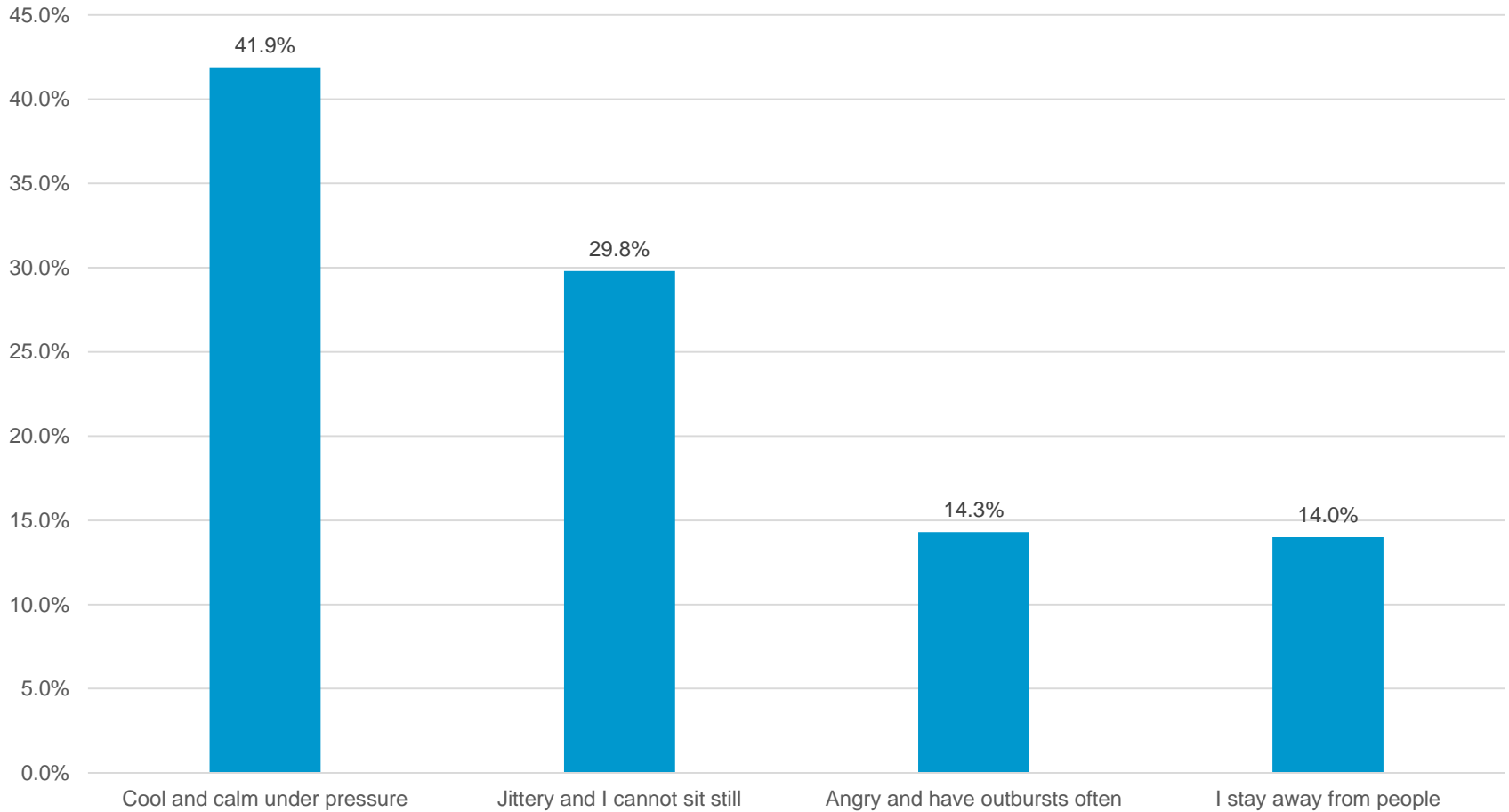
Student Survey Report

How much stress do you experience in a typical week?



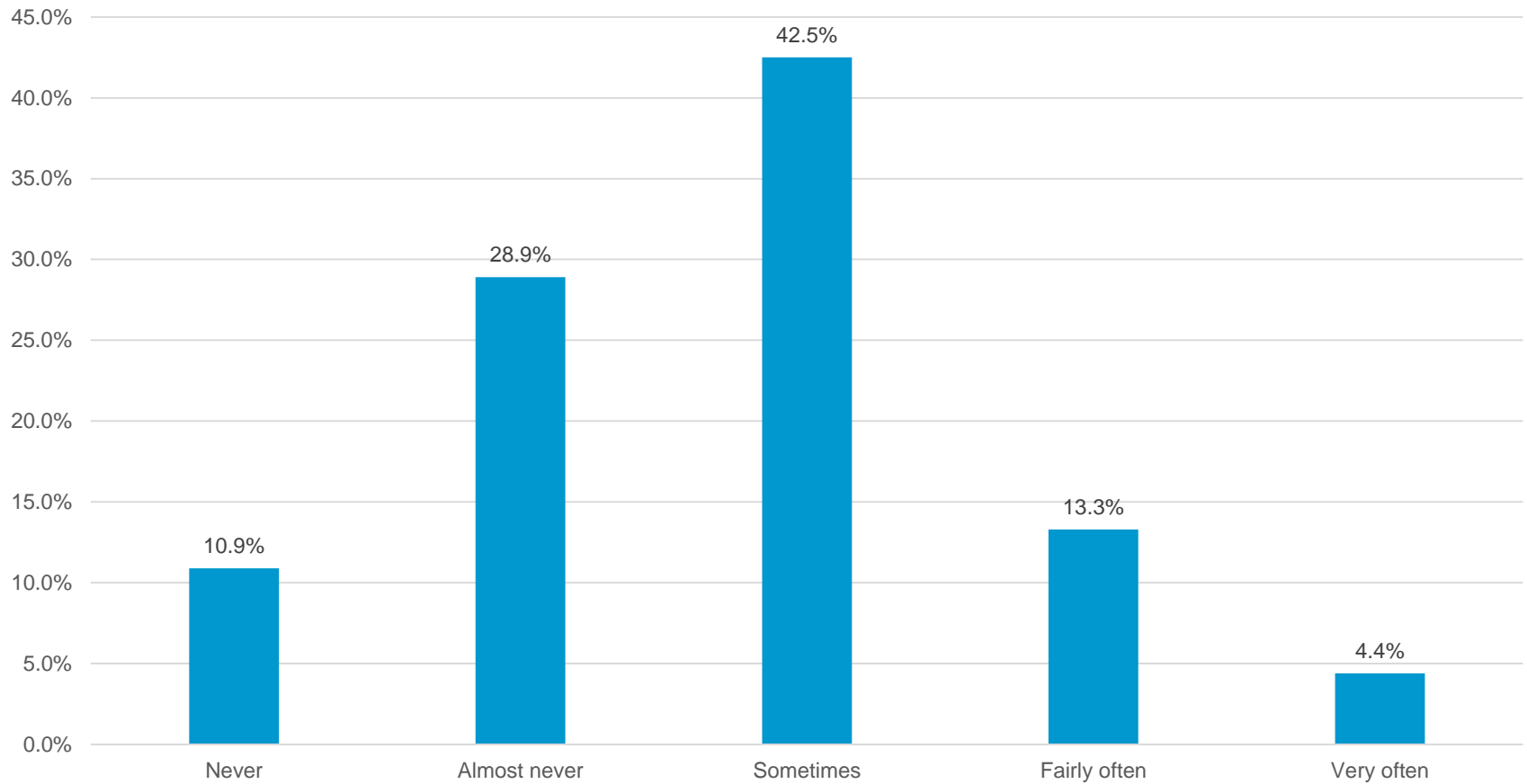
Student Survey Report

How best do you describe your response to stress?



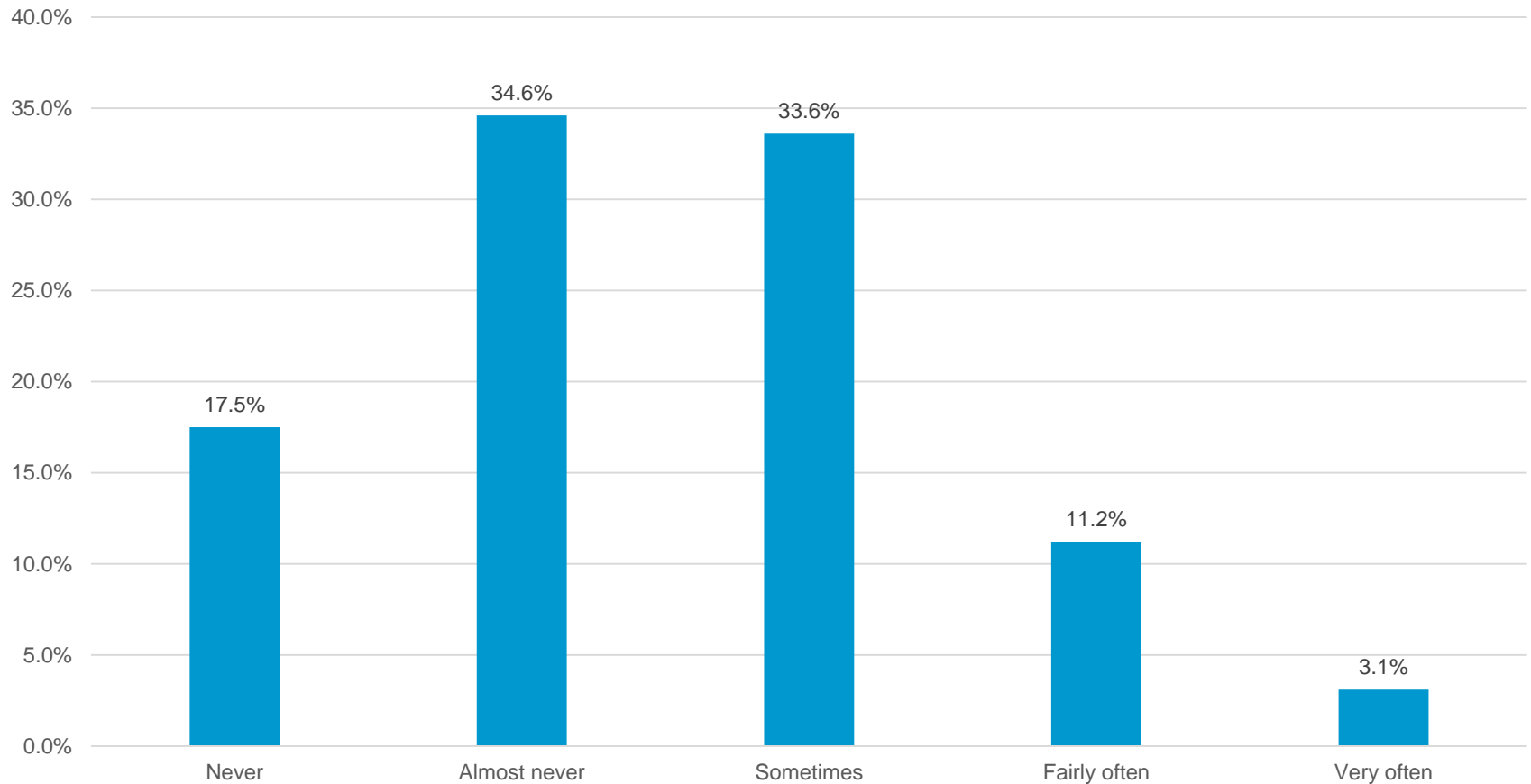
Student Survey Report

How often have you felt that you were unable to control important things in your life?



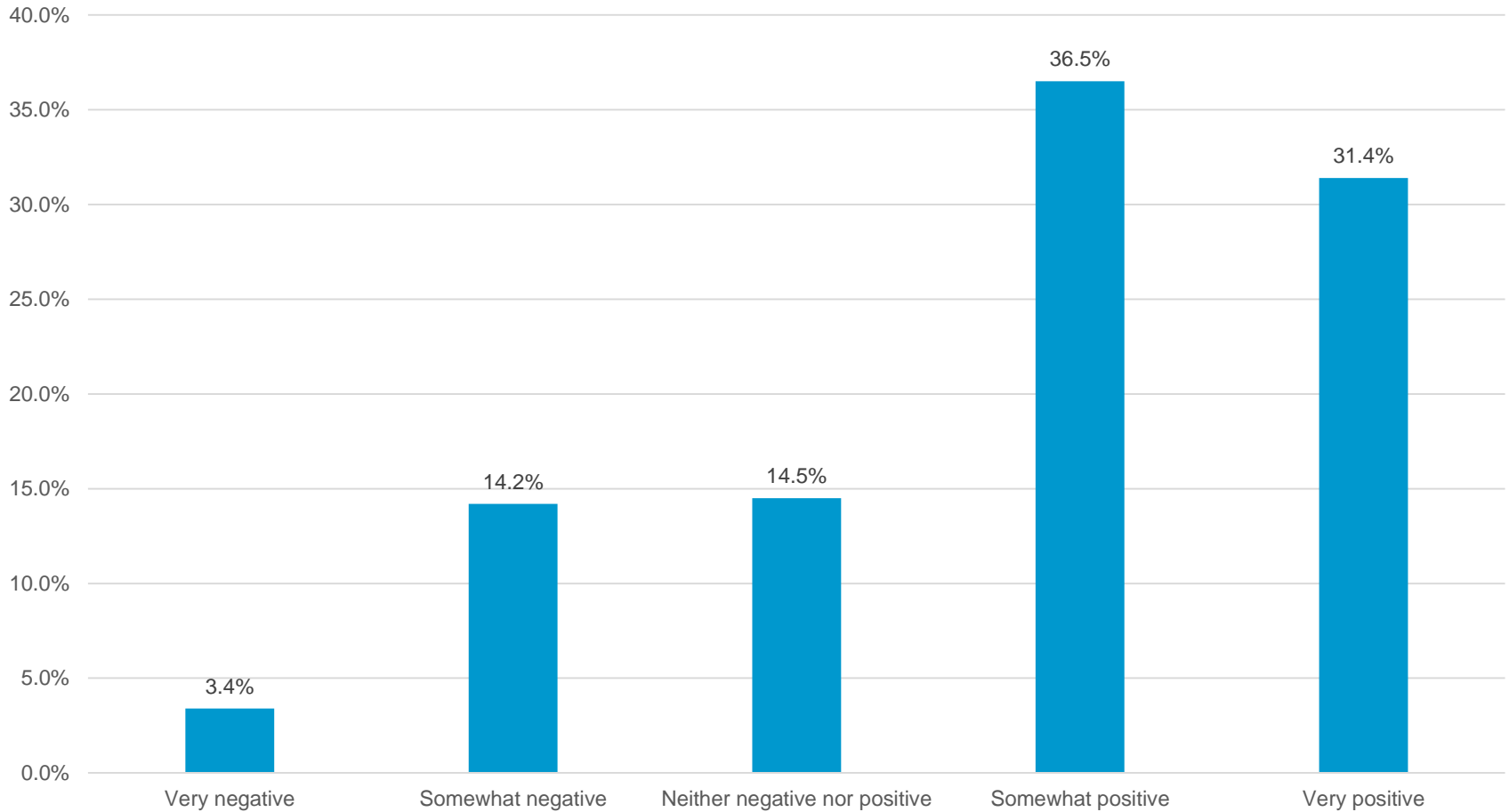
Student Survey Report

How often have you found that you could NOT cope with all of the things you had to do?



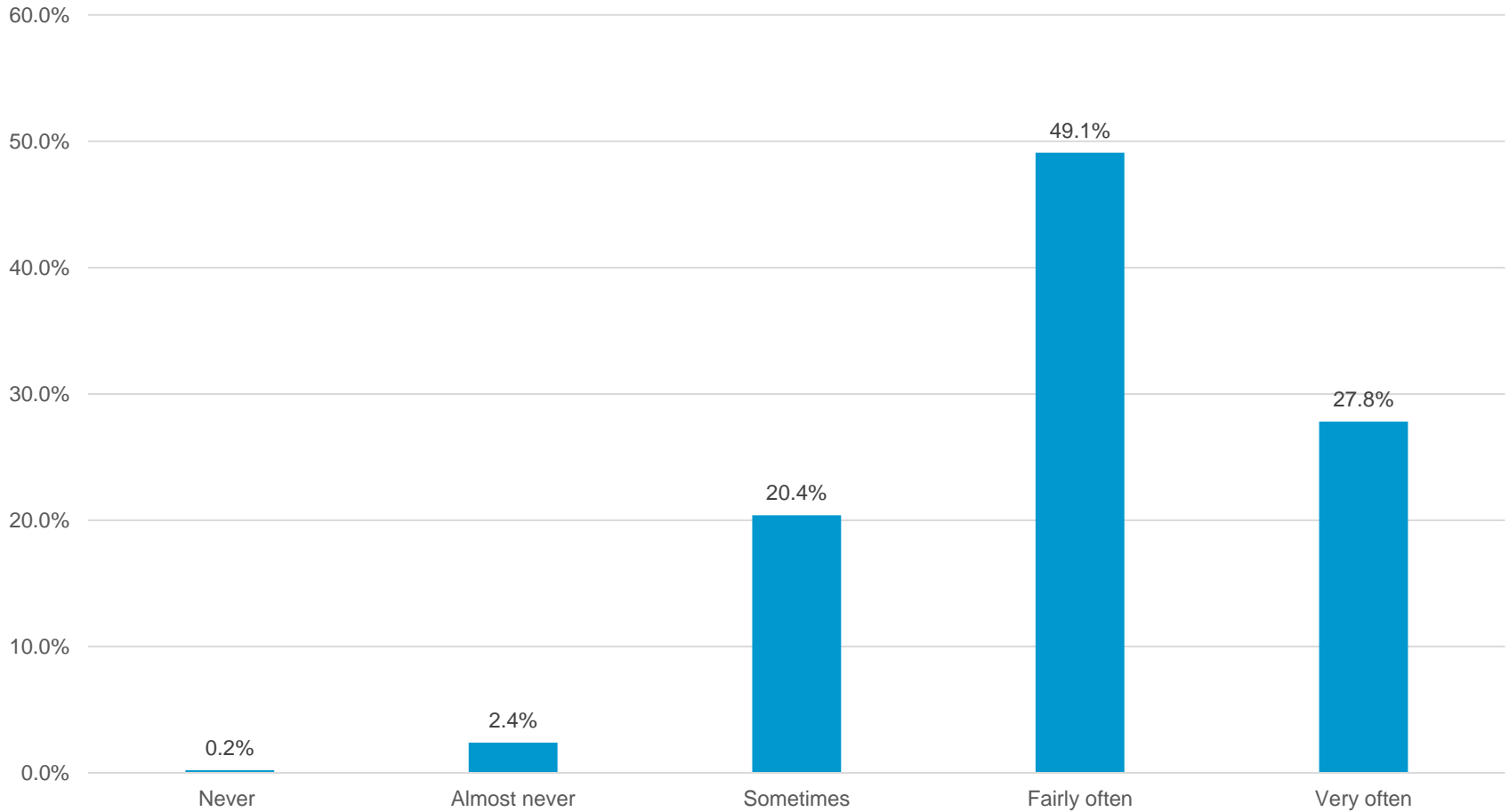
Student Survey Report

How positively or negatively do you feel about yourself?



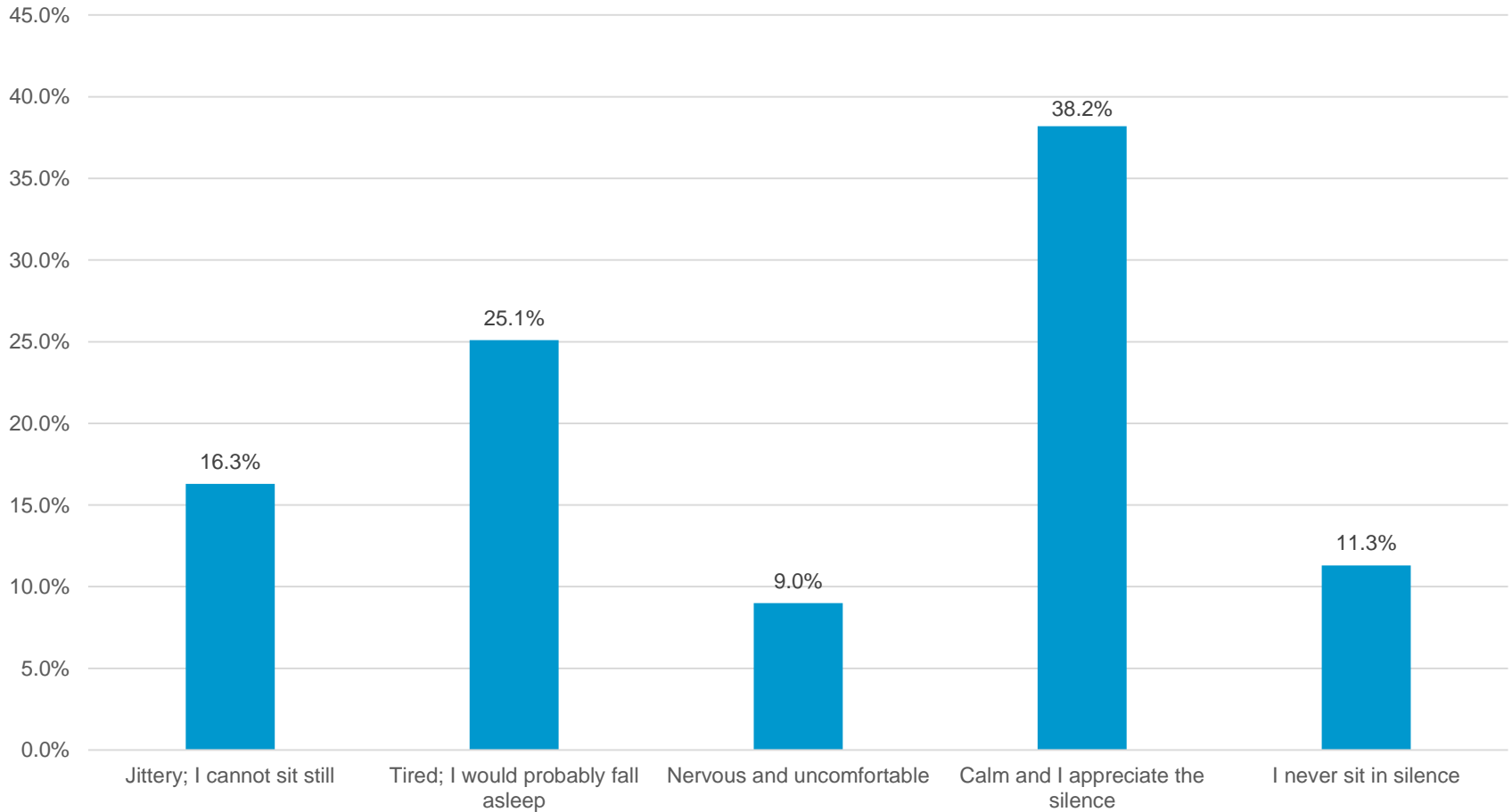
Student Survey Report

How often do you take time to do something you enjoy?



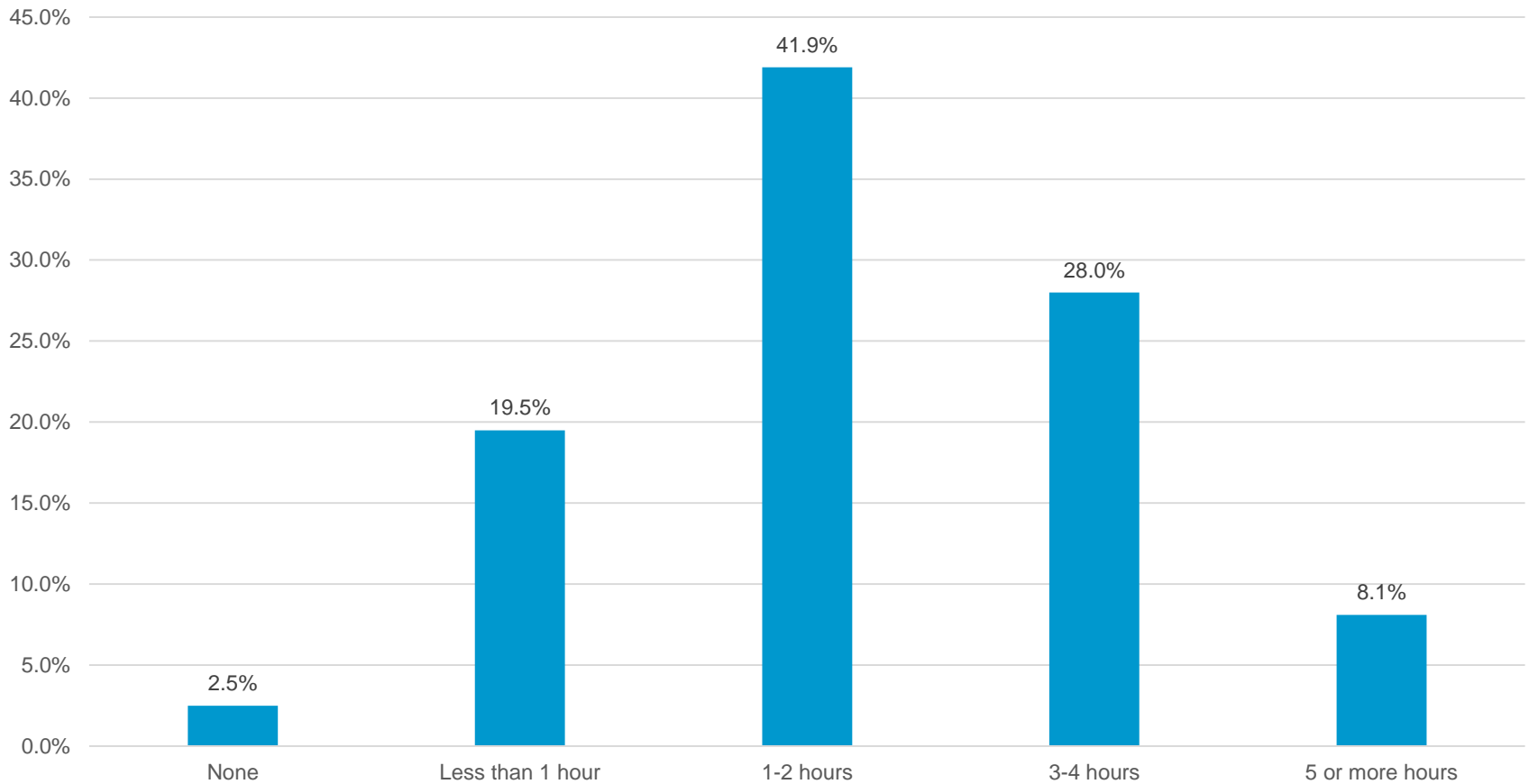
Student Survey Report

How do you feel when you sit in silence with no distractions?



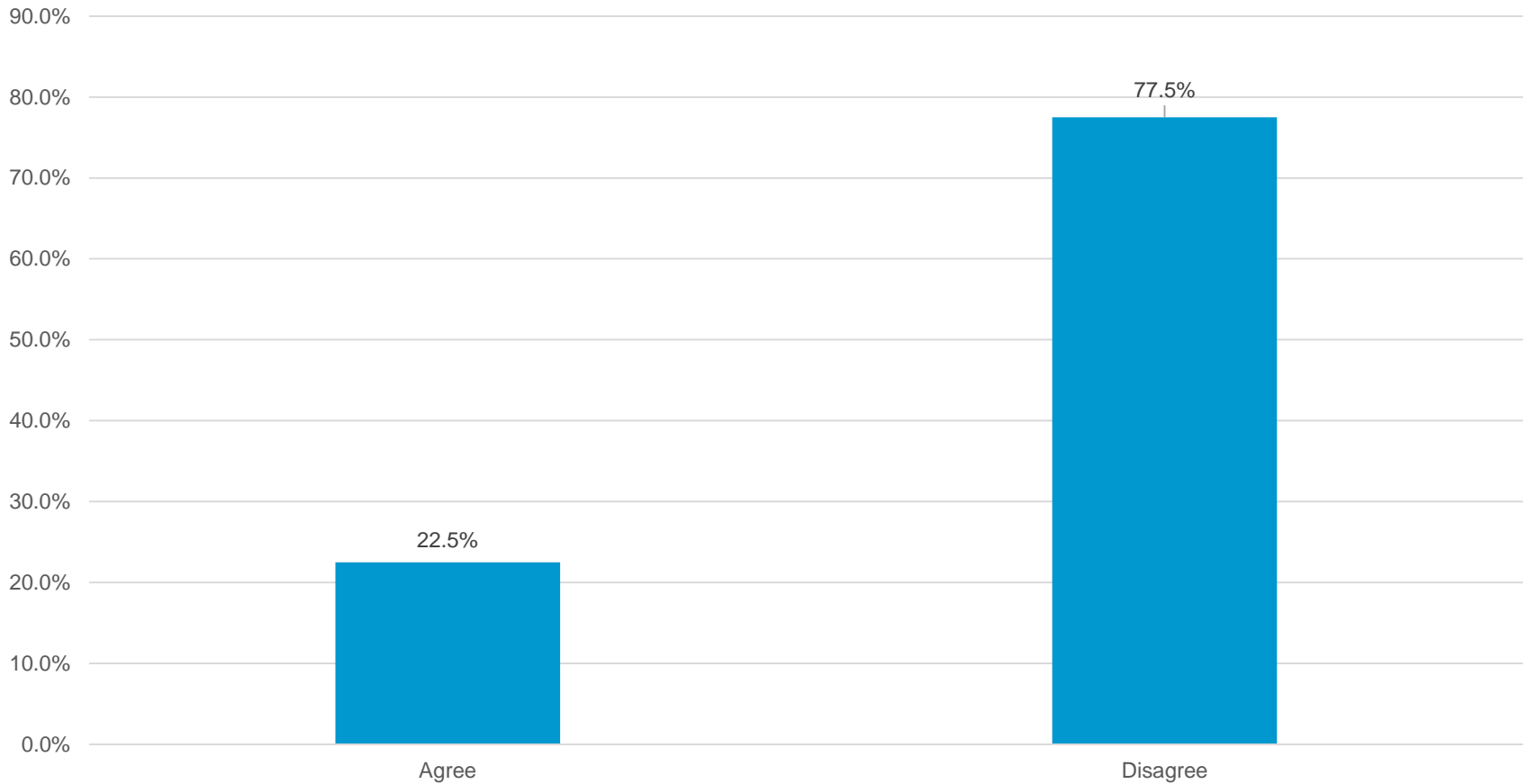
Student Survey Report

How many hours a day do you spend texting, emailing, video chatting, or socializing online?



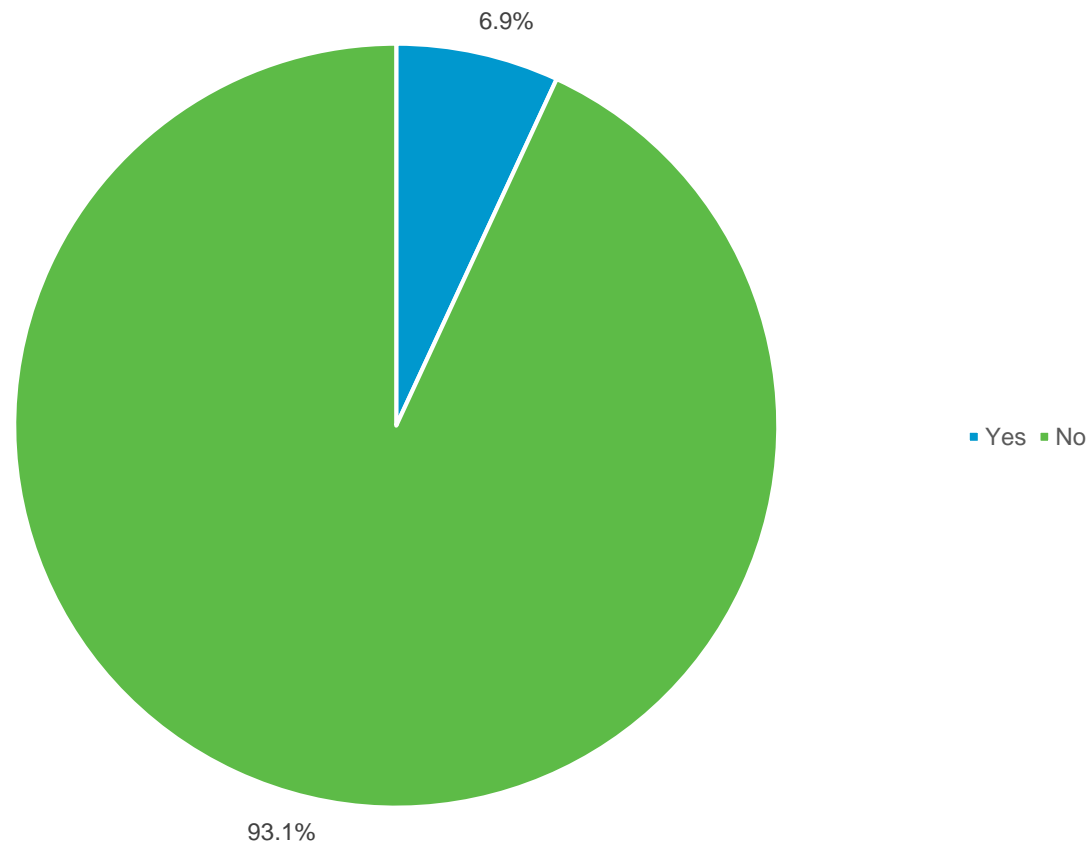
Student Survey Report

Is it okay to send racy or sexual messages or pictures electronically as long as it is kept private?



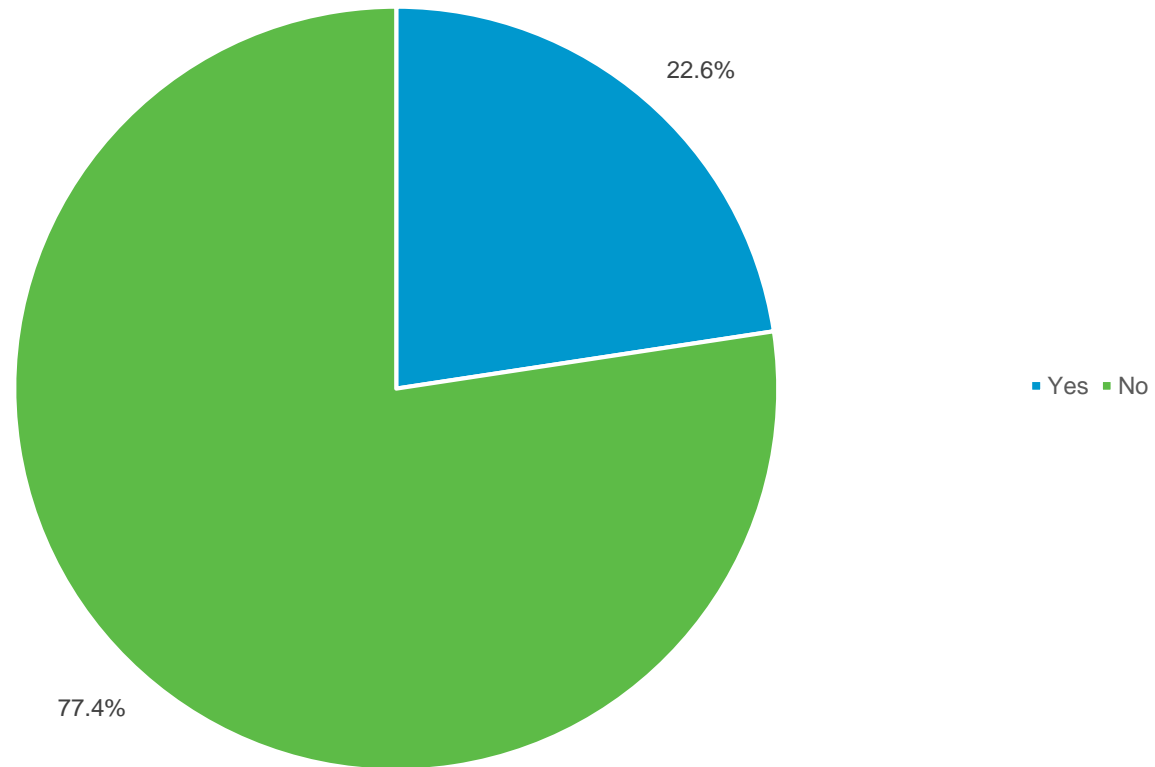
Student Survey Report

Have you ever sent a racy or sexual picture of yourself to someone?



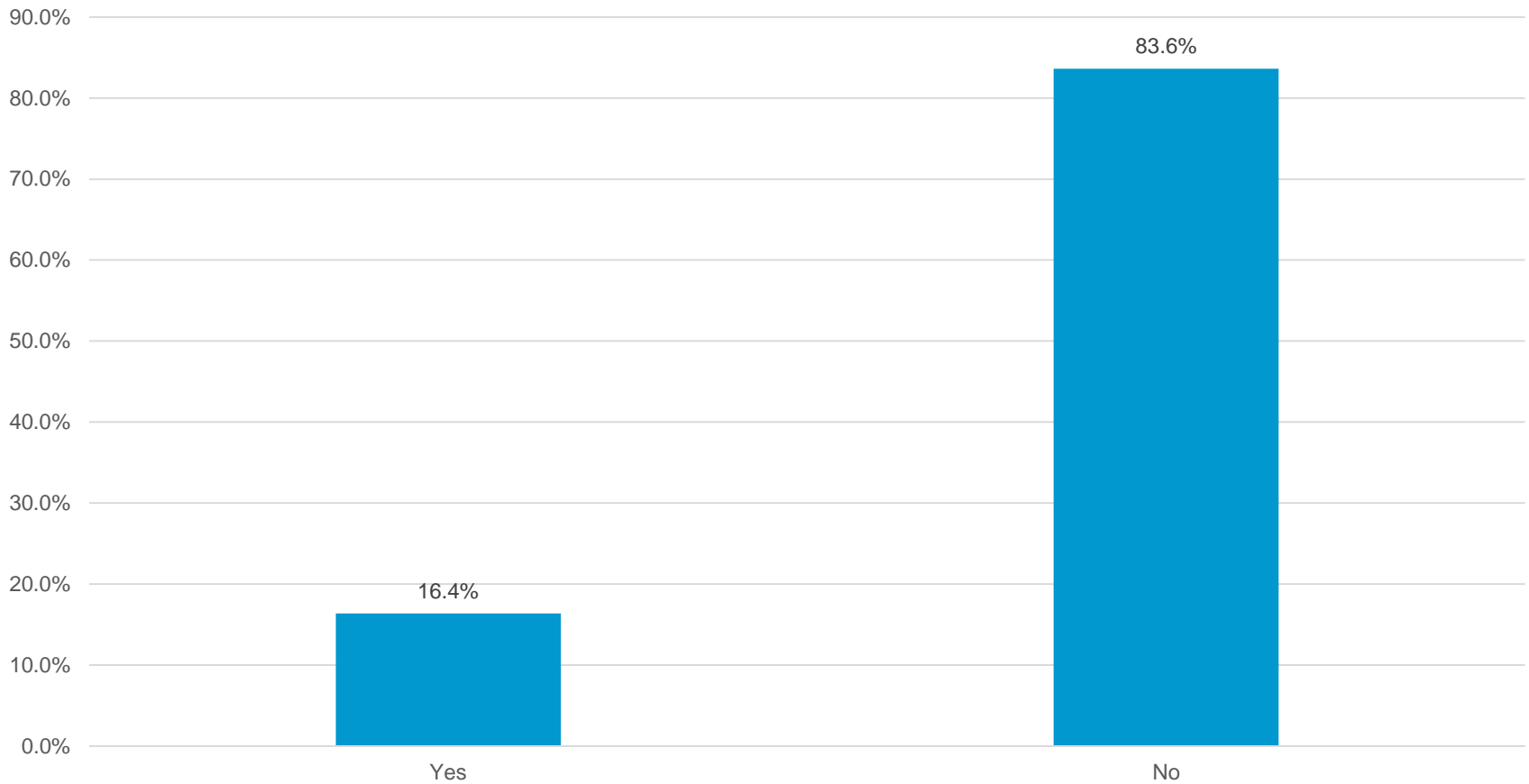
Student Survey Report

Have you ever received a racy or sexual picture of someone?



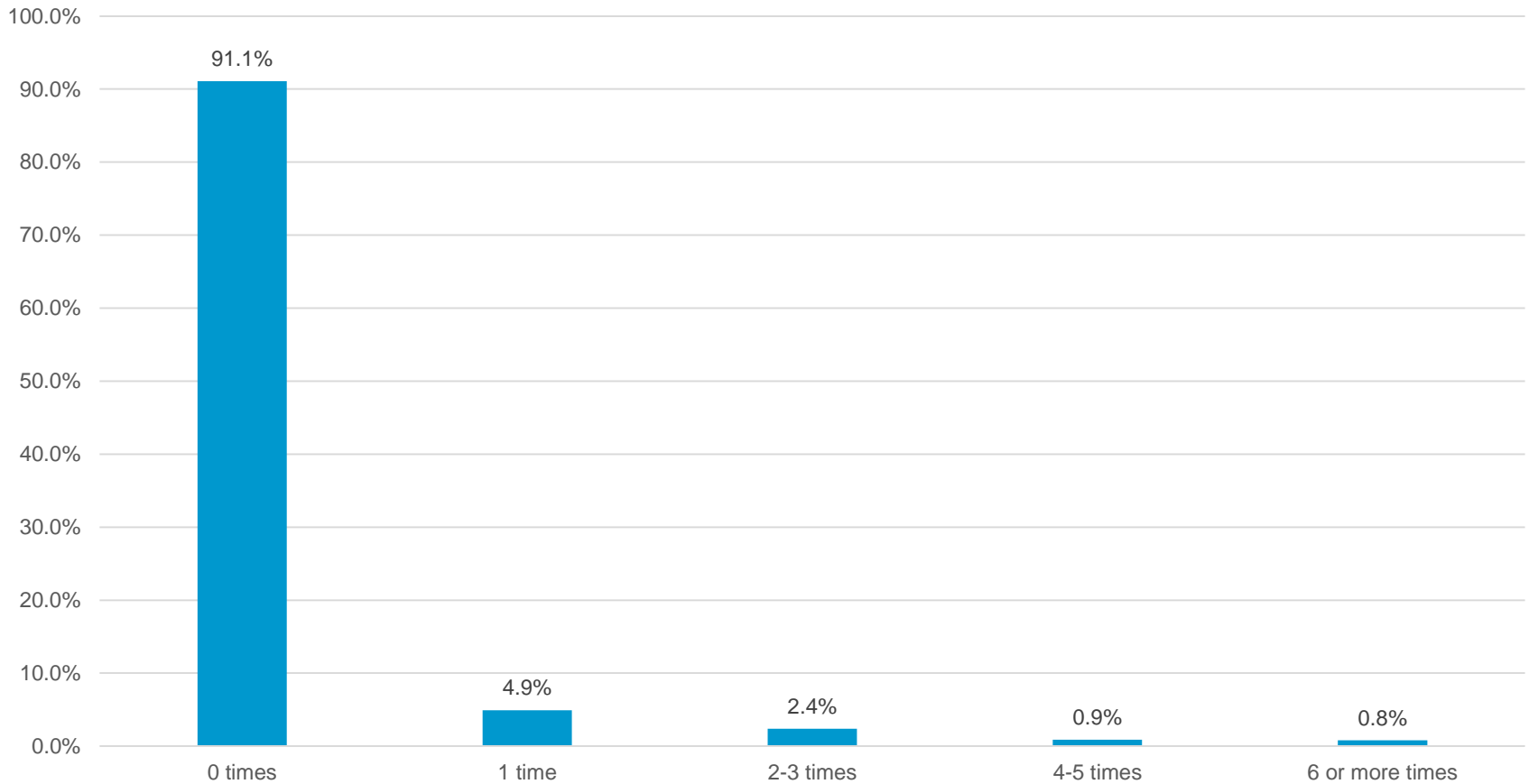
Student Survey Report

During this school year, have you spent more than two weeks in a row feeling so sad and hopeless that you stopped doing your normal activities



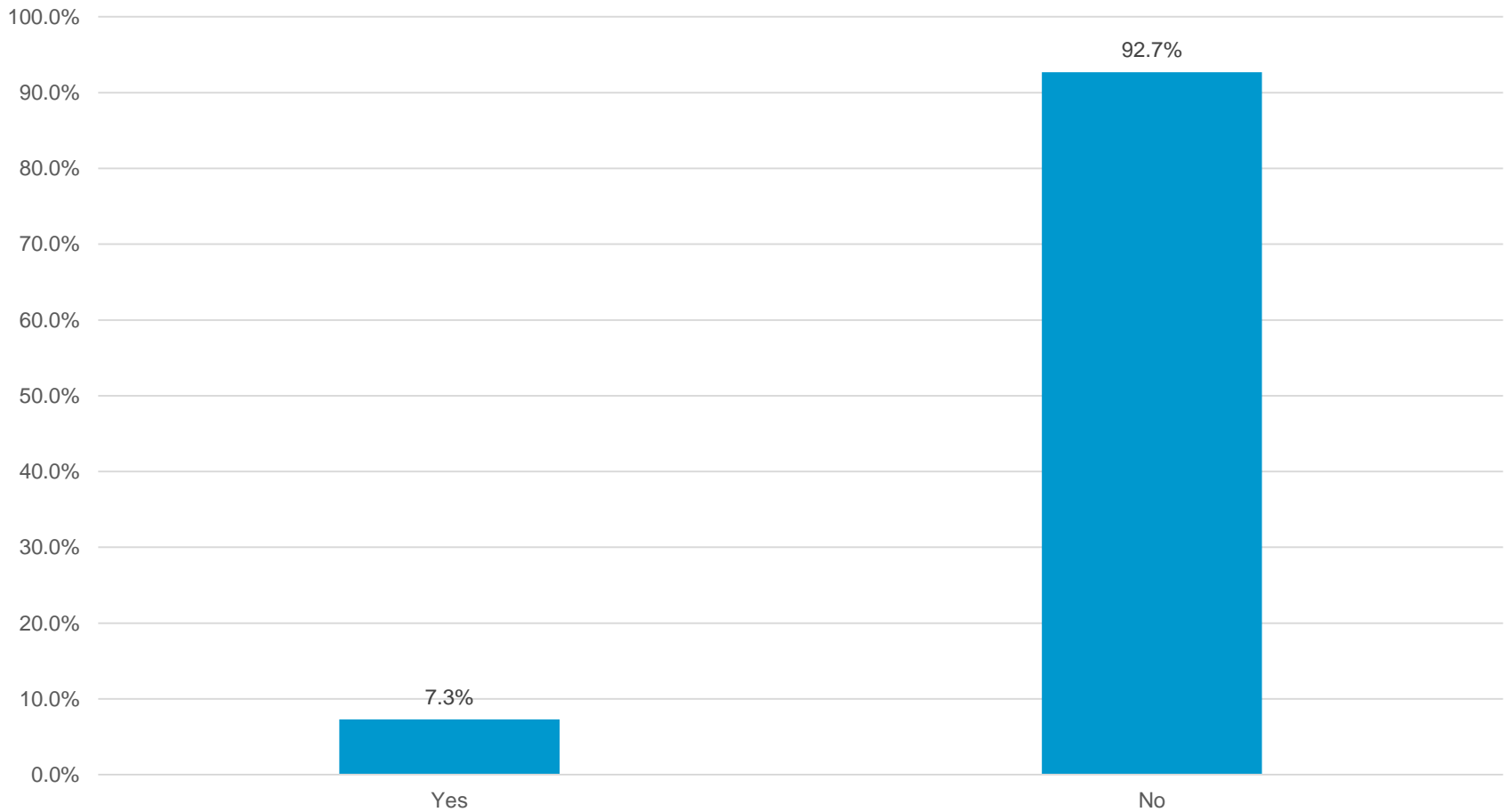
Student Survey Report

During this school year, how many times did you do something to purposefully hurt yourself without wanting to die, such as cutting or burning yourself on purpose?



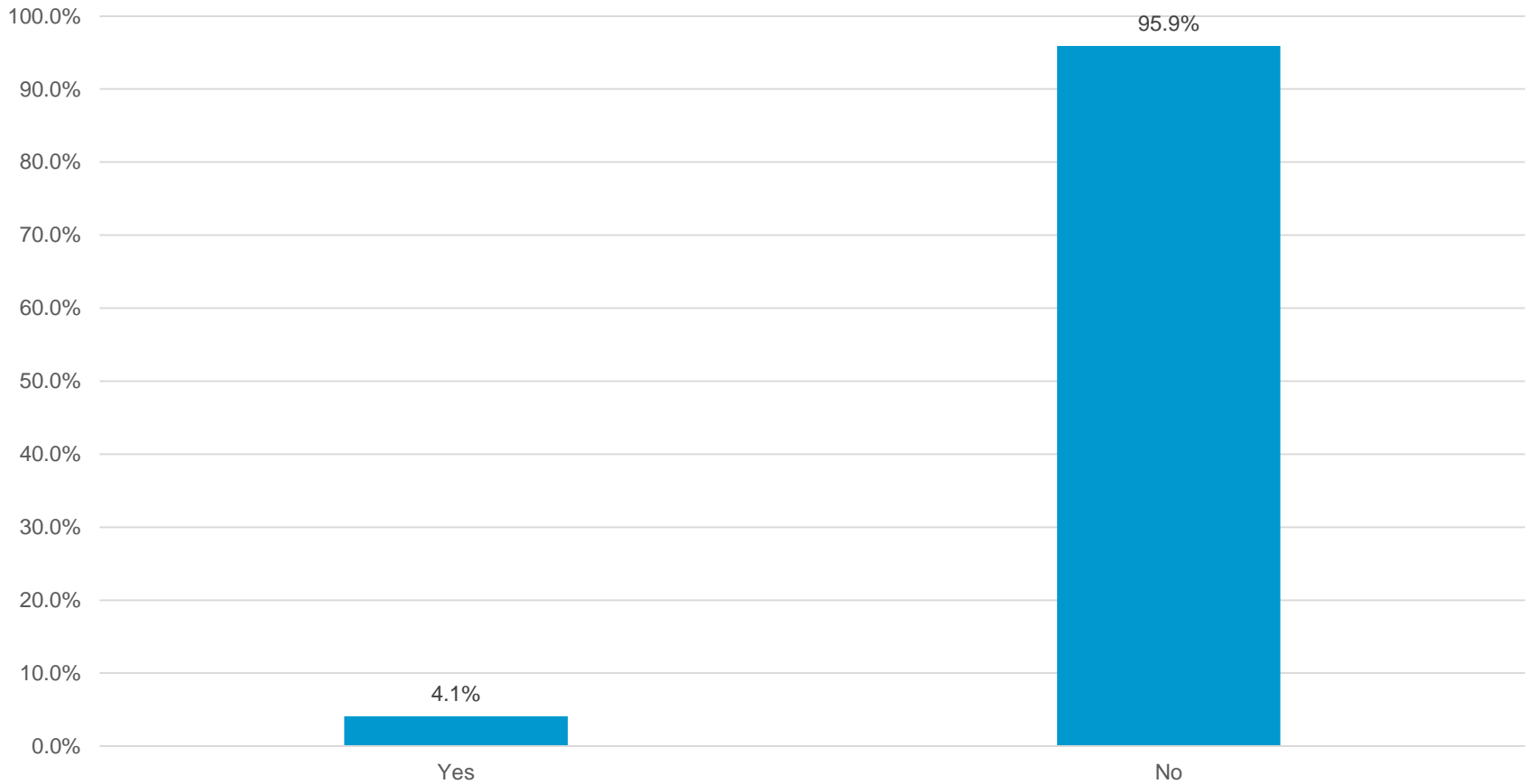
Student Survey Report

During the past 12 months, did you ever seriously consider attempting suicide?



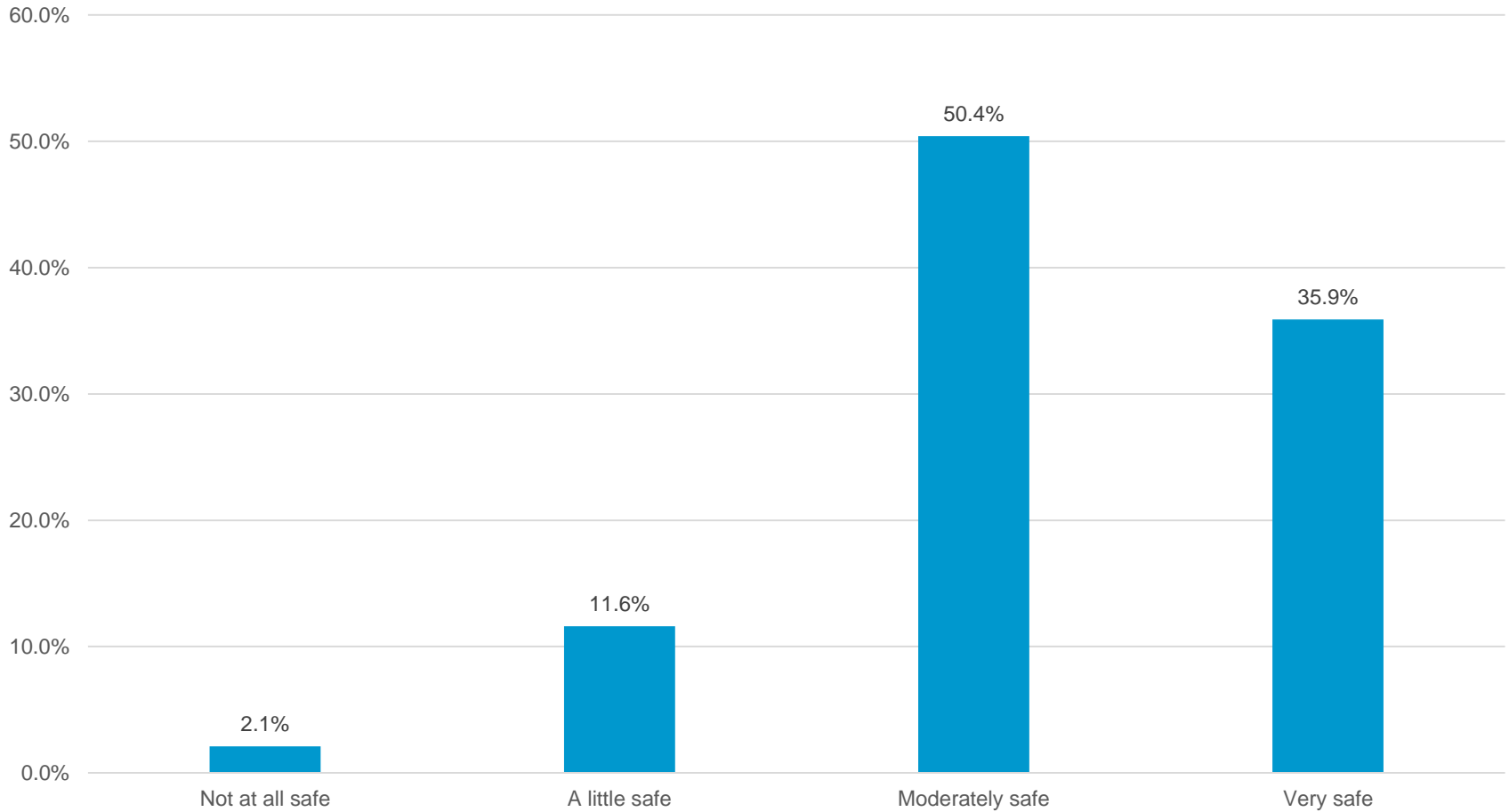
Student Survey Report

During the past 12 months, did you make a plan about how you would attempt suicide?



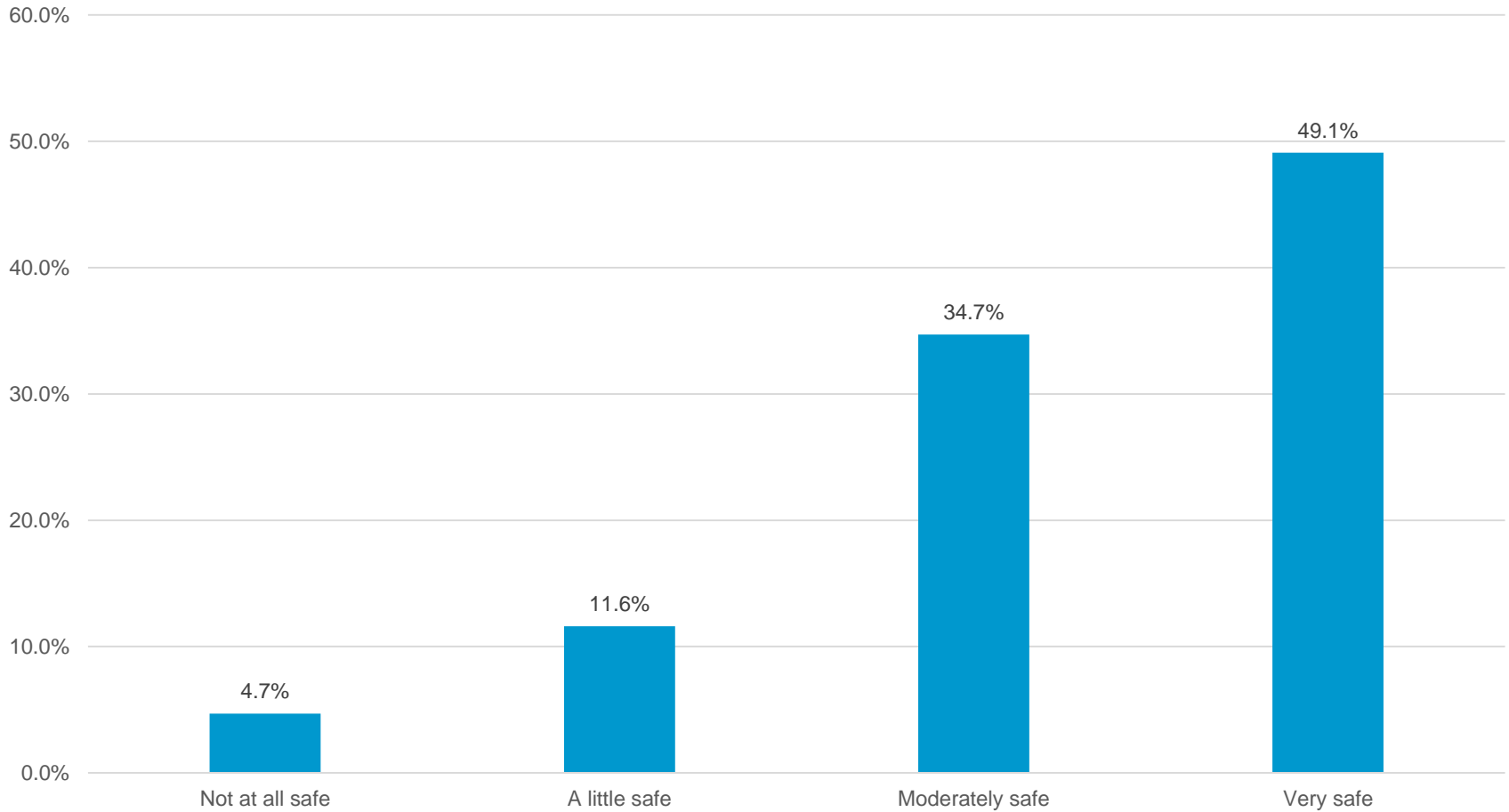
Student Survey Report

How safe do you feel in school?



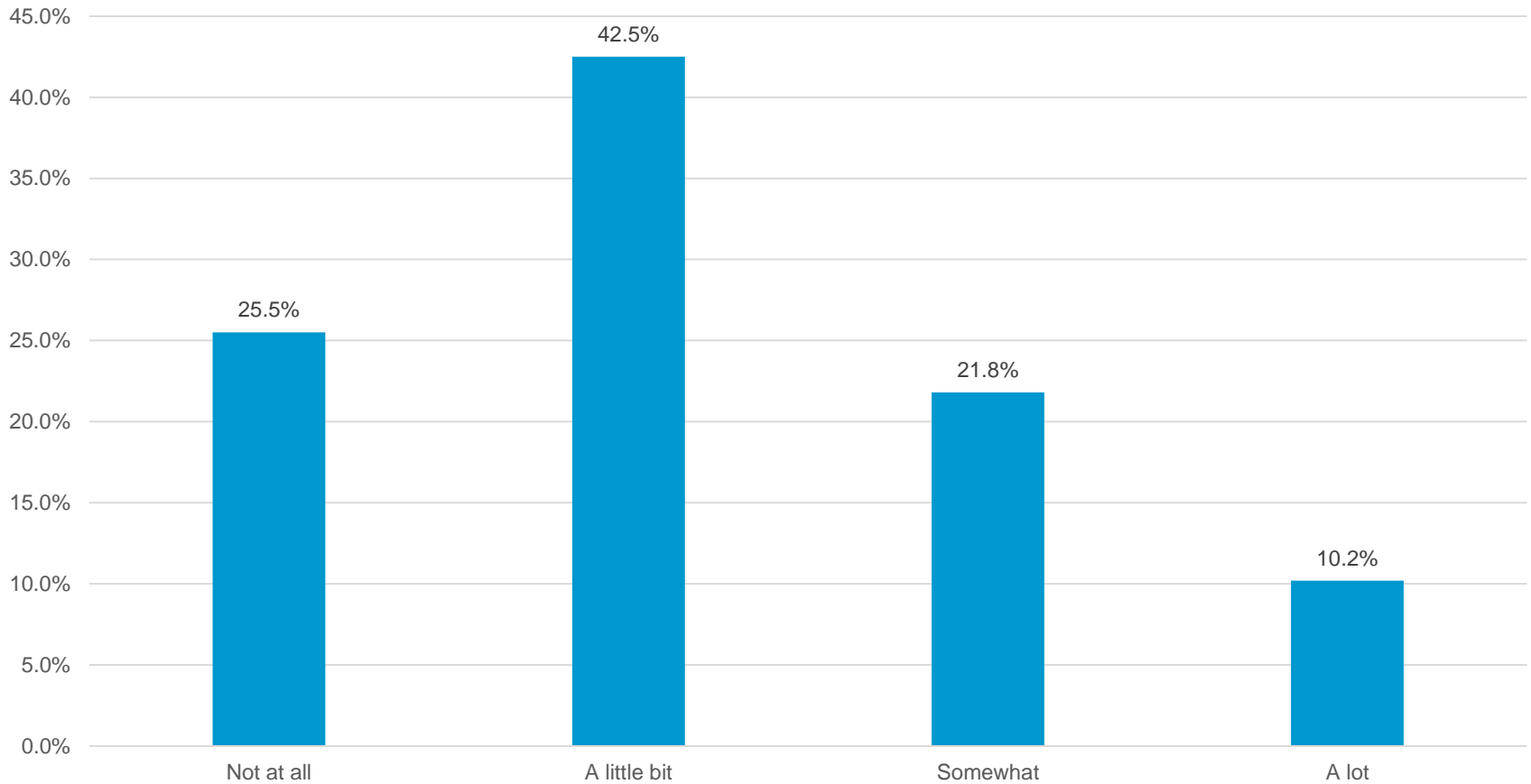
Student Survey Report

How safe do you feel when a police officer is present in the school?



Student Survey Report

How often do you think about a potential school shooting taking place at your school?

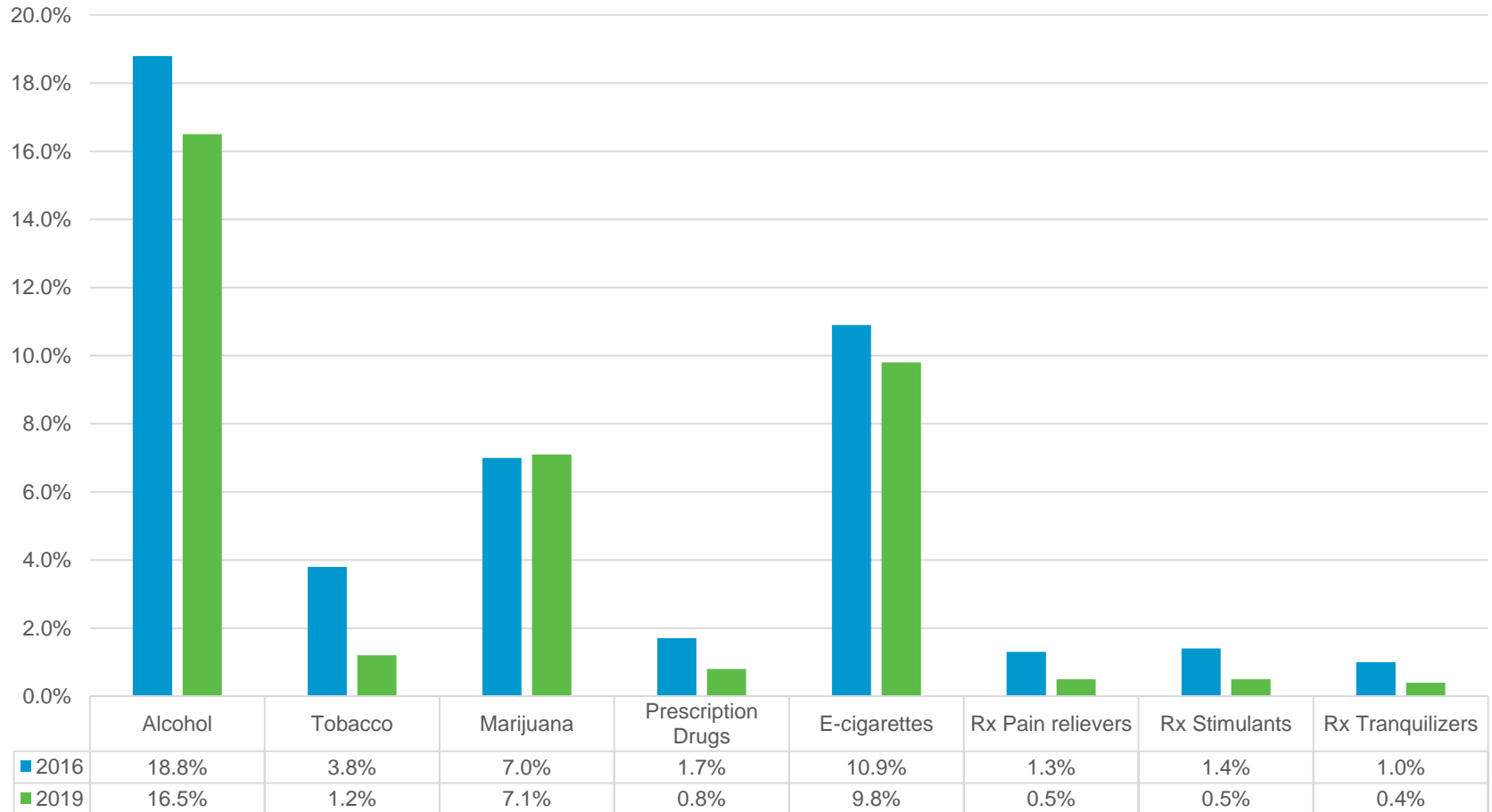


Multi-year Comparison



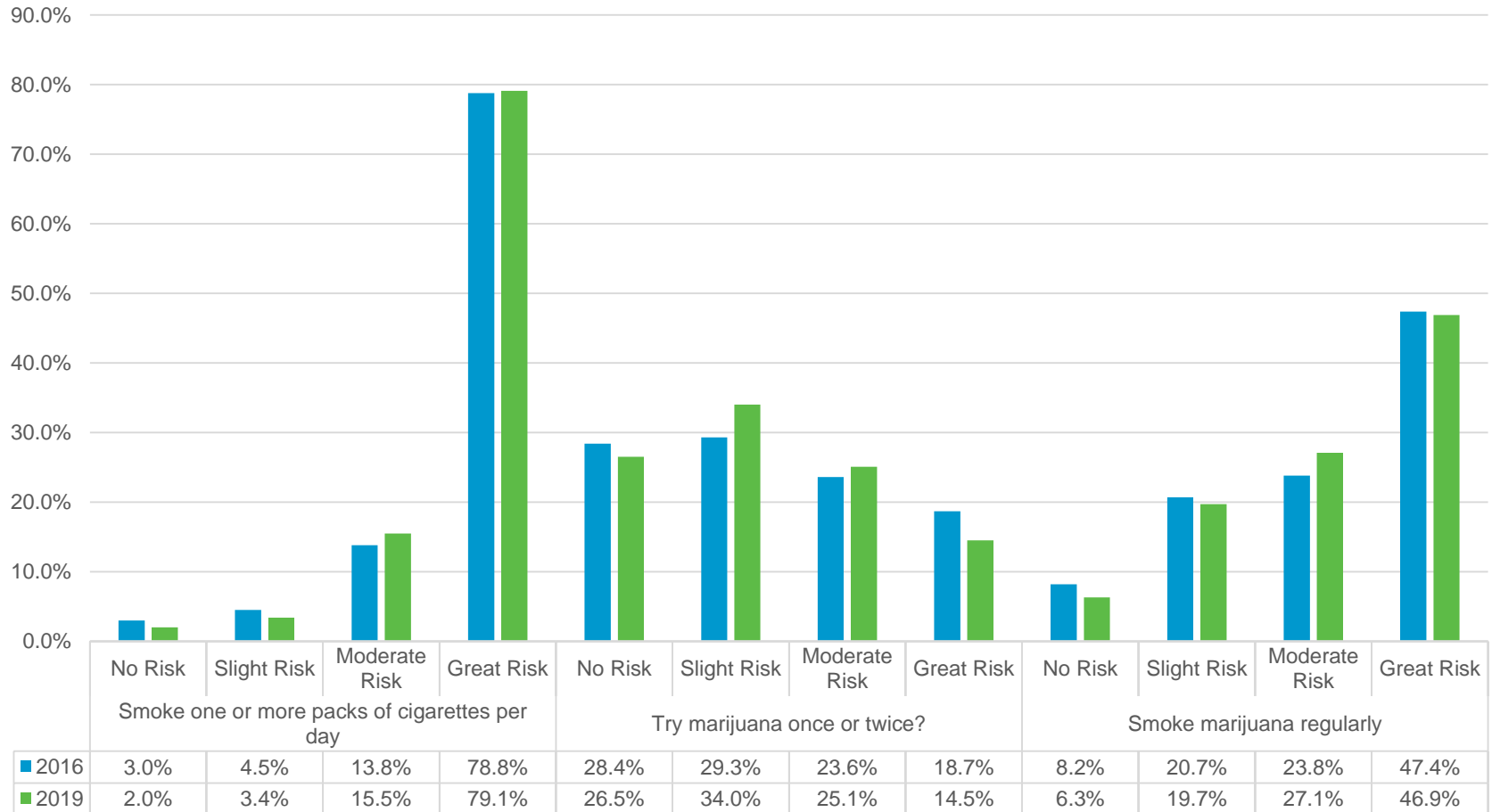
Student Survey Report

30 Day Use



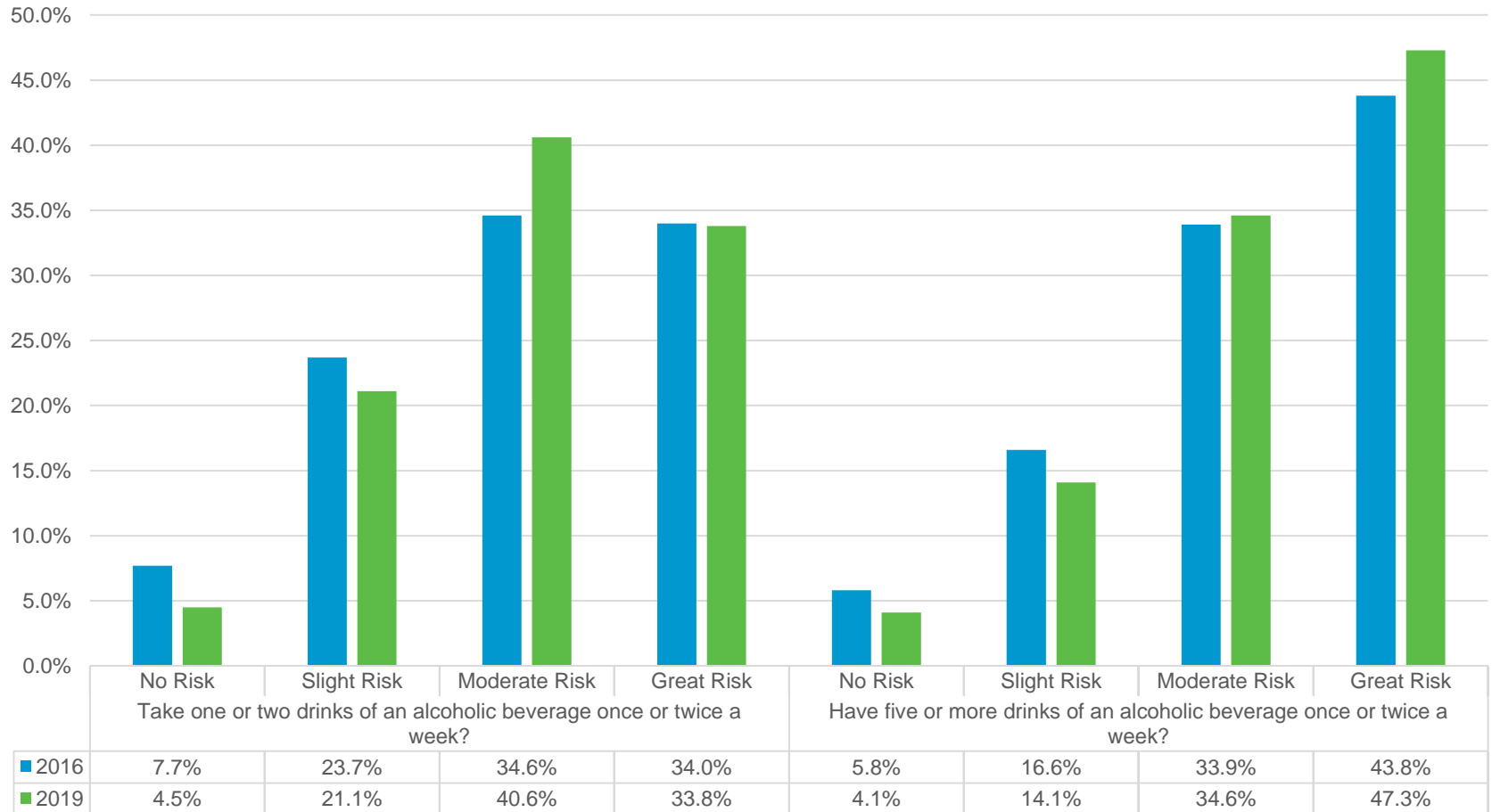
Student Survey Report

Perception of Risk



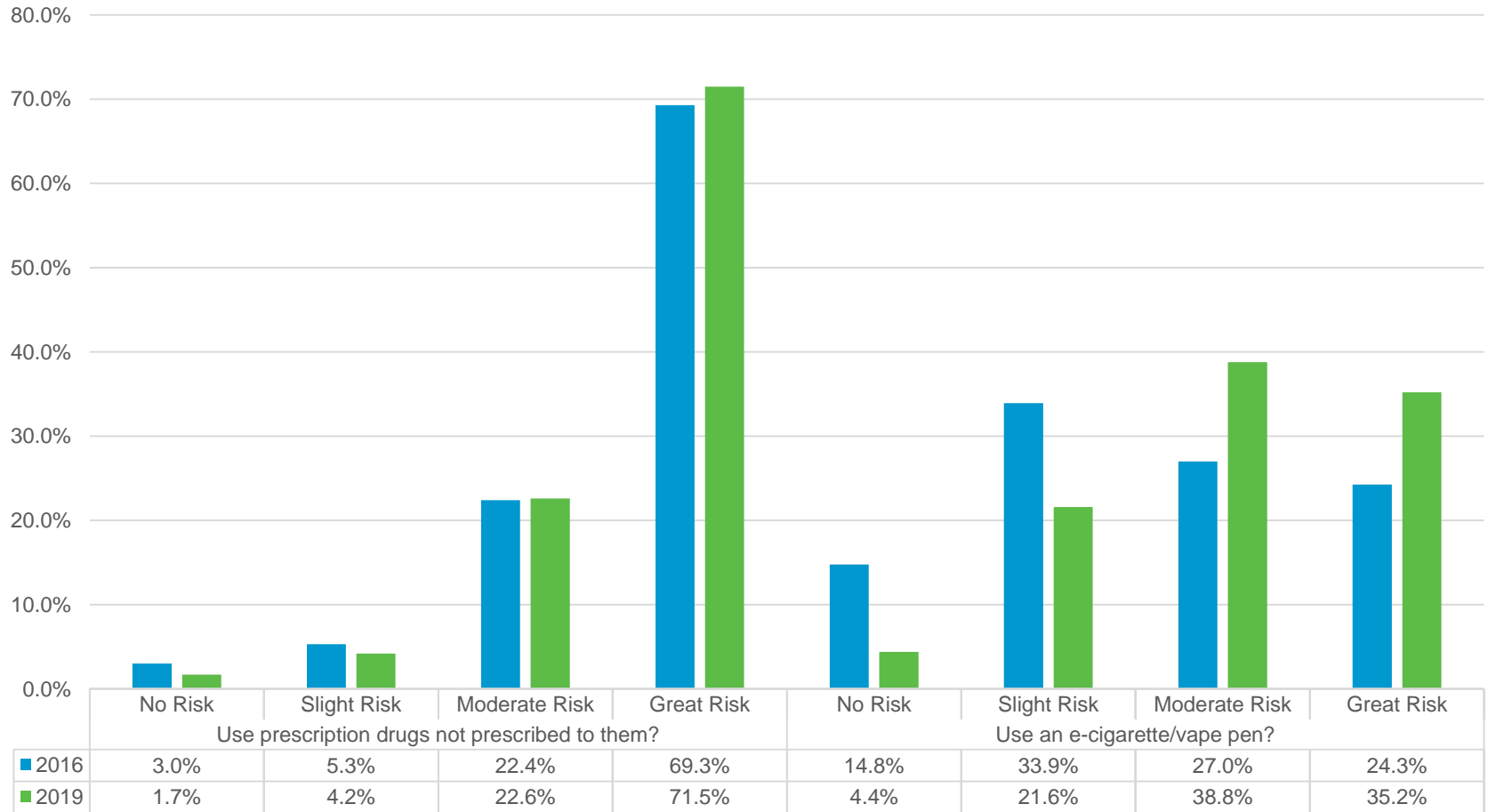
Student Survey Report

Perception of Risk-Continued



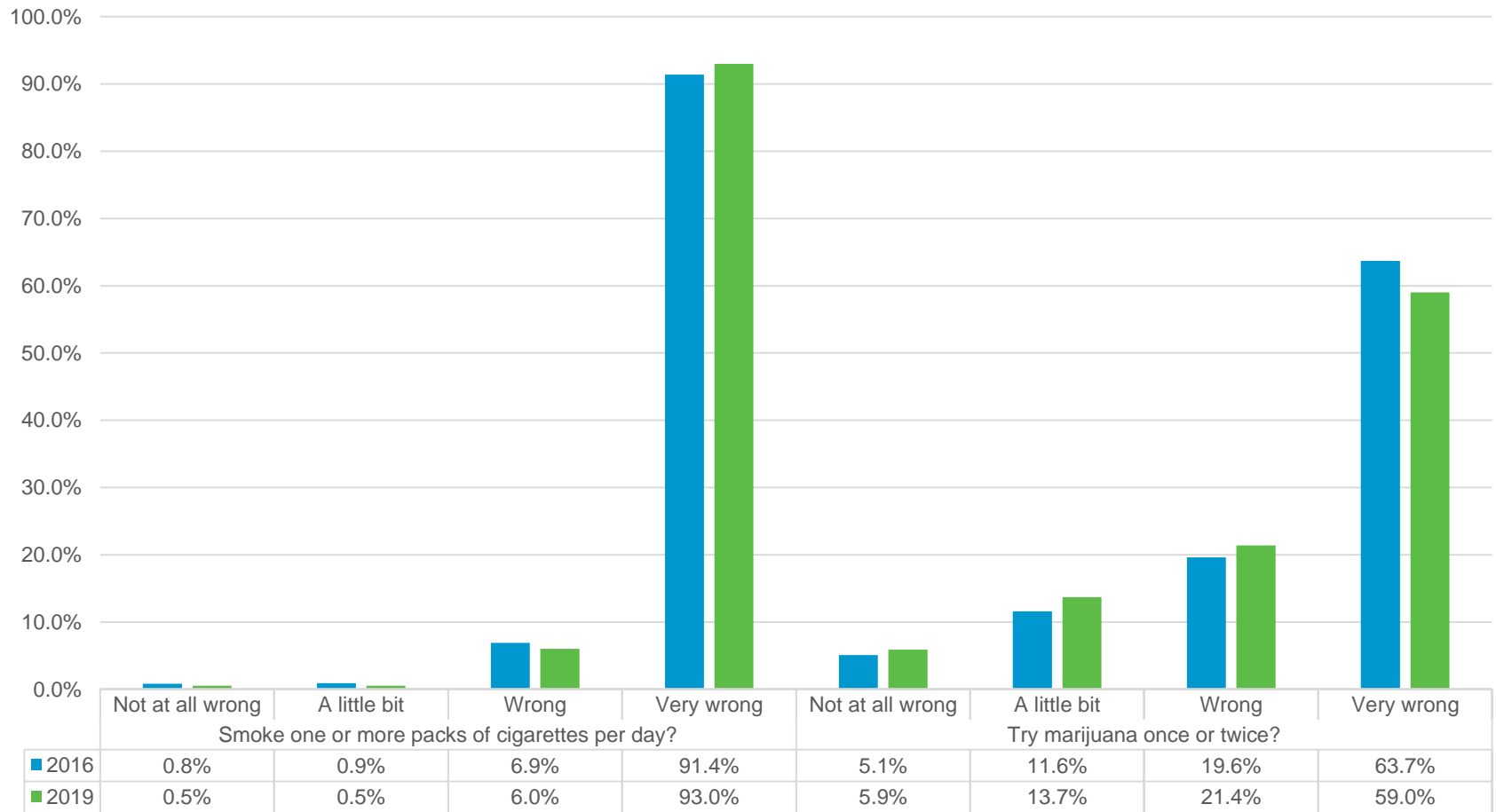
Student Survey Report

Perception of Risk-Continued



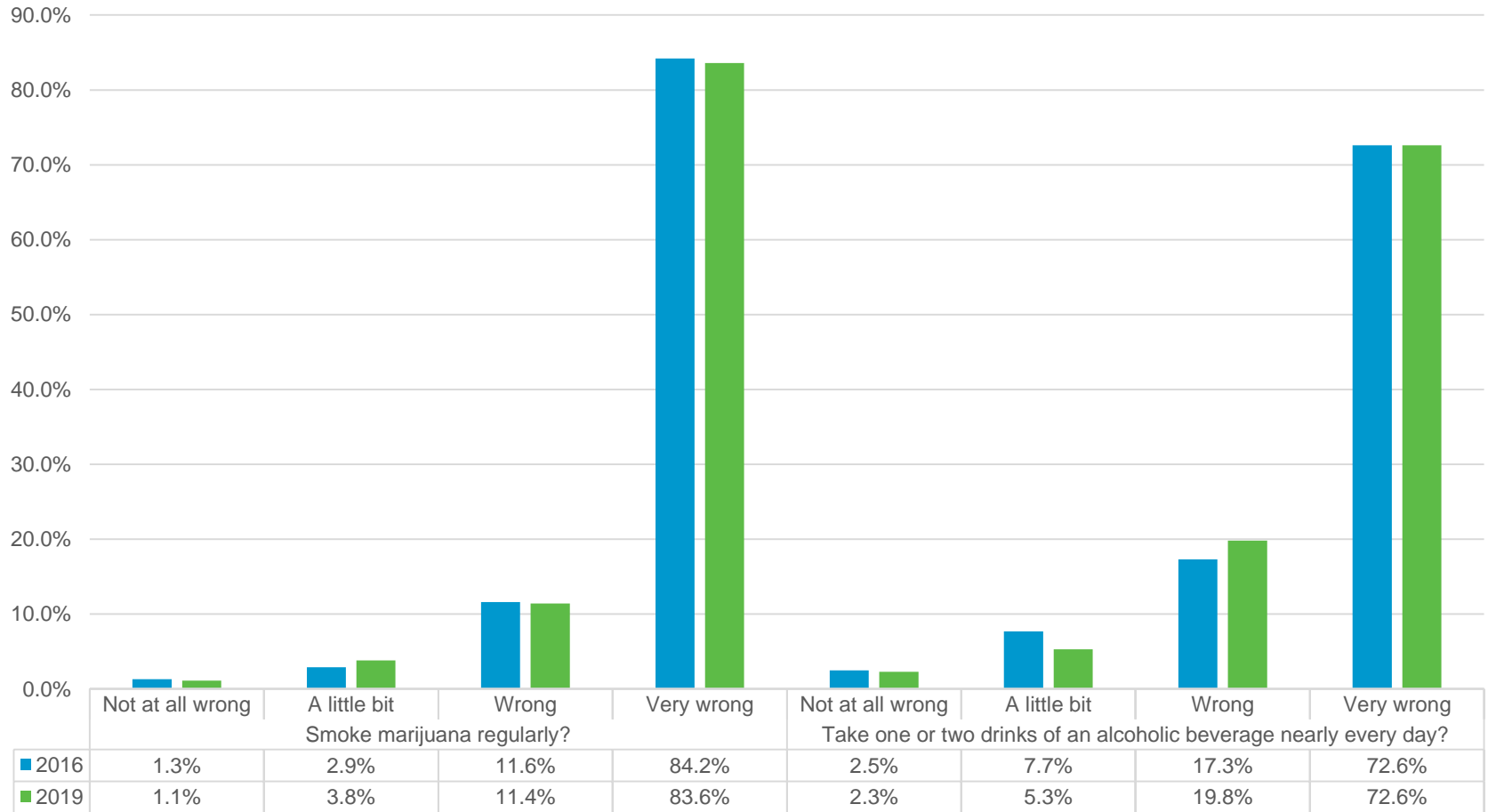
Student Survey Report

Parental Disapproval



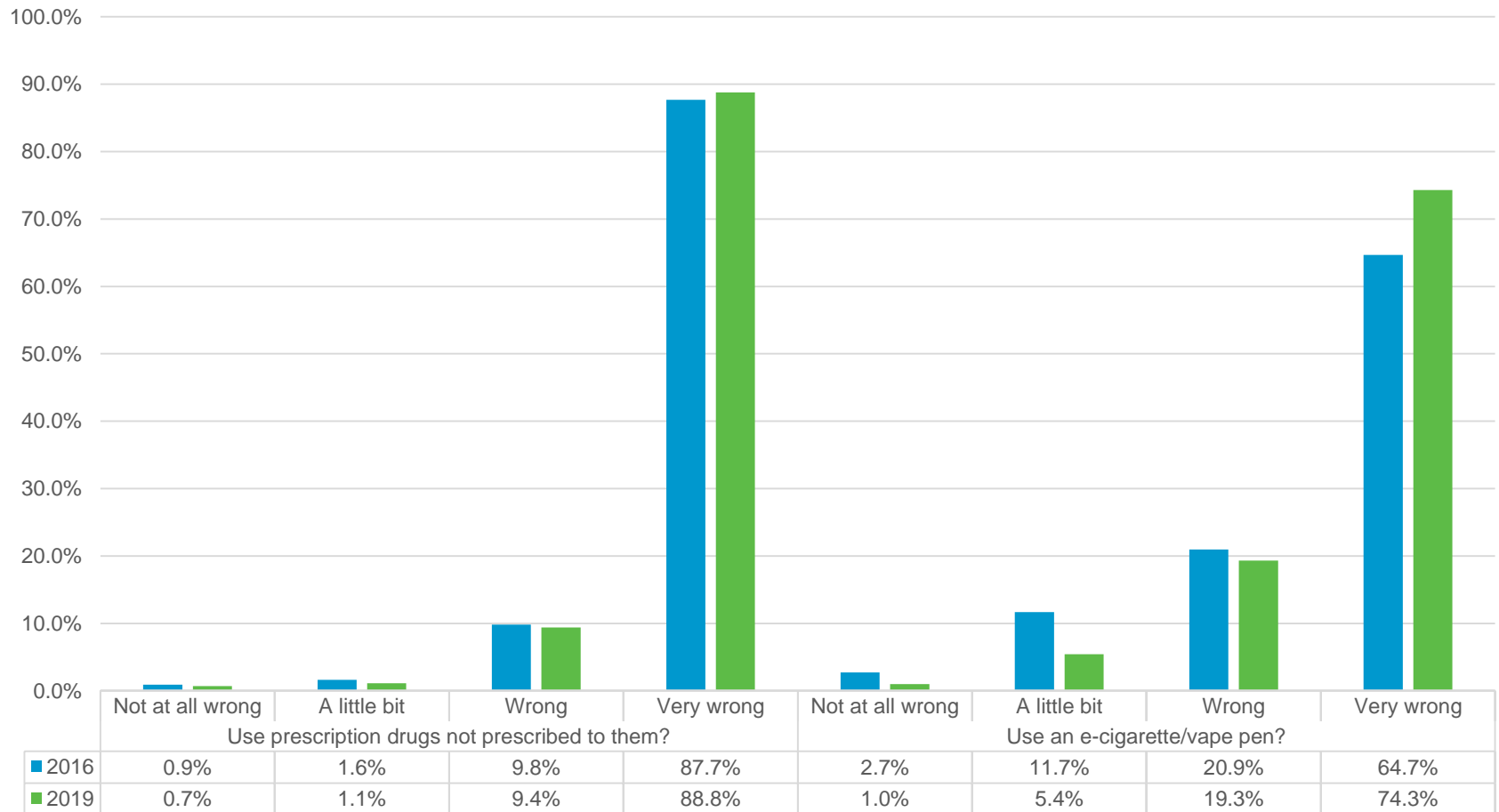
Student Survey Report

Parental Disapproval-Continued



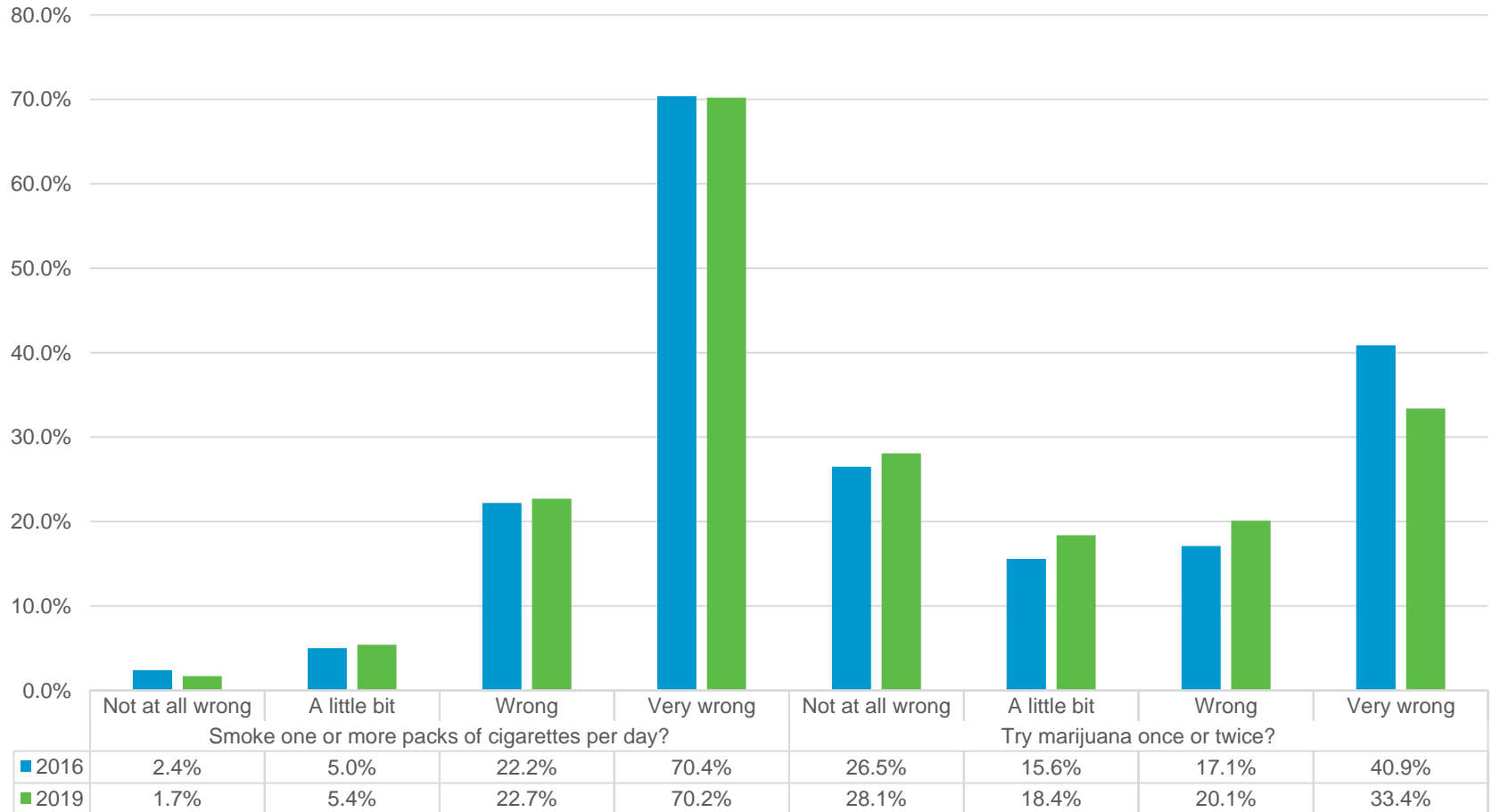
Student Survey Report

Parental Disapproval-Continued



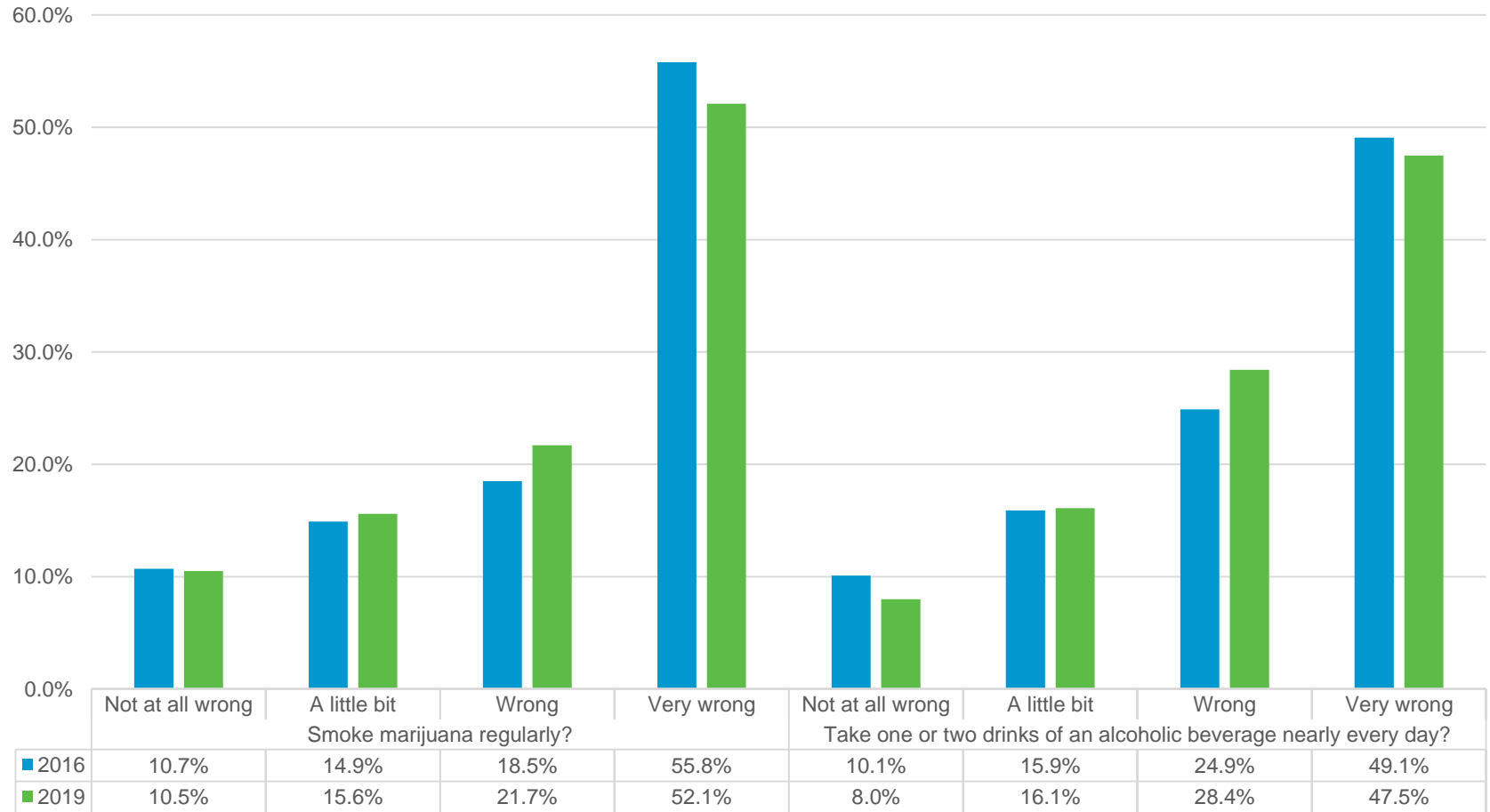
Student Survey Report

Peer Disapproval



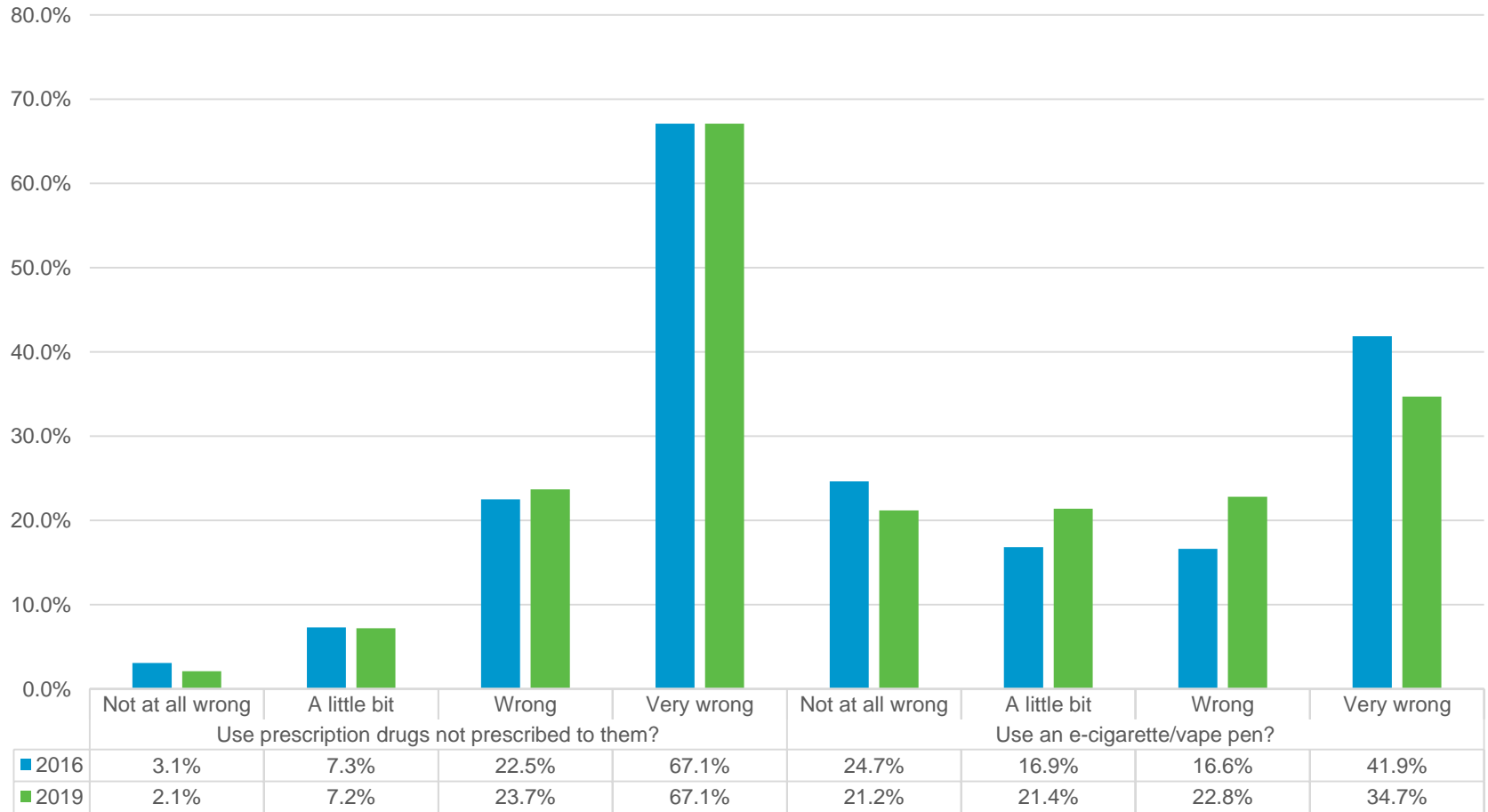
Student Survey Report

Peer Disapproval-Continued



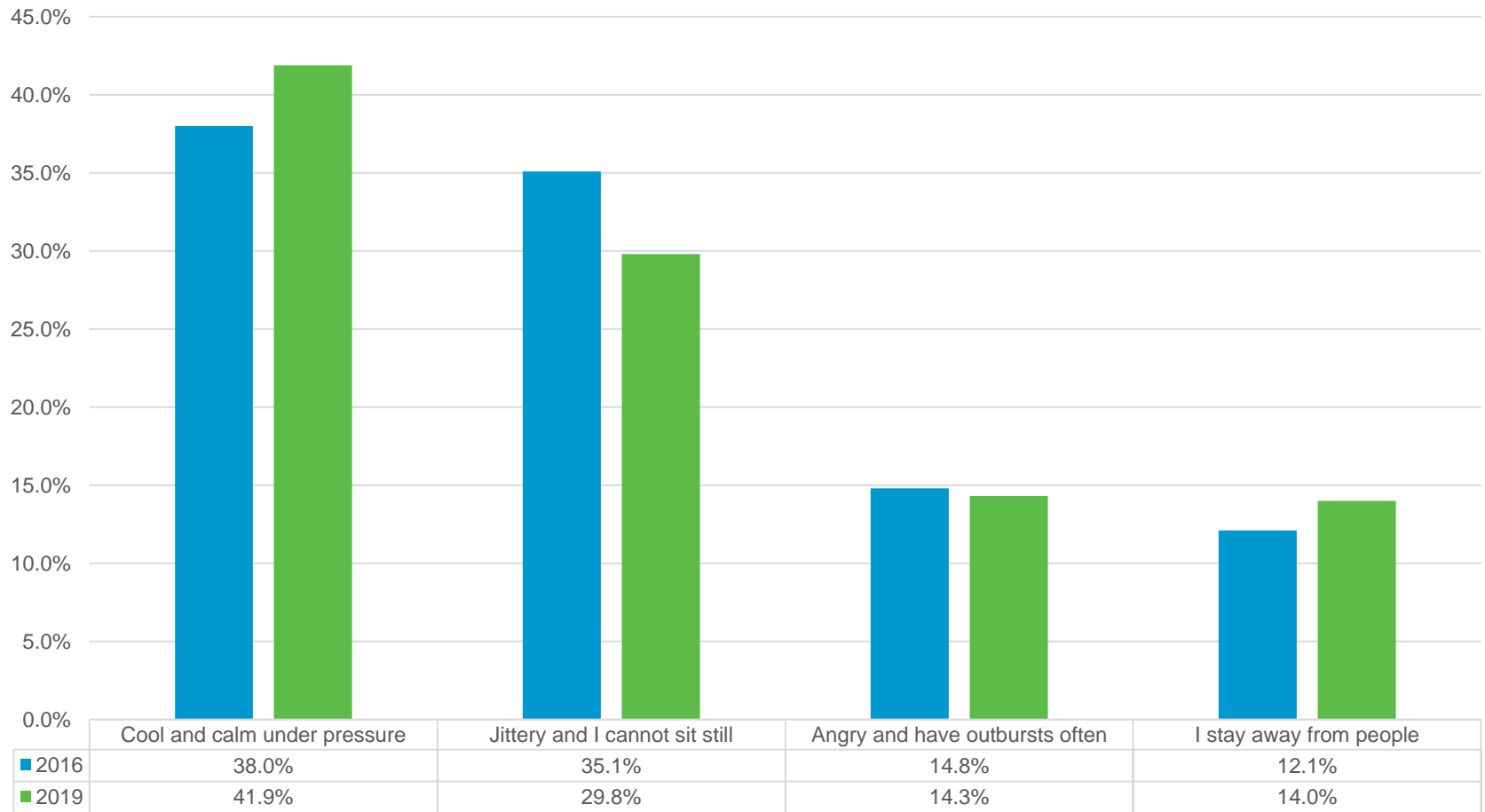
Student Survey Report

Peer Disapproval-Continued



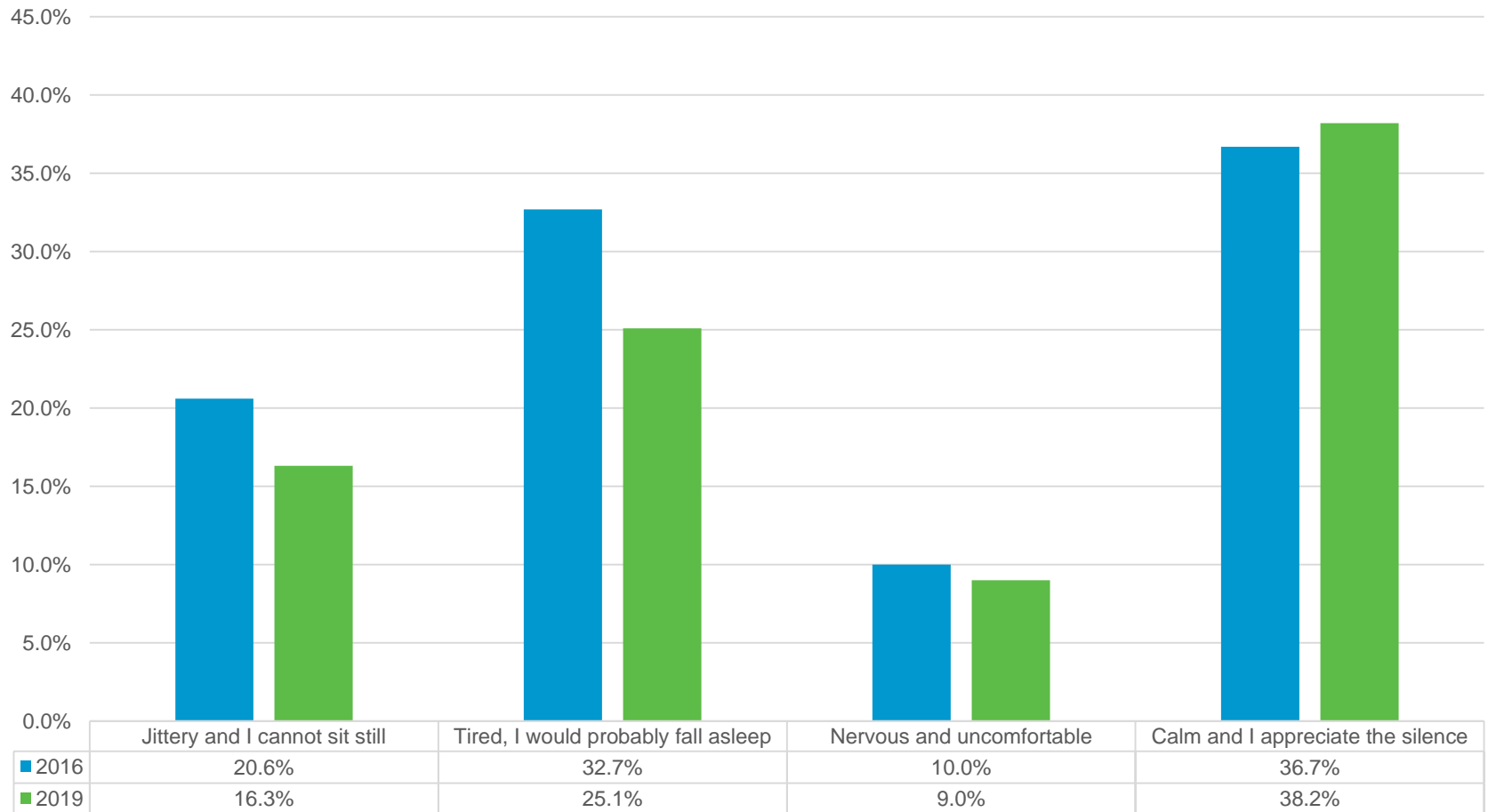
Student Survey Report

How best do you respond to stress?



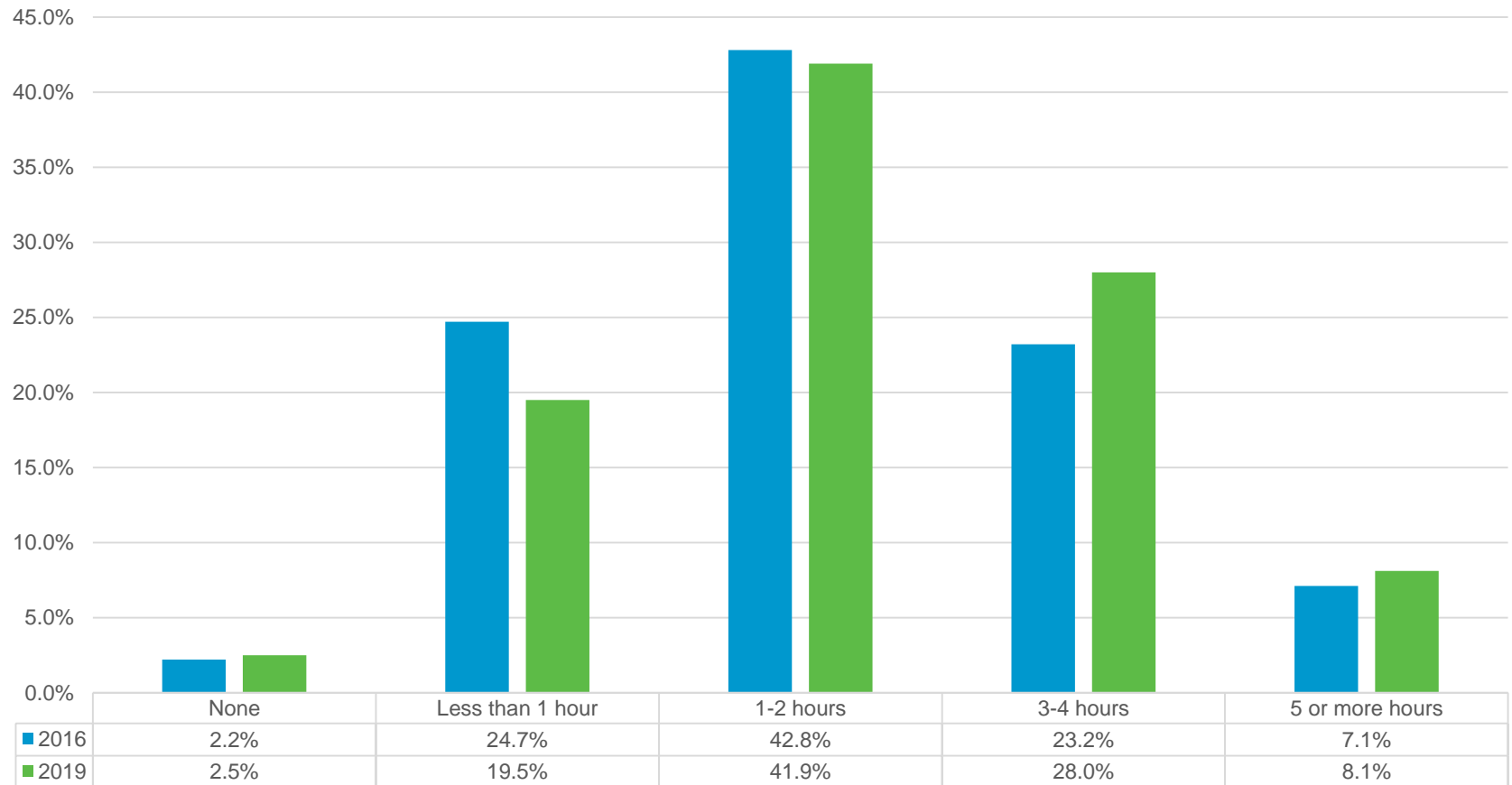
Student Survey Report

How do you feel when you sit in silence with no distractions?



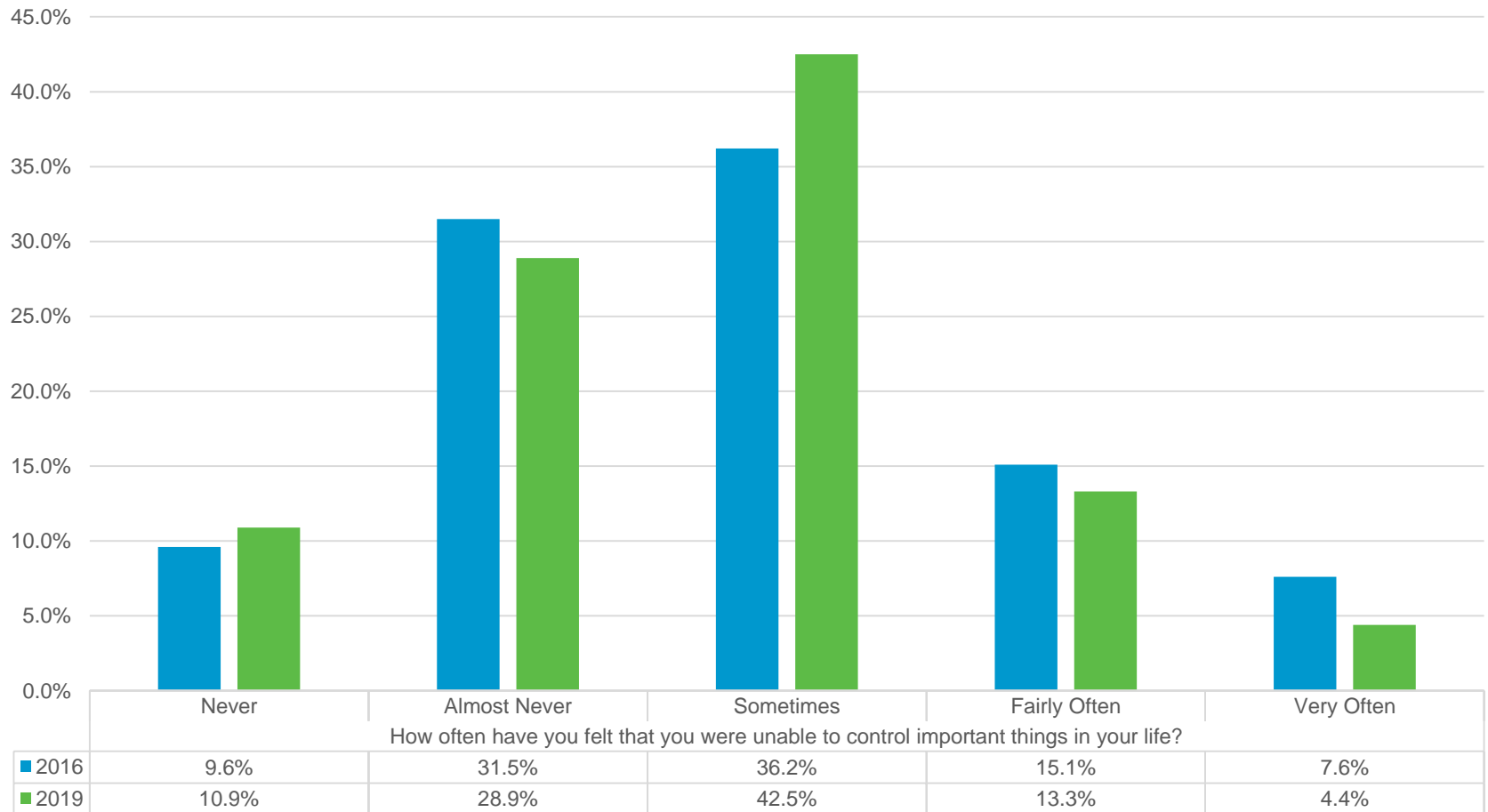
Student Survey Report

How many hours a day do you spend texting, emailing, video chatting, or socializing online?



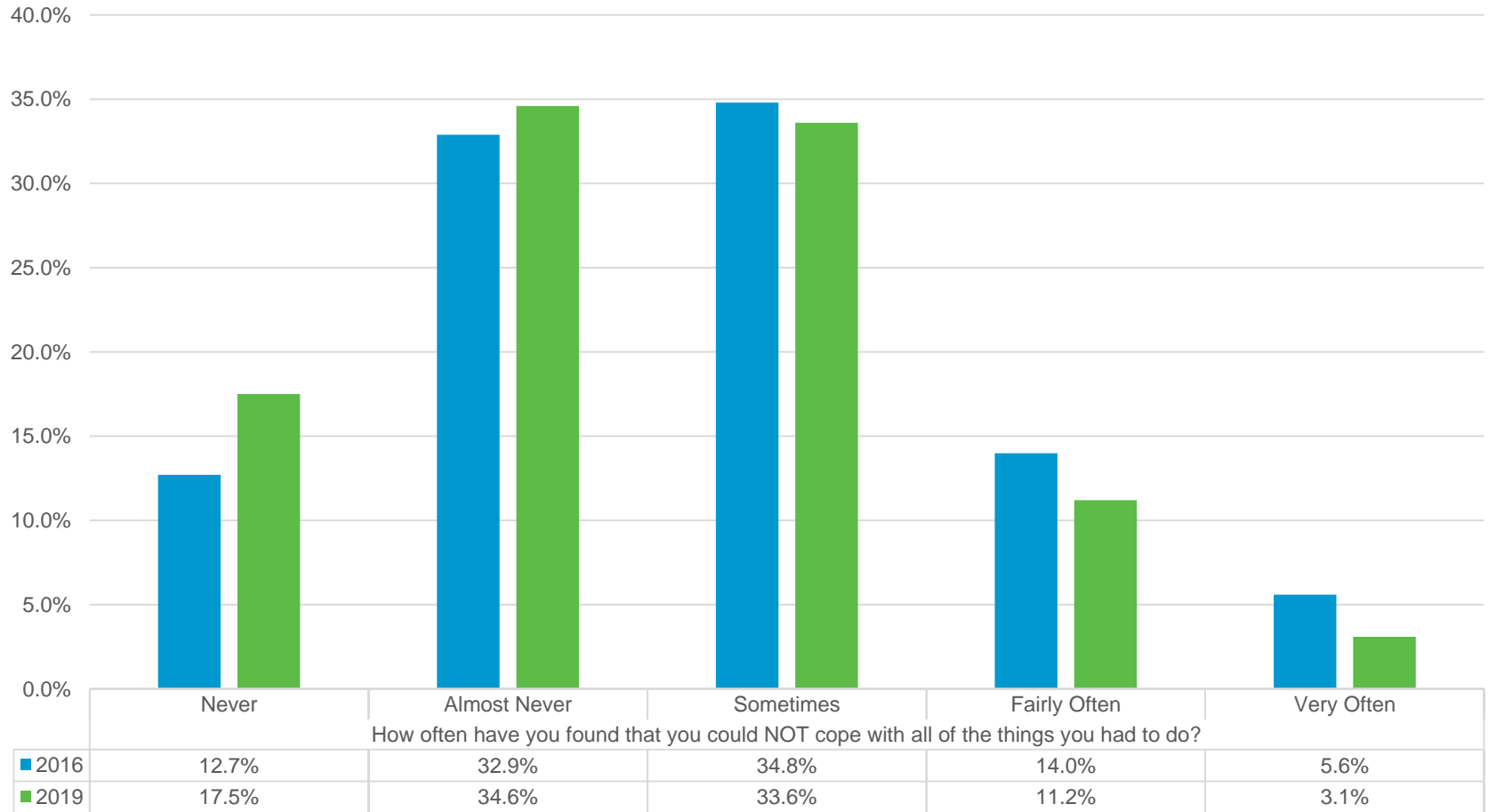
Student Survey Report

Stress



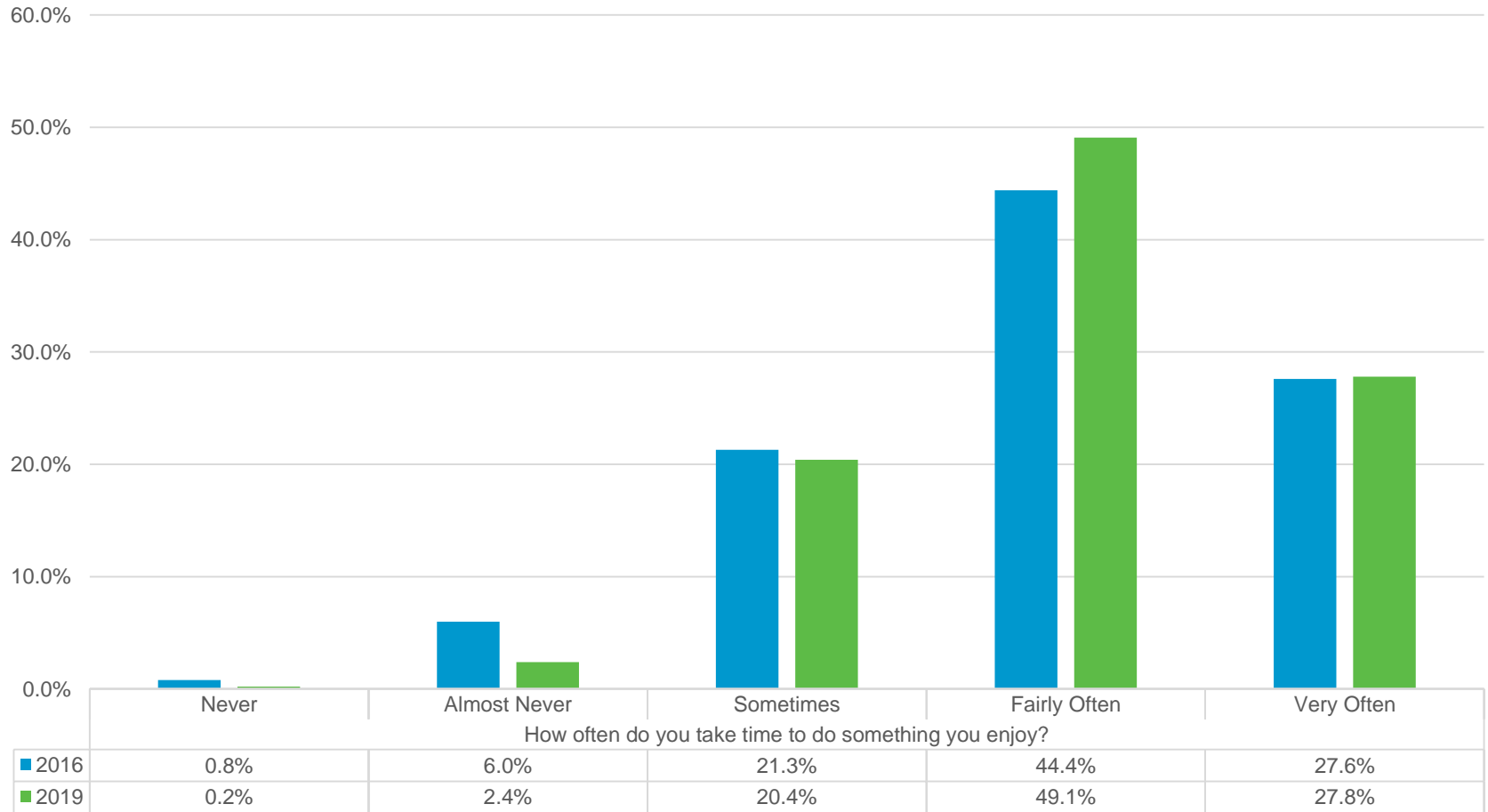
Student Survey Report

Stress



Student Survey Report

Stress

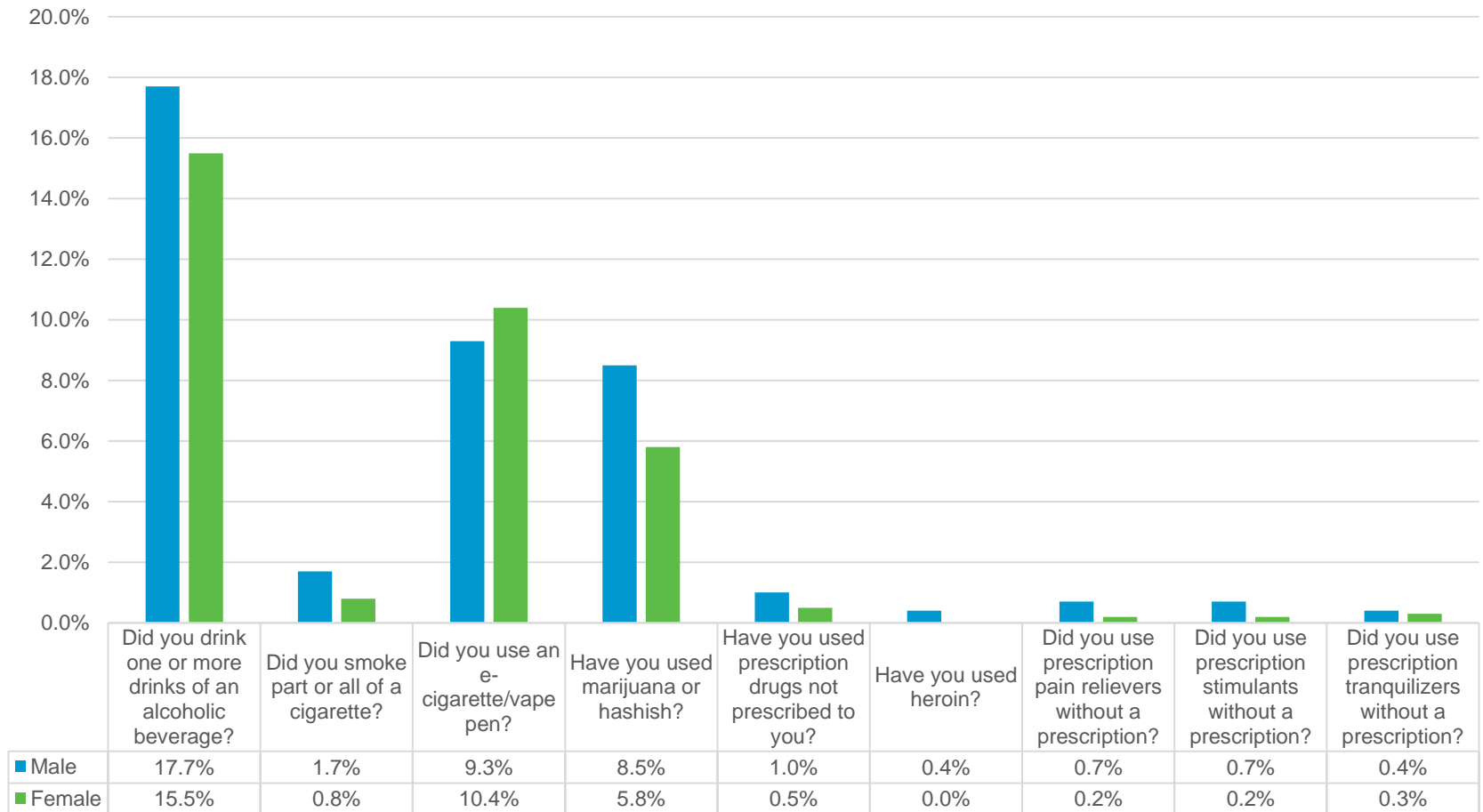


Responses by Gender



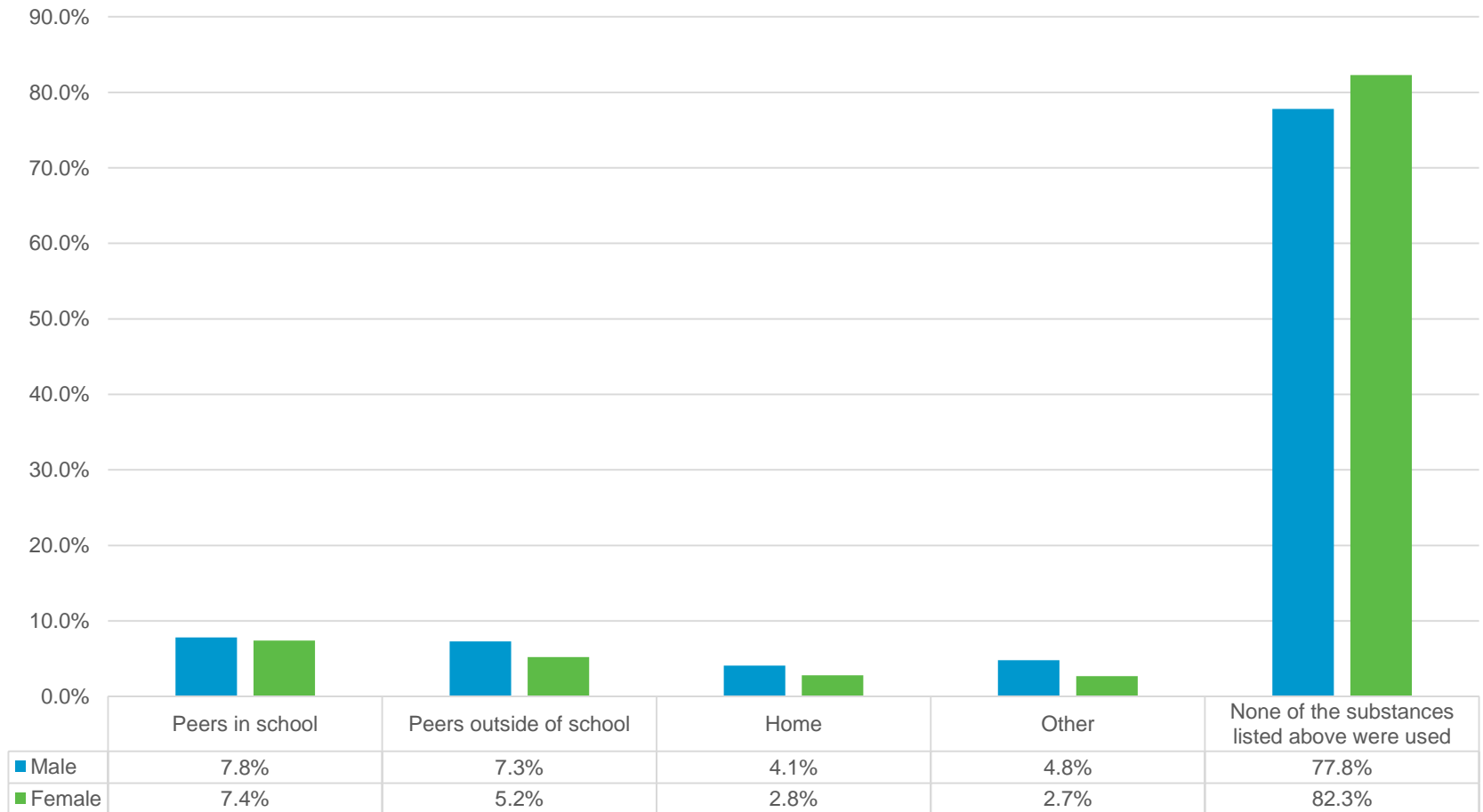
Student Survey Report

During the past 30 days:



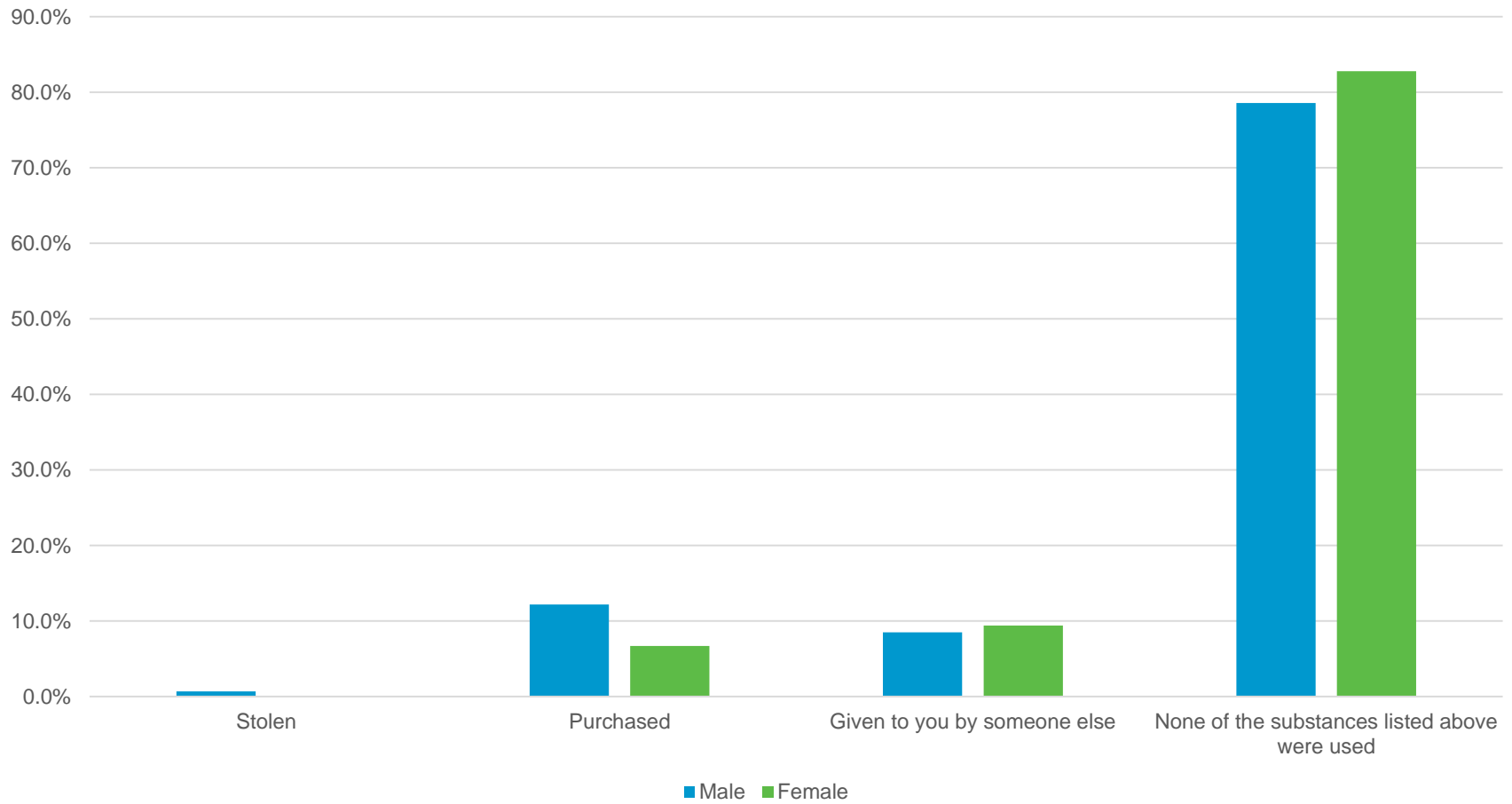
Student Survey Report

If any of the substances listed above were used, where did they come from?



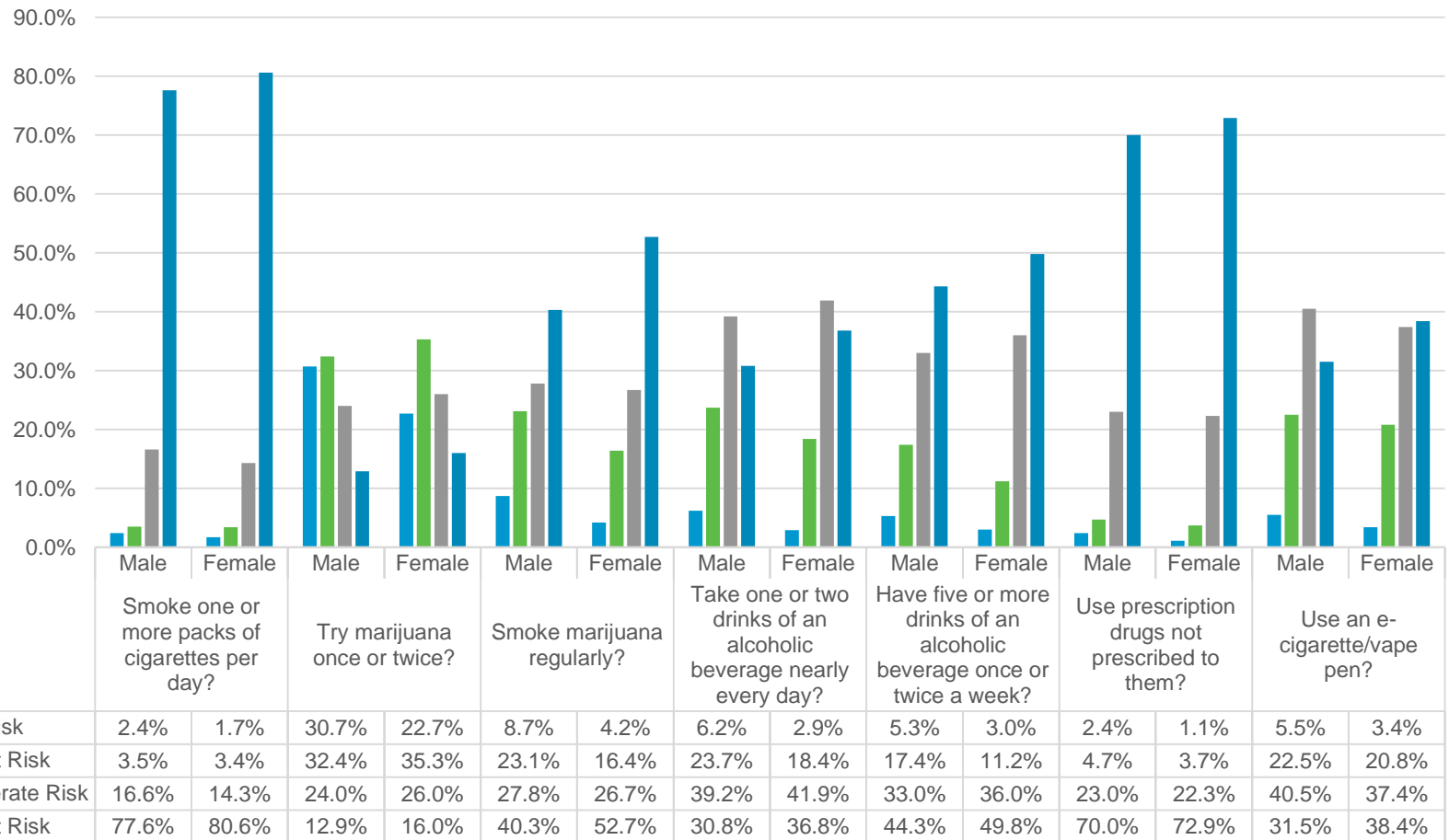
Student Survey Report

If any of the substances listed above were used, how were they obtained?



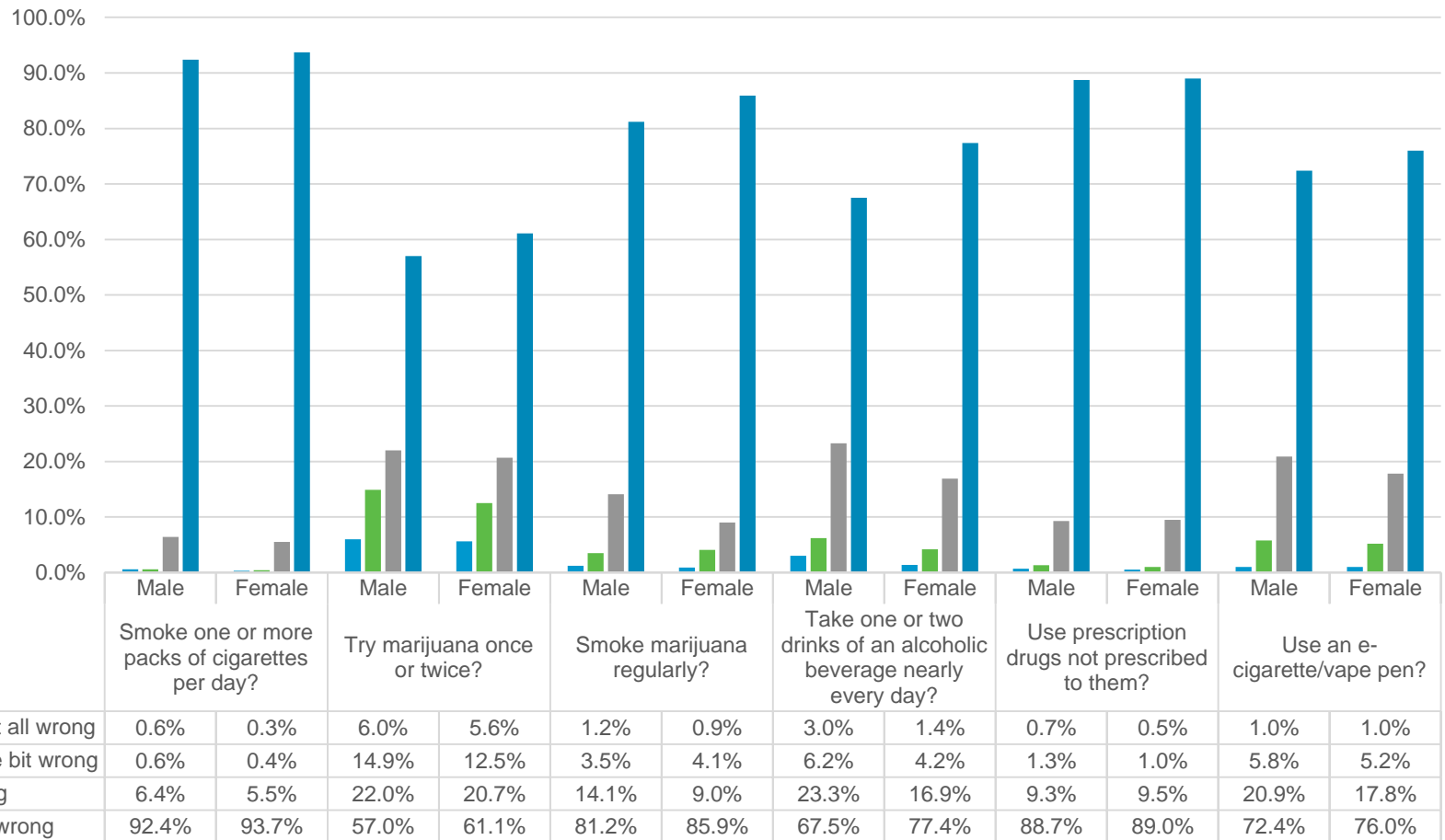
Student Survey Report

How much do you think people risk harming themselves if they:



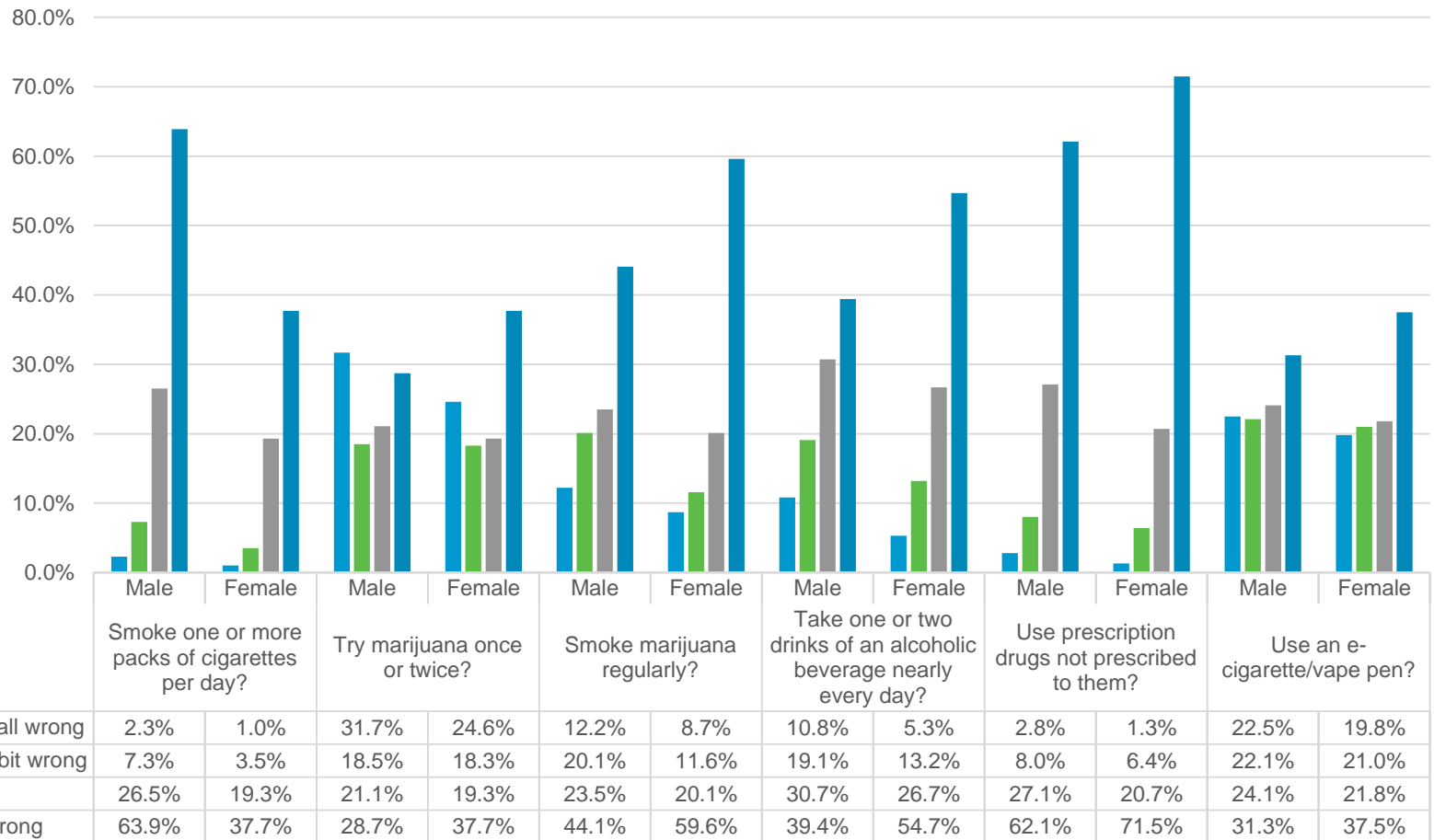
Student Survey Report

How wrong do your parents/guardians feel it would be for you to:



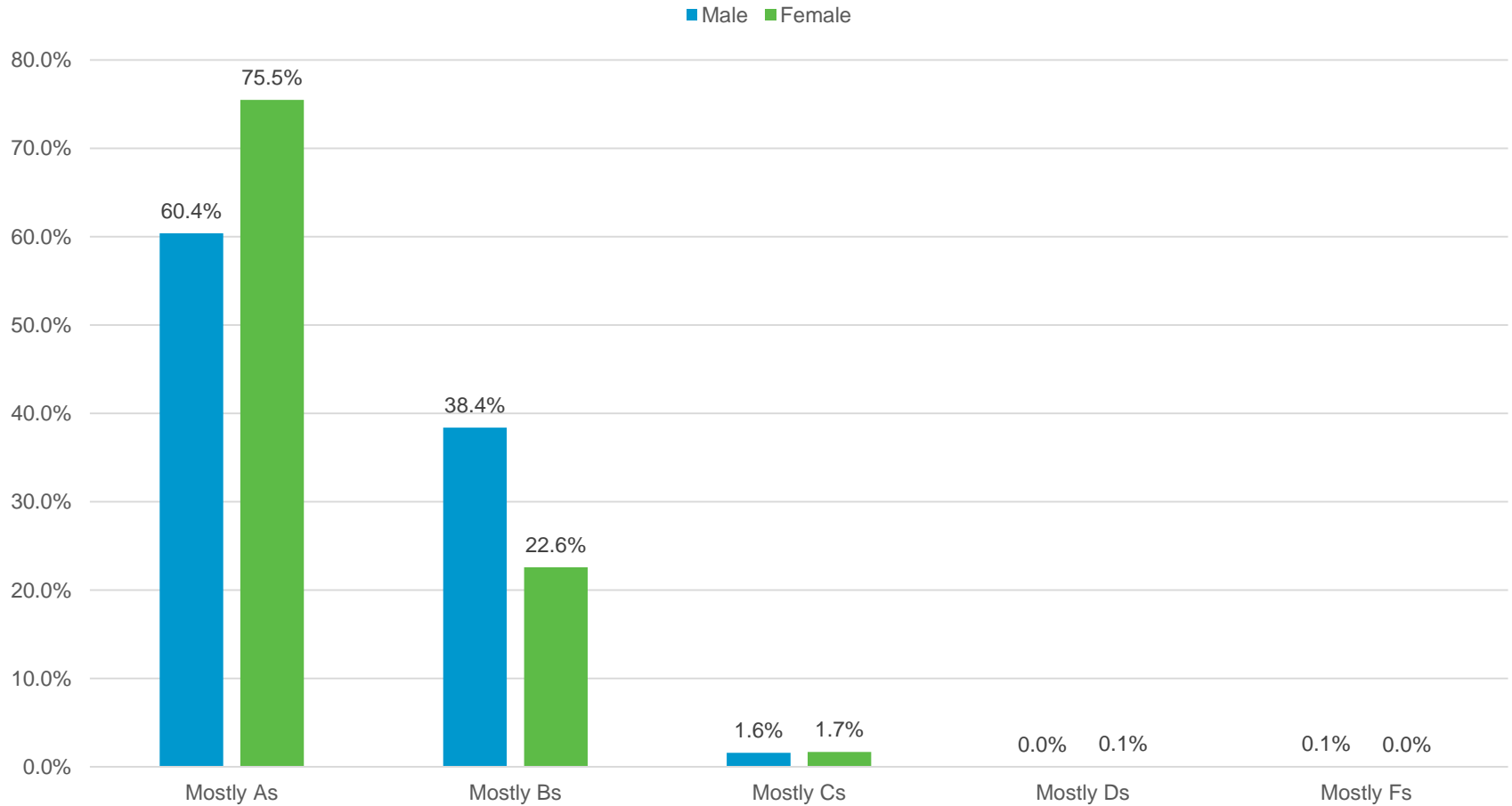
Student Survey Report

How wrong do your friends feel it would be for you to:



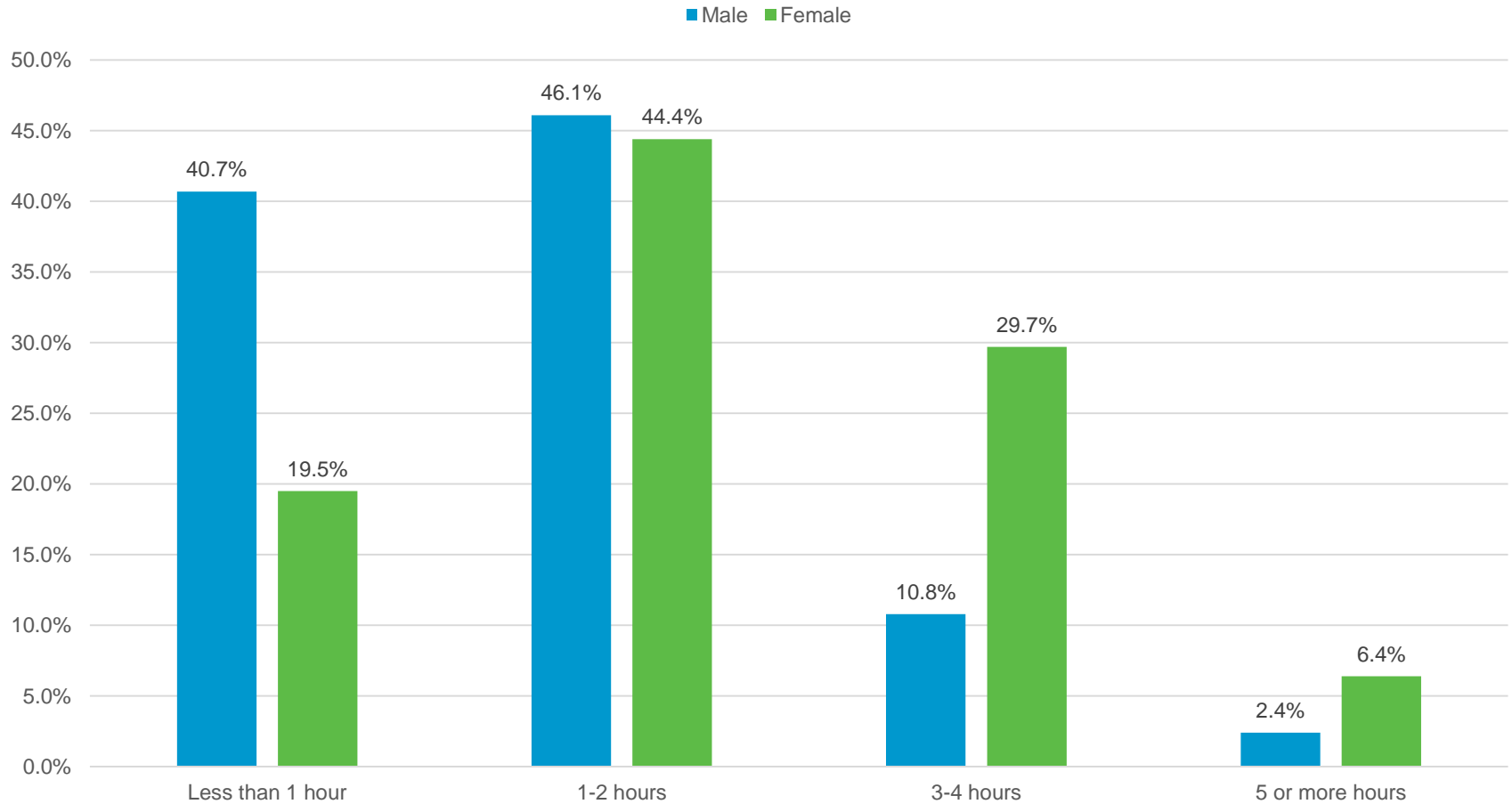
Student Survey Report

During this school year, how would you describe your grades in school?



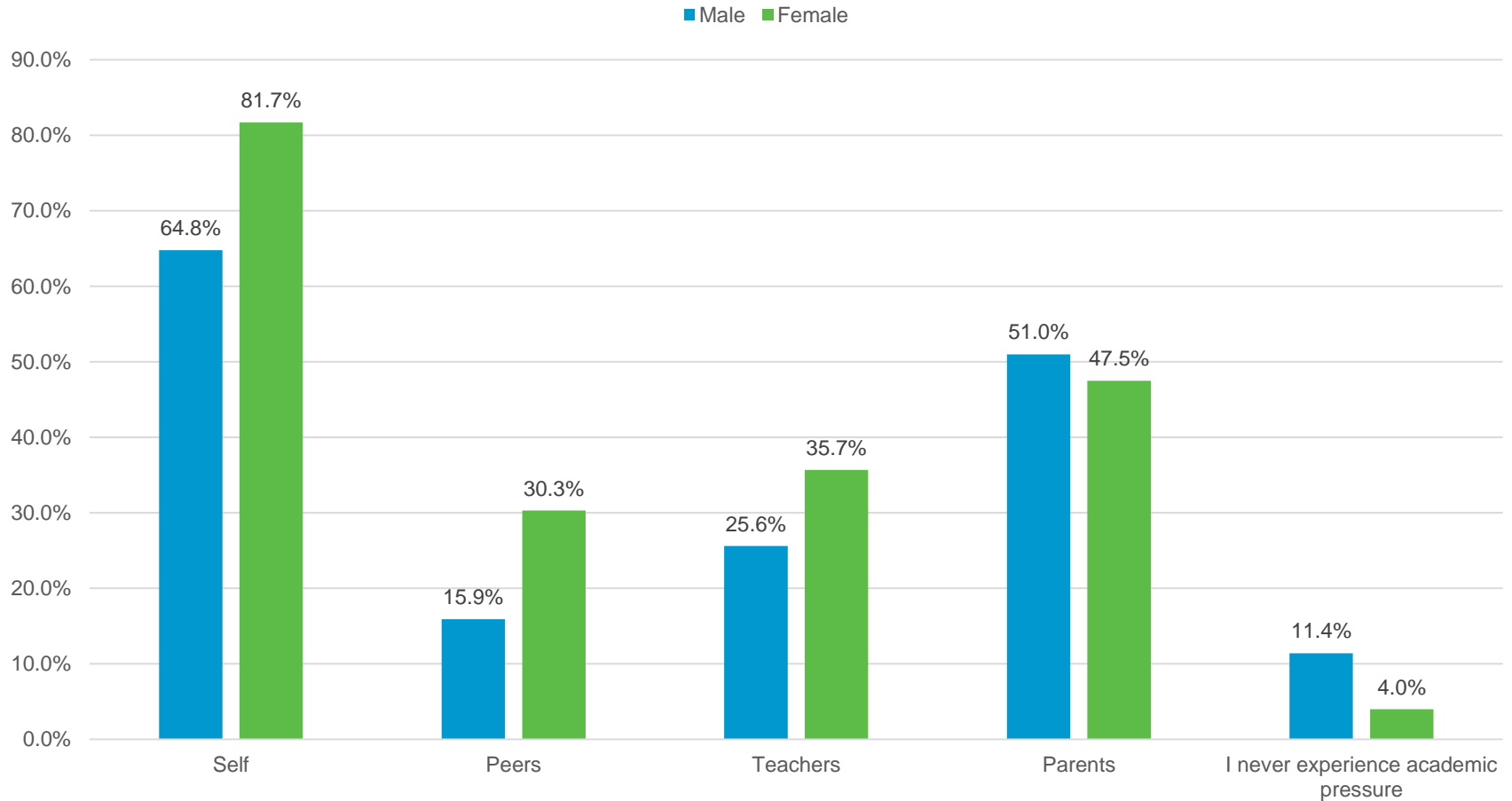
Student Survey Report

How many hours per night do you usually spend on homework?



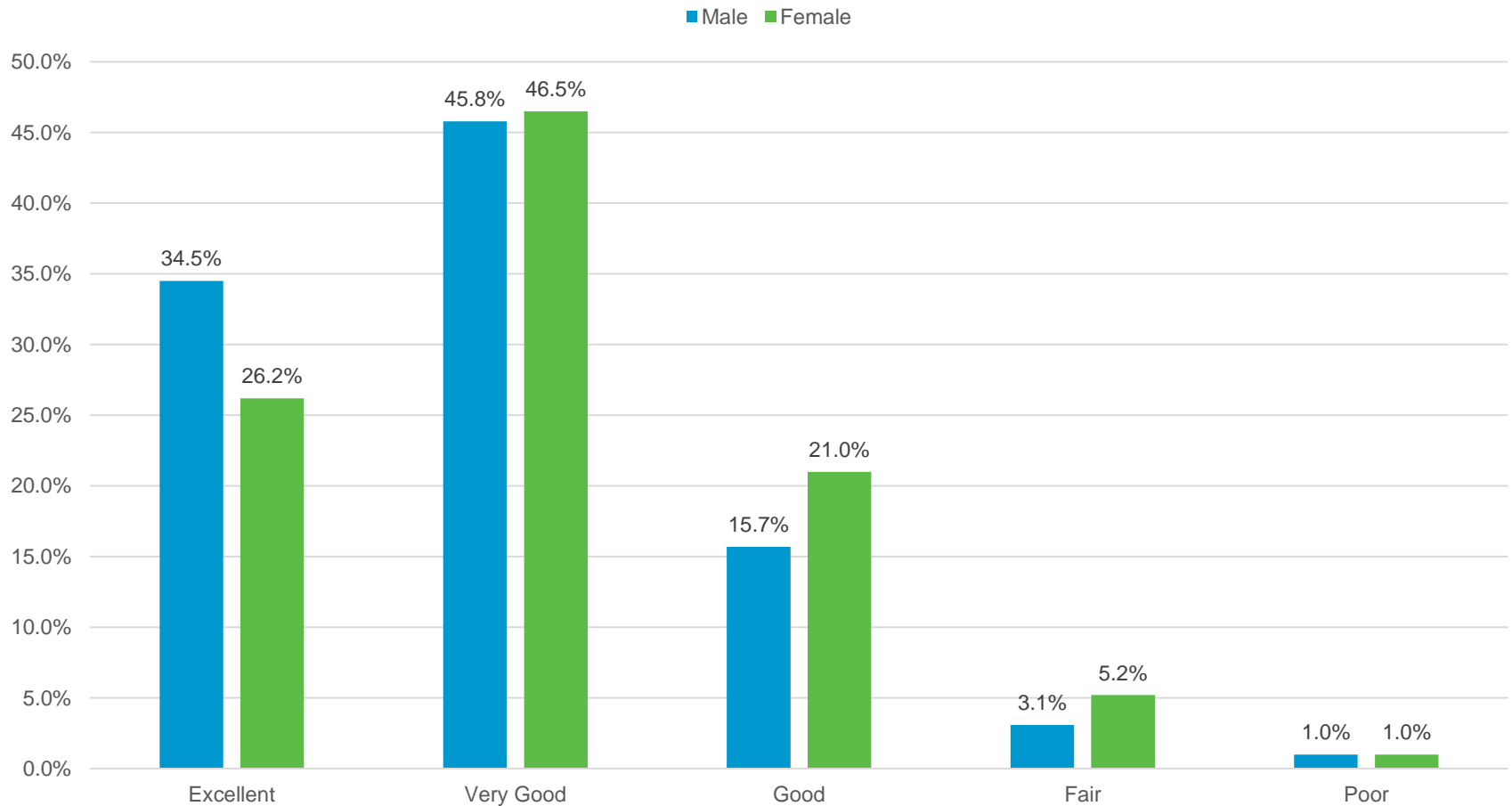
Student Survey Report

If you experience academic pressure, where does it come from?



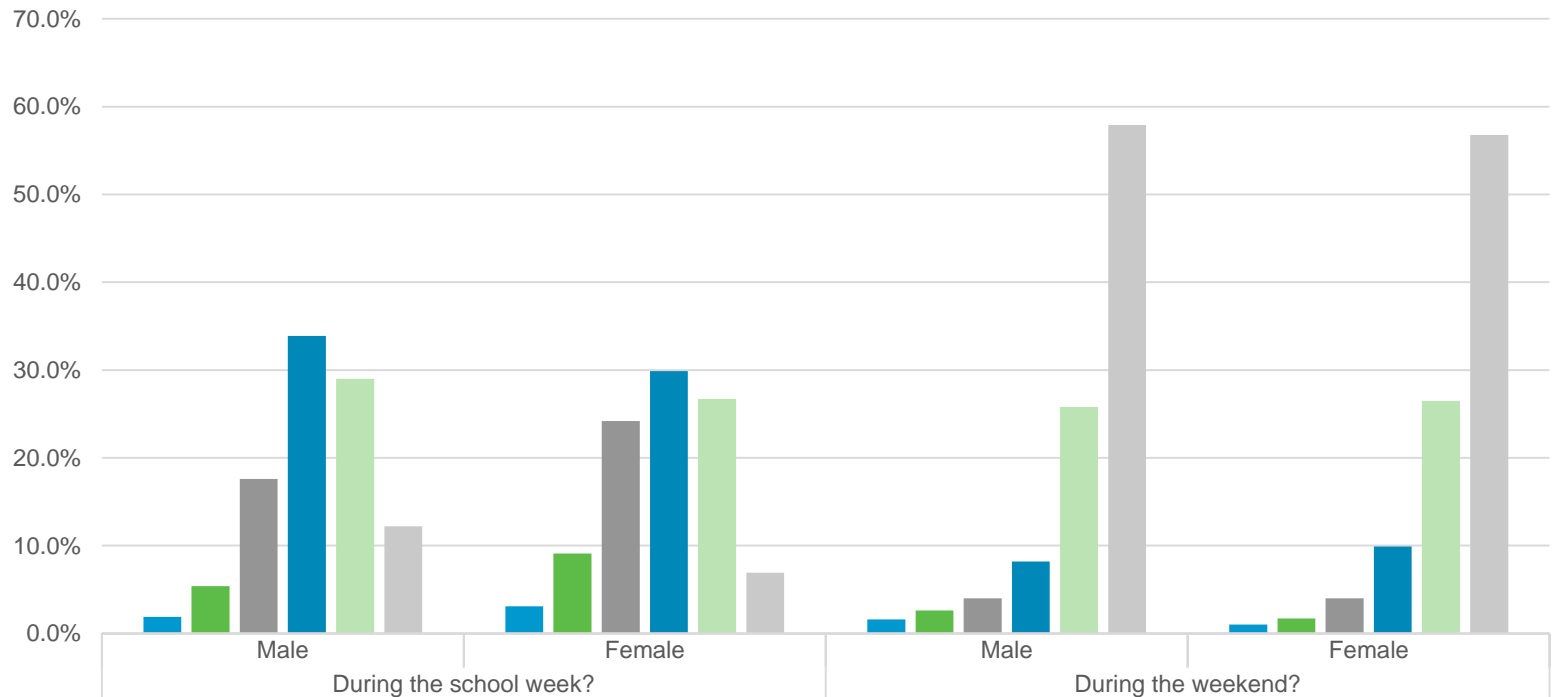
Student Survey Report

How do you describe your overall health?



Student Survey Report

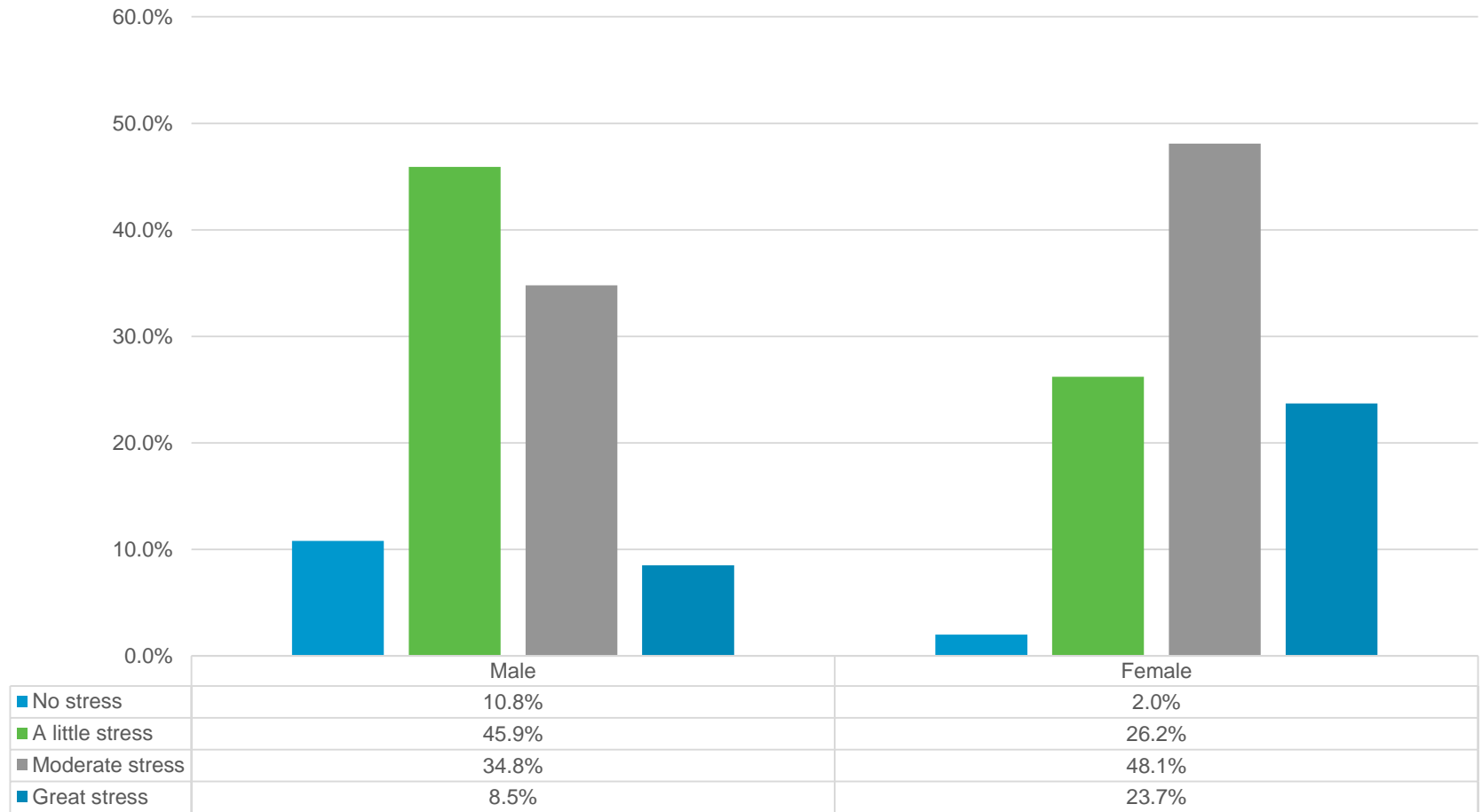
How many hours of sleep a night do you typically get?



	During the school week?		During the weekend?	
	Male	Female	Male	Female
■ 4 or fewer hours	1.9%	3.1%	1.6%	1.0%
■ 5 hours	5.4%	9.1%	2.6%	1.7%
■ 6 hours	17.6%	24.2%	4.0%	4.0%
■ 7 hours	33.9%	29.9%	8.2%	9.9%
■ 8 hours	29.0%	26.7%	25.8%	26.5%
■ 9 or more hours	12.2%	6.9%	57.9%	56.8%

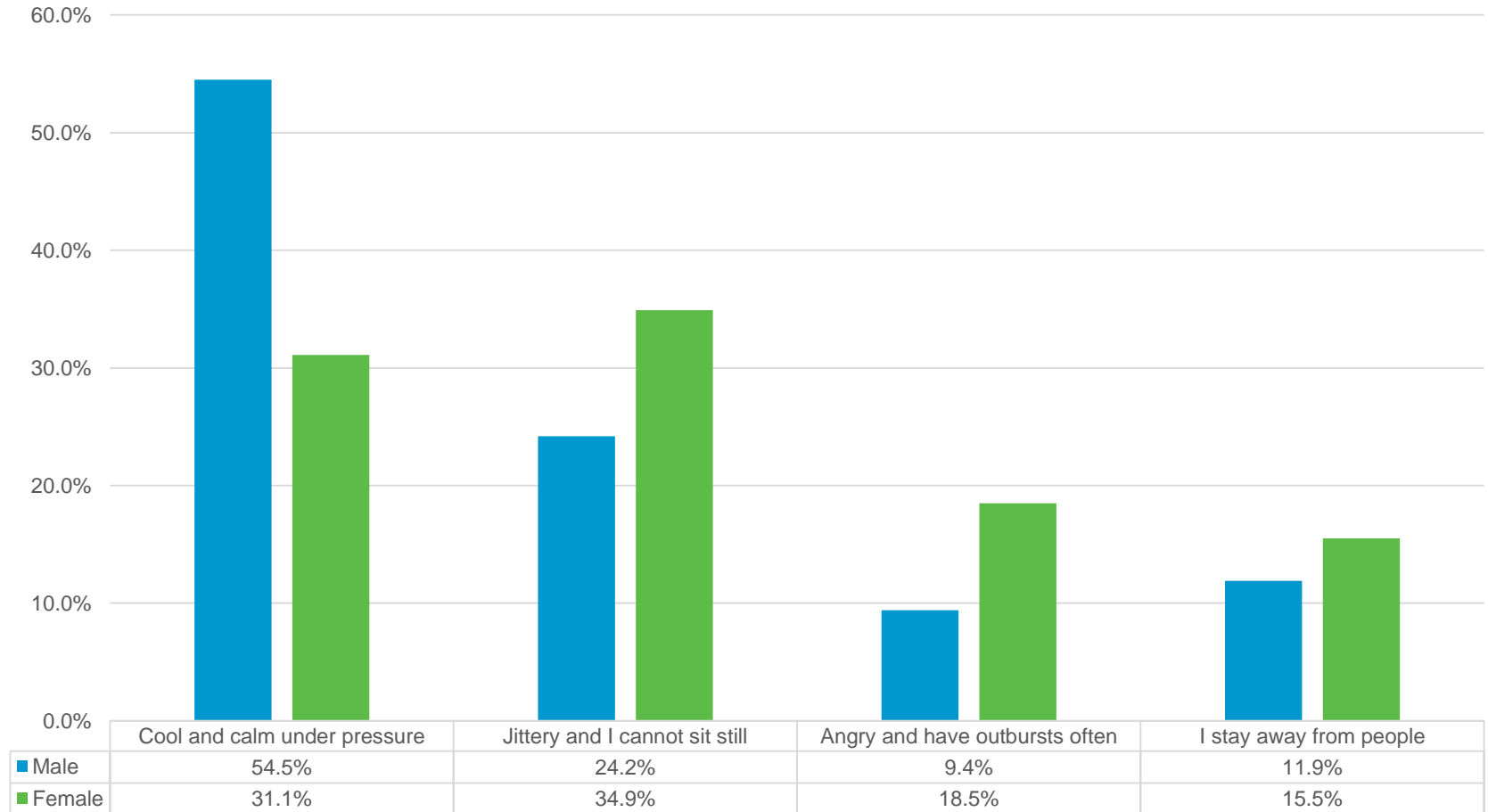
Student Survey Report

How much stress do you experience in a typical week?



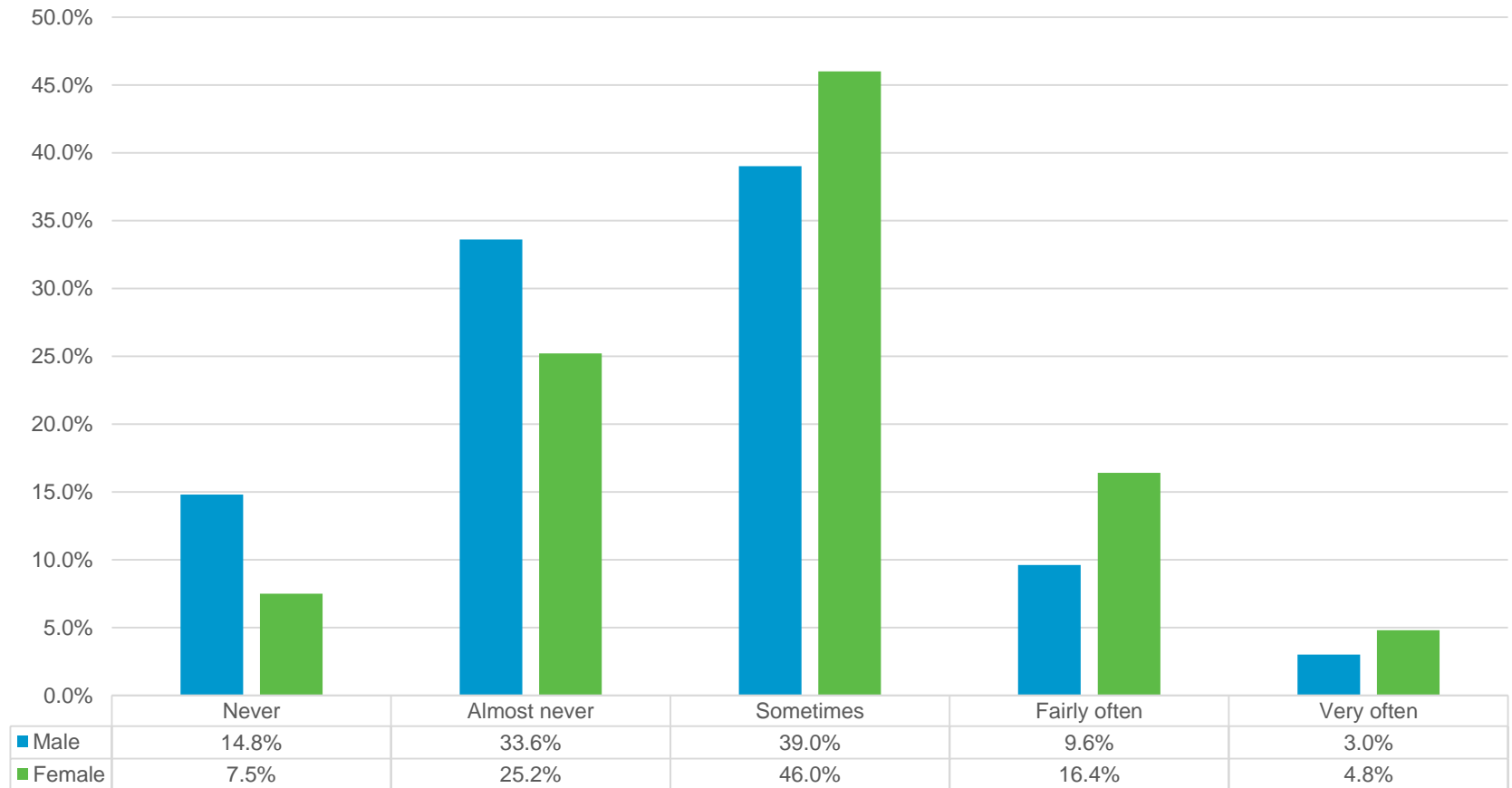
Student Survey Report

How best do you describe your response to stress?



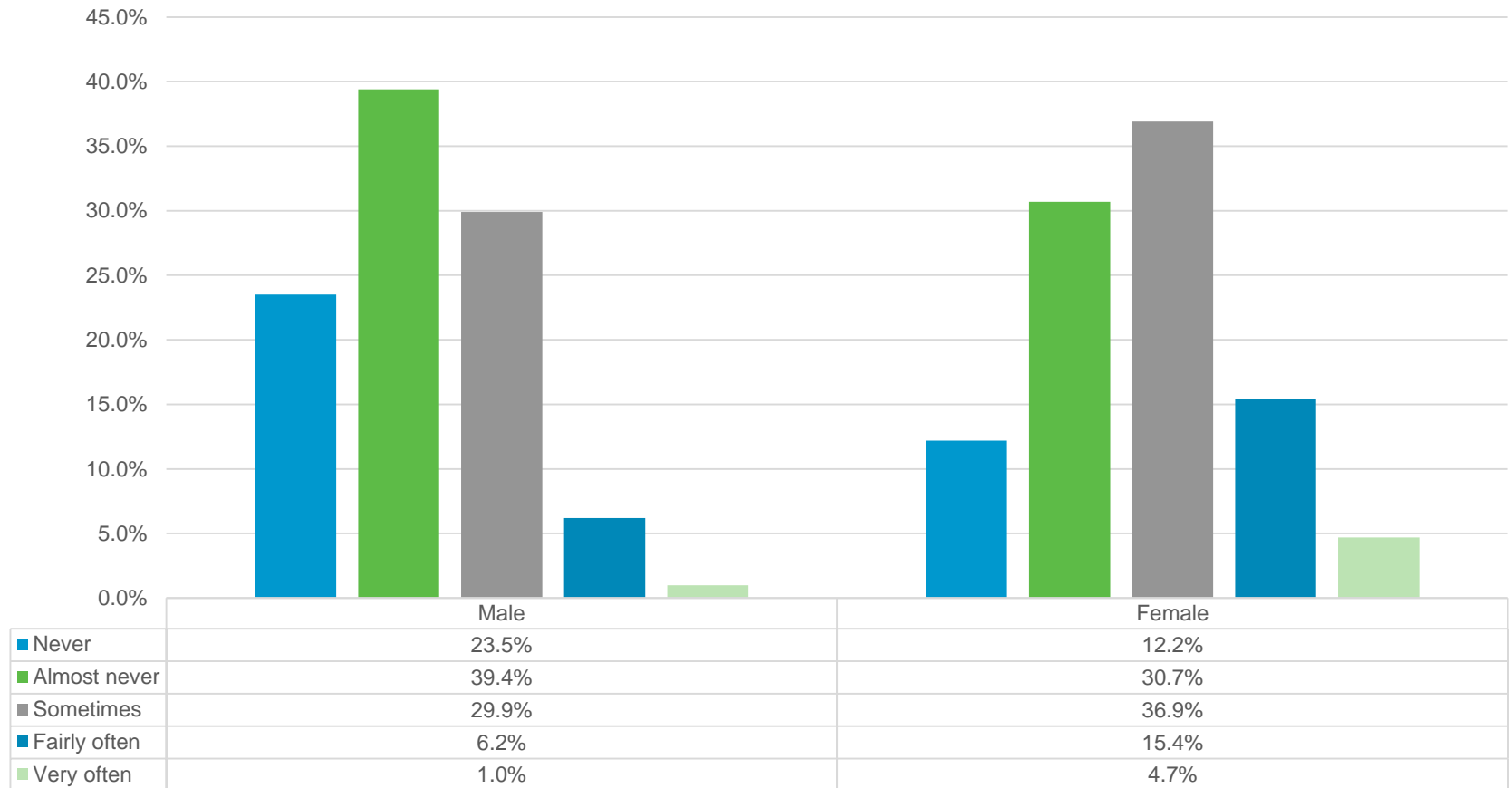
Student Survey Report

How often have you felt that you were unable to control important things in your life?



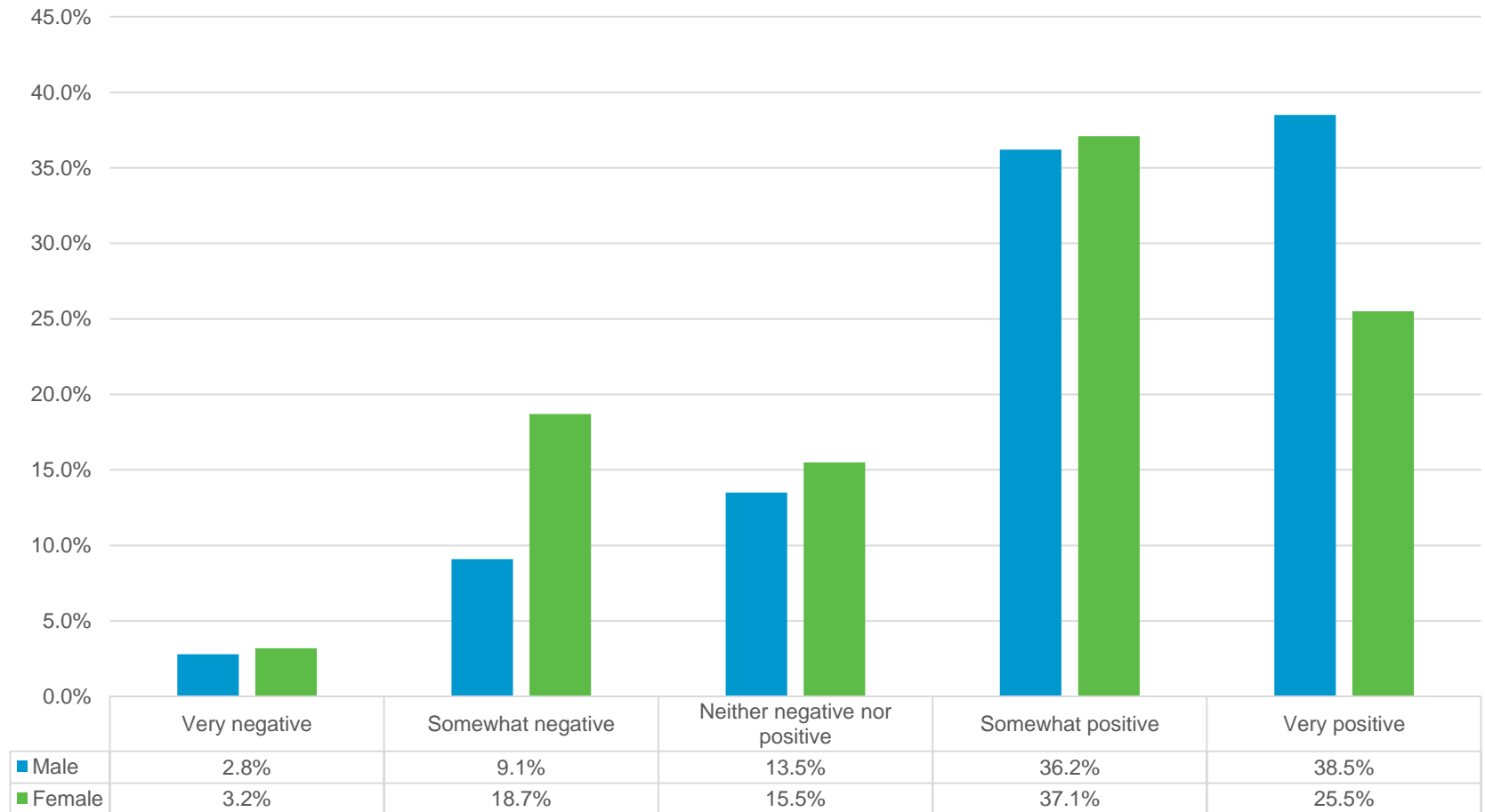
Student Survey Report

How often have you found that you could NOT cope with all of the things you had to do?



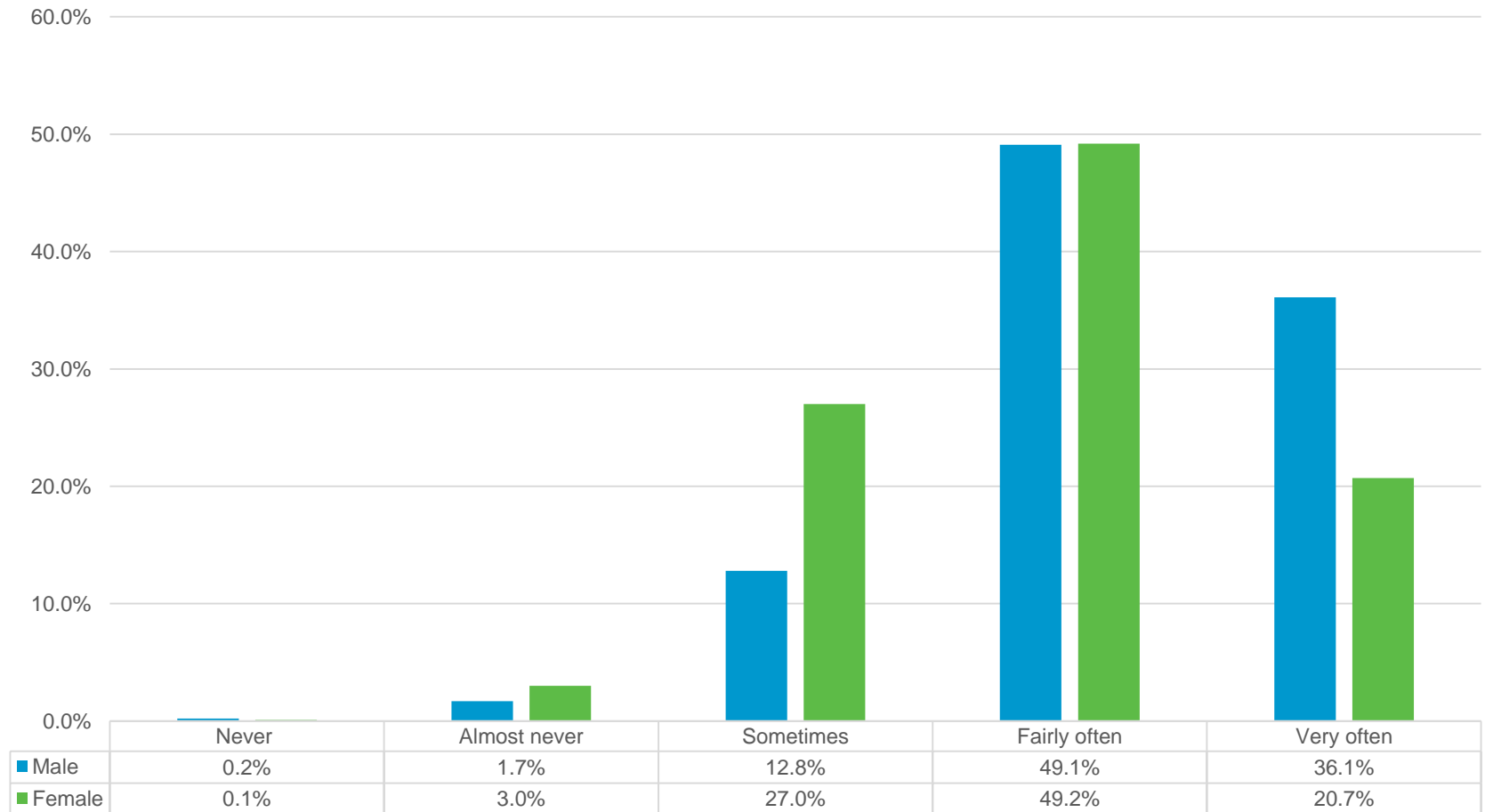
Student Survey Report

How positively or negatively do you feel about yourself?



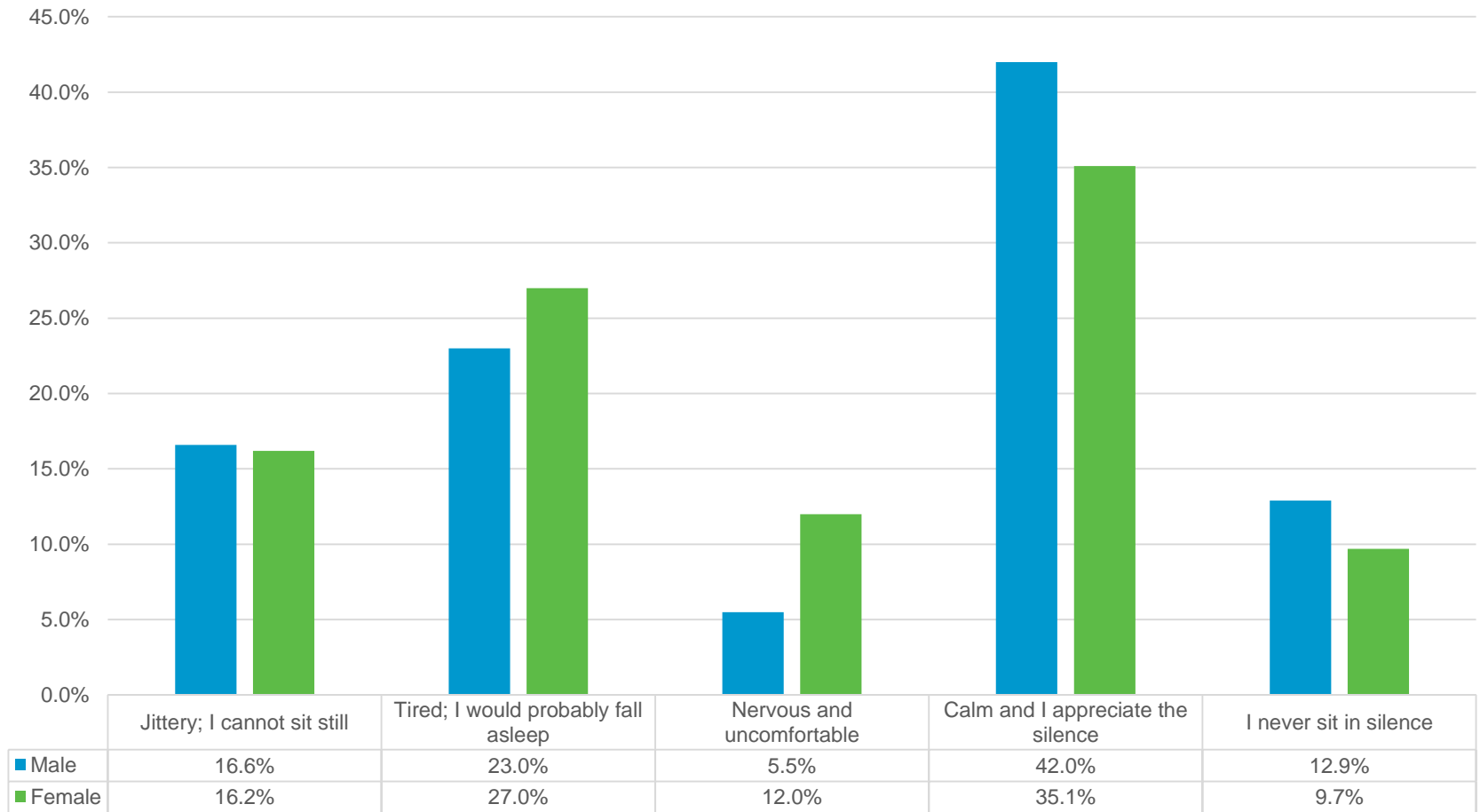
Student Survey Report

How often do you take time to do something you enjoy?



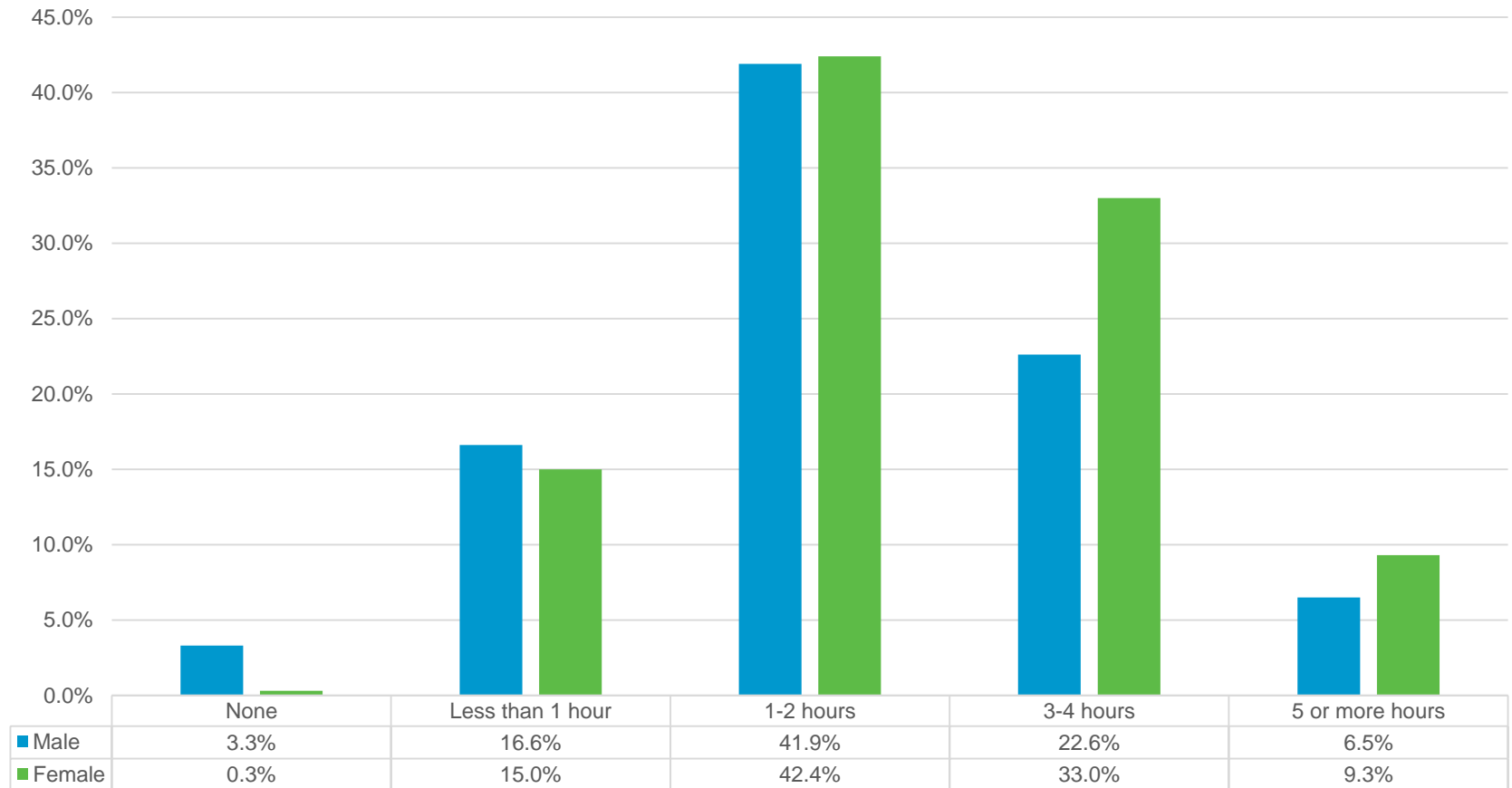
Student Survey Report

How do you feel when you sit in silence with no distractions?



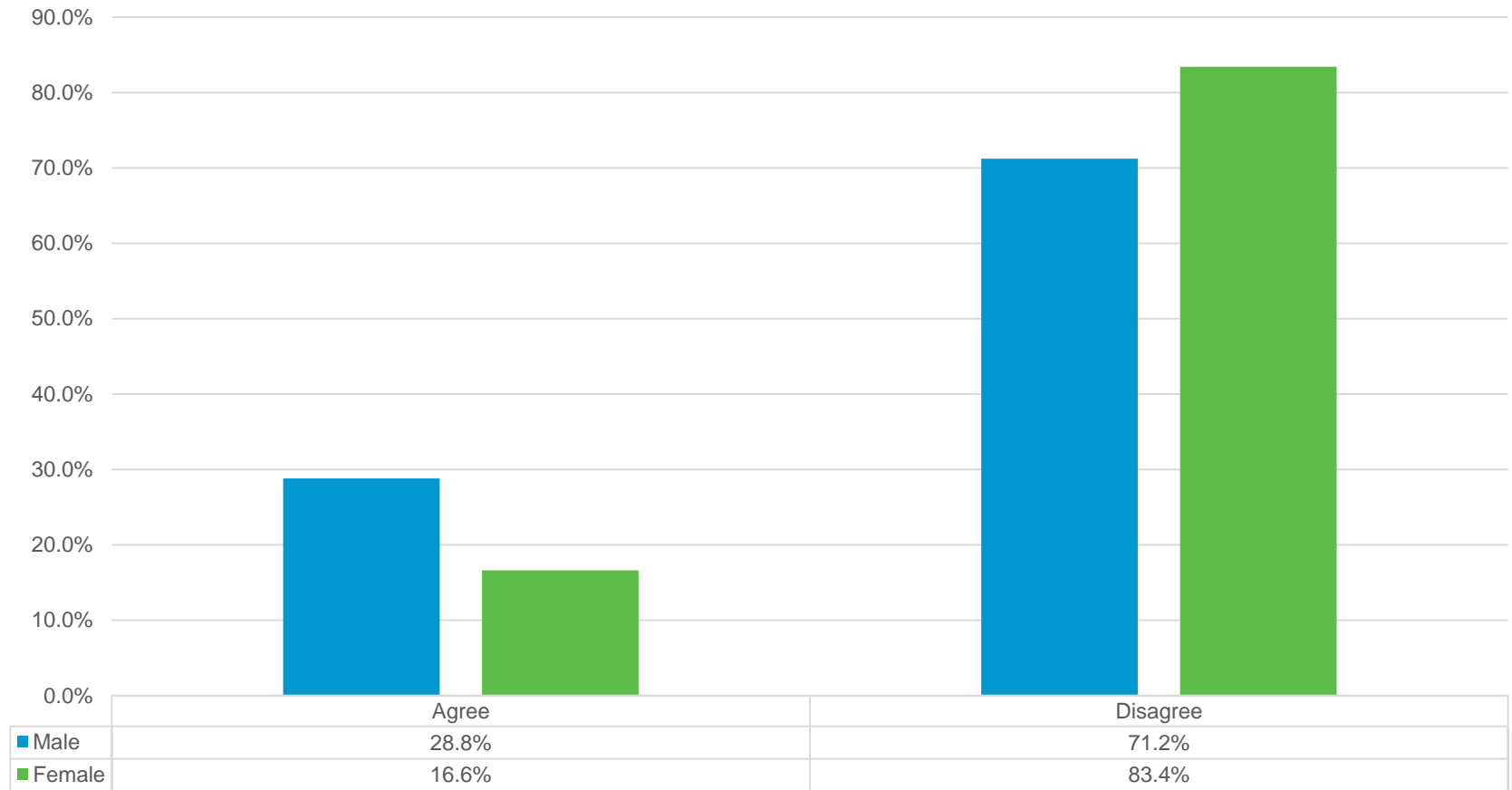
Student Survey Report

How many hours a day do you spend texting, emailing, video chatting, or socializing online?



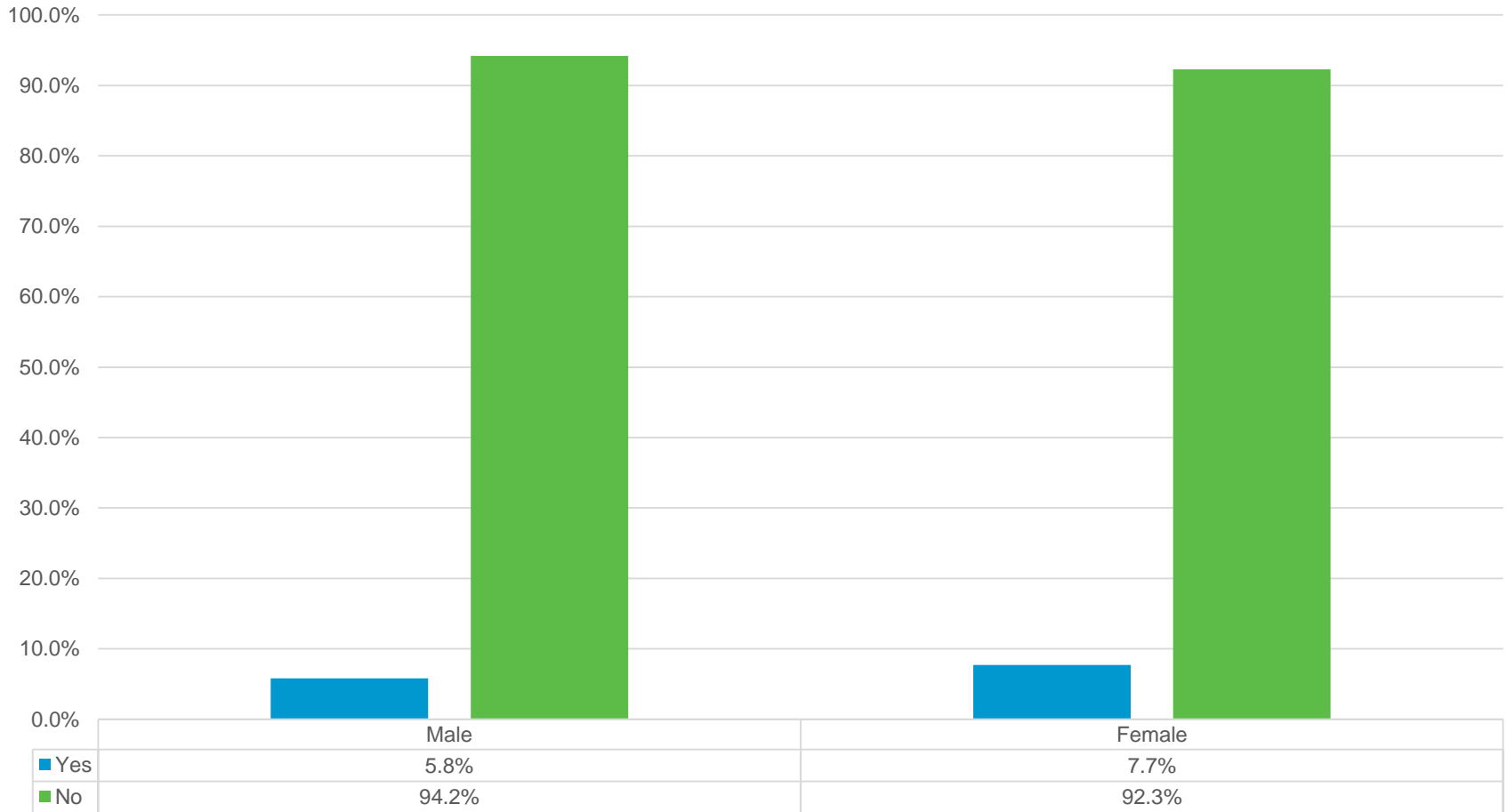
Student Survey Report

Is it okay to send racy or sexual messages or pictures electronically as long as it is kept private?



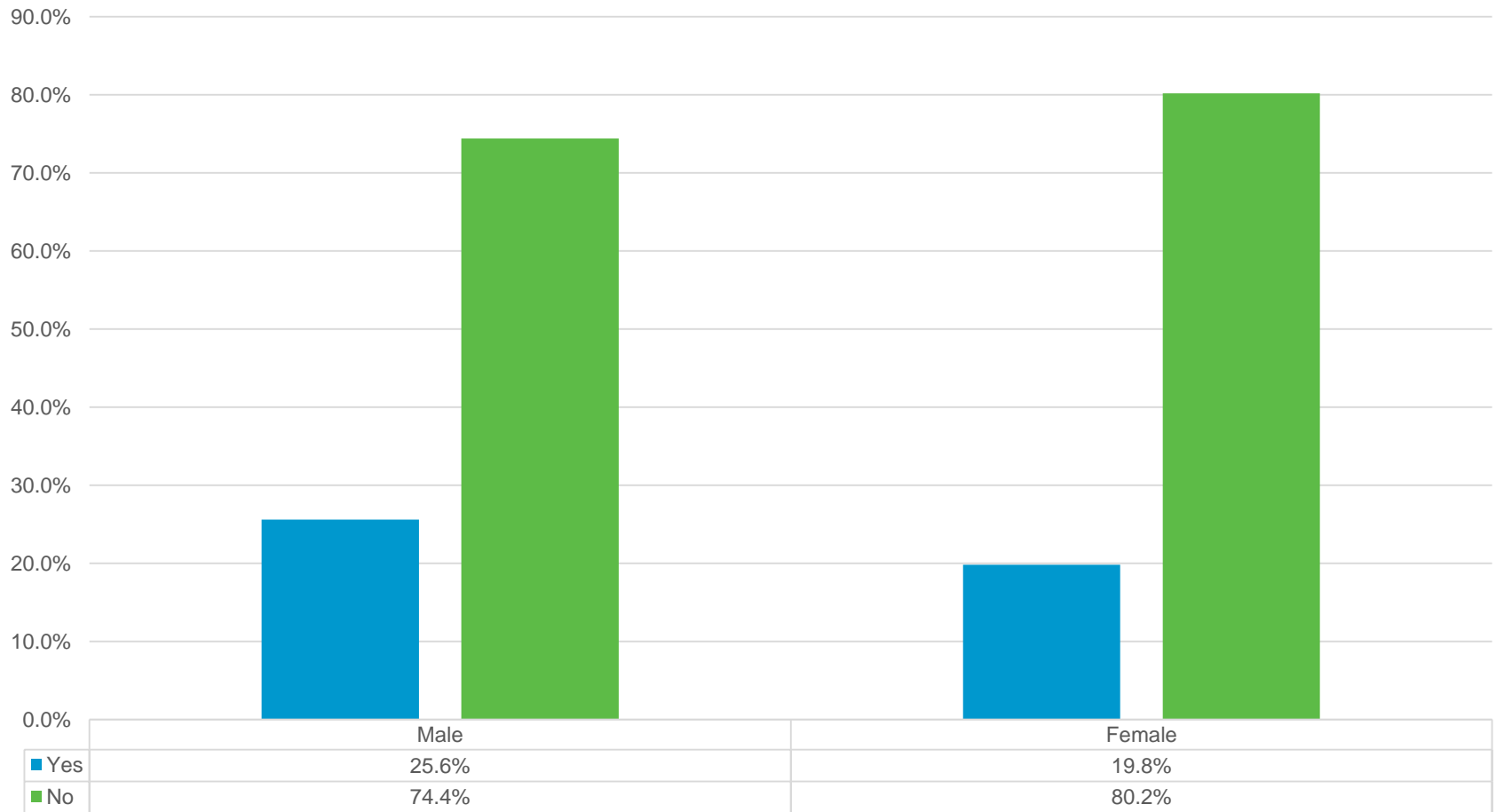
Student Survey Report

Have you ever sent a racy or sexual picture of yourself to someone?



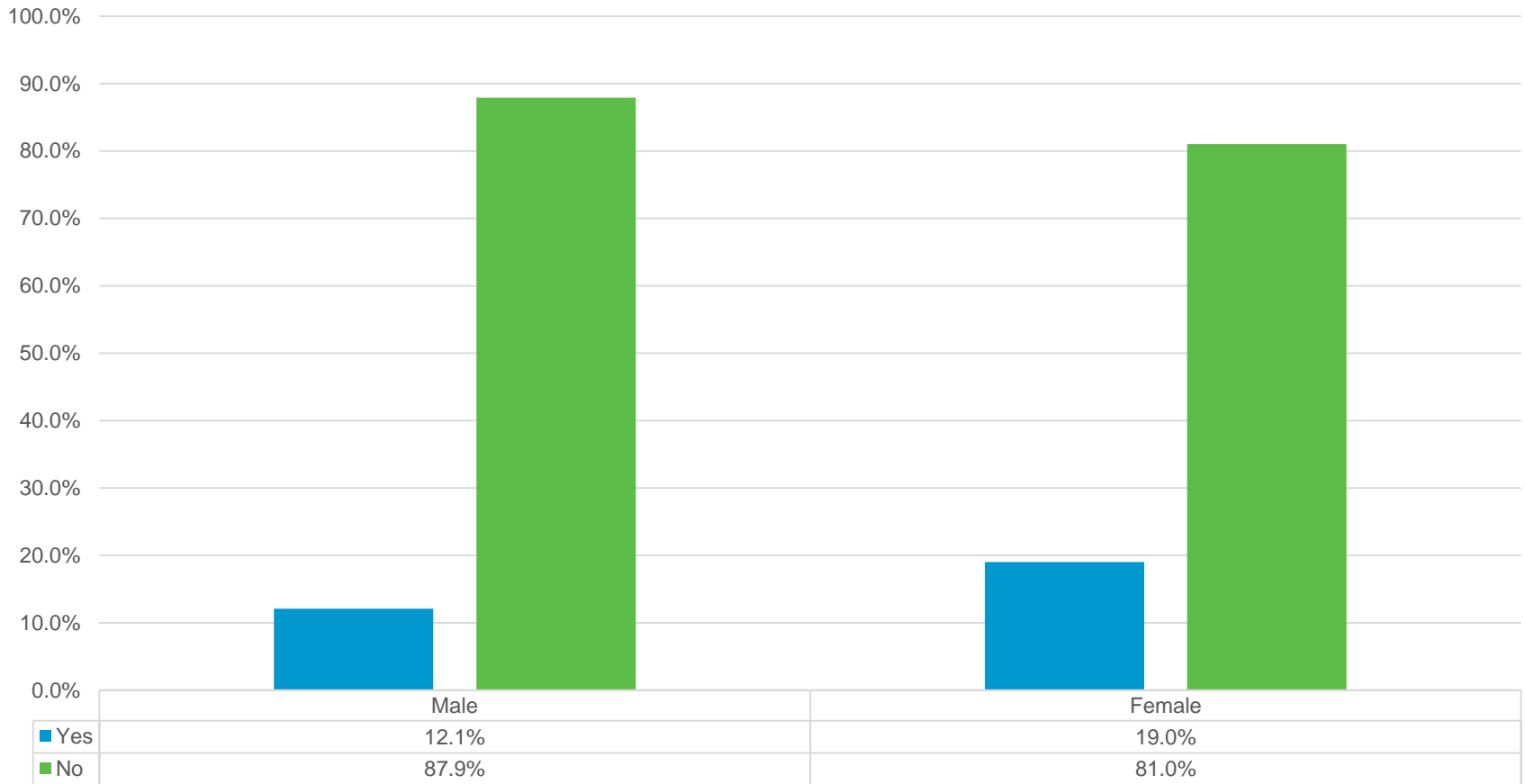
Student Survey Report

Have you ever received a racy or sexual picture of someone?



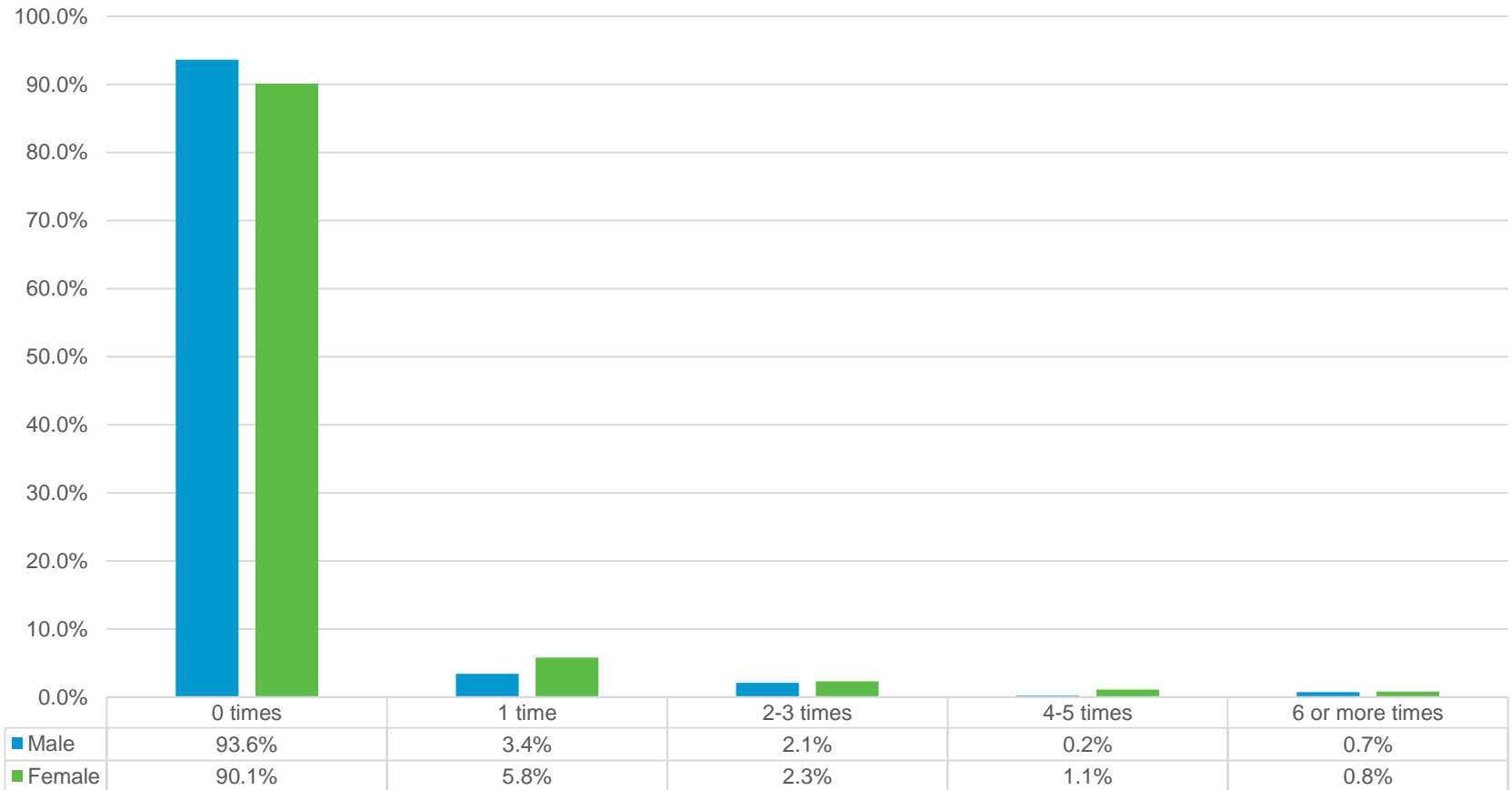
Student Survey Report

During this school year, have you spent more than two weeks in a row feeling so sad and hopeless that you stopped doing your normal activities?



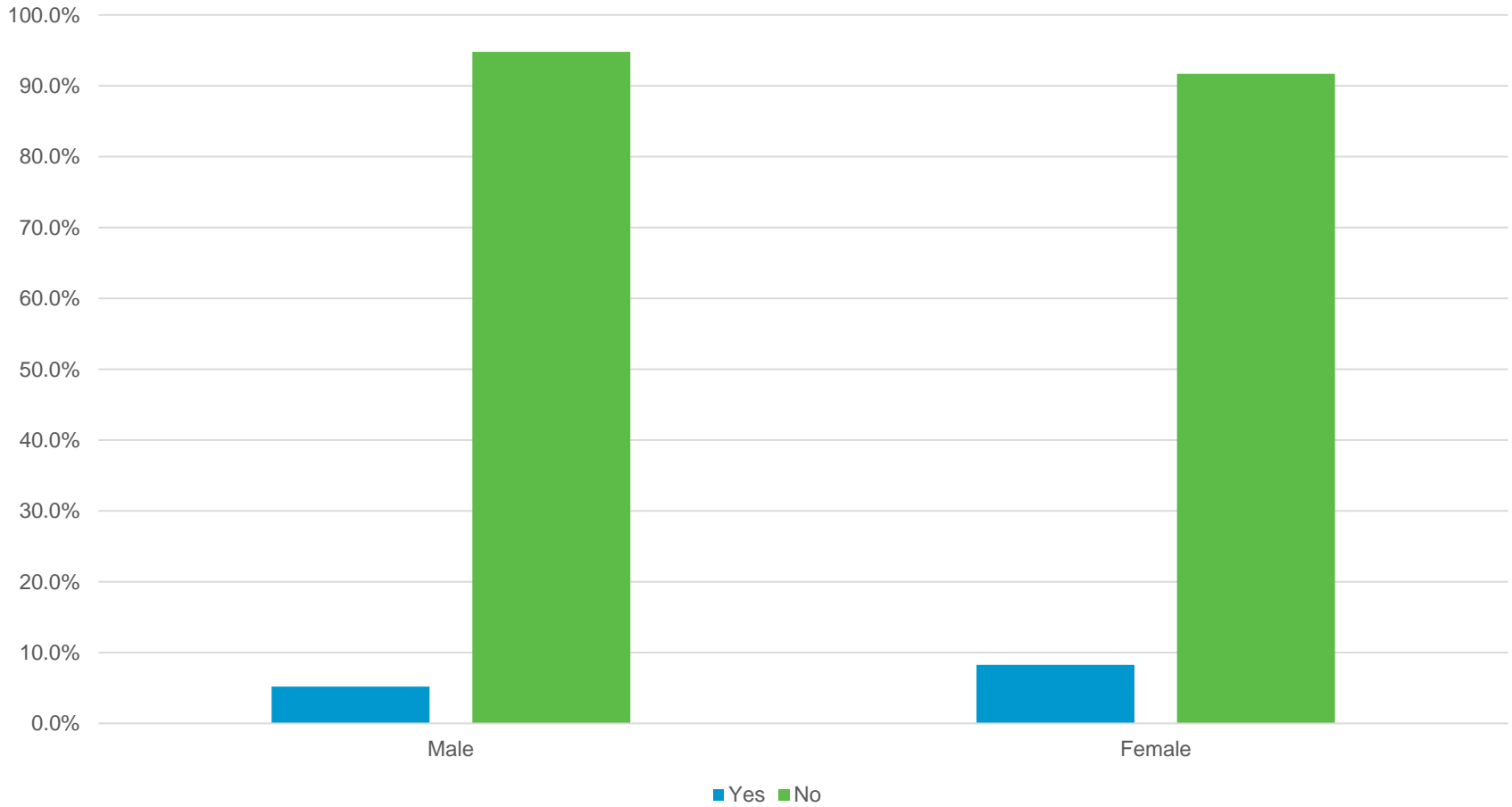
Student Survey Report

During this school year, how many times did you do something to purposefully hurt yourself without wanting to die, such as cutting or burning yourself on purpose?



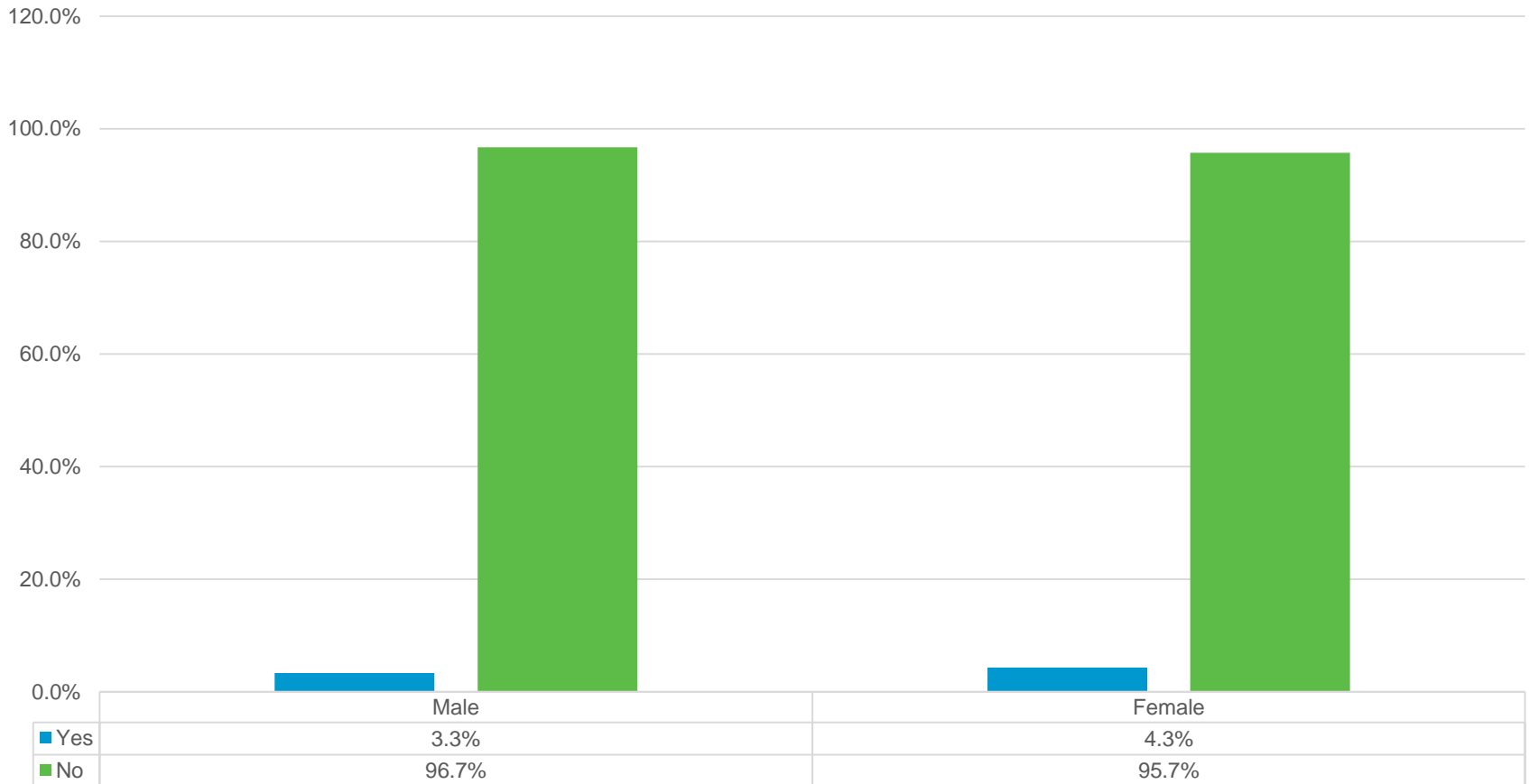
Student Survey Report

During the past 12 months, did you ever seriously consider attempting suicide?



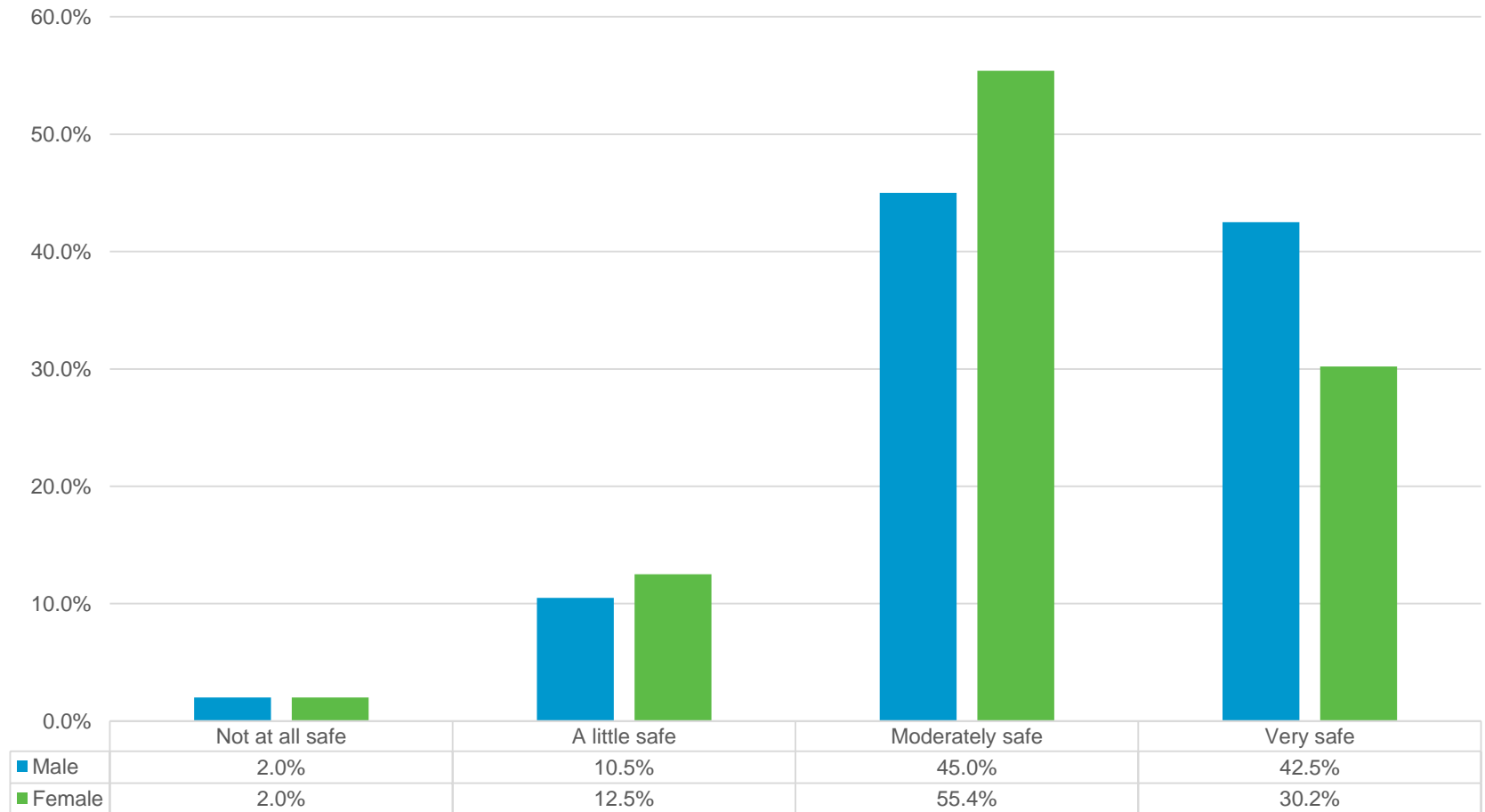
Student Survey Report

During the past 12 months, did you make a plan about how you would attempt suicide?



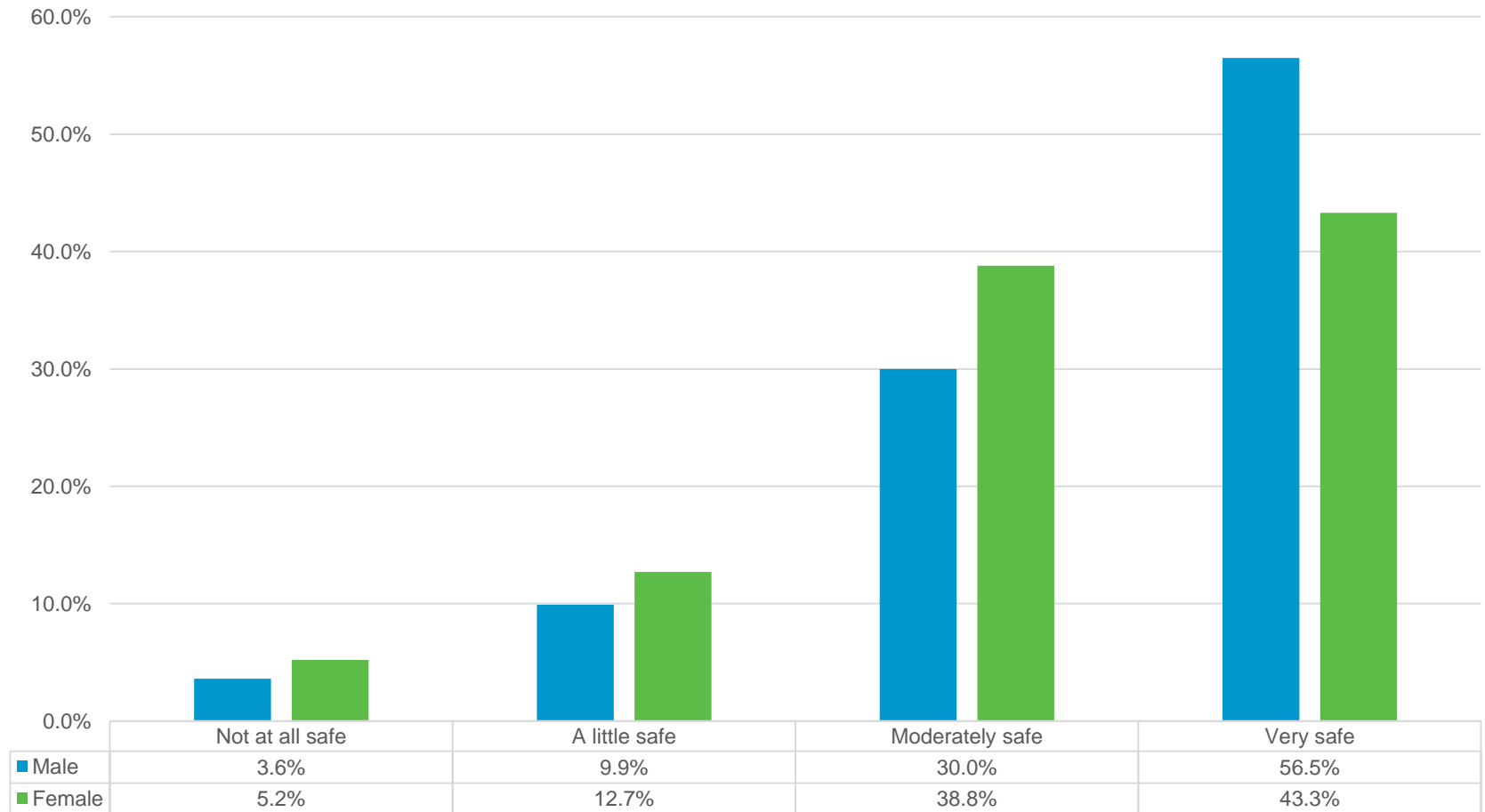
Student Survey Report

How safe do you feel in school?



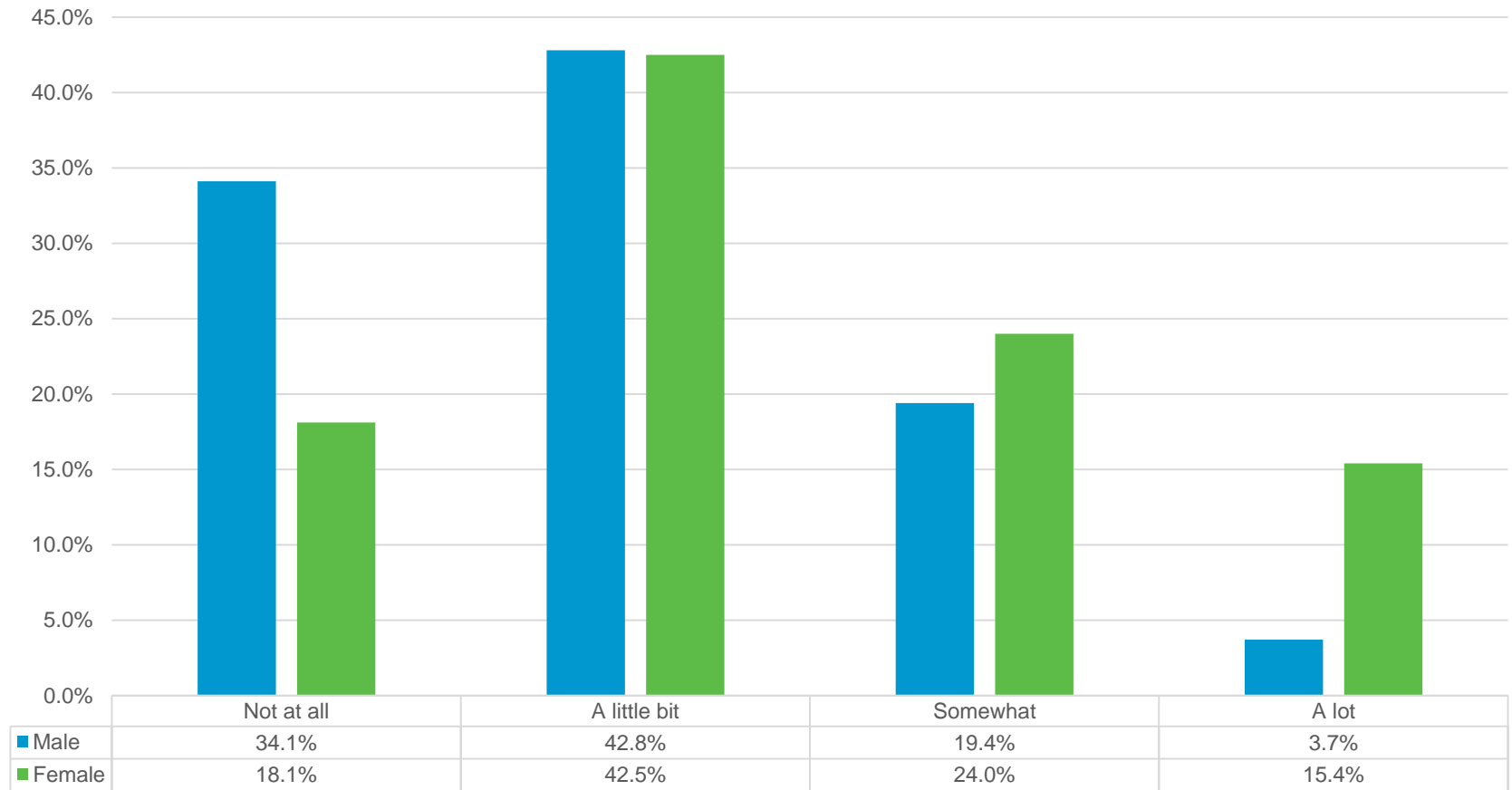
Student Survey Report

How safe do you feel when a police officer is present in the school?

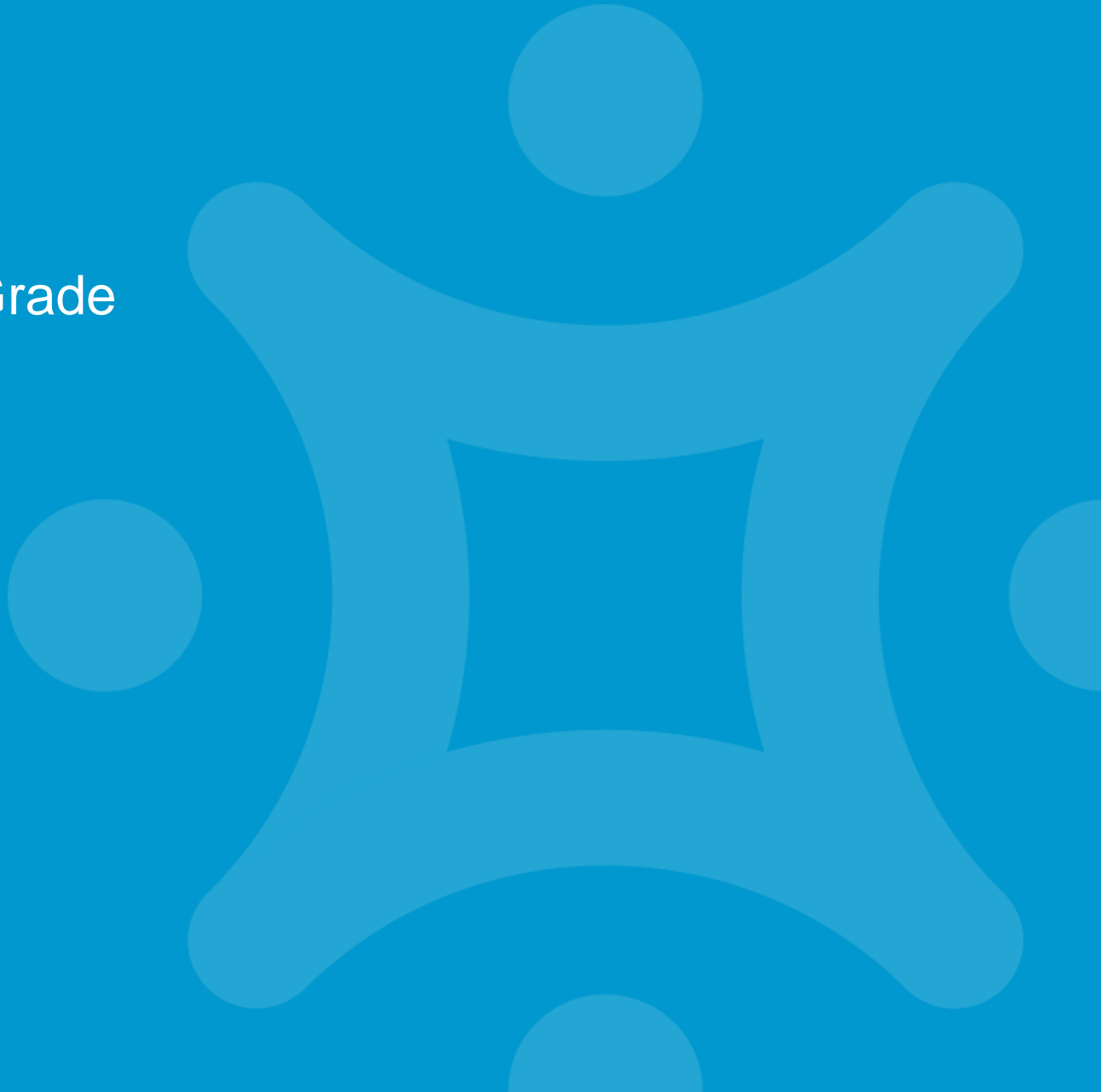


Student Survey Report

How often do you think about a potential school shooting taking place at your school?

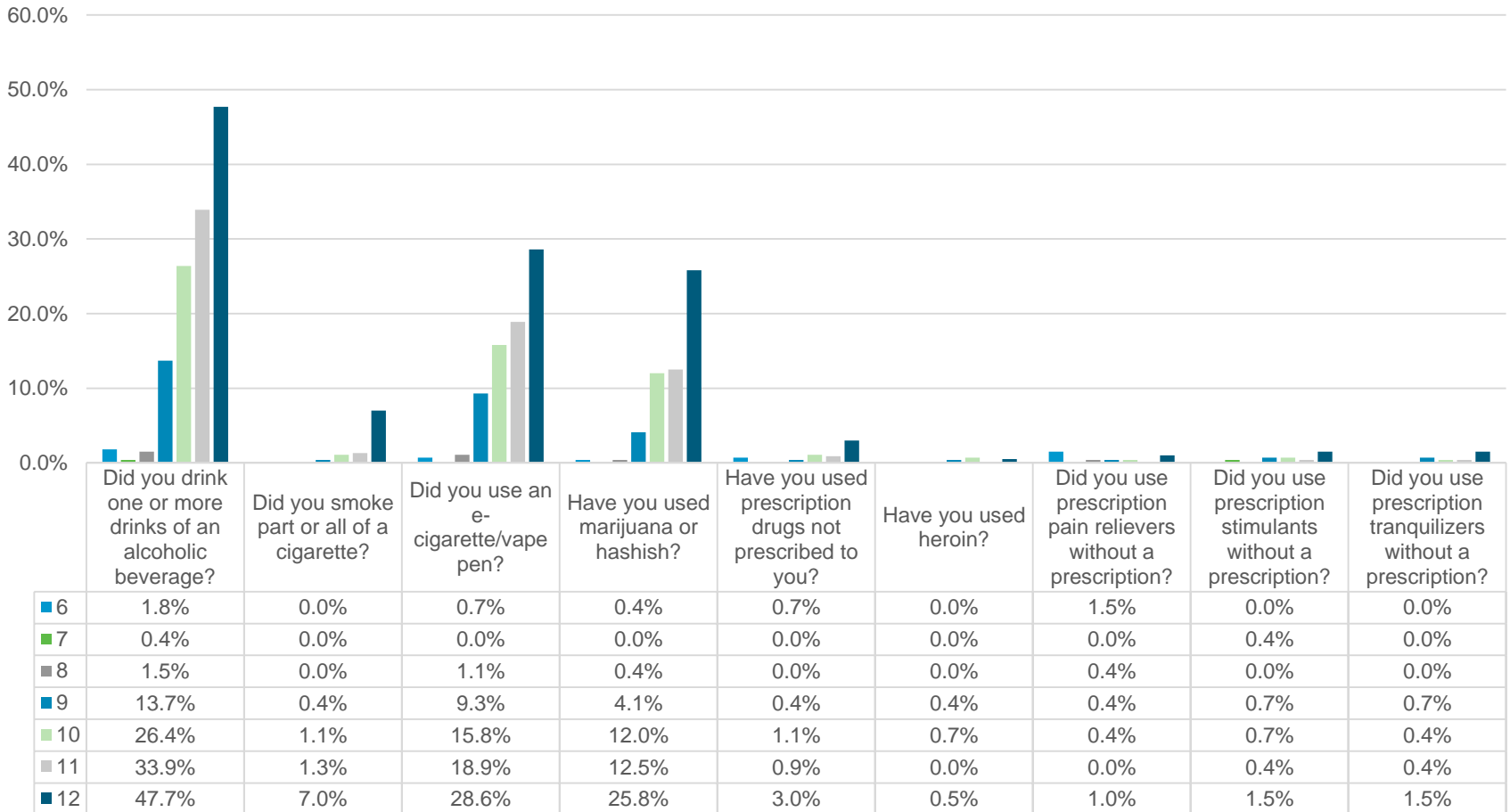


Responses by Grade



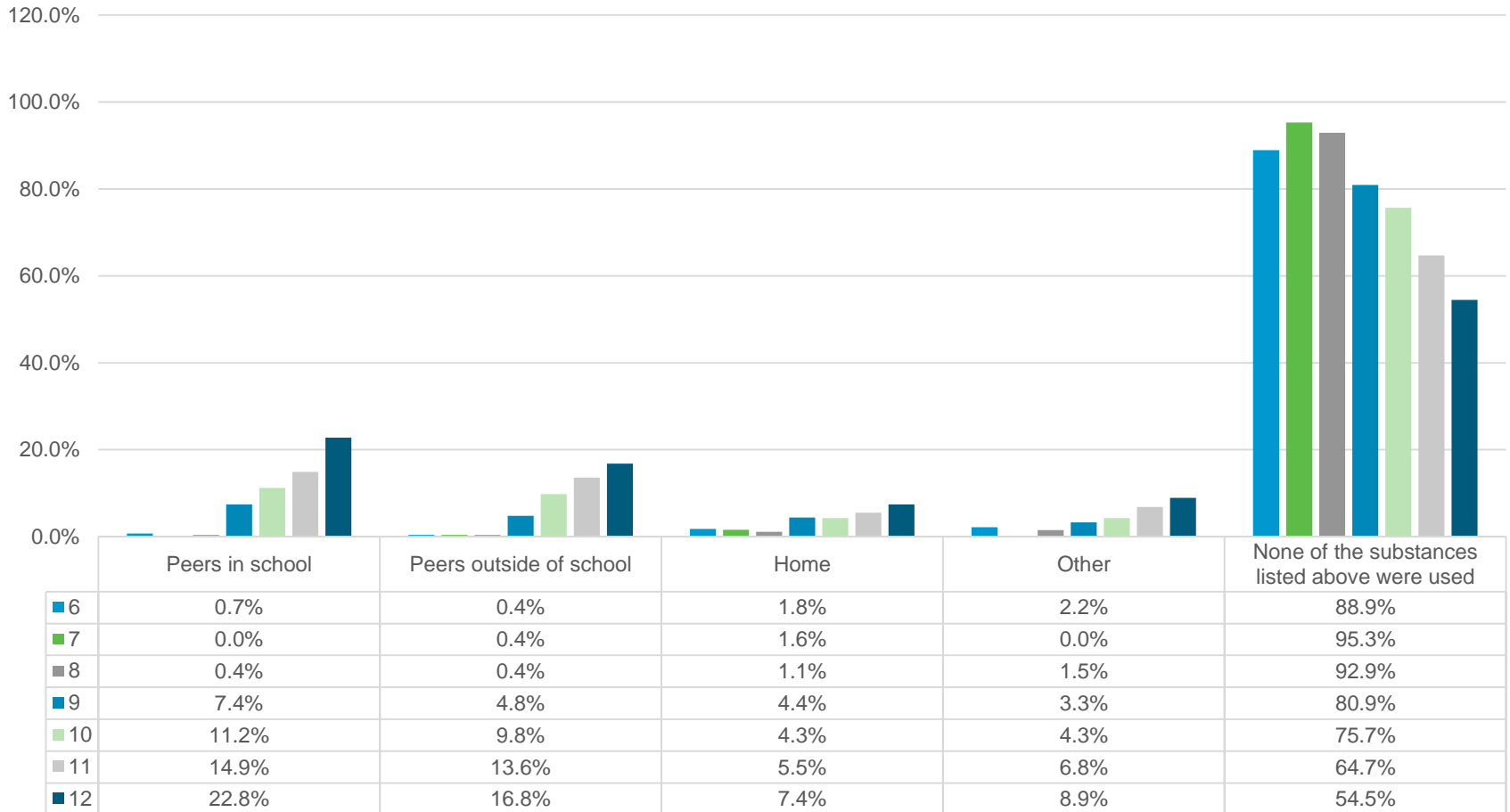
Student Survey Report

During the past 30 days:



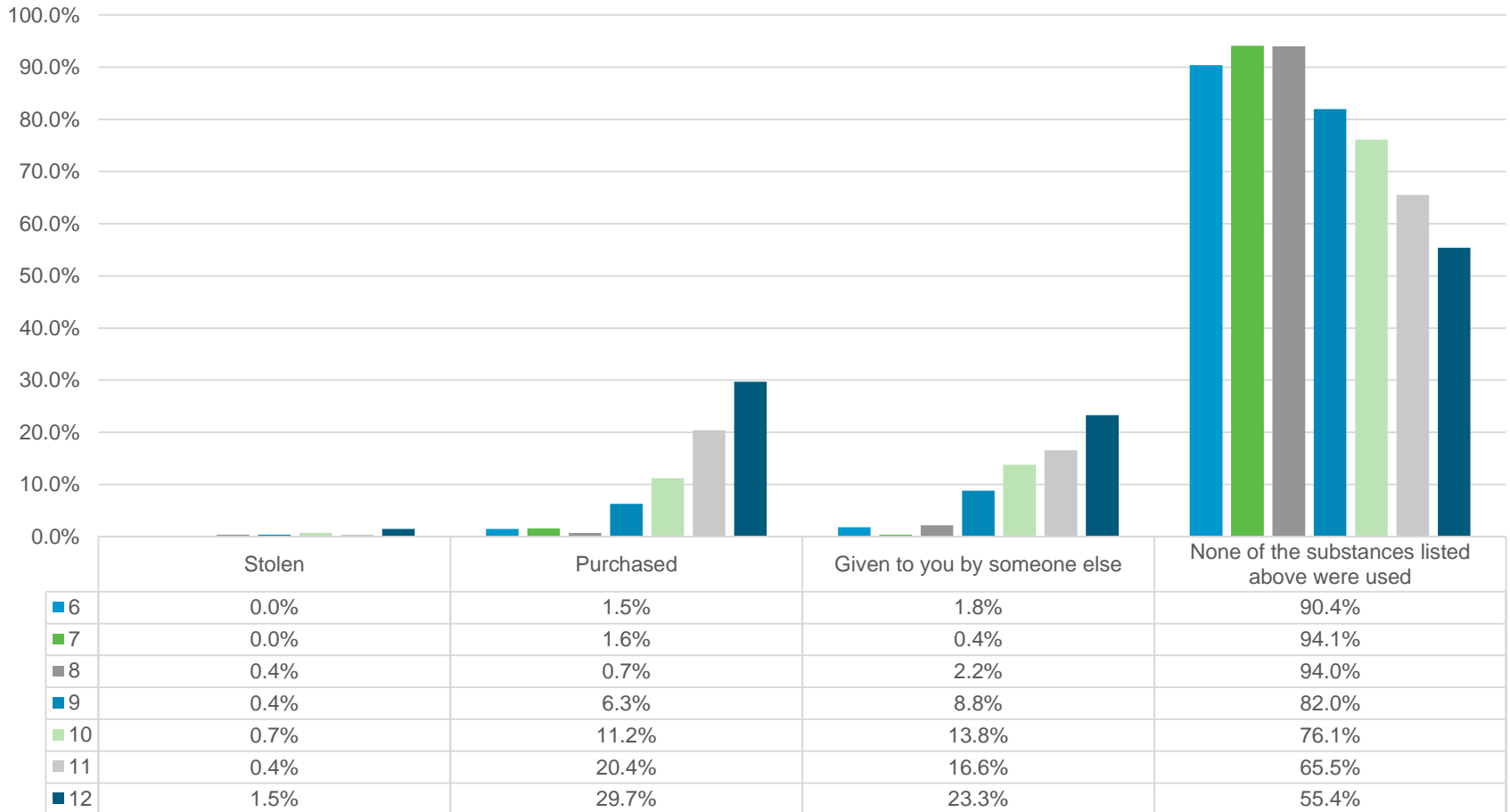
Student Survey Report

If any of the substances listed above were used, where did they come from?



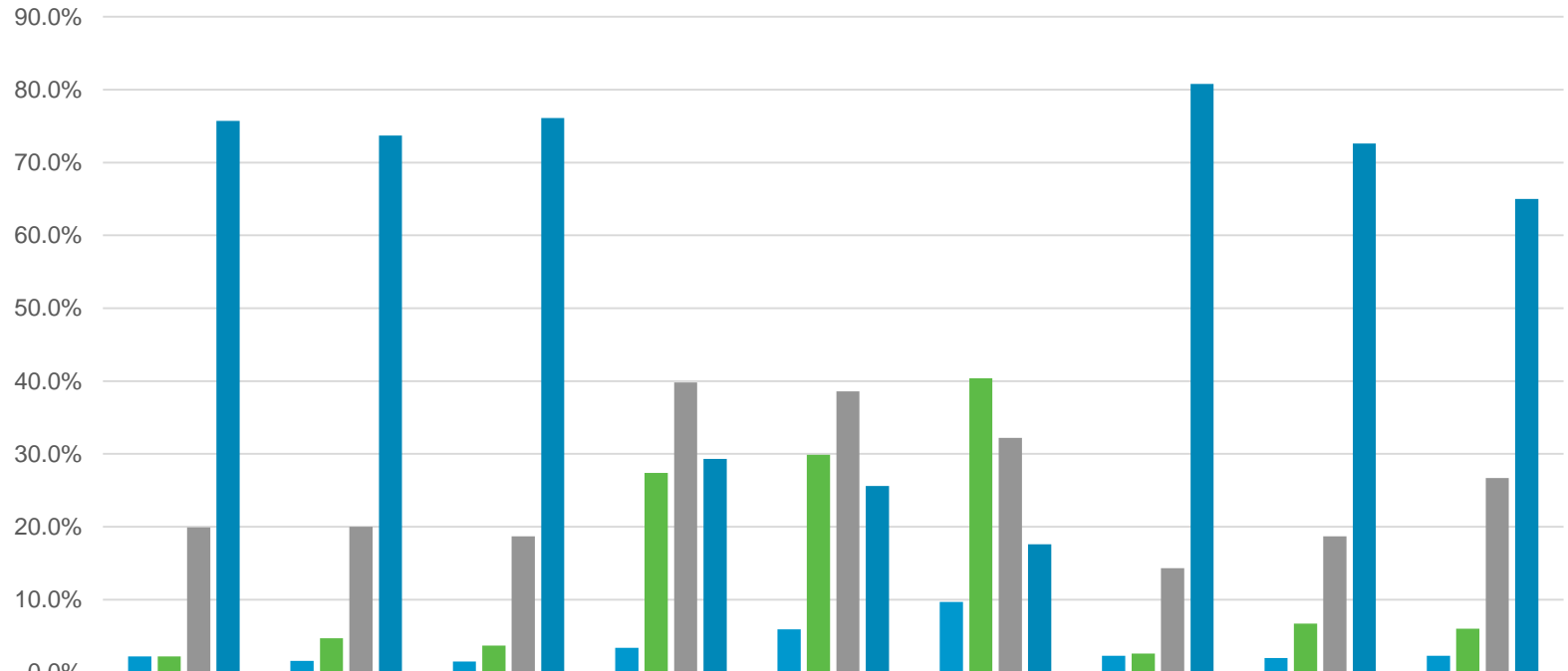
Student Survey Report

If any of the substances listed above were used, how were they obtained?



Student Survey Report

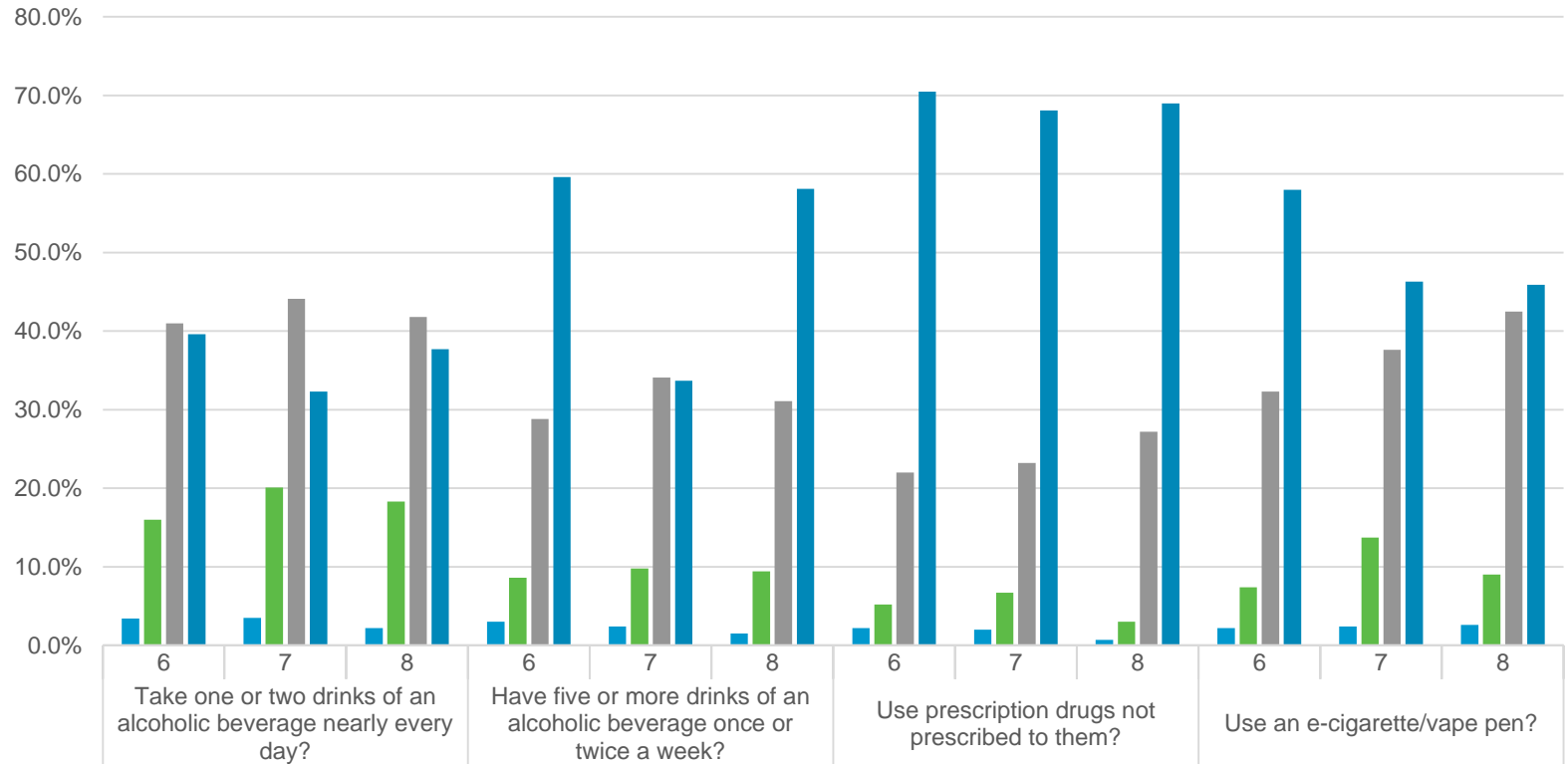
How much do you think people risk harming themselves if they:



	Smoke one or more packs of cigarettes per day?			Try marijuana once or twice?			Smoke marijuana regularly?		
	6	7	8	6	7	8	6	7	8
■ No Risk	2.2%	1.6%	1.5%	3.4%	5.9%	9.7%	2.3%	2.0%	2.3%
■ Slight Risk	2.2%	4.7%	3.7%	27.4%	29.9%	40.4%	2.6%	6.7%	6.0%
■ Moderate Risk	19.9%	20.0%	18.7%	39.8%	38.6%	32.2%	14.3%	18.7%	26.7%
■ Great Risk	75.7%	73.7%	76.1%	29.3%	25.6%	17.6%	80.8%	72.6%	65.0%

Student Survey Report

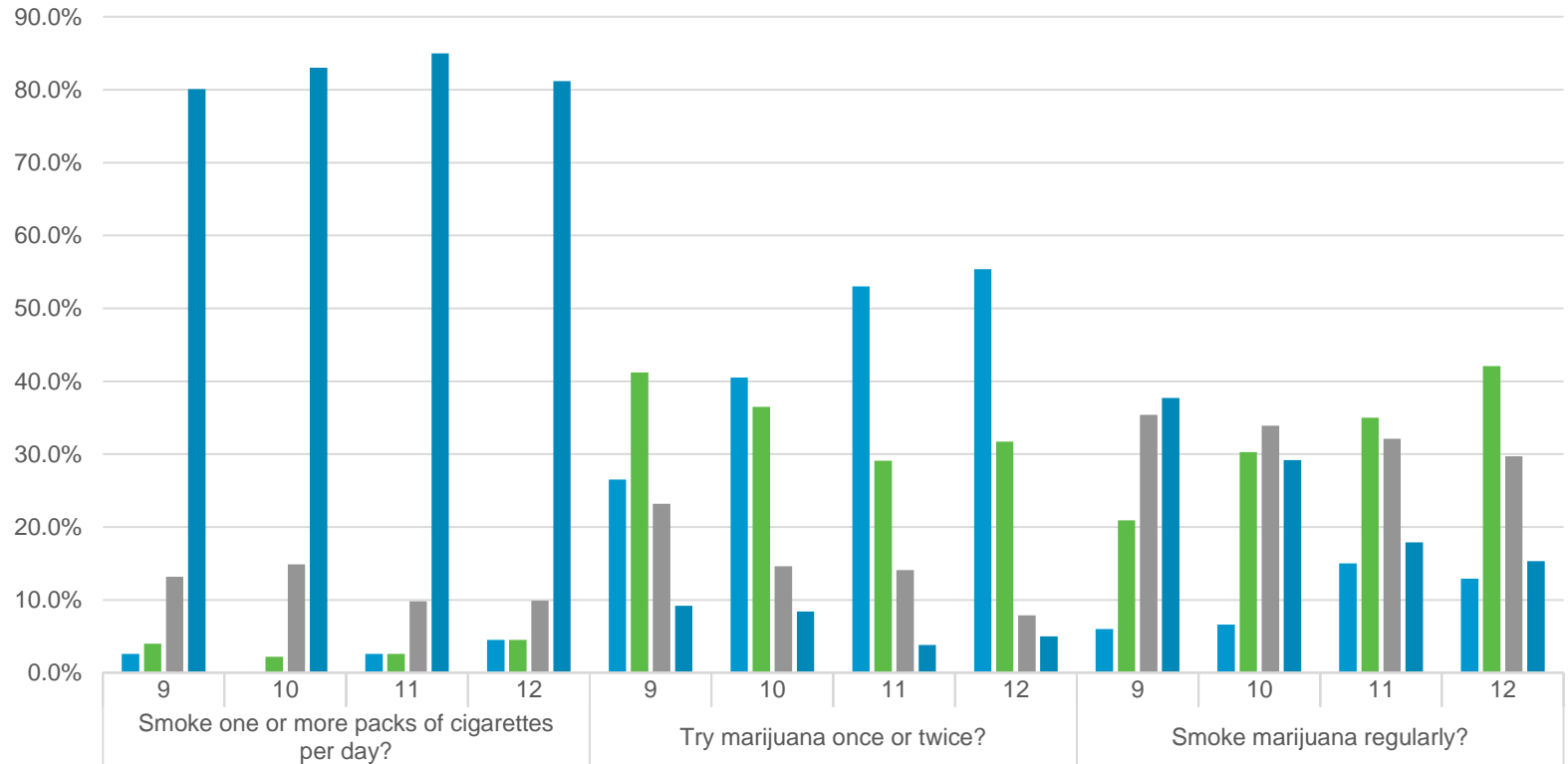
How much do you think people risk harming themselves if they:



■ No Risk	3.4%	3.5%	2.2%	3.0%	2.4%	1.5%	2.2%	2.0%	0.7%	2.2%	2.4%	2.6%
■ Slight Risk	16.0%	20.1%	18.3%	8.6%	9.8%	9.4%	5.2%	6.7%	3.0%	7.4%	13.7%	9.0%
■ Moderate Risk	41.0%	44.1%	41.8%	28.8%	34.1%	31.1%	22.0%	23.2%	27.2%	32.3%	37.6%	42.5%
■ Great Risk	39.6%	32.3%	37.7%	59.6%	33.7%	58.1%	70.5%	68.1%	69.0%	58.0%	46.3%	45.9%

Student Survey Report

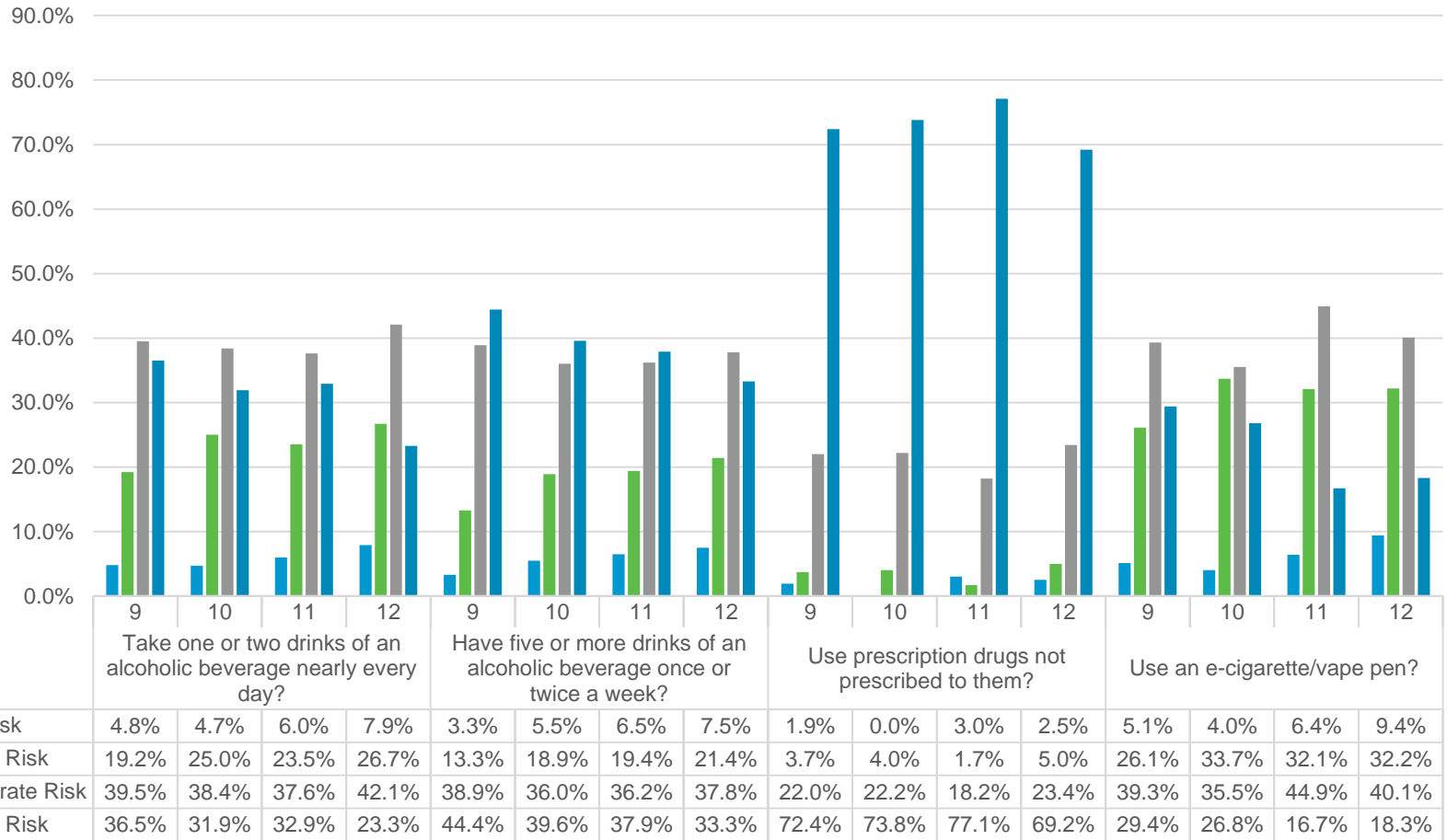
How much do you think people risk harming themselves if they:



■ No Risk	2.6%	0.0%	2.6%	4.5%	26.5%	40.5%	53.0%	55.4%	6.0%	6.6%	15.0%	12.9%
■ Slight Risk	4.0%	2.2%	2.6%	4.5%	41.2%	36.5%	29.1%	31.7%	20.9%	30.3%	35.0%	42.1%
■ Moderate Risk	13.2%	14.9%	9.8%	9.9%	23.2%	14.6%	14.1%	7.9%	35.4%	33.9%	32.1%	29.7%
■ Great Risk	80.1%	83.0%	85.0%	81.2%	9.2%	8.4%	3.8%	5.0%	37.7%	29.2%	17.9%	15.3%

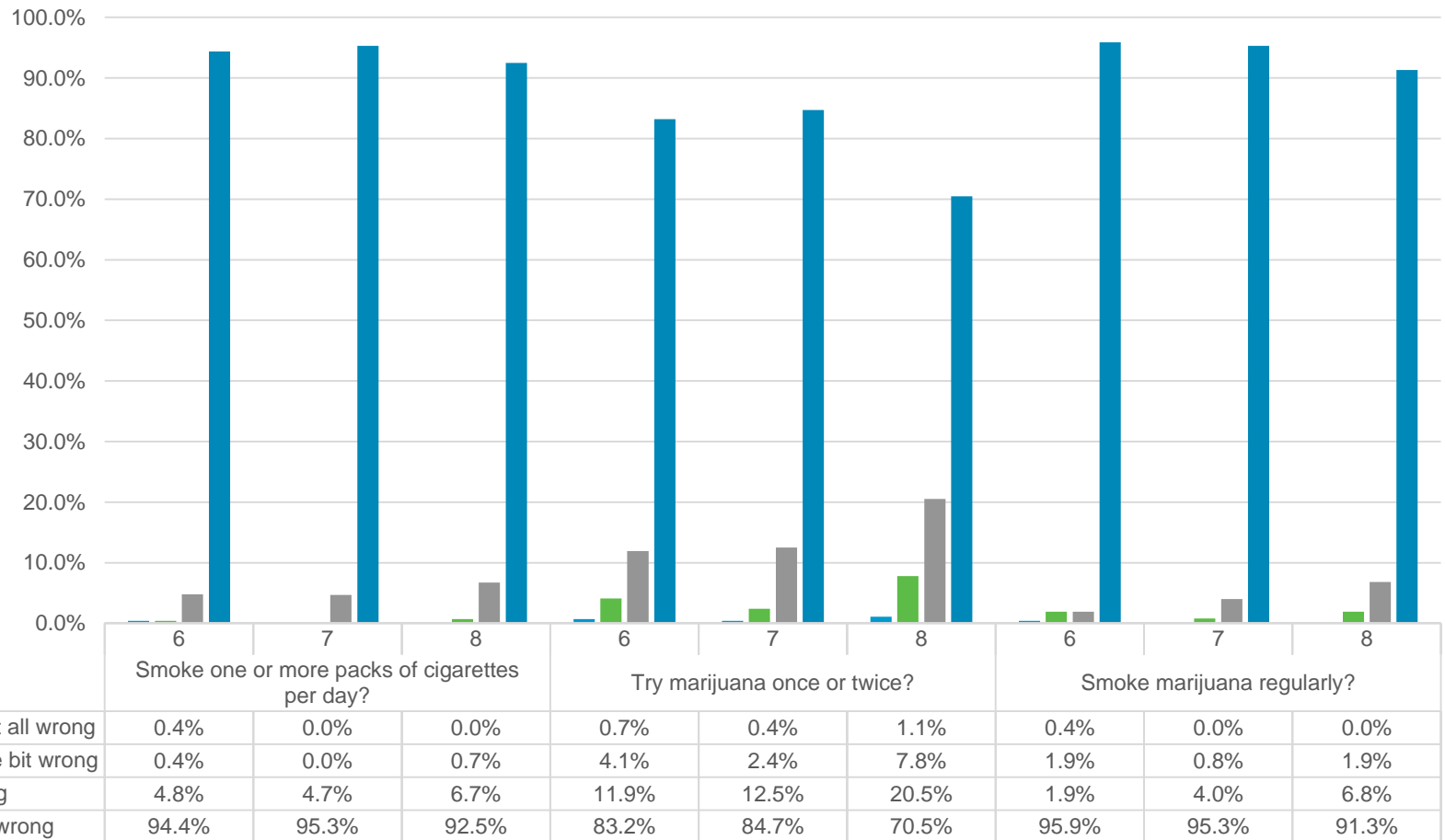
Student Survey Report

How much do you think people risk harming themselves if they:



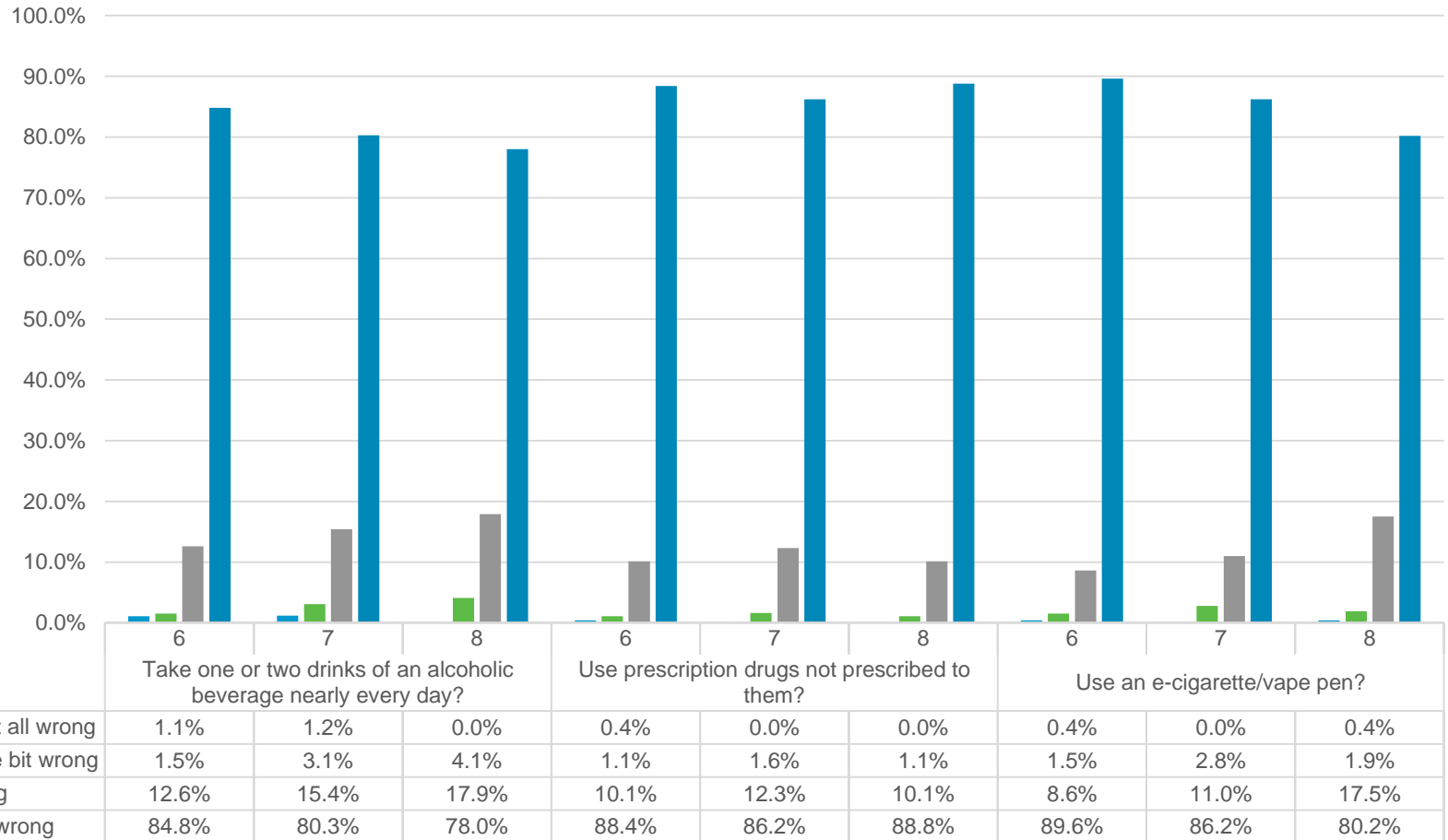
Student Survey Report

How wrong do your parents/guardians feel it would be for you to:



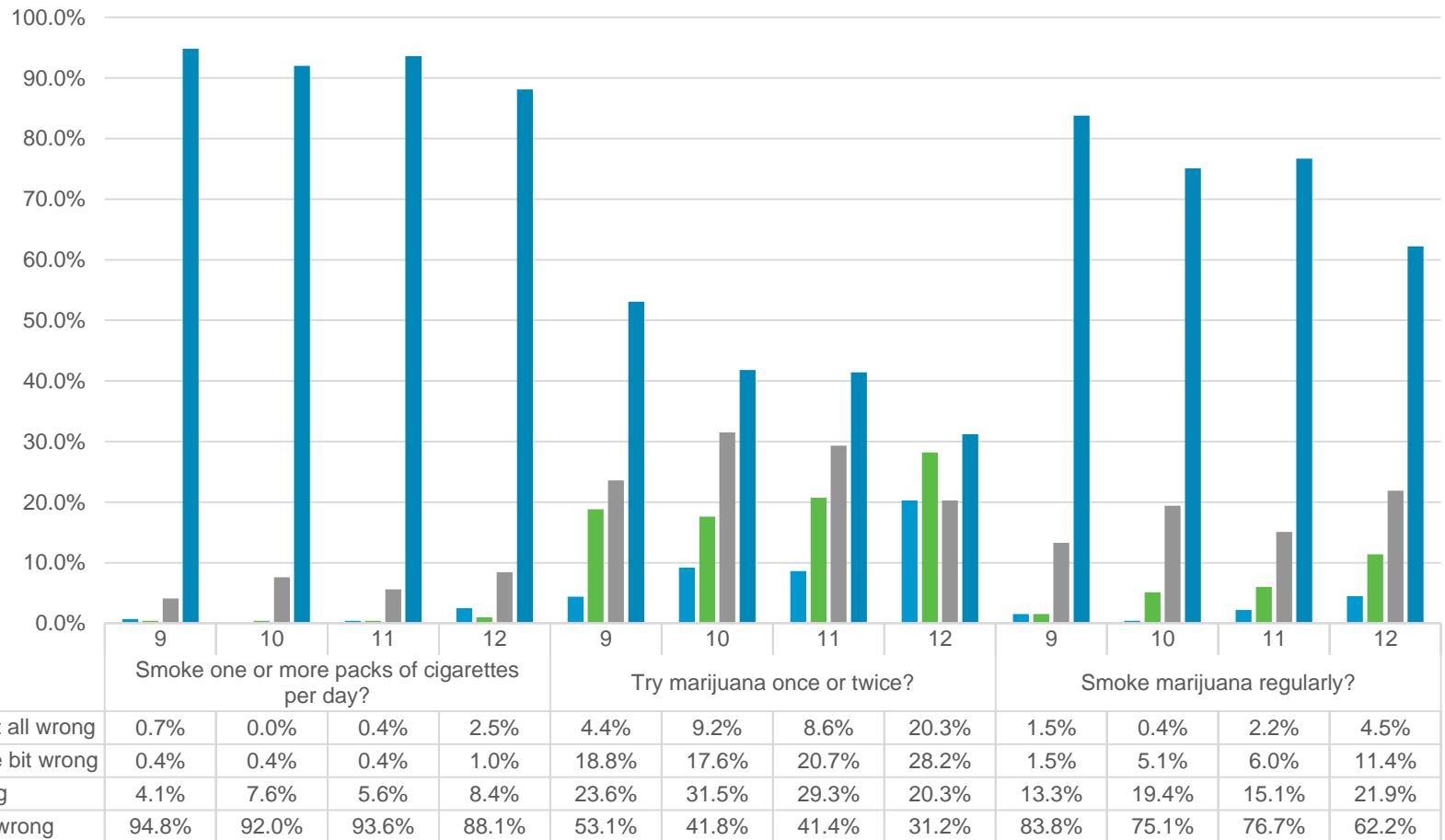
Student Survey Report

How wrong do your parents/guardians feel it would be for you to:



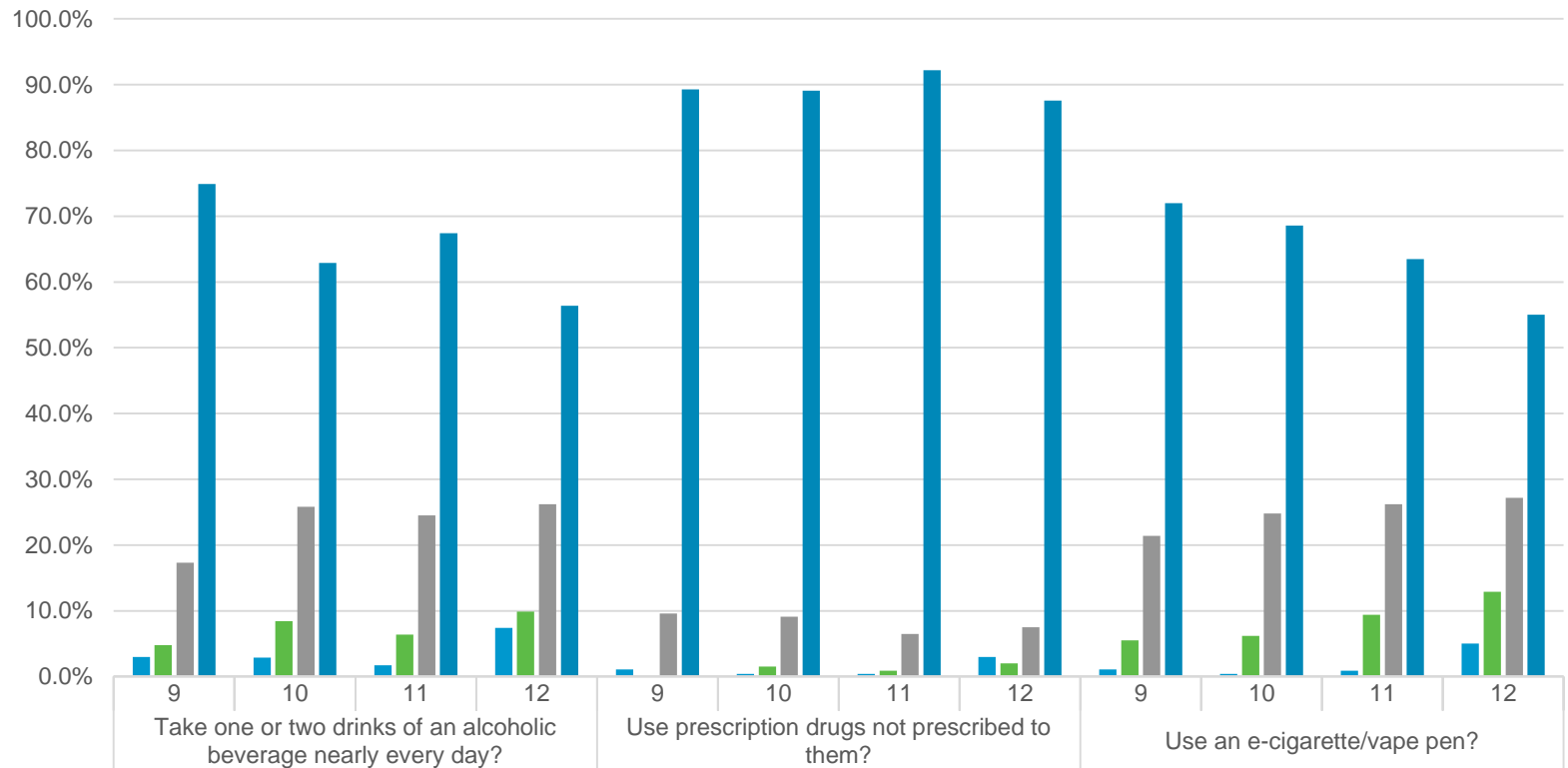
Student Survey Report

How wrong do your parents/guardians feel it would be for you to:



Student Survey Report

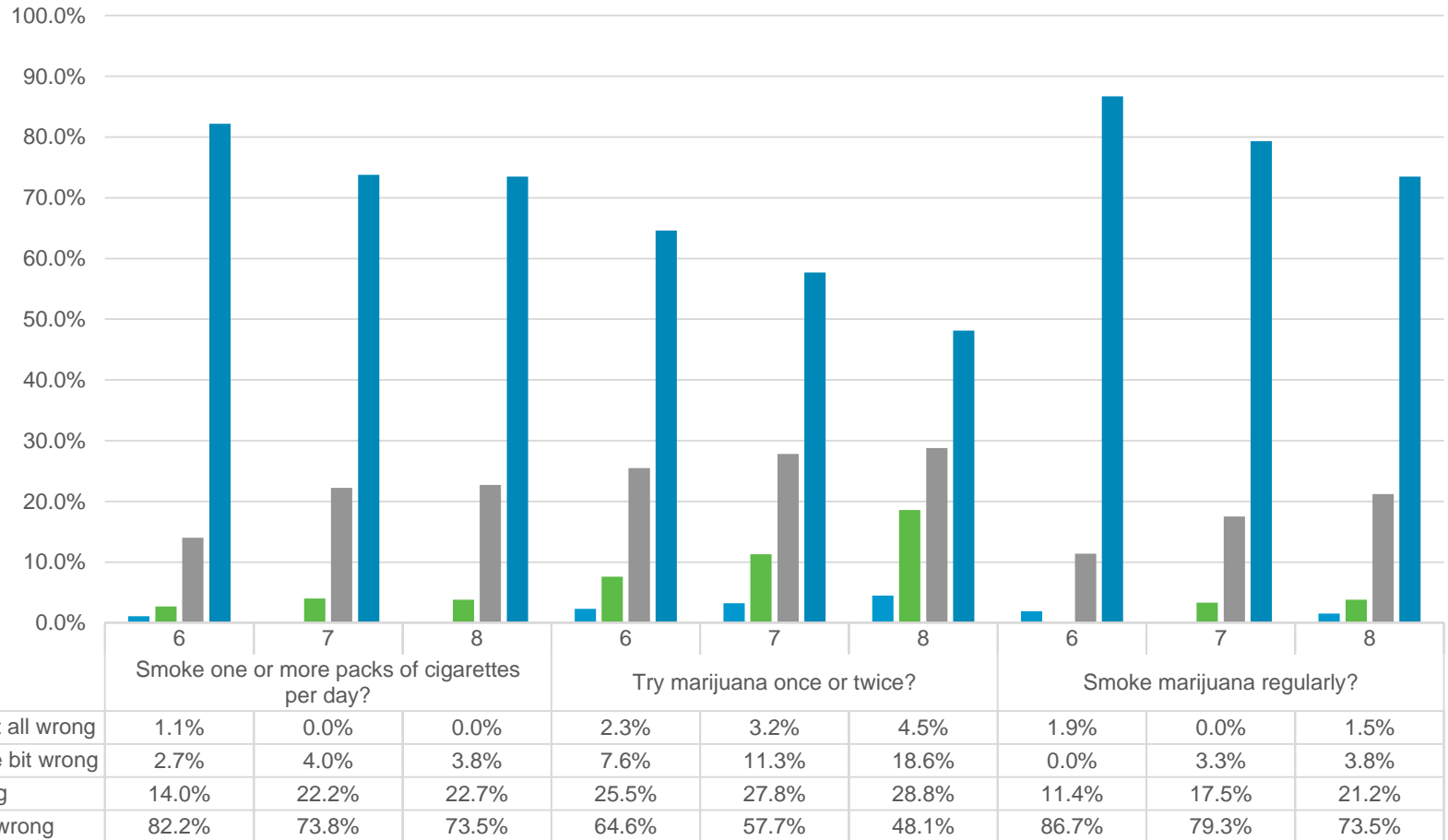
How wrong do your parents/guardians feel it would be for you to:



■ Not at all wrong	3.0%	2.9%	1.7%	7.4%	1.1%	0.4%	0.4%	3.0%	1.1%	0.4%	0.9%	5.0%
■ A little bit wrong	4.8%	8.4%	6.4%	9.9%	0.0%	1.5%	0.9%	2.0%	5.5%	6.2%	9.4%	12.9%
■ Wrong	17.3%	25.8%	24.5%	26.2%	9.6%	9.1%	6.5%	7.5%	21.4%	24.8%	26.2%	27.2%
■ Very wrong	74.9%	62.9%	67.4%	56.4%	89.3%	89.1%	92.2%	87.6%	72.0%	68.6%	63.5%	55.0%

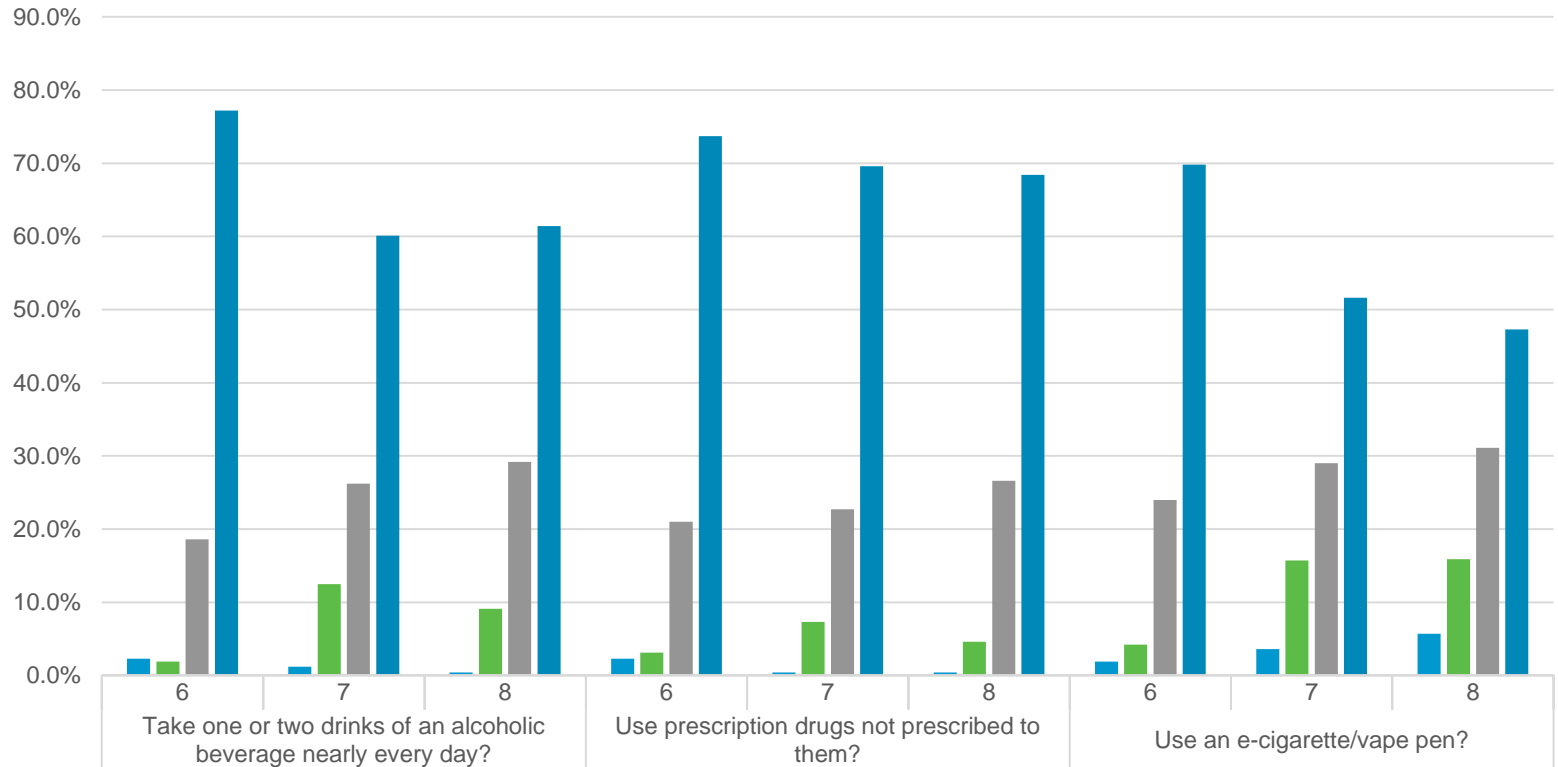
Student Survey Report

How wrong do your friends feel it would be for you to:



Student Survey Report

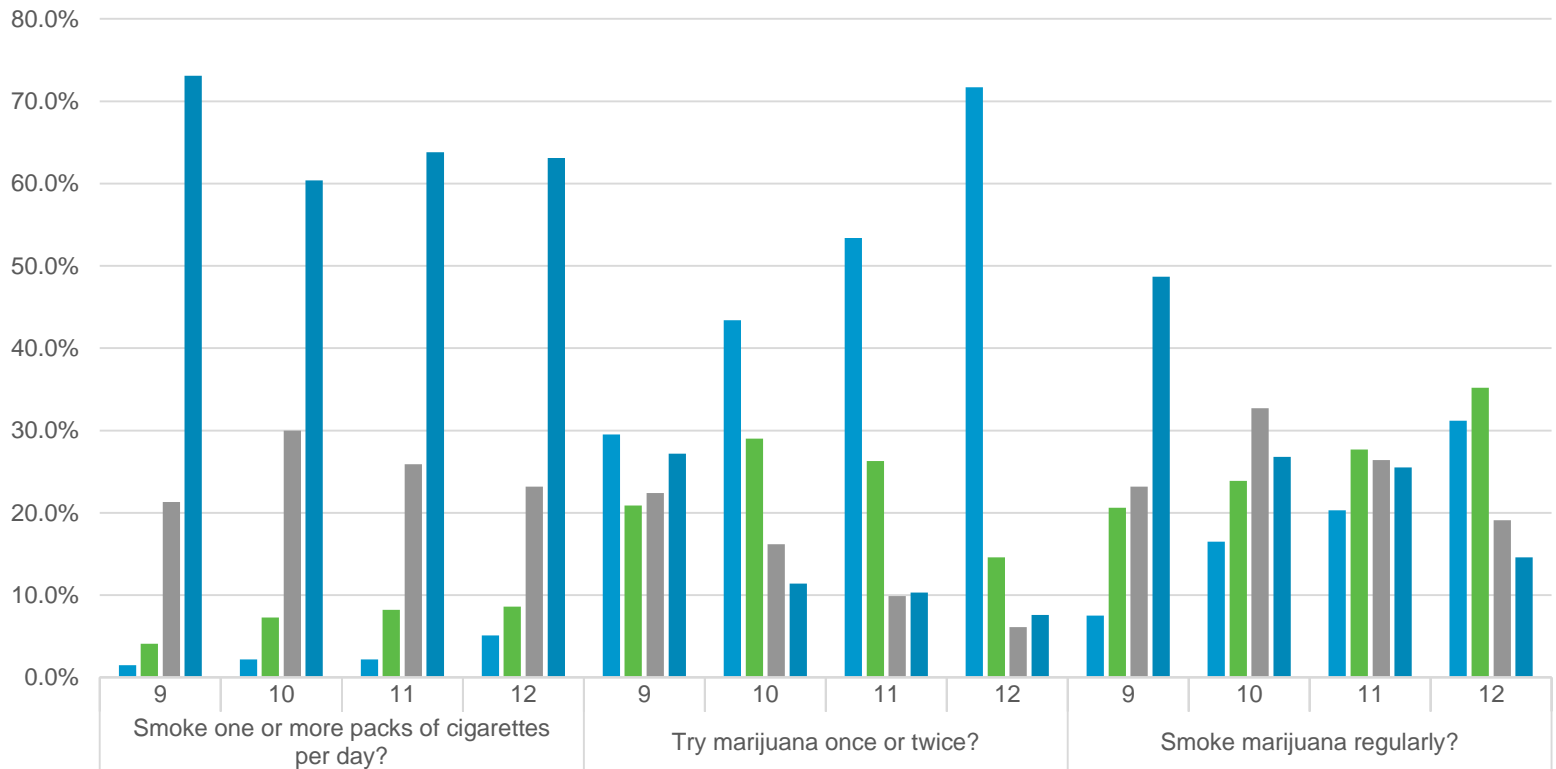
How wrong do your friends feel it would be for you to:



	Take one or two drinks of an alcoholic beverage nearly every day?			Use prescription drugs not prescribed to them?			Use an e-cigarette/vape pen?		
	6	7	8	6	7	8	6	7	8
Not at all wrong	2.3%	1.2%	0.4%	2.3%	0.4%	0.4%	1.9%	3.6%	5.7%
A little bit wrong	1.9%	12.5%	9.1%	3.1%	7.3%	4.6%	4.2%	15.7%	15.9%
Wrong	18.6%	26.2%	29.2%	21.0%	22.7%	26.6%	24.0%	29.0%	31.1%
Very wrong	77.2%	60.1%	61.4%	73.7%	69.6%	68.4%	69.8%	51.6%	47.3%

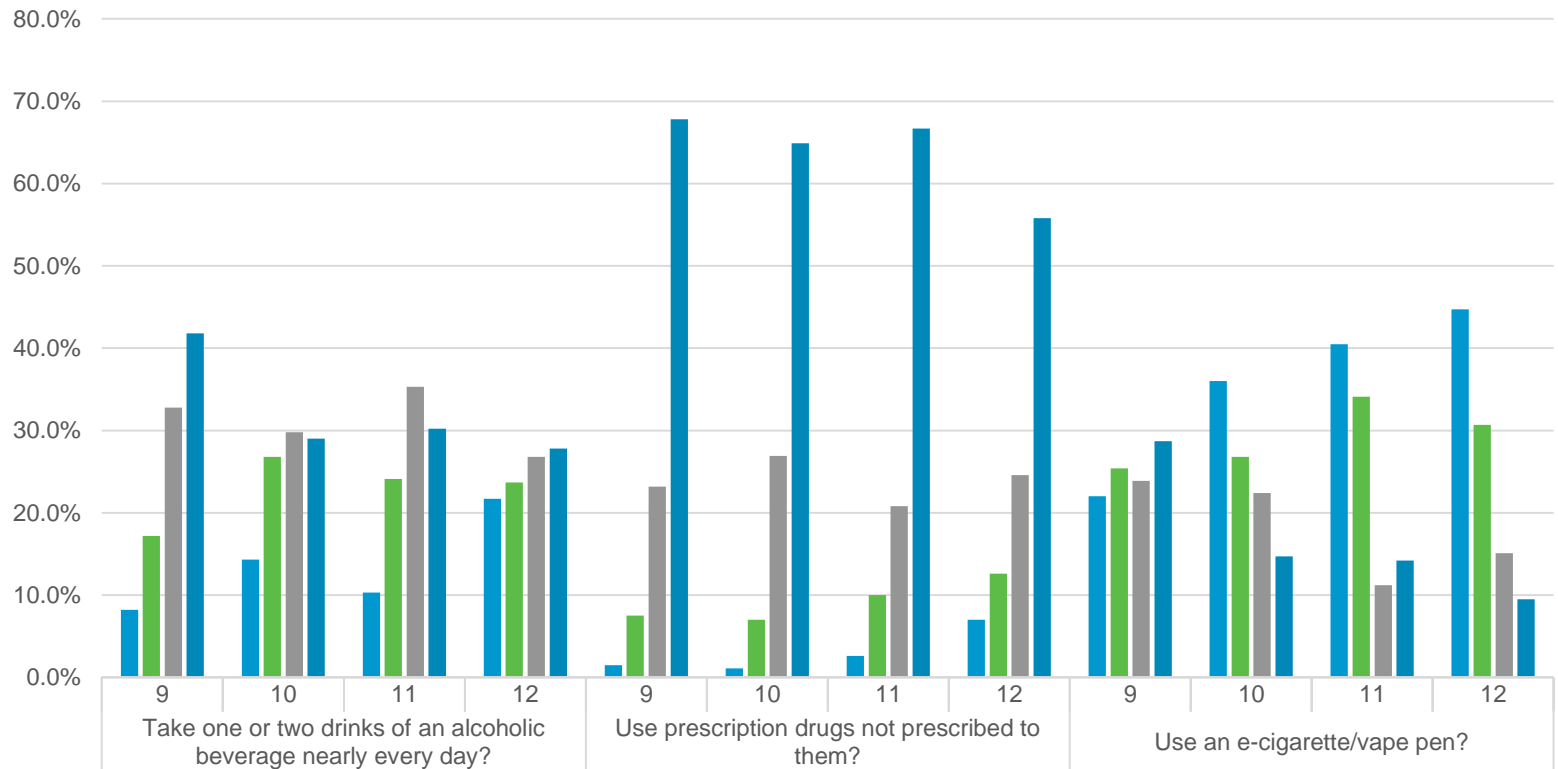
Student Survey Report

How wrong do your friends feel it would be for you to:



Student Survey Report

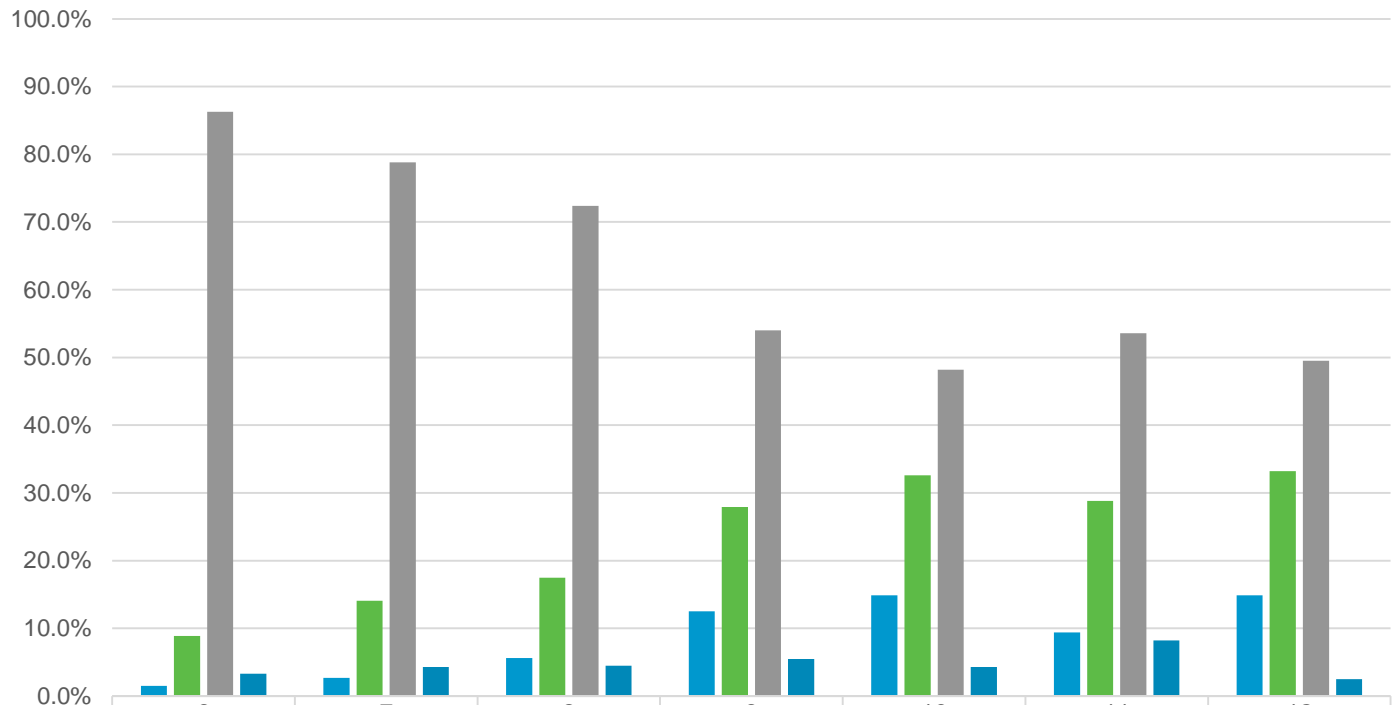
How wrong do your friends feel it would be for you to:



Not at all wrong	8.2%	14.3%	10.3%	21.7%	1.5%	1.1%	2.6%	7.0%	22.0%	36.0%	40.5%	44.7%
A little bit wrong	17.2%	26.8%	24.1%	23.7%	7.5%	7.0%	10.0%	12.6%	25.4%	26.8%	34.1%	30.7%
Wrong	32.8%	29.8%	35.3%	26.8%	23.2%	26.9%	20.8%	24.6%	23.9%	22.4%	11.2%	15.1%
Very wrong	41.8%	29.0%	30.2%	27.8%	67.8%	64.9%	66.7%	55.8%	28.7%	14.7%	14.2%	9.5%

Student Survey Report

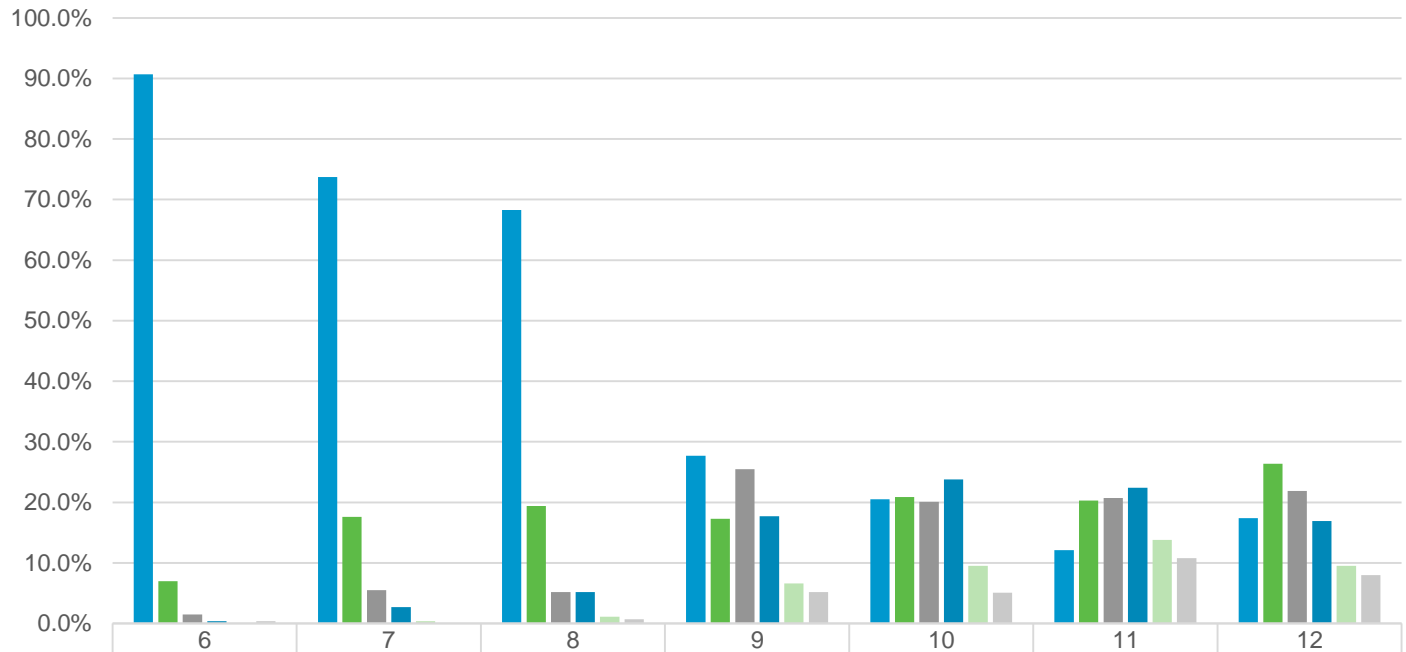
How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day?



■ Neither Approve nor Disapprove	1.5%	2.7%	5.6%	12.5%	14.9%	9.4%	14.9%
■ Somewhat Disapprove	8.9%	14.1%	17.5%	27.9%	32.6%	28.8%	33.2%
■ Strongly Disapprove	86.3%	78.8%	72.4%	54.0%	48.2%	53.6%	49.5%
■ Don't know or can't say	3.3%	4.3%	4.5%	5.5%	4.3%	8.2%	2.5%

Student Survey Report

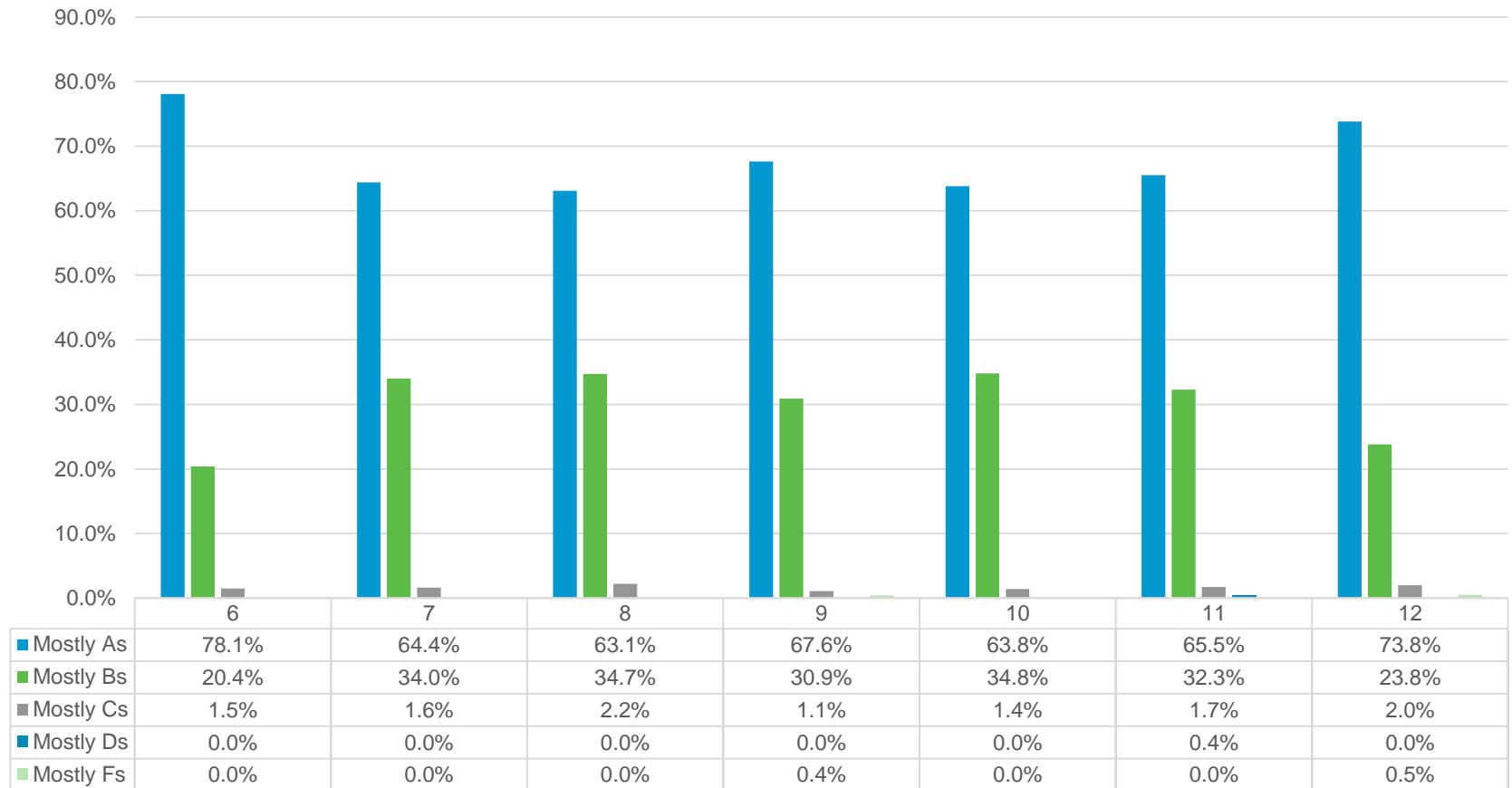
How often have you witnessed another student vaping in the restroom of your school?



■ Never	90.7%	73.7%	68.3%	27.7%	20.5%	12.1%	17.4%
■ Within the past year	7.0%	17.6%	19.4%	17.3%	20.9%	20.3%	26.4%
■ Within the past month	1.5%	5.5%	5.2%	25.5%	20.1%	20.7%	21.9%
■ Within the past week	0.4%	2.7%	5.2%	17.7%	23.8%	22.4%	16.9%
■ Within the past day	0.0%	0.4%	1.1%	6.6%	9.5%	13.8%	9.5%
■ More than twice in the past day	0.4%	0.0%	0.7%	5.2%	5.1%	10.8%	8.0%

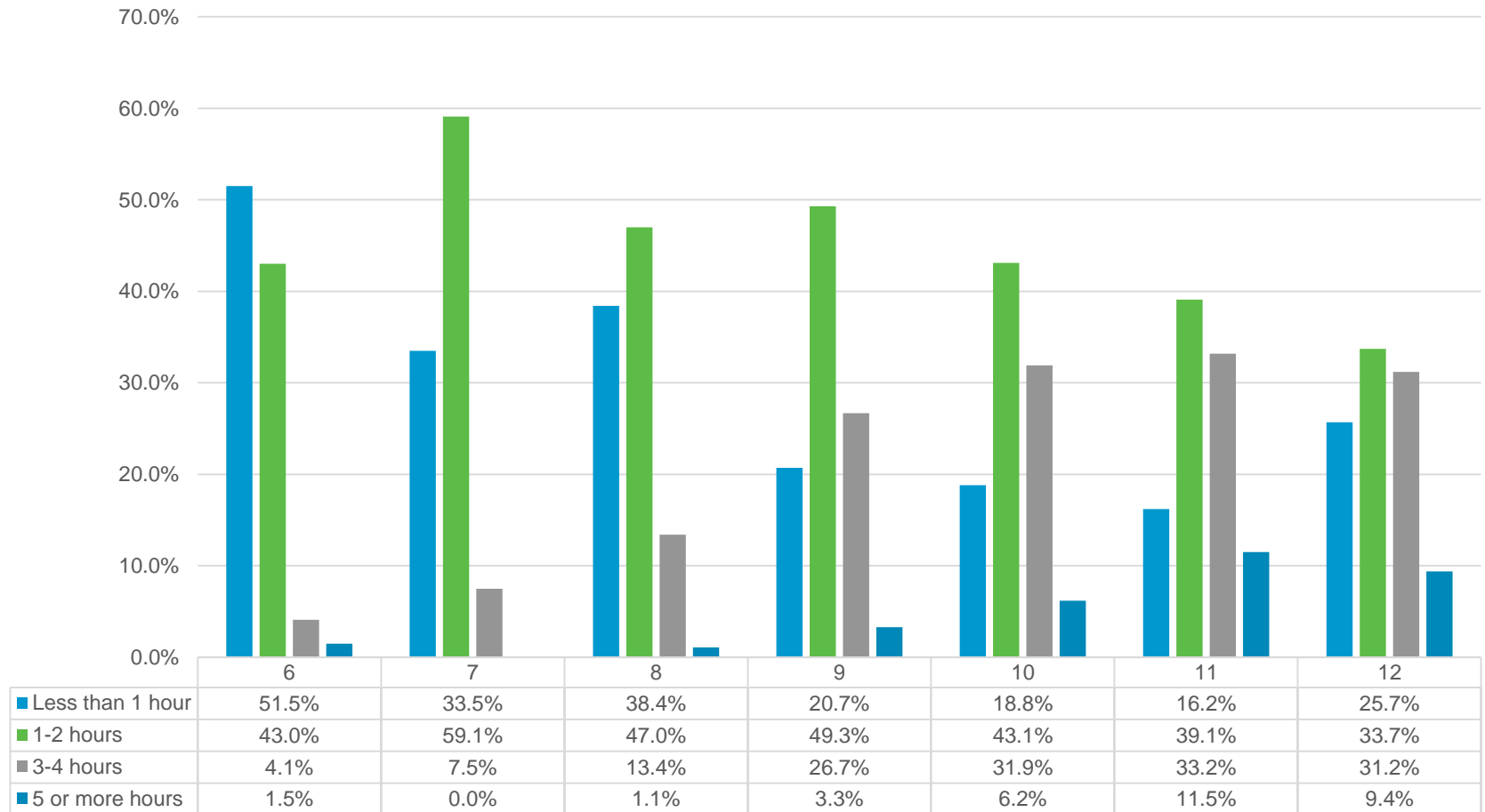
Student Survey Report

During this school year, how would you describe your grades in school?



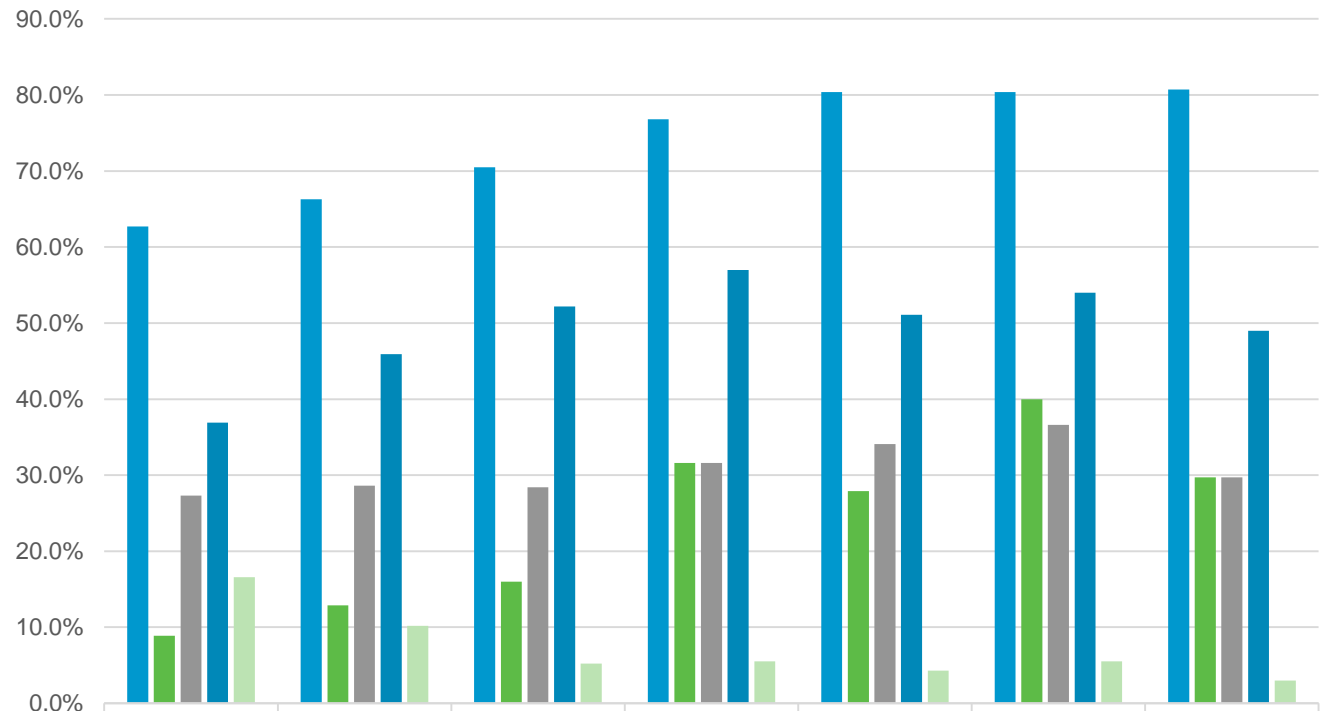
Student Survey Report

How many hours per night do you usually spend on homework?



Student Survey Report

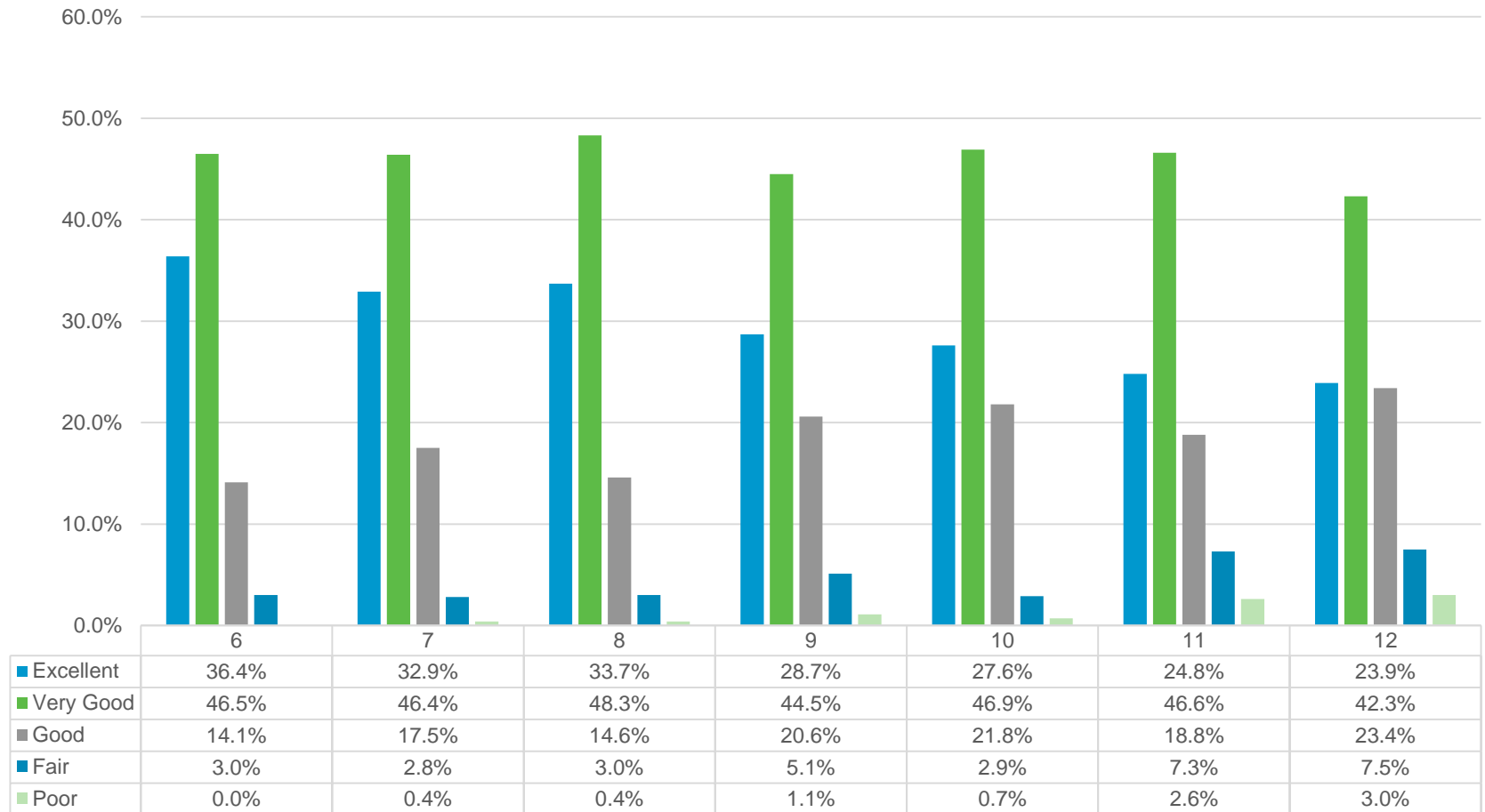
If you experience academic pressure, where does it come from?



■ Self	62.7%	66.3%	70.5%	76.8%	80.4%	80.4%	80.7%
■ Peers	8.9%	12.9%	16.0%	31.6%	27.9%	40.0%	29.7%
■ Teachers	27.3%	28.6%	28.4%	31.6%	34.1%	36.6%	29.7%
■ Parents	36.9%	45.9%	52.2%	57.0%	51.1%	54.0%	49.0%
■ I never experience academic pressure	16.6%	10.2%	5.2%	5.5%	4.3%	5.5%	3.0%

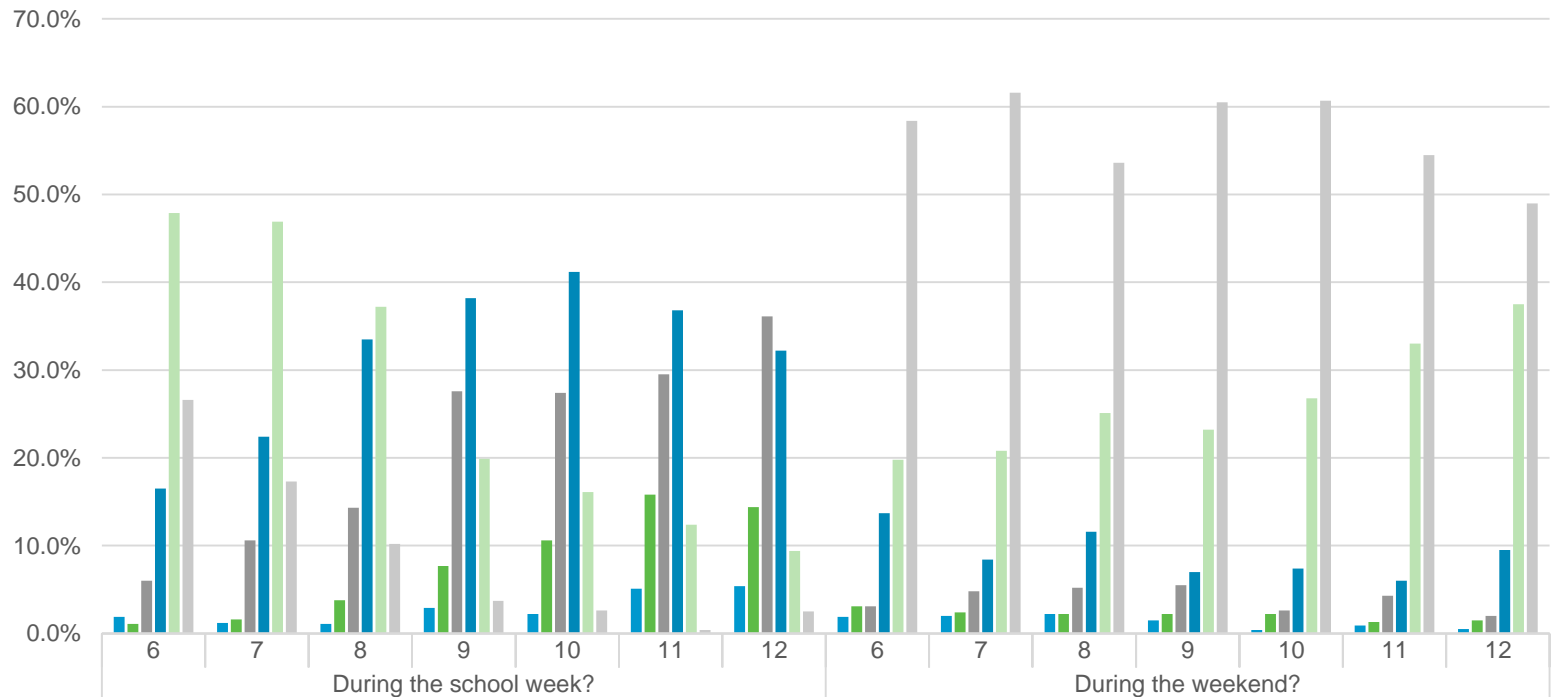
Student Survey Report

How do you describe your overall health?



Student Survey Report

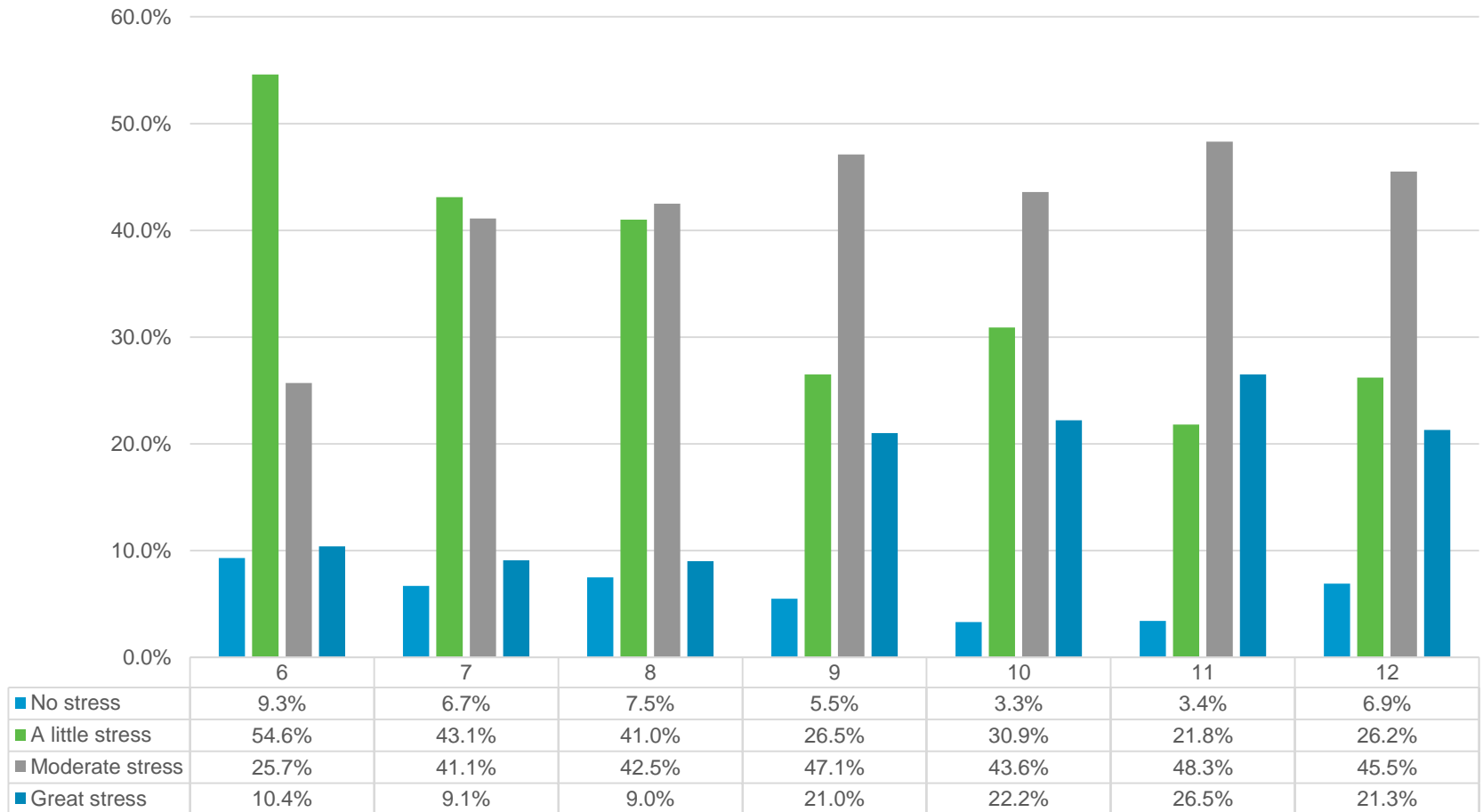
How many hours of sleep a night do you typically get?



	During the school week?							During the weekend?						
	6	7	8	9	10	11	12	6	7	8	9	10	11	12
■ 4 or fewer hours	1.9%	1.2%	1.1%	2.9%	2.2%	5.1%	5.4%	1.9%	2.0%	2.2%	1.5%	0.4%	0.9%	0.5%
■ 5 hours	1.1%	1.6%	3.8%	7.7%	10.6%	15.8%	14.4%	3.1%	2.4%	2.2%	2.2%	2.2%	1.3%	1.5%
■ 6 hours	6.0%	10.6%	14.3%	27.6%	27.4%	29.5%	36.1%	3.1%	4.8%	5.2%	5.5%	2.6%	4.3%	2.0%
■ 7 hours	16.5%	22.4%	33.5%	38.2%	41.2%	36.8%	32.2%	13.7%	8.4%	11.6%	7.0%	7.4%	6.0%	9.5%
■ 8 hours	47.9%	46.9%	37.2%	19.9%	16.1%	12.4%	9.4%	19.8%	20.8%	25.1%	23.2%	26.8%	33.0%	37.5%
■ 9 or more hours	26.6%	17.3%	10.2%	3.7%	2.6%	0.4%	2.5%	58.4%	61.6%	53.6%	60.5%	60.7%	54.5%	49.0%

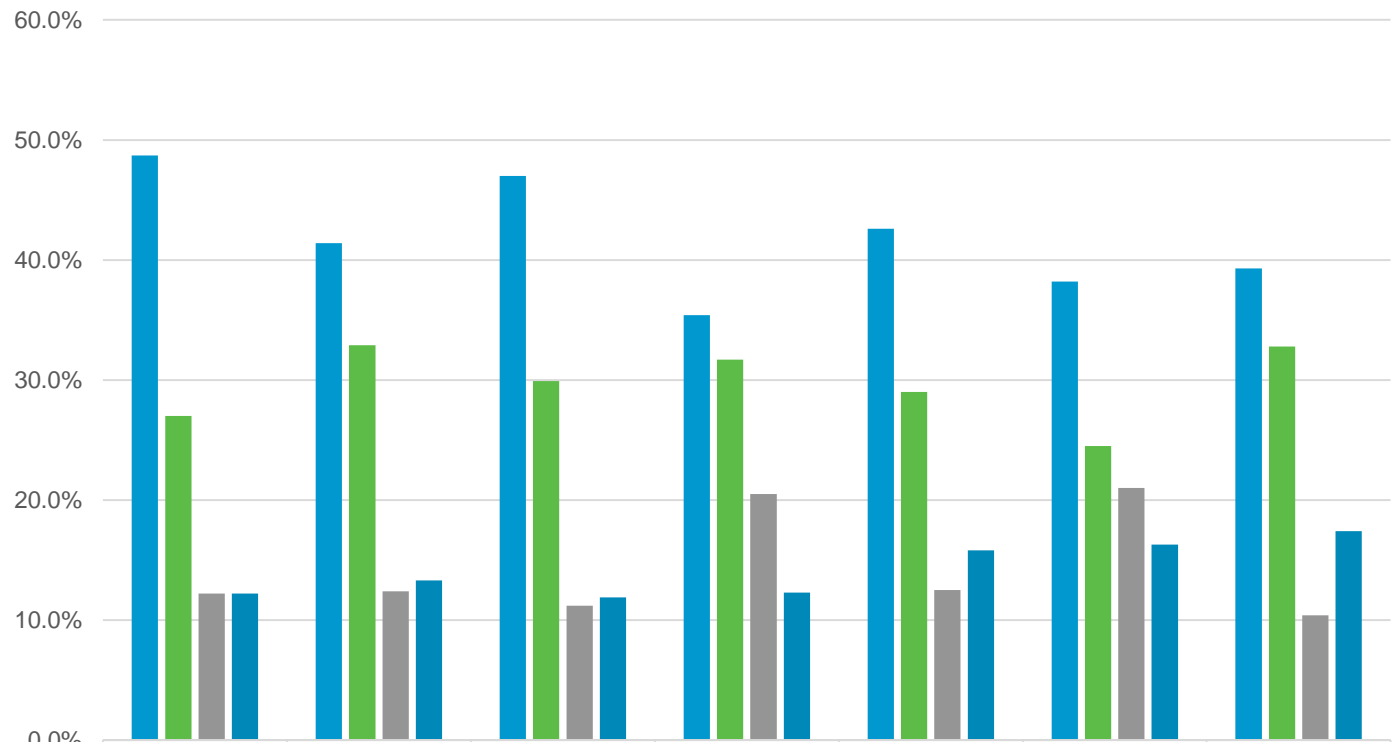
Student Survey Report

How much stress do you experience in a typical week?



Student Survey Report

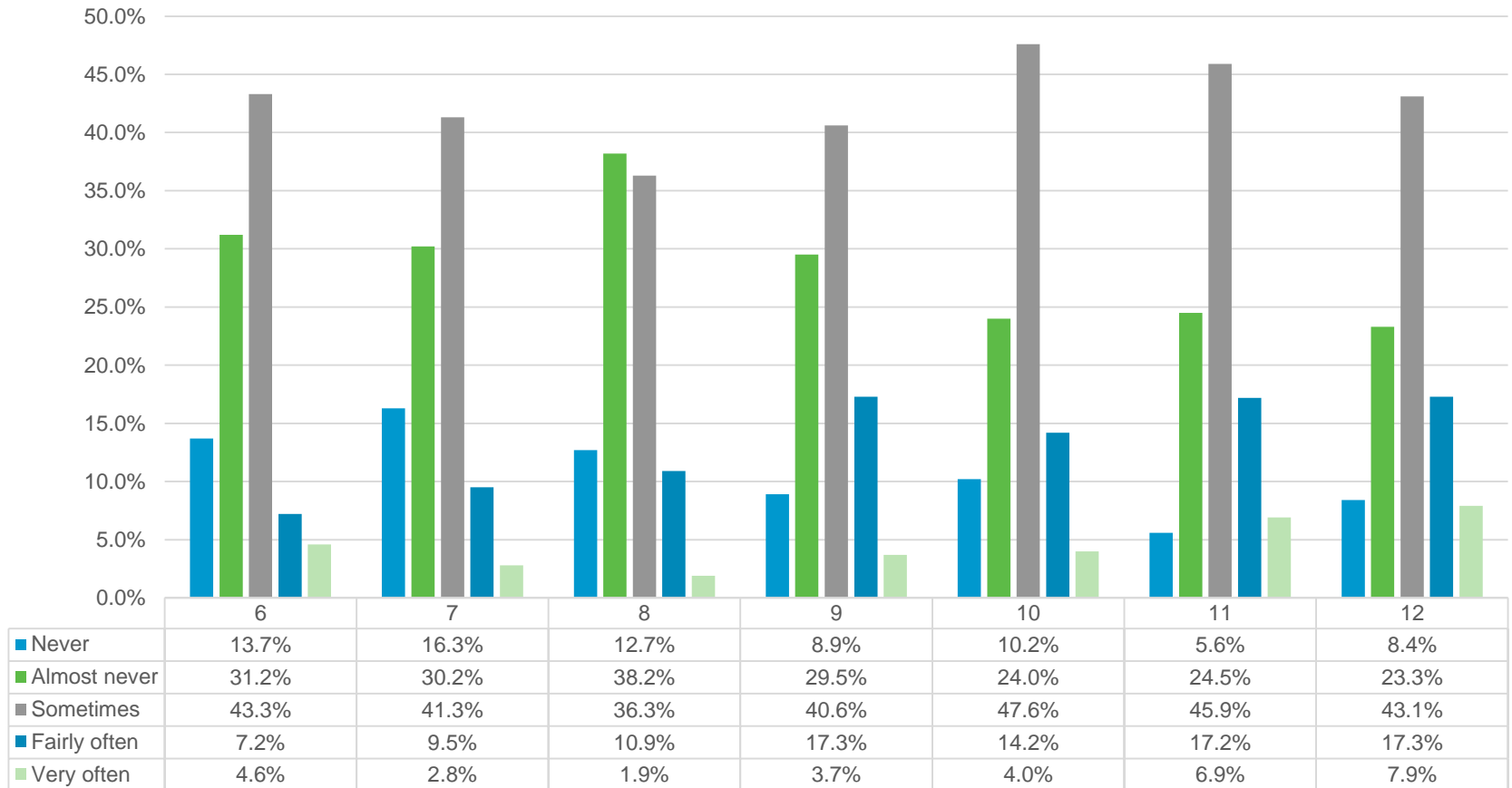
How best do you describe your response to stress?



	6	7	8	9	10	11	12
■ Cool and calm under pressure	48.7%	41.4%	47.0%	35.4%	42.6%	38.2%	39.3%
■ Jittery and I cannot sit still	27.0%	32.9%	29.9%	31.7%	29.0%	24.5%	32.8%
■ Angry and have outbursts often	12.2%	12.4%	11.2%	20.5%	12.5%	21.0%	10.4%
■ I stay away from people	12.2%	13.3%	11.9%	12.3%	15.8%	16.3%	17.4%

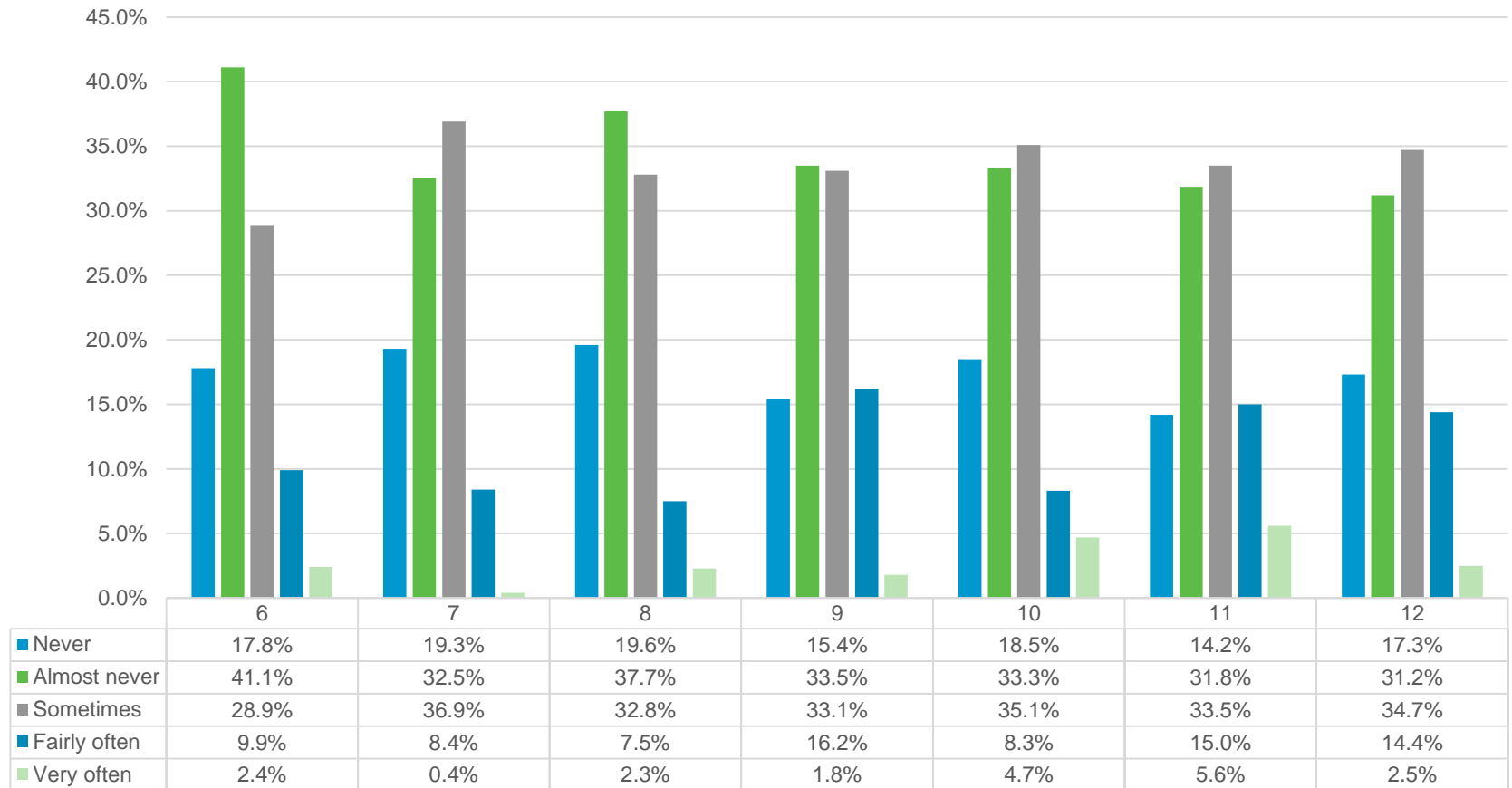
Student Survey Report

How often have you felt that you were unable to control important things in your life?



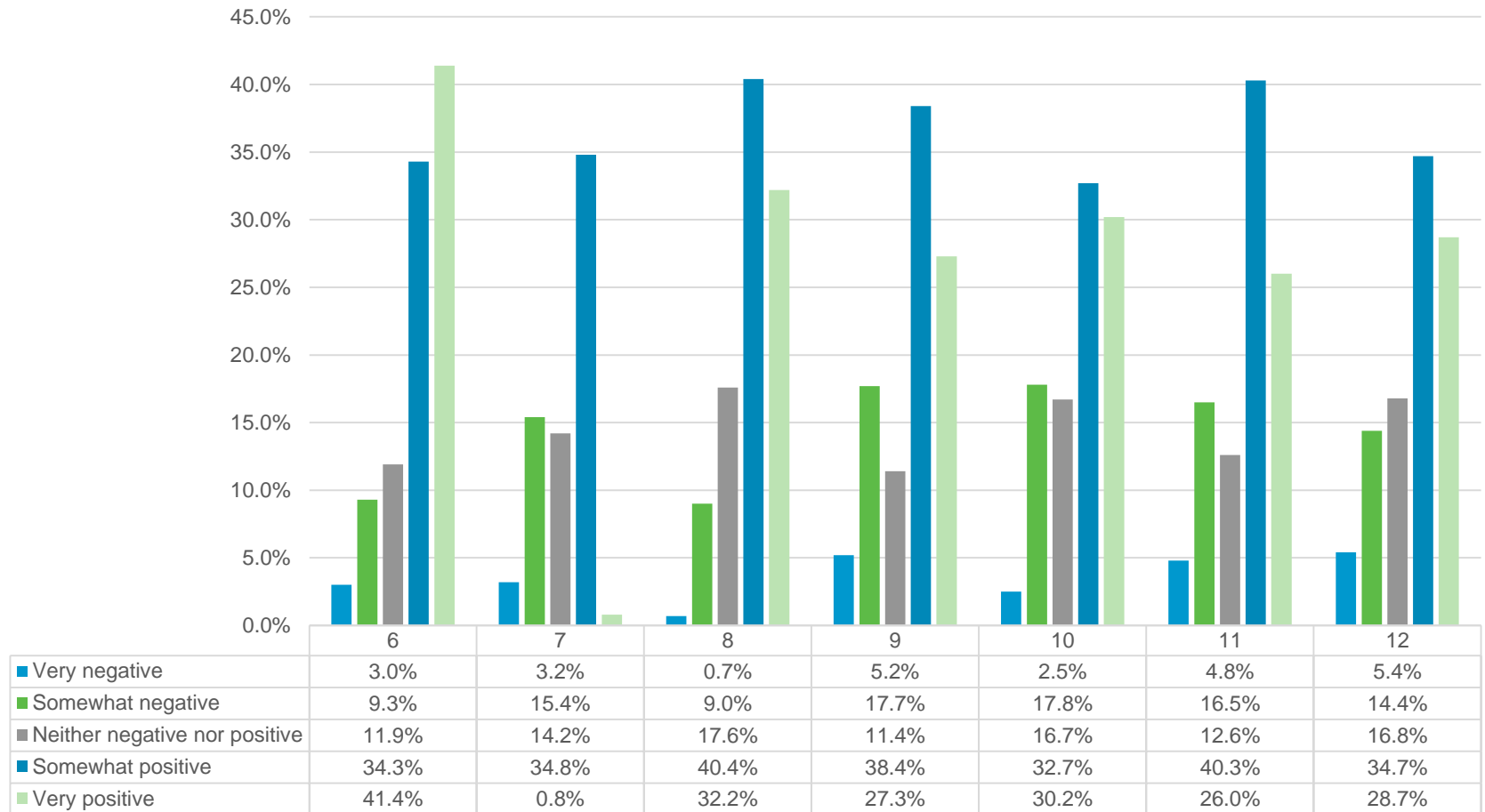
Student Survey Report

How often have you found that you could NOT cope with all of the things you had to do?



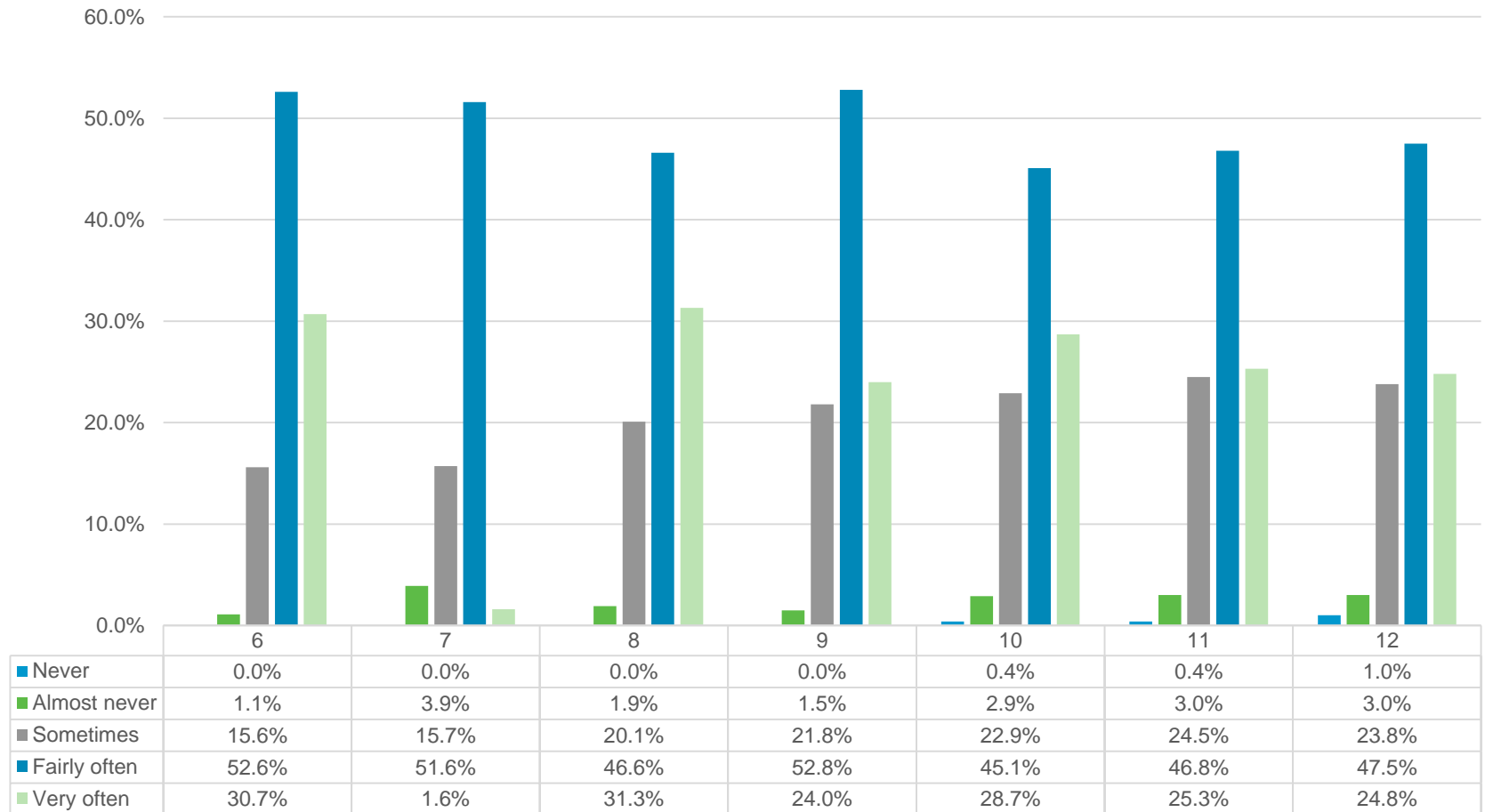
Student Survey Report

How positively or negatively do you feel about yourself?



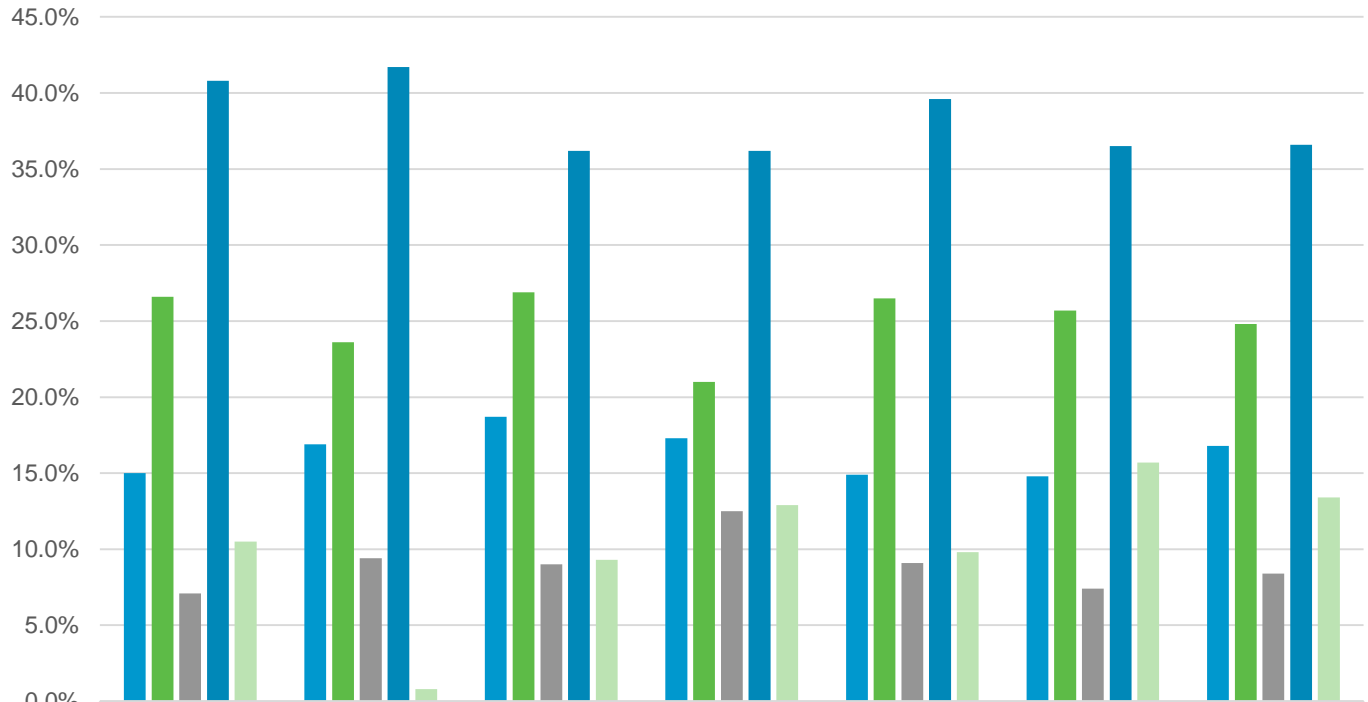
Student Survey Report

How often do you take time to do something you enjoy?



Student Survey Report

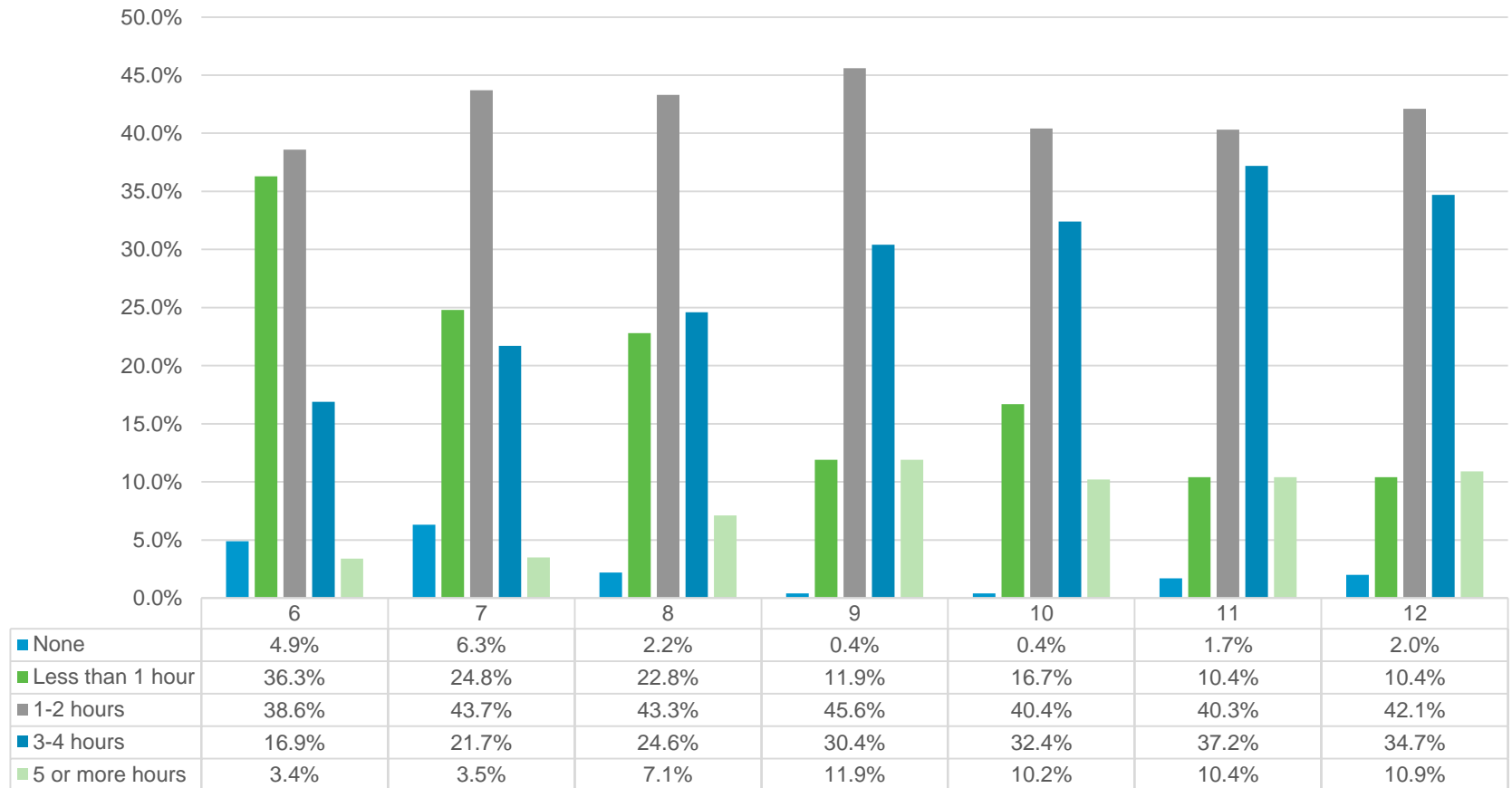
How do you feel when you sit in silence with no distractions?



	6	7	8	9	10	11	12
■ Jittery; I cannot sit still	15.0%	16.9%	18.7%	17.3%	14.9%	14.8%	16.8%
■ Tired; I would probably fall asleep	26.6%	23.6%	26.9%	21.0%	26.5%	25.7%	24.8%
■ Nervous and uncomfortable	7.1%	9.4%	9.0%	12.5%	9.1%	7.4%	8.4%
■ Calm and I appreciate the silence	40.8%	41.7%	36.2%	36.2%	39.6%	36.5%	36.6%
■ I never sit in silence	10.5%	0.8%	9.3%	12.9%	9.8%	15.7%	13.4%

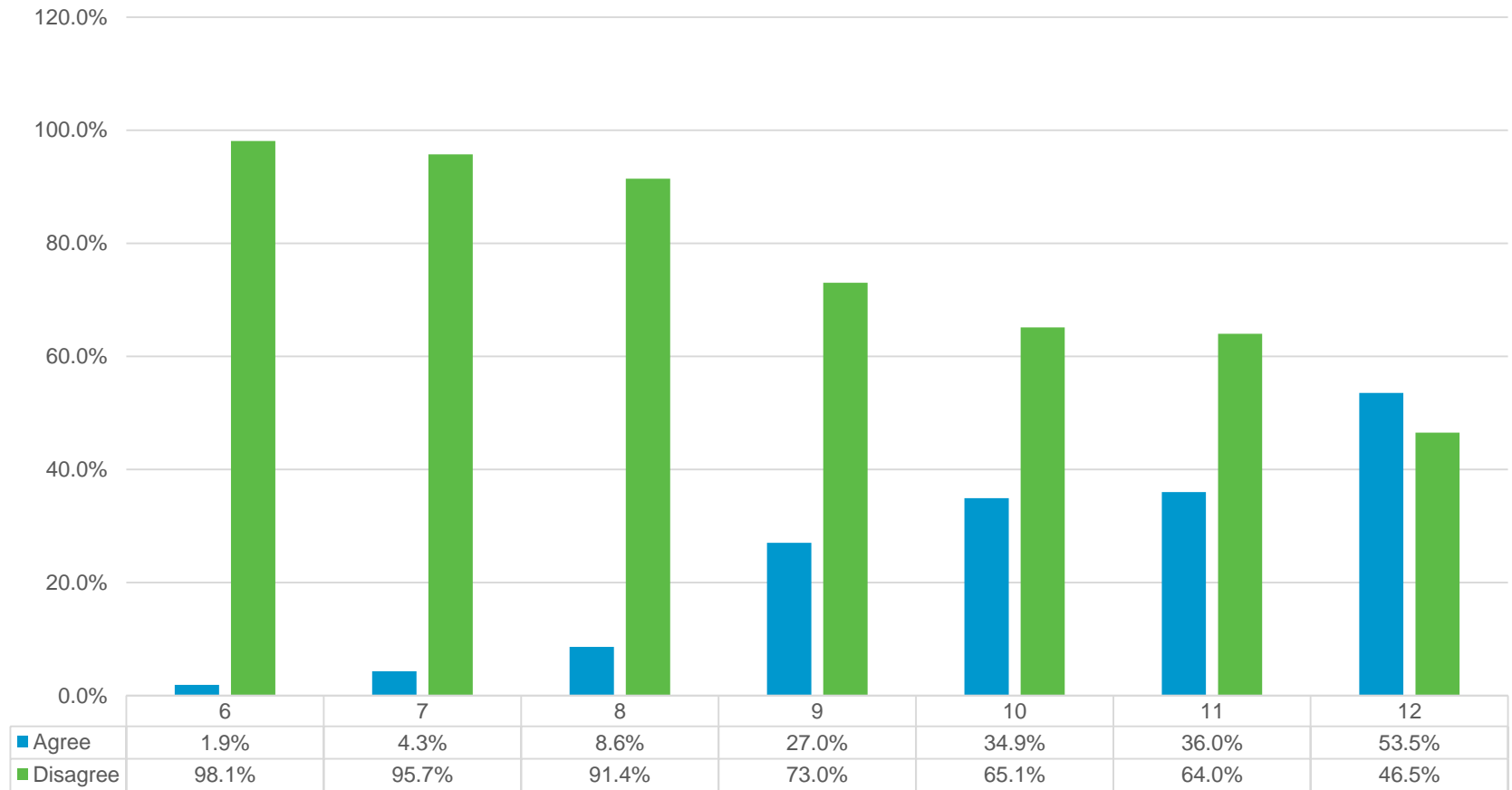
Student Survey Report

How many hours a day do you spend texting, emailing, video chatting, or socializing online?



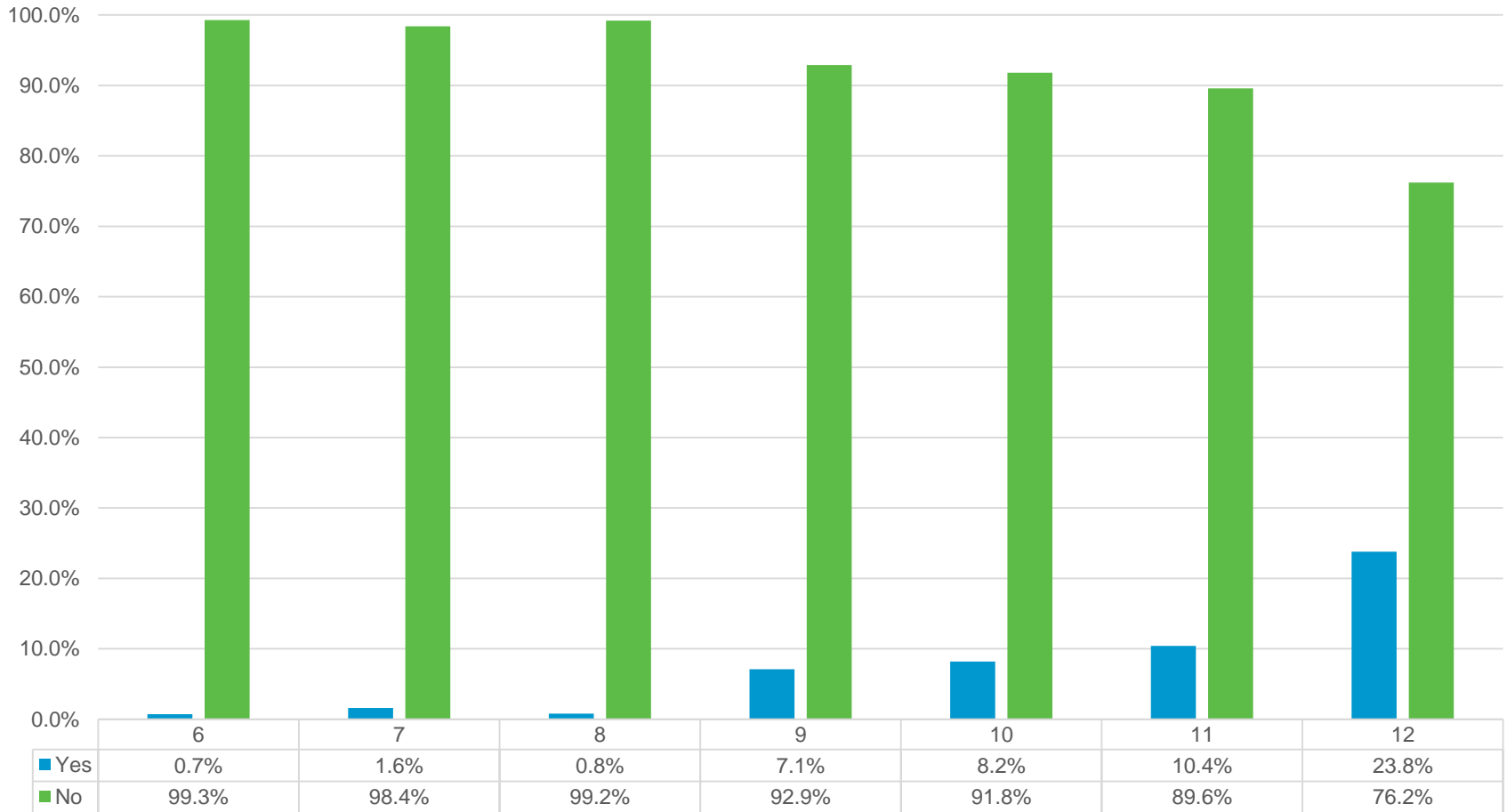
Student Survey Report

Is it okay to send racy or sexual messages or pictures electronically as long as it is kept private?



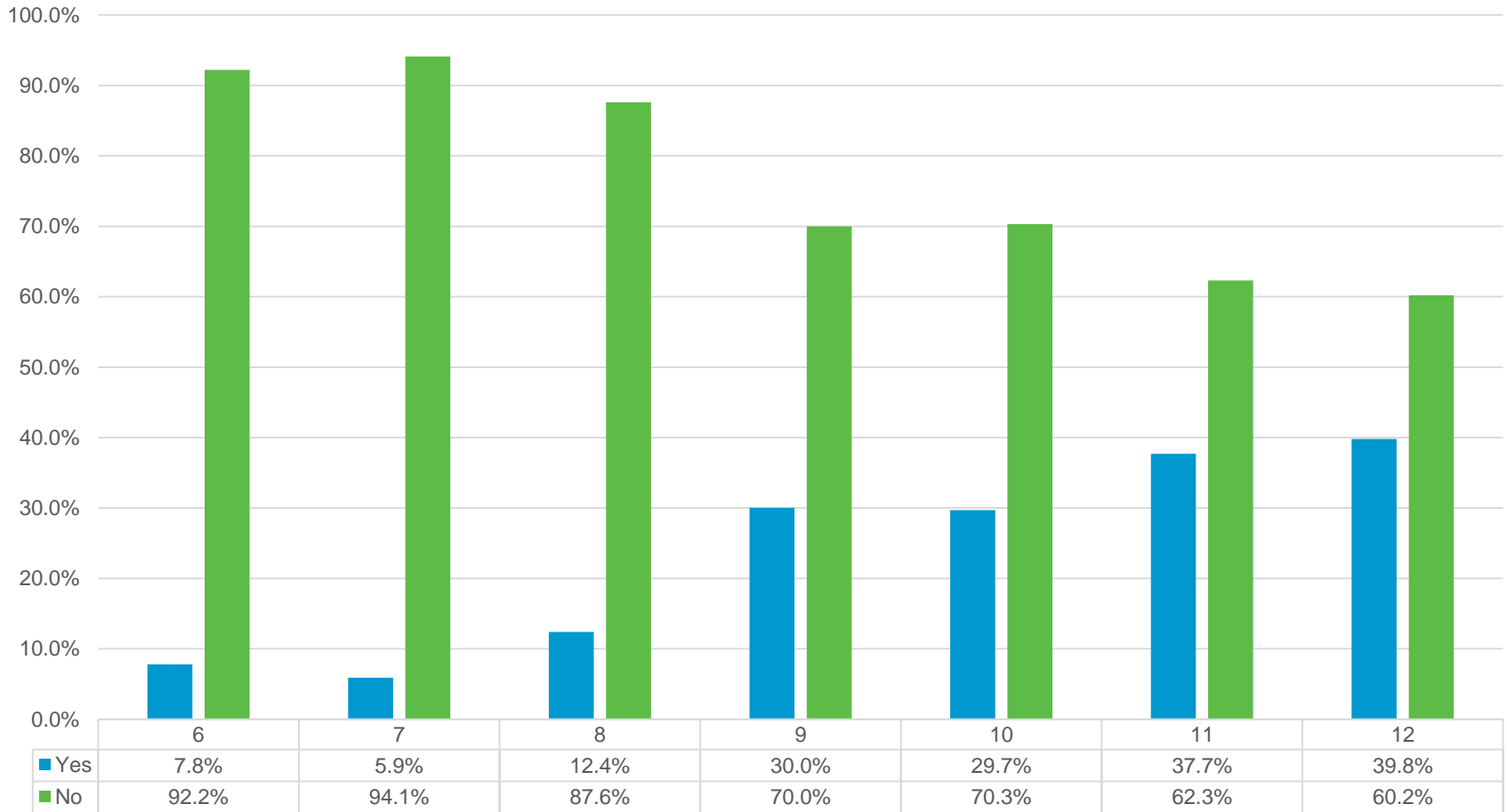
Student Survey Report

Have you ever sent a racy or sexual picture of yourself to someone?



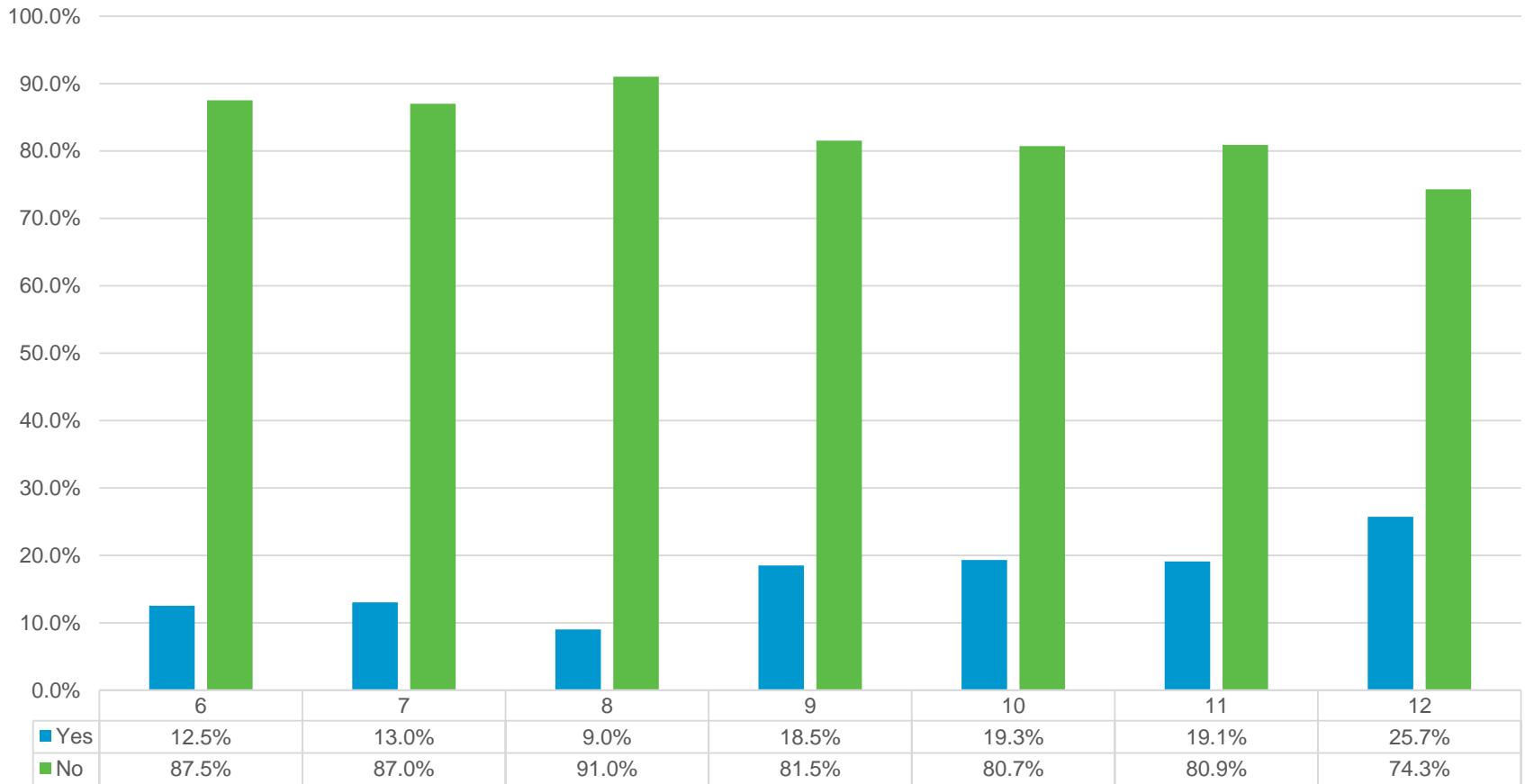
Student Survey Report

Have you ever received a racy or sexual picture of someone?



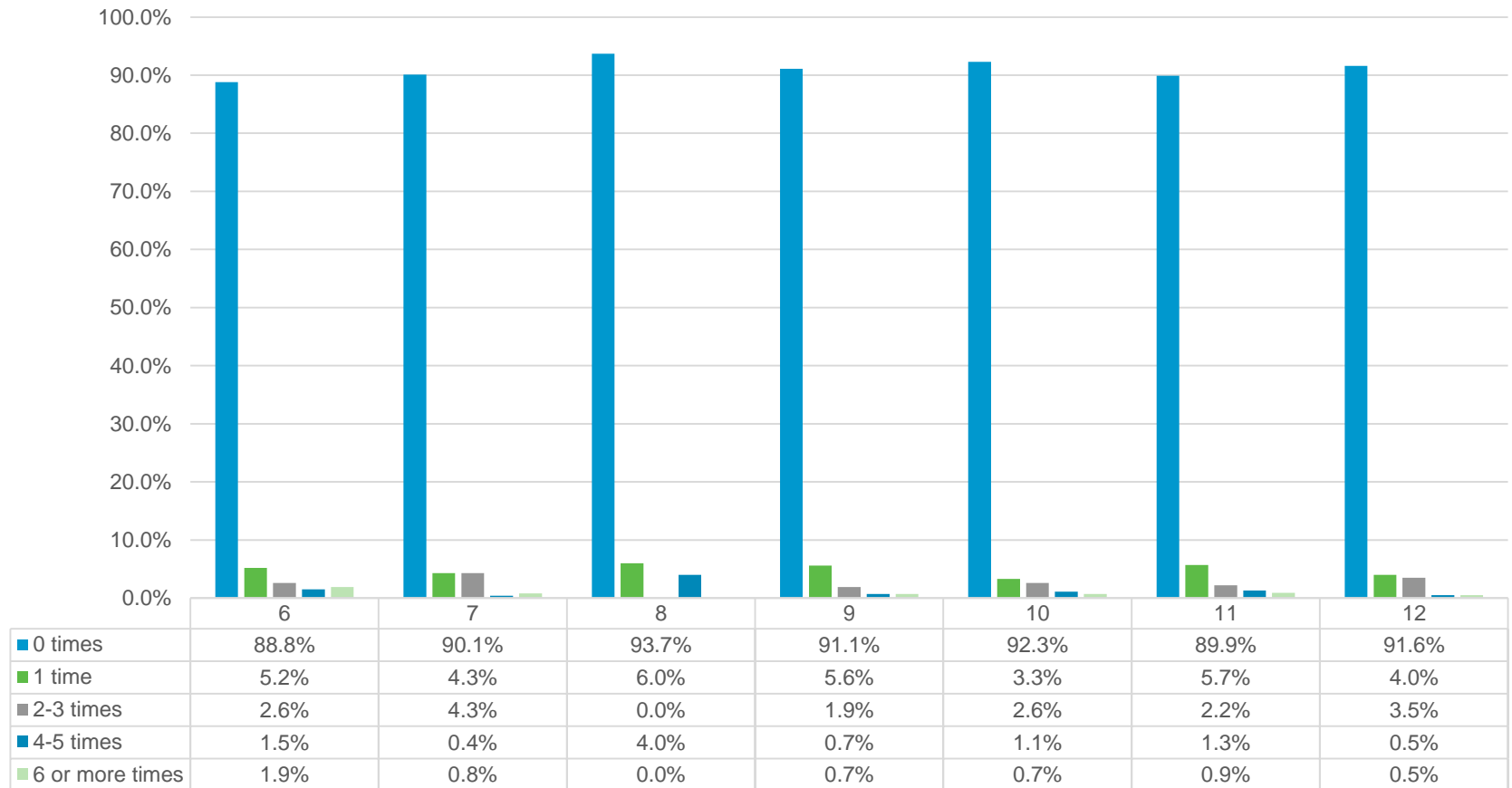
Student Survey Report

During this school year, have you spent more than two weeks in a row feeling so sad and hopeless that you stopped doing your normal activities?



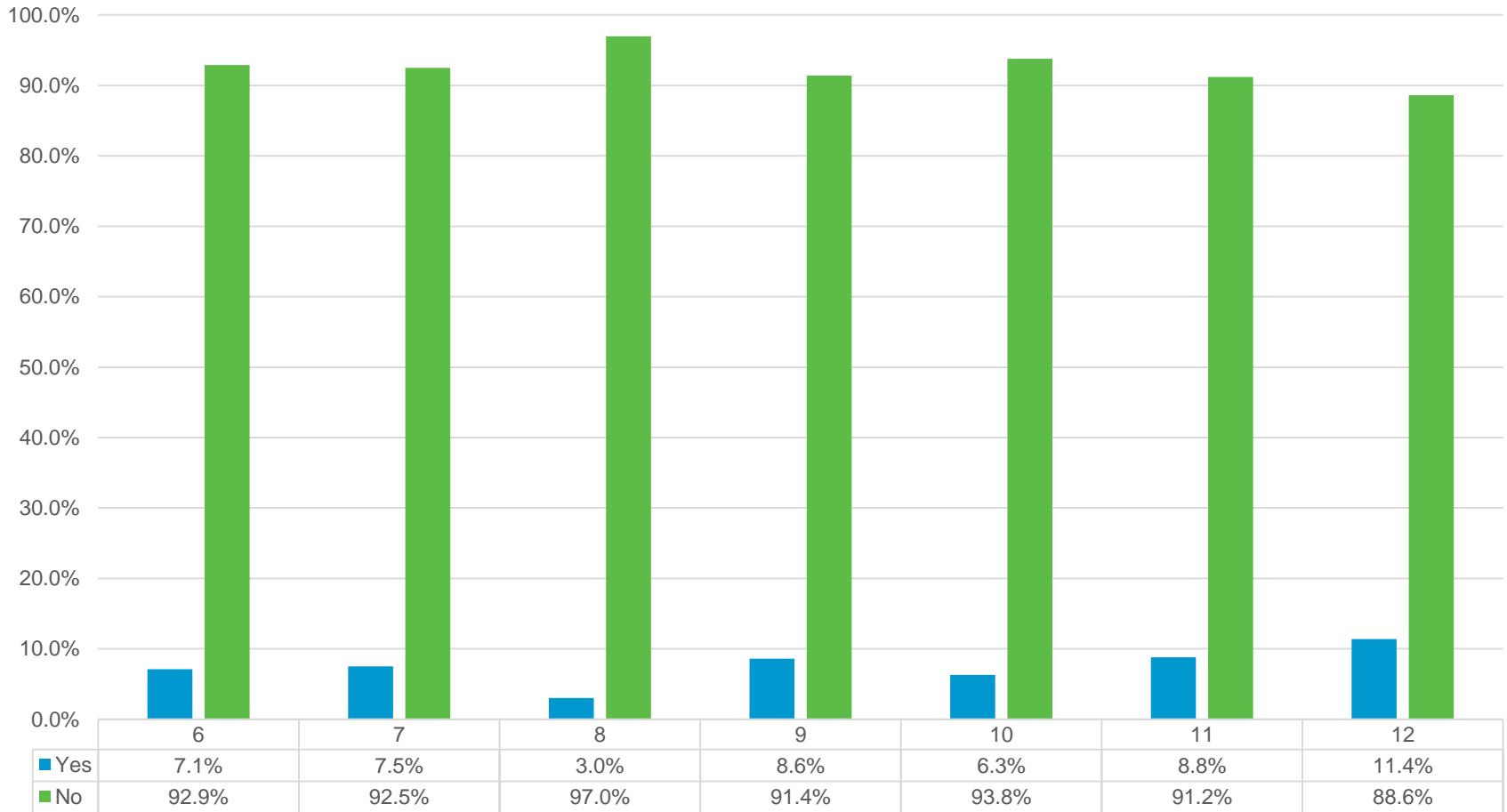
Student Survey Report

During this school year, how many times did you do something to purposefully hurt yourself without wanting to die, such as cutting or burning yourself on purpose?



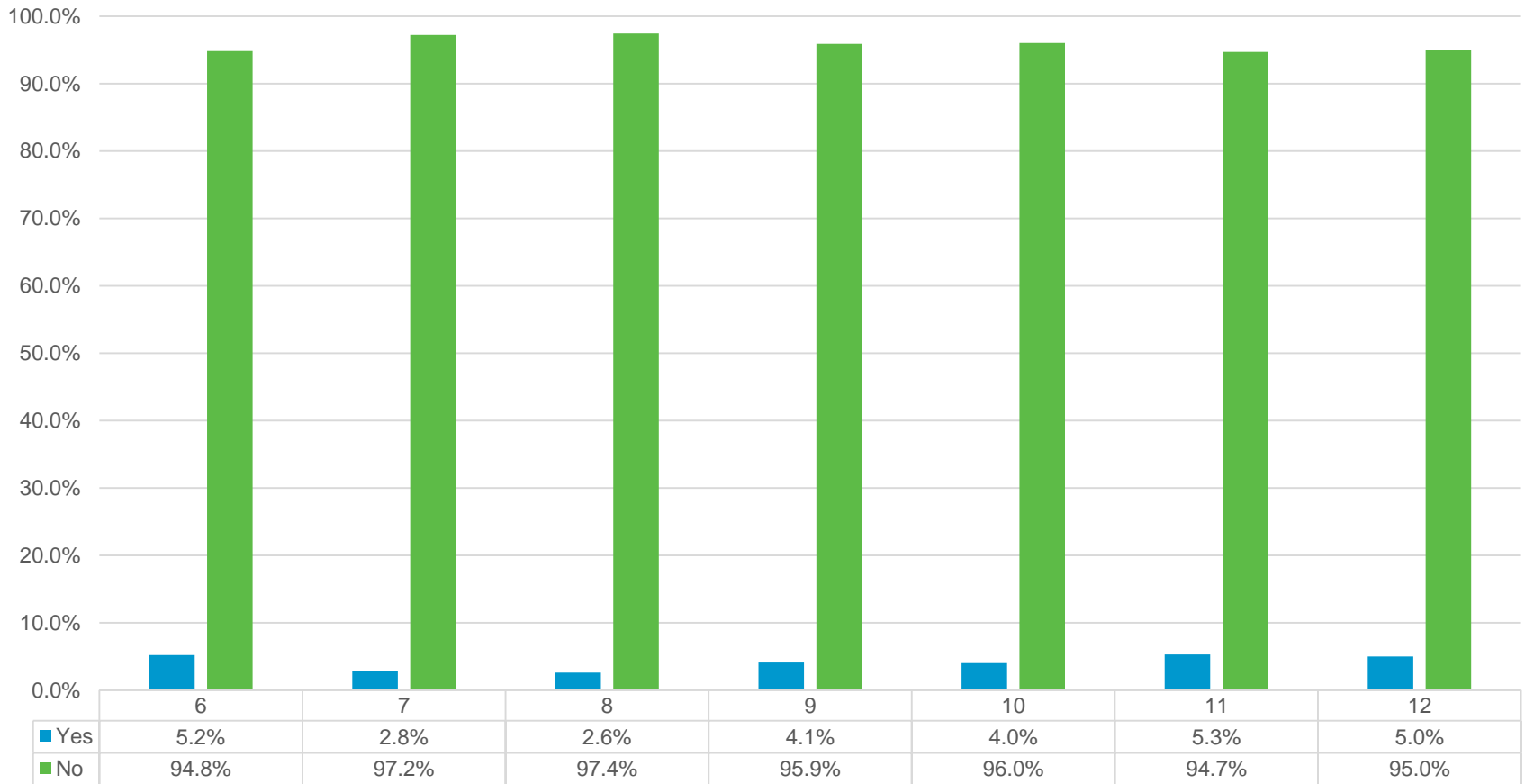
Student Survey Report

During the past 12 months, did you ever seriously consider attempting suicide?



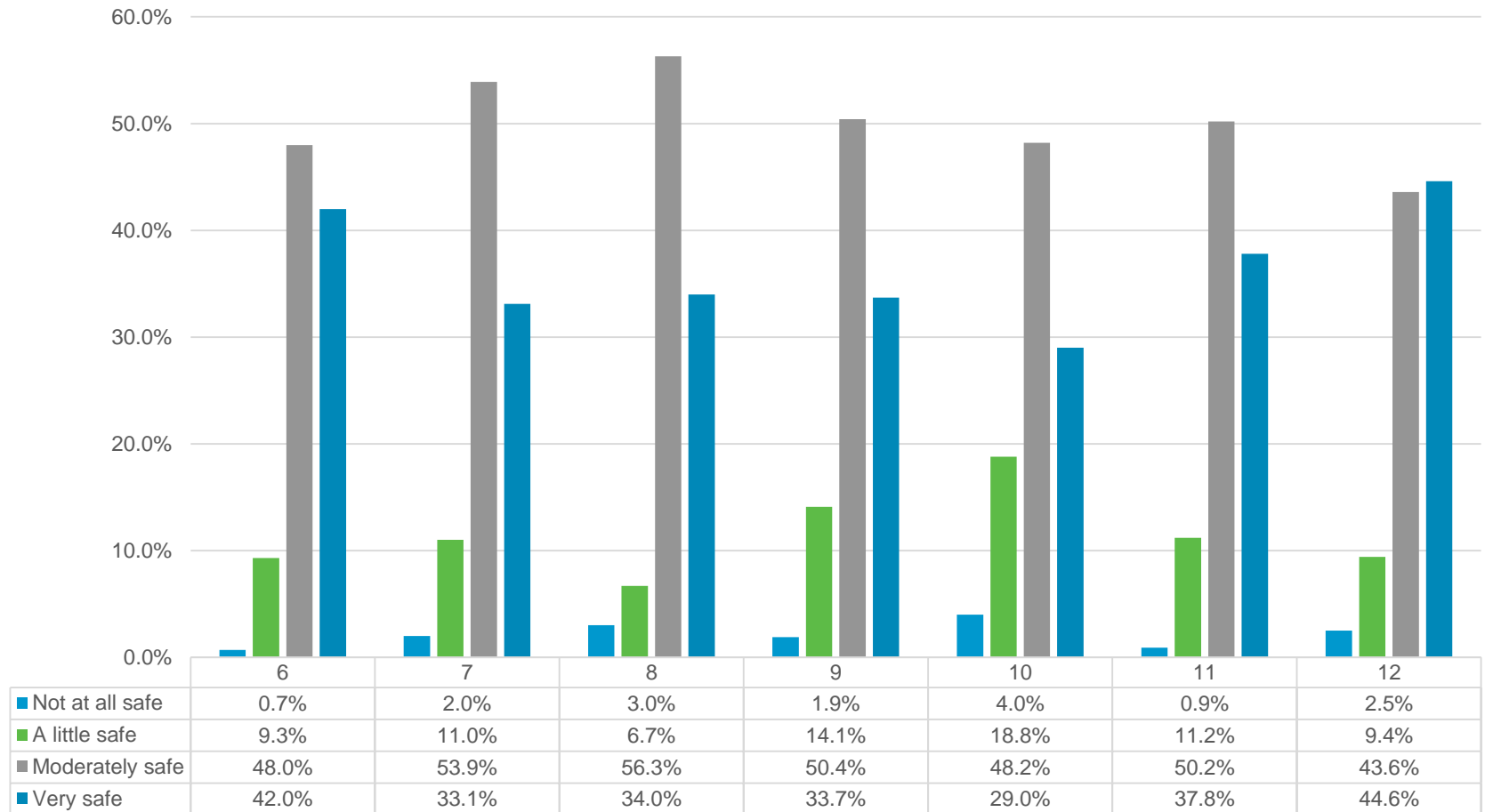
Student Survey Report

During the past 12 months, did you make a plan about how you would attempt suicide?



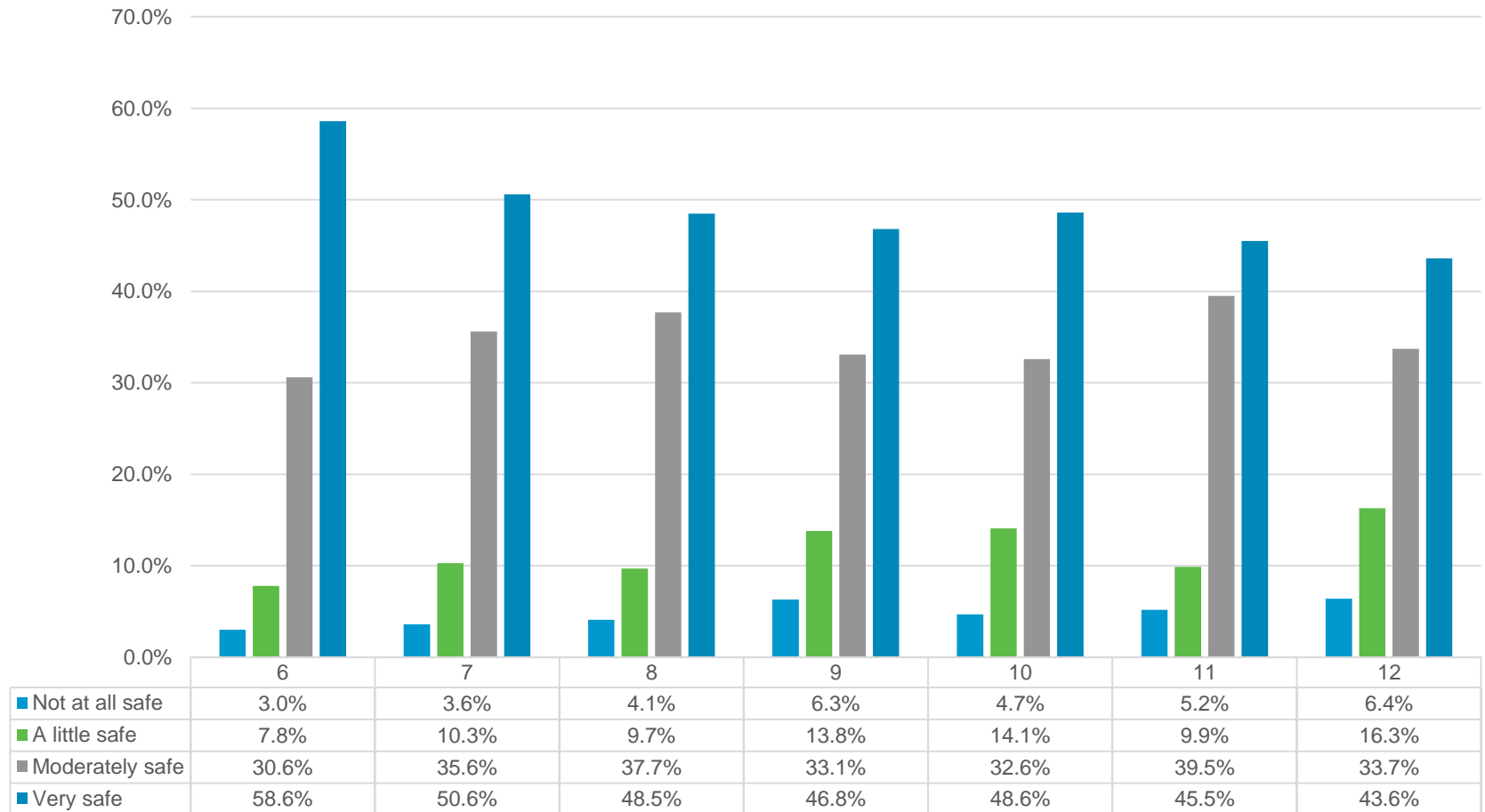
Student Survey Report

How safe do you feel in school?



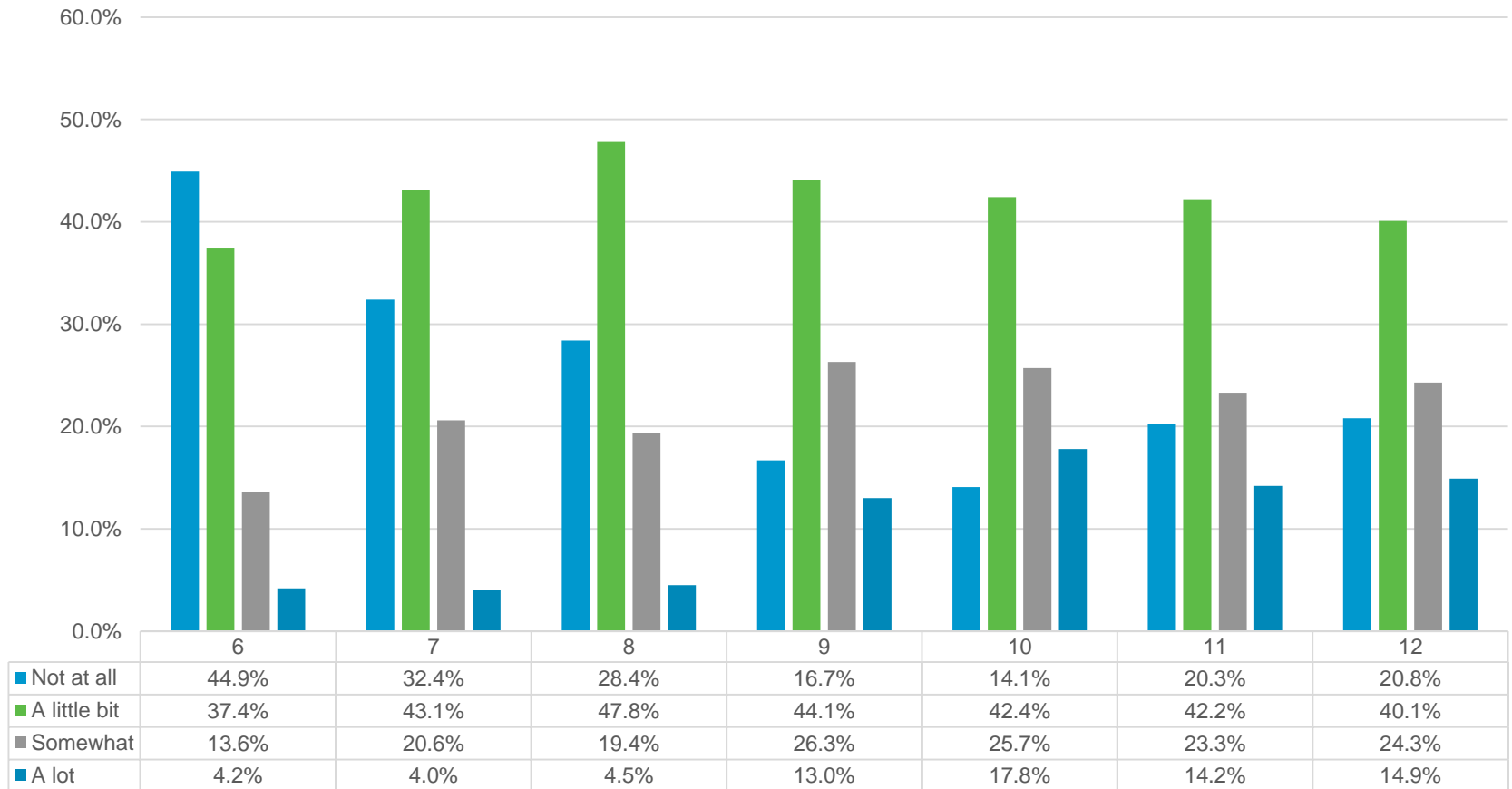
Student Survey Report

How safe do you feel when a police officer is present in the school?



Student Survey Report

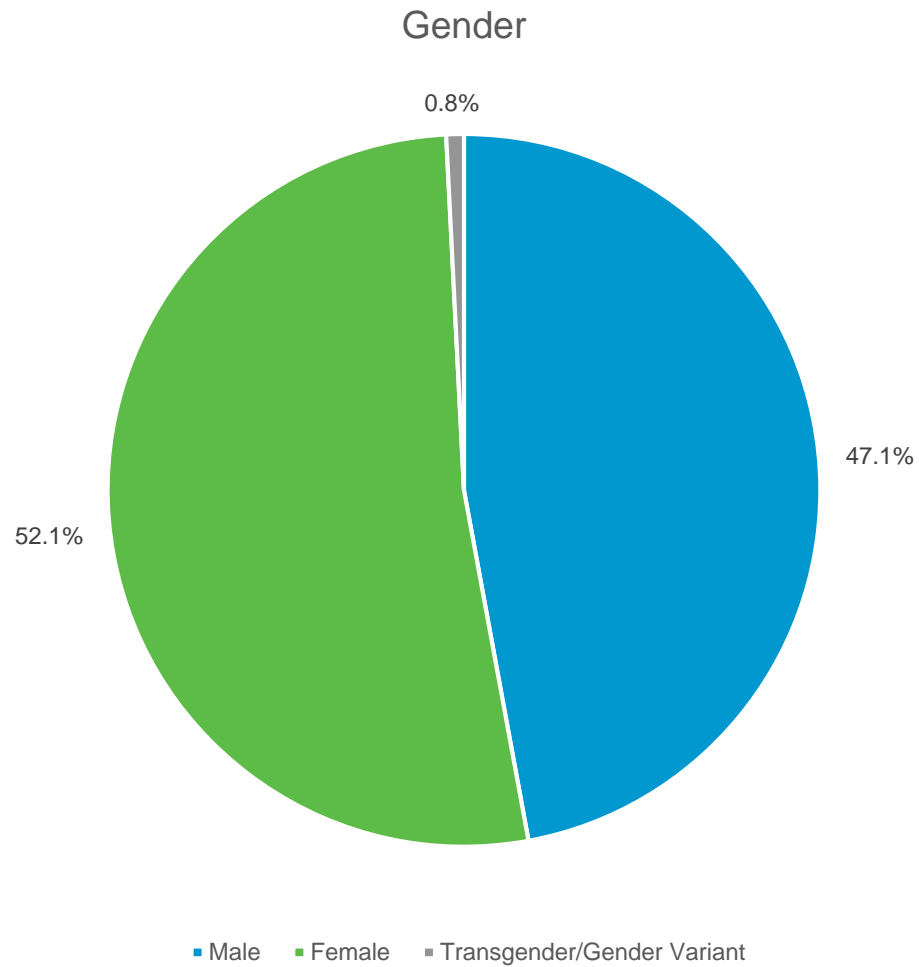
How often do you think about a potential school shooting taking place at your school



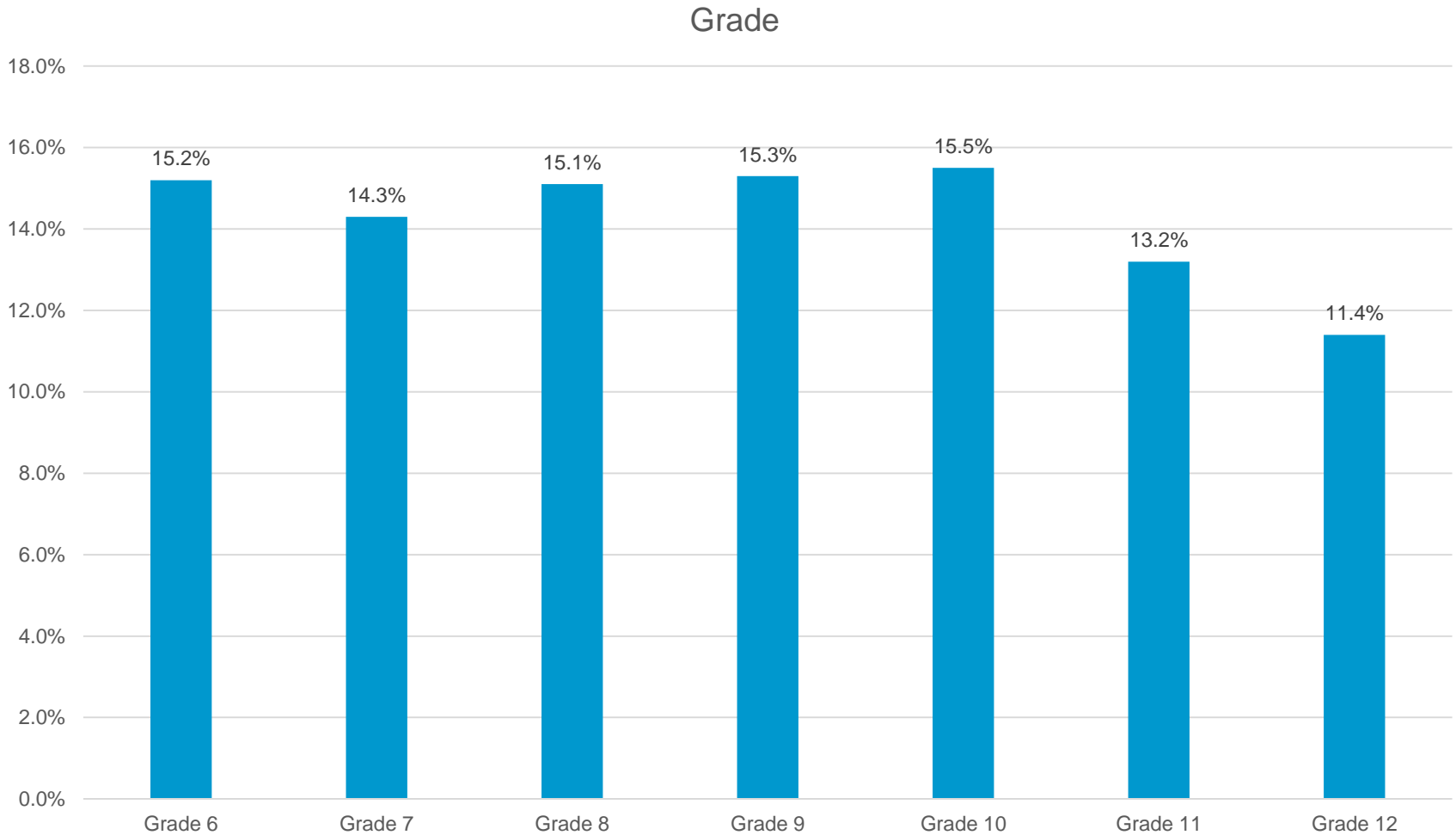
Demographics



Student Survey Report

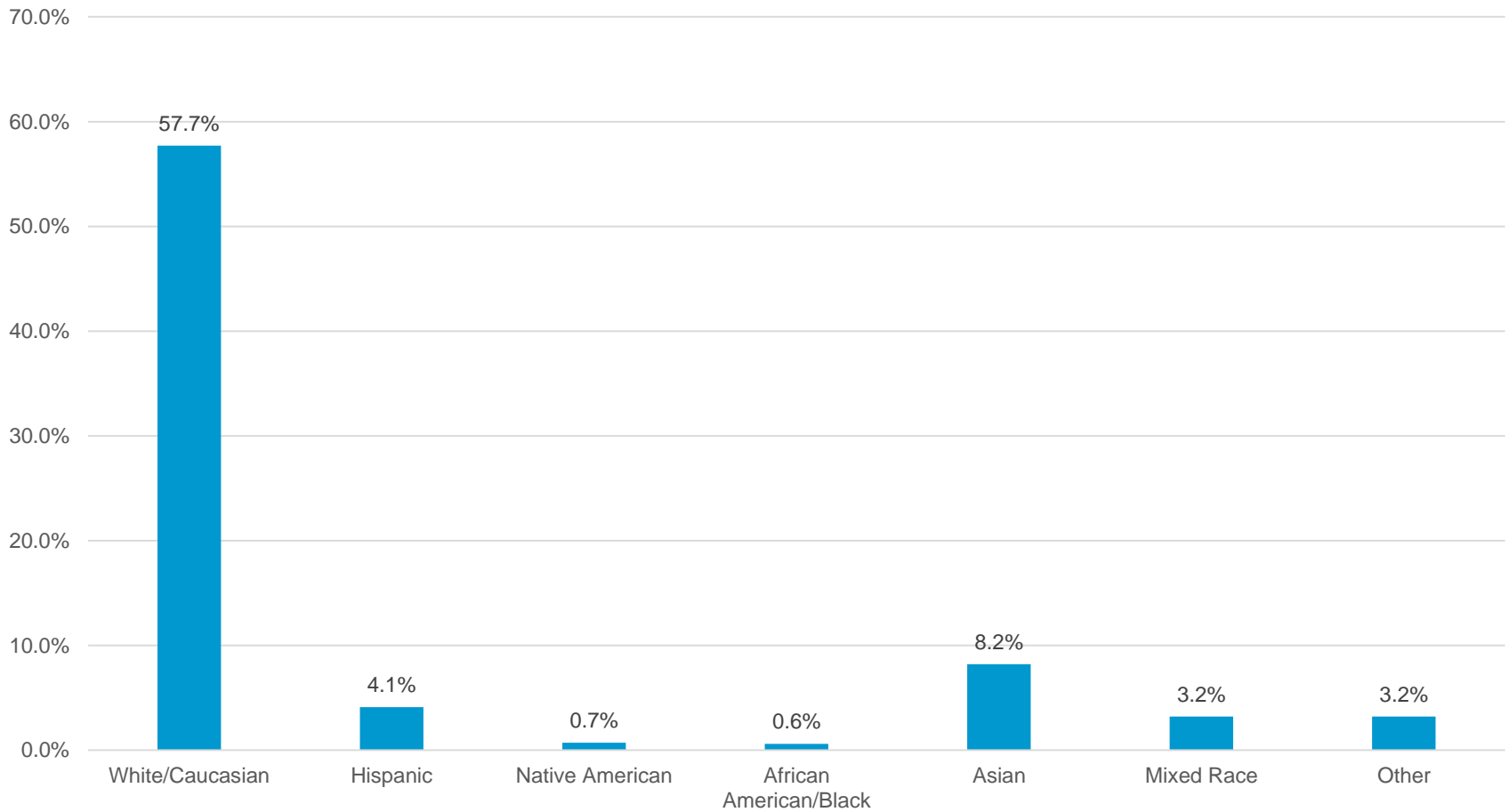


Student Survey Report



Student Survey Report

Race/Ethnicity



Appendix



Student Survey Report

During the past 30 days:	
Did you drink one or more drinks of an alcoholic beverage?	16.5%
Did you smoke part or all of a cigarette?	1.2%
Did you use an e-cigarette/vape pen?	9.8%
Have you used marijuana or hashish?	7.1%
Have you used prescription drugs not prescribed to you?	0.8%
Have you used heroin?	0.2%
Did you use prescription pain relievers without a prescription?	0.5%
Did you use prescription stimulants without a prescription?	0.5%
Did you use prescription tranquilizers without a prescription?	0.4%

During the past 30 days:	Male	Female
Did you drink one or more drinks of an alcoholic beverage?	17.7%	15.5%
Did you smoke part or all of a cigarette?	1.7%	0.8%
Did you use an e-cigarette/vape pen?	9.3%	10.4%
Have you used marijuana or hashish?	8.5%	5.8%
Have you used prescription drugs not prescribed to you?	1.0%	0.5%
Have you used heroin?	0.4%	0.0%
Did you use prescription pain relievers without a prescription?	0.7%	0.2%
Did you use prescription stimulants without a prescription?	0.7%	0.2%
Did you use prescription tranquilizers without a prescription?	0.4%	0.3%

Student Survey Report

During the past 30 days:	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Did you drink one or more drinks of an alcoholic beverage?	1.8%	0.4%	1.5%	13.7%	26.4%	33.9%	47.7%
Did you smoke part or all of a cigarette?	0.0%	0.0%	0.0%	0.4%	1.1%	1.3%	7.0%
Did you use an e-cigarette/vape pen?	0.7%	0.0%	1.1%	9.3%	15.8%	18.9%	28.6%
Have you used marijuana or hashish?	0.4%	0.0%	0.4%	4.1%	12.0%	12.5%	25.8%
Have you used prescription drugs not prescribed to you?	0.7%	0.0%	0.0%	0.4%	1.1%	0.9%	3.0%
Have you used heroin?	0.0%	0.0%	0.0%	0.4%	0.7%	0.0%	0.5%
Did you use prescription pain relievers without a prescription?	1.5%	0.0%	0.4%	0.4%	0.4%	0.0%	1.0%
Did you use prescription stimulants without a prescription?	0.0%	0.4%	0.0%	0.7%	0.7%	0.4%	1.5%
Did you use prescription tranquilizers without a prescription?	0.0%	0.0%	0.0%	0.7%	0.4%	0.4%	1.5%

Student Survey Report

If any of the substances listed above were used, where did they come from?	
Peers in school	7.6%
Peers outside of school	6.1%
Home	3.6%
Other	3.6%
None of the substances listed above were used	80.1%

If any of the substances listed above were used, where did they come from?		
	Male	Female
Peers in school	7.8%	7.4%
Peers outside of school	7.3%	5.2%
Home	4.1%	2.8%
Other	4.8%	2.7%
None of the substances listed above were used	77.8%	82.3%

If any of the substances listed above were used, where did they come from?							
	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Peers in school	0.7%	0.0%	0.4%	7.4%	11.2%	14.9%	22.8%
Peers outside of school	0.4%	0.4%	0.4%	4.8%	9.8%	13.6%	16.8%
Home	1.8%	1.6%	1.1%	4.4%	4.3%	5.5%	7.4%
Other	2.2%	0.0%	1.5%	3.3%	4.3%	6.8%	8.9%
None of the substances listed above were used	88.9%	95.3%	92.9%	80.9%	75.7%	64.7%	54.5%

Student Survey Report

If any of the substances listed above were used, were they stolen, purchased, or given to you by someone else?	
Stolen	0.4%
Purchased	9.3%
Given to you by someone else	9.0%
None of the substances listed above were used	80.8%

If any of the substances listed above were used, were they stolen, purchased, or given to you by someone else?		
	Male	Female
Stolen	0.7%	0.1%
Purchased	12.2%	6.7%
Given to you by someone else	8.5%	9.4%
None of the substances listed above were used	78.6%	82.8%

If any of the substances listed above were used, were they stolen, purchased, or given to you by someone else?							
	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Stolen	0.0%	0.0%	0.4%	0.4%	0.7%	0.4%	1.5%
Purchased	1.5%	1.6%	0.7%	6.3%	11.2%	20.4%	29.7%
Given to you by someone else	1.8%	0.4%	2.2%	8.8%	13.8%	16.6%	23.3%
None of the substances listed above were used	90.4%	94.1%	94.0%	82.0%	76.1%	65.5%	55.4%

Student Survey Report

How much do you think people risk harming themselves if they:	No Risk	Slight Risk	Moderate Risk	Great Risk
Smoke one or more packs of cigarettes per day?	2.0%	3.4%	15.5%	79.1%
Try marijuana once or twice?	26.5%	34.0%	25.1%	14.5%
Smoke marijuana regularly?	6.3%	19.7%	27.1%	46.9%
Take one or two drinks of an alcoholic beverage nearly every day?	4.5%	21.1%	40.6%	33.8%
Have five or more drinks of an alcoholic beverage once or twice a week?	4.1%	14.1%	34.6%	47.3%
Use prescription drugs not prescription to them?	1.7%	4.2%	22.6%	71.5%
Use an e-cigarette/vape pen?	4.4%	21.6%	38.8%	35.2%

How much do you think people risk harming themselves if they:		No Risk	Slight Risk	Moderate Risk	Great Risk
Smoke one or more packs of cigarettes per day?	Male	2.4%	3.5%	16.6%	77.6%
	Female	1.7%	3.4%	14.3%	80.6%
Try marijuana once or twice?	Male	30.7%	32.4%	24.0%	12.9%
	Female	22.7%	35.3%	26.0%	16.0%
Smoke marijuana regularly?	Male	8.7%	23.1%	27.8%	40.3%
	Female	4.2%	16.4%	26.7%	52.7%
Take one or two drinks of an alcoholic beverage nearly every day?	Male	6.2%	23.7%	39.2%	30.8%
	Female	2.9%	18.4%	41.9%	36.8%
Have five or more drinks of an alcoholic beverage once or twice a week?	Male	5.3%	17.4%	33.0%	44.3%
	Female	3.0%	11.2%	36.0%	49.8%
Use prescription drugs not prescription to them?	Male	2.4%	4.7%	23.0%	70.0%
	Female	1.1%	3.7%	22.3%	72.9%
Use an e-cigarette/vape pen?	Male	5.5%	22.5%	40.5%	31.5%
	Female	3.4%	20.8%	37.4%	38.4%

Survey Report

How much do you think people risk harming themselves if they:		No Risk	Slight Risk	Moderate Risk	Great Risk
Smoke one or more packs of cigarettes per day?	6	2.2%	2.2%	19.9%	75.7%
	7	1.6%	4.7%	20.0%	73.7%
	8	1.5%	3.7%	18.7%	76.1%
Try marijuana once or twice?	6	3.4%	27.4%	39.8%	29.3%
	7	5.9%	29.9%	38.6%	25.6%
	8	9.7%	40.4%	32.2%	17.6%
Smoke marijuana regularly?	6	2.3%	2.6%	14.3%	80.8%
	7	2.0%	6.7%	18.7%	72.6%
	8	2.3%	6.0%	26.7%	65.0%
Take one or two drinks of an alcoholic beverage nearly every day?	6	3.4%	16.0%	41.0%	39.6%
	7	3.5%	20.1%	44.1%	32.3%
	8	2.2%	18.3%	41.8%	37.7%
Have five or more drinks of an alcoholic beverage once or twice a week?	6	3.0%	8.6%	28.8%	59.6%
	7	2.4%	9.8%	34.1%	33.7%
	8	1.5%	9.4%	31.1%	58.1%
Use prescription drugs not prescription to them?	6	2.2%	5.2%	22.0%	70.5%
	7	2.0%	6.7%	23.2%	68.1%
	8	0.7%	3.0%	27.2%	69.0%
Use an e-cigarette/vape pen?	6	2.2%	7.4%	32.3%	58.0%
	7	2.4%	13.7%	37.6%	46.3%
	8	2.6%	9.0%	42.5%	45.9%

Survey Report

How much do you think people risk harming themselves if they:	Grade	No Risk	Slight Risk	Moderate Risk	Great Risk
Smoke one or more packs of cigarettes per day?	9	2.6%	4.0%	13.2%	80.1%
	10	0.0%	2.2%	14.9%	83.0%
	11	2.6%	2.6%	9.8%	85.0%
	12	4.5%	4.5%	9.9%	81.2%
Try marijuana once or twice?	9	26.5%	41.2%	23.2%	9.2%
	10	40.5%	36.5%	14.6%	8.4%
	11	53.0%	29.1%	14.1%	3.8%
	12	55.4%	31.7%	7.9%	5.0%
Smoke marijuana regularly?	9	6.0%	20.9%	35.4%	37.7%
	10	6.6%	30.3%	33.9%	29.2%
	11	15.0%	35.0%	32.1%	17.9%
	12	12.9%	42.1%	29.7%	15.3%
Take one or two drinks of an alcoholic beverage nearly every day?	9	4.8%	19.2%	39.5%	36.5%
	10	4.7%	25.0%	38.4%	31.9%
	11	6.0%	23.5%	37.6%	32.9%
	12	7.9%	26.7%	42.1%	23.3%
Have five or more drinks of an alcoholic beverage once or twice a week?	9	3.3%	13.3%	38.9%	44.4%
	10	5.5%	18.9%	36.0%	39.6%
	11	6.5%	19.4%	36.2%	37.9%
	12	7.5%	21.4%	37.8%	33.3%
Use prescription drugs not prescription to them?	9	1.9%	3.7%	22.0%	72.4%
	10	0.0%	4.0%	22.2%	73.8%
	11	3.0%	1.7%	18.2%	77.1%
	12	2.5%	5.0%	23.4%	69.2%
Use an e-cigarette/vape pen?	9	5.1%	26.1%	39.3%	29.4%
	10	4.0%	33.7%	35.5%	26.8%
	11	6.4%	32.1%	44.9%	16.7%
	12	9.4%	32.2%	40.1%	18.3%

Survey Report

How wrong do your parents/guardians feel it would be for you to:	Not at all wrong	A little bit wrong	Wrong	Very wrong
Smoke one or more packs of cigarettes per day?	0.5%	0.5%	6.0%	93.0%
Try marijuana once or twice?	5.9%	13.7%	21.4%	59.0%
Smoke marijuana regularly?	1.1%	3.8%	11.4%	83.6%
Take one or two drinks of an alcoholic beverage nearly every day?	2.3%	5.3%	19.8%	72.6%
Use prescription drugs not prescribed to them?	0.7%	1.1%	9.4%	88.8%
Use an e-cigarette/vape pen?	1.0%	5.4%	19.3%	74.3%

How wrong do your parents/guardians feel it would be for you to:		Not at all wrong	A little bit wrong	Wrong	Very wrong
Smoke one or more packs of cigarettes per day?	Male	0.6%	0.6%	6.4%	92.4%
	Female	0.3%	0.4%	5.5%	93.7%
Try marijuana once or twice?	Male	6.0%	14.9%	22.0%	57.0%
	Female	5.6%	12.5%	20.7%	61.1%
Smoke marijuana regularly?	Male	1.2%	3.5%	14.1%	81.2%
	Female	0.9%	4.1%	9.0%	85.9%
Take one or two drinks of an alcoholic beverage nearly every day?	Male	3.0%	6.2%	23.3%	67.5%
	Female	1.4%	4.2%	16.9%	77.4%
Use prescription drugs not prescribed to them?	Male	0.7%	1.3%	9.3%	88.7%
	Female	0.5%	1.0%	9.5%	89.0%
Use an e-cigarette/vape pen?	Male	1.0%	5.8%	20.9%	72.4%
	Female	1.0%	5.2%	17.8%	76.0%

Survey Report

How wrong do your parents/guardians feel it would be for you to:	Grade	Not at all wrong	A little bit wrong	Wrong	Very wrong
Smoke one or more packs of cigarettes per day?	6	0.4%	0.4%	4.8%	94.4%
	7	0.0%	0.0%	4.7%	95.3%
	8	0.0%	0.7%	6.7%	92.5%
Try marijuana once or twice?	6	0.7%	4.1%	11.9%	83.2%
	7	0.4%	2.4%	12.5%	84.7%
	8	1.1%	7.8%	20.5%	70.5%
Smoke marijuana regularly?	6	0.4%	1.9%	1.9%	95.9%
	7	0.0%	0.8%	4.0%	95.3%
	8	0.0%	1.9%	6.8%	91.3%
Take one or two drinks of an alcoholic beverage nearly every day?	6	1.1%	1.5%	12.6%	84.8%
	7	1.2%	3.1%	15.4%	80.3%
	8	0.0%	4.1%	17.9%	78.0%
Use prescription drugs not prescribed to them?	6	0.4%	1.1%	10.1%	88.4%
	7	0.0%	1.6%	12.3%	86.2%
	8	0.0%	1.1%	10.1%	88.8%
Use an e-cigarette/vape pen?	6	0.4%	1.5%	8.6%	89.6%
	7	0.0%	2.8%	11.0%	86.2%
	8	0.4%	1.9%	17.5%	80.2%

Survey Report

How wrong do your parents/guardians feel it would be for you to:	Grade	Not at all wrong	A little bit wrong	Wrong	Very wrong
Smoke one or more packs of cigarettes per day?	9	0.7%	0.4%	4.1%	94.8%
	10	0.0%	0.4%	7.6%	92.0%
	11	0.4%	0.4%	5.6%	93.6%
	12	2.5%	1.0%	8.4%	88.1%
Try marijuana once or twice?	9	4.4%	18.8%	23.6%	53.1%
	10	9.2%	17.6%	31.5%	41.8%
	11	8.6%	20.7%	29.3%	41.4%
	12	20.3%	28.2%	20.3%	31.2%
Smoke marijuana regularly?	9	1.5%	1.5%	13.3%	83.8%
	10	0.4%	5.1%	19.4%	75.1%
	11	2.2%	6.0%	15.1%	76.7%
	12	4.5%	11.4%	21.9%	62.2%
Take one or two drinks of an alcoholic beverage nearly every day?	9	3.0%	4.8%	17.3%	74.9%
	10	2.9%	8.4%	25.8%	62.9%
	11	1.7%	6.4%	24.5%	67.4%
	12	7.4%	9.9%	26.2%	56.4%
Use prescription drugs not prescribed to them?	9	1.1%	0.0%	9.6%	89.3%
	10	0.4%	1.5%	9.1%	89.1%
	11	0.4%	0.9%	6.5%	92.2%
	12	3.0%	2.0%	7.5%	87.6%
Use an e-cigarette/vape pen?	9	1.1%	5.5%	21.4%	72.0%
	10	0.4%	6.2%	24.8%	68.6%
	11	0.9%	9.4%	26.2%	63.5%
	12	5.0%	12.9%	27.2%	55.0%

Survey Report

How wrong do your friends feel it would be for you to:	Not at all wrong	A little bit wrong	Wrong	Very wrong
Smoke one or more packs of cigarettes per day?	1.7%	5.4%	22.7%	70.2%
Try marijuana once or twice?	28.1%	18.4%	20.1%	33.4%
Smoke marijuana regularly?	10.5%	15.6%	21.7%	52.1%
Take one or two drinks of an alcoholic beverage nearly every day?	8.0%	16.1%	28.4%	47.5%
Use prescription drugs not prescribed to them?	2.1%	7.2%	23.7%	67.1%
Use an e-cigarette/vape pen?	21.2%	21.4%	22.8%	34.7%

How wrong do your friends feel it would be for you to:		Not at all wrong	A little bit wrong	Wrong	Very wrong
Smoke one or more packs of cigarettes per day?	Male	2.3%	7.3%	26.5%	63.9%
	Female	1.0%	3.5%	19.3%	37.7%
Try marijuana once or twice?	Male	31.7%	18.5%	21.1%	28.7%
	Female	24.6%	18.3%	19.3%	37.7%
Smoke marijuana regularly?	Male	12.2%	20.1%	23.5%	44.1%
	Female	8.7%	11.6%	20.1%	59.6%
Take one or two drinks of an alcoholic beverage nearly every day?	Male	10.8%	19.1%	30.7%	39.4%
	Female	5.3%	13.2%	26.7%	54.7%
Use prescription drugs not prescribed to them?	Male	2.8%	8.0%	27.1%	62.1%
	Female	1.3%	6.4%	20.7%	71.5%
Use an e-cigarette/vape pen?	Male	22.5%	22.1%	24.1%	31.3%
	Female	19.8%	21.0%	21.8%	37.5%

Survey Report

How wrong do your friends feel it would be for you to:	Grade	Not at all wrong	A little bit wrong	Wrong	Very wrong
Smoke one or more packs of cigarettes per day?	6	1.1%	2.7%	14.0%	82.2%
	7	0.0%	4.0%	22.2%	73.8%
	8	0.0%	3.8%	22.7%	73.5%
Try marijuana once or twice?	6	2.3%	7.6%	25.5%	64.6%
	7	3.2%	11.3%	27.8%	57.7%
	8	4.5%	18.6%	28.8%	48.1%
Smoke marijuana regularly?	6	1.9%	0.0%	11.4%	86.7%
	7	0.0%	3.3%	17.5%	79.3%
	8	1.5%	3.8%	21.2%	73.5%
Take one or two drinks of an alcoholic beverage nearly every day?	6	2.3%	1.9%	18.6%	77.2%
	7	1.2%	12.5%	26.2%	60.1%
	8	0.4%	9.1%	29.2%	61.4%
Use prescription drugs not prescribed to them?	6	2.3%	3.1%	21.0%	73.7%
	7	0.4%	7.3%	22.7%	69.6%
	8	0.4%	4.6%	26.6%	68.4%
Use an e-cigarette/vape pen?	6	1.9%	4.2%	24.0%	69.8%
	7	3.6%	15.7%	29.0%	51.6%
	8	5.7%	15.9%	31.1%	47.3%

Survey Report

How wrong do your friends feel it would be for you to:	Grade	Not at all wrong	A little bit wrong	Wrong	Very wrong
Smoke one or more packs of cigarettes per day?	9	1.5%	4.1%	21.3%	73.1%
	10	2.2%	7.3%	30.0%	60.4%
	11	2.2%	8.2%	25.9%	63.8%
	12	5.1%	8.6%	23.2%	63.1%
Try marijuana once or twice?	9	29.5%	20.9%	22.4%	27.2%
	10	43.4%	29.0%	16.2%	11.4%
	11	53.4%	26.3%	9.9%	10.3%
	12	71.7%	14.6%	6.1%	7.6%
Smoke marijuana regularly?	9	7.5%	20.6%	23.2%	48.7%
	10	16.5%	23.9%	32.7%	26.8%
	11	20.3%	27.7%	26.4%	25.5%
	12	31.2%	35.2%	19.1%	14.6%
Take one or two drinks of an alcoholic beverage nearly every day?	9	8.2%	17.2%	32.8%	41.8%
	10	14.3%	26.8%	29.8%	29.0%
	11	10.3%	24.1%	35.3%	30.2%
	12	21.7%	23.7%	26.8%	27.8%
Use prescription drugs not prescribed to them?	9	1.5%	7.5%	23.2%	67.8%
	10	1.1%	7.0%	26.9%	64.9%
	11	2.6%	10.0%	20.8%	66.7%
	12	7.0%	12.6%	24.6%	55.8%
Use an e-cigarette/vape pen?	9	22.0%	25.4%	23.9%	28.7%
	10	36.0%	26.8%	22.4%	14.7%
	11	40.5%	34.1%	11.2%	14.2%
	12	44.7%	30.7%	15.1%	9.5%

Survey Report

How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day?	
Neither Approve nor Disapprove	8.7%
Somewhat Disapprove	22.9%
Strongly Disapprove	63.7%
Don't know or can't say	4.7%

How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day?	Male	Female
Neither Approve nor Disapprove	11.0%	6.1%
Somewhat Disapprove	26.5%	19.8%
Strongly Disapprove	56.3%	70.9%
Don't know or can't say	6.2%	3.2%

How do you feel about someone your age having one or two drinks of an alcoholic beverage nearly every day?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Neither Approve nor Disapprove	1.5%	2.7%	5.6%	12.5%	14.9%	9.4%	14.9%
Somewhat Disapprove	8.9%	14.1%	17.5%	27.9%	32.6%	28.8%	33.2%
Strongly Disapprove	86.3%	78.8%	72.4%	54.0%	48.2%	53.6%	49.5%
Don't know or can't say	3.3%	4.3%	4.5%	5.5%	4.3%	8.2%	2.5%

Survey Report

How often have you witnessed another student vaping in the restroom of your school?	
Never	45.7%
Within the past year	18.0%
Within the past month	14.1%
Within the past week	12.5%
Within the past day	5.6%
More than twice in the past day	4.1%

How often have you witnessed another student vaping in the restroom of your school?	Male	Female
Never	40.8%	50.3%
Within the past year	15.2%	20.9%
Within the past month	13.3%	14.9%
Within the past week	15.2%	9.8%
Within the past day	9.0%	2.6%
More than twice in the past day	6.5%	1.5%

How often have you witnessed another student vaping in the restroom of your school?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Never	90.7%	73.7%	68.3%	27.7%	20.5%	12.1%	17.4%
Within the past year	7.0%	17.6%	19.4%	17.3%	20.9%	20.3%	26.4%
Within the past month	1.5%	5.5%	5.2%	25.5%	20.1%	20.7%	21.9%
Within the past week	0.4%	2.7%	5.2%	17.7%	23.8%	22.4%	16.9%
Within the past day	0.0%	0.4%	1.1%	6.6%	9.5%	13.8%	9.5%
More than twice in the past day	0.4%	0.0%	0.7%	5.2%	5.1%	10.8%	8.0%

Survey Report

During this school year, how would you describe your grades in school?	
Mostly As	67.9%
Mostly Bs	30.3%
Mostly Cs	1.6%
Mostly Ds	0.1%
Mostly Fs	0.1%

During this school year, how would you describe your grades in school?	Male	Female
Mostly As	60.4%	75.5%
Mostly Bs	38.4%	22.6%
Mostly Cs	1.6%	1.7%
Mostly Ds	0.0%	0.1%
Mostly Fs	0.1%	0.0%

During this school year, how would you describe your grades in school?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Mostly As	78.1%	64.4%	63.1%	67.6%	63.8%	65.5%	73.8%
Mostly Bs	20.4%	34.0%	34.7%	30.9%	34.8%	32.3%	23.8%
Mostly Cs	1.5%	1.6%	2.2%	1.1%	1.4%	1.7%	2.0%
Mostly Ds	0.0%	0.0%	0.0%	0.0%	0.0%	0.4%	0.0%
Mostly Fs	0.0%	0.0%	0.0%	0.4%	0.0%	0.0%	0.5%

Survey Report

How many hours per night do you usually spend on homework?	
Less than 1 hour	29.6%
1-2 hours	45.3%
3-4 hours	20.6%
5 or more hours	4.4%

How many hours per night do you usually spend on homework?	Male	Female
Less than 1 hour	40.7%	19.5%
1-2 hours	46.1%	44.4%
3-4 hours	10.8%	29.7%
5 or more hours	2.4%	6.4%

How many hours per night do you usually spend on homework?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Less than 1 hour	51.5%	33.5%	38.4%	20.7%	18.8%	16.2%	25.7%
1-2 hours	43.0%	59.1%	47.0%	49.3%	43.1%	39.1%	33.7%
3-4 hours	4.1%	7.5%	13.4%	26.7%	31.9%	33.2%	31.2%
5 or more hours	1.5%	0.0%	1.1%	3.3%	6.2%	11.5%	9.4%

Survey Report

If you experience academic pressure, where does it come from?	
Self	73.6%
Peers	23.4%
Teachers	30.8%
Parents	49.4%
I never experience academic pressure	7.4%

If you experience academic pressure, where does it come from?	Male	Female
Self	64.8%	81.7%
Peers	15.9%	30.3%
Teachers	25.6%	35.7%
Parents	51.0%	47.5%
I never experience academic pressure	11.4%	4.0%

If you experience academic pressure, where does it come from?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Self	62.7%	66.3%	70.5%	76.8%	80.4%	80.4%	80.7%
Peers	8.9%	12.9%	16.0%	31.6%	27.9%	40.0%	29.7%
Teachers	27.3%	28.6%	28.4%	31.6%	34.1%	36.6%	29.7%
Parents	36.9%	45.9%	52.2%	57.0%	51.1%	54.0%	49.0%
I never experience academic pressure	16.6%	10.2%	5.2%	5.5%	4.3%	5.5%	3.0%

Survey Report

How do you describe your overall health?	
Excellent	30.0%
Very Good	46.0%
Good	18.6%
Fair	4.3%
Poor	1.1%

How do you describe your overall health?	Male	Female
Excellent	34.5%	26.2%
Very Good	45.8%	46.5%
Good	15.7%	21.0%
Fair	3.1%	5.2%
Poor	1.0%	1.0%

How do you describe your overall health?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Excellent	36.4%	32.9%	33.7%	28.7%	27.6%	24.8%	23.9%
Very Good	46.5%	46.4%	48.3%	44.5%	46.9%	46.6%	42.3%
Good	14.1%	17.5%	14.6%	20.6%	21.8%	18.8%	23.4%
Fair	3.0%	2.8%	3.0%	5.1%	2.9%	7.3%	7.5%
Poor	0.0%	0.4%	0.4%	1.1%	0.7%	2.6%	3.0%

Survey Report

How many hours of sleep a night do you typically get?	4 or fewer hours	5 hours	6 hours	7 hours	8 hours	9 or more hours
During the school week?	2.7%	7.5%	21.1%	31.6%	27.8%	9.4%
During the weekend?	1.4%	2.2%	4.0%	9.2%	26.2%	57.2%

How many hours of sleep a night do you typically get?		4 or fewer hours	5 hours	6 hours	7 hours	8 hours	9 or more hours
During the school week?	Male	1.9%	5.4%	17.6%	33.9%	29.0%	12.2%
	Female	3.1%	9.1%	24.2%	29.9%	26.7%	6.9%
During the weekend?	Male	1.6%	2.6%	4.0%	8.2%	25.8%	57.9%
	Female	1.0%	1.7%	4.0%	9.9%	26.5%	56.8%

How many hours of sleep a night do you typically get?		Grade Level	4 or fewer hours	5 hours	6 hours	7 hours	8 hours	9 or more hours
During the school week?	6 th	1.9%	1.1%	6.0%	16.5%	47.9%	26.6%	
	7 th	1.2%	1.6%	10.6%	22.4%	46.9%	17.3%	
	8 th	1.1%	3.8%	14.3%	33.5%	37.2%	10.2%	
	9 th	2.9%	7.7%	27.6%	38.2%	19.9%	3.7%	
	10 th	2.2%	10.6%	27.4%	41.2%	16.1%	2.6%	
	11 th	5.1%	15.8%	29.5%	36.8%	12.4%	0.4%	
	12 th	5.4%	14.4%	36.1%	32.2%	9.4%	2.5%	
During the weekend?	6 th	1.9%	3.1%	3.1%	13.7%	19.8%	58.4%	
	7 th	2.0%	2.4%	4.8%	8.4%	20.8%	61.6%	
	8 th	2.2%	2.2%	5.2%	11.6%	25.1%	53.6%	
	9 th	1.5%	2.2%	5.5%	7.0%	23.2%	60.5%	
	10 th	0.4%	2.2%	2.6%	7.4%	26.8%	60.7%	
	11 th	0.9%	1.3%	4.3%	6.0%	33.0%	54.5%	
	12 th	0.5%	1.5%	2.0%	9.5%	37.5%	49.0%	

Survey Report

How much stress do you experience in a typical week?	
No stress	6.1%
A little stress	35.4%
Moderate stress	41.7%
Great stress	16.8%

How much stress do you experience in a typical week?	Male	Female
No stress	10.8%	2.0%
A little stress	45.9%	26.2%
Moderate stress	34.8%	48.1%
Great stress	8.5%	23.7%

How much stress do you experience in a typical week?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
No stress	9.3%	6.7%	7.5%	5.5%	3.3%	3.4%	6.9%
A little stress	54.6%	43.1%	41.0%	26.5%	30.9%	21.8%	26.2%
Moderate stress	25.7%	41.1%	42.5%	47.1%	43.6%	48.3%	45.5%
Great stress	10.4%	9.1%	9.0%	21.0%	22.2%	26.5%	21.3%

Survey Report

How best do you describe your response to stress?	
Cool and calm under pressure	41.9%
Jittery and I cannot sit still	29.8%
Angry and have outbursts often	14.3%
I stay away from people	14.0%

How best do you describe your response to stress?	Male	Female
Cool and calm under pressure	54.5%	31.1%
Jittery and I cannot sit still	24.2%	34.9%
Angry and have outbursts often	9.4%	18.5%
I stay away from people	11.9%	15.5%

How best do you describe your response to stress?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Cool and calm under pressure	48.7%	41.4%	47.0%	35.4%	42.6%	38.2%	39.3%
Jittery and I cannot sit still	27.0%	32.9%	29.9%	31.7%	29.0%	24.5%	32.8%
Angry and have outbursts often	12.2%	12.4%	11.2%	20.5%	12.5%	21.0%	10.4%
I stay away from people	12.2%	13.3%	11.9%	12.3%	15.8%	16.3%	17.4%

Survey Report

How often have you felt that you were unable to control important things in your life?	
Never	10.9%
Almost never	28.9%
Sometimes	42.5%
Fairly often	13.3%
Very often	4.4%

How often have you felt that you were unable to control important things in your life?	Male	Female
Never	14.8%	7.5%
Almost never	33.6%	25.2%
Sometimes	39.0%	46.0%
Fairly often	9.6%	16.4%
Very often	3.0%	4.8%

How often have you felt that you were unable to control important things in your life?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Never	13.7%	16.3%	12.7%	8.9%	10.2%	5.6%	8.4%
Almost never	31.2%	30.2%	38.2%	29.5%	24.0%	24.5%	23.3%
Sometimes	43.3%	41.3%	36.3%	40.6%	47.6%	45.9%	43.1%
Fairly often	7.2%	9.5%	10.9%	17.3%	14.2%	17.2%	17.3%
Very often	4.6%	2.8%	1.9%	3.7%	4.0%	6.9%	7.9%

Survey Report

How often have you found that you could NOT cope with all of the things you had to do?	
Never	17.5%
Almost never	34.6%
Sometimes	33.6%
Fairly often	11.2%
Very often	3.1%

How often have you found that you could NOT cope with all of the things you had to do?	Male	Female
Never	23.5%	12.2%
Almost never	39.4%	30.7%
Sometimes	29.9%	36.9%
Fairly often	6.2%	15.4%
Very often	1.0%	4.7%

How often have you found that you could NOT cope with all of the things you had to do?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Never	17.8%	19.3%	19.6%	15.4%	18.5%	14.2%	17.3%
Almost never	41.1%	32.5%	37.7%	33.5%	33.3%	31.8%	31.2%
Sometimes	28.9%	36.9%	32.8%	33.1%	35.1%	33.5%	34.7%
Fairly often	9.9%	8.4%	7.5%	16.2%	8.3%	15.0%	14.4%
Very often	2.4%	0.4%	2.3%	1.8%	4.7%	5.6%	2.5%

Survey Report

How positively or negatively do you feel about yourself?	
Very negative	3.4%
Somewhat negative	14.2%
Neither negative nor positive	14.5%
Somewhat positive	36.5%
Very positive	31.4%

How positively or negatively do you feel about yourself?	Male	Female
Very negative	2.8%	3.2%
Somewhat negative	9.1%	18.7%
Neither negative nor positive	13.5%	15.5%
Somewhat positive	36.2%	37.1%
Very positive	38.5%	25.5%

How positively or negatively do you feel about yourself?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Very negative	3.0%	3.2%	0.7%	5.2%	2.5%	4.8%	5.4%
Somewhat negative	9.3%	15.4%	9.0%	17.7%	17.8%	16.5%	14.4%
Neither negative nor positive	11.9%	14.2%	17.6%	11.4%	16.7%	12.6%	16.8%
Somewhat positive	34.3%	34.8%	40.4%	38.4%	32.7%	40.3%	34.7%
Very positive	41.4%	0.8%	32.2%	27.3%	30.2%	26.0%	28.7%

Survey Report

How often do you take time to do something you enjoy?	
Never	0.2%
Almost never	2.4%
Sometimes	20.4%
Fairly often	49.1%
Very often	27.8%

How often do you take time to do something you enjoy?	Male	Female
Never	0.2%	0.1%
Almost never	1.7%	3.0%
Sometimes	12.8%	27.0%
Fairly often	49.1%	49.2%
Very often	36.1%	20.7%

How often do you take time to do something you enjoy?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Never	0.0%	0.0%	0.0%	0.0%	0.4%	0.4%	1.0%
Almost never	1.1%	3.9%	1.9%	1.5%	2.9%	3.0%	3.0%
Sometimes	15.6%	15.7%	20.1%	21.8%	22.9%	24.5%	23.8%
Fairly often	52.6%	51.6%	46.6%	52.8%	45.1%	46.8%	47.5%
Very often	30.7%	1.6%	31.3%	24.0%	28.7%	25.3%	24.8%

Survey Report

How do you feel when you sit in silence with no distractions?	
Jittery; I cannot sit still	16.3%
Tired; I would probably fall asleep	25.1%
Nervous and uncomfortable	9.0%
Calm and I appreciate the silence	38.2%
I never sit in silence	11.3%

How do you feel when you sit in silence with no distractions?	Male	Female
Jittery; I cannot sit still	16.6%	16.2%
Tired; I would probably fall asleep	23.0%	27.0%
Nervous and uncomfortable	5.5%	12.0%
Calm and I appreciate the silence	42.0%	35.1%
I never sit in silence	12.9%	9.7%

How do you feel when you sit in silence with no distractions?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Jittery; I cannot sit still	15.0%	16.9%	18.7%	17.3%	14.9%	14.8%	16.8%
Tired; I would probably fall asleep	26.6%	23.6%	26.9%	21.0%	26.5%	25.7%	24.8%
Nervous and uncomfortable	7.1%	9.4%	9.0%	12.5%	9.1%	7.4%	8.4%
Calm and I appreciate the silence	40.8%	41.7%	36.2%	36.2%	39.6%	36.5%	36.6%
I never sit in silence	10.5%	0.8%	9.3%	12.9%	9.8%	15.7%	13.4%

Survey Report

How many hours a day do you spend texting, emailing, video chatting, or socializing online?	
None	2.5%
Less than 1 hour	19.5%
1-2 hours	41.9%
3-4 hours	28.0%
5 or more hours	8.1%

How many hours a day do you spend texting, emailing, video chatting, or socializing online?	Male	Female
None	3.3%	0.3%
Less than 1 hour	16.6%	15.0%
1-2 hours	41.9%	42.4%
3-4 hours	22.6%	33.0%
5 or more hours	6.5%	9.3%

How many hours a day do you spend texting, emailing, video chatting, or socializing online?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
None	4.9%	6.3%	2.2%	0.4%	0.4%	1.7%	2.0%
Less than 1 hour	36.3%	24.8%	22.8%	11.9%	16.7%	10.4%	10.4%
1-2 hours	38.6%	43.7%	43.3%	45.6%	40.4%	40.3%	42.1%
3-4 hours	16.9%	21.7%	24.6%	30.4%	32.4%	37.2%	34.7%
5 or more hours	3.4%	3.5%	7.1%	11.9%	10.2%	10.4%	10.9%

Survey Report

Do you agree or disagree with the following statement? It is okay to send racy or sexual messages or pictures electronically as long as it is kept private.	
Agree	22.5%
Disagree	77.5%

Do you agree or disagree with the following statement? It is okay to send racy or sexual messages or pictures electronically as long as it is kept private.	Male	Female
Agree	28.8%	16.6%
Disagree	71.2%	83.4%

Do you agree or disagree with the following statement? It is okay to send racy or sexual messages or pictures electronically as long as it is kept private.	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Agree	1.9%	4.3%	8.6%	27.0%	34.9%	36.0%	53.5%
Disagree	98.1%	95.7%	91.4%	73.0%	65.1%	64.0%	46.5%

Survey Report

Have you ever sent a racy or sexual picture of yourself to someone?	
Yes	6.9%
No	93.1%

Have you ever sent a racy or sexual picture of yourself to someone?	Male	Female
Yes	5.8%	7.7%
No	94.2%	92.3%

Have you ever sent a racy or sexual picture of yourself to someone?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Yes	0.7%	1.6%	0.8%	7.1%	8.2%	10.4%	23.8%
No	99.3%	98.4%	99.2%	92.9%	91.8%	89.6%	76.2%

Have you ever received a racy or sexual picture of someone?	
Yes	22.6%
No	77.4%

Have you ever received a racy or sexual picture of someone?	Male	Female
Yes	25.6%	19.8%
No	74.4%	80.2%

Have you ever received a racy or sexual picture of someone?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Yes	7.8%	5.9%	12.4%	30.0%	29.7%	37.7%	39.8%
No	92.2%	94.1%	87.6%	70.0%	70.3%	62.3%	60.2%

Survey Report

During this school year, have you spent more than two weeks in a row feeling so sad and hopeless that you stopped doing your normal activities?	
Yes	16.4%
No	83.6%

During this school year, have you spent more than two weeks in a row feeling so sad and hopeless that you stopped doing your normal activities?	Male	Female
Yes	12.1%	19.0%
No	87.9%	81.0%

During this school year, have you spent more than two weeks in a row feeling so sad and hopeless that you stopped doing your normal activities?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Yes	12.5%	13.0%	9.0%	18.5%	19.3%	19.1%	25.7%
No	87.5%	87.0%	91.0%	81.5%	80.7%	80.9%	74.3%

Survey Report

During this school year, how many times did you do something to purposefully hurt yourself without wanting to die, such as cutting or burning yourself on purpose?	
0 times	91.1%
1 time	4.9%
2-3 times	2.4%
4-5 times	0.9%
6 or more times	0.8%

During this school year, how many times did you do something to purposefully hurt yourself without wanting to die, such as cutting or burning yourself on purpose?	Male	Female
0 times	93.6%	90.1%
1 time	3.4%	5.8%
2-3 times	2.1%	2.3%
4-5 times	0.2%	1.1%
6 or more times	0.7%	0.8%

During this school year, how many times did you do something to purposefully hurt yourself without wanting to die, such as cutting or burning yourself on purpose?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
0 times	88.8%	90.1%	93.7%	91.1%	92.3%	89.9%	91.6%
1 time	5.2%	4.3%	6.0%	5.6%	3.3%	5.7%	4.0%
2-3 times	2.6%	4.3%	0.0%	1.9%	2.6%	2.2%	3.5%
4-5 times	1.5%	0.4%	4.0%	0.7%	1.1%	1.3%	0.5%
6 or more times	1.9%	0.8%	0.0%	0.7%	0.7%	0.9%	0.5%

Survey Report

During the past 12 months. Did you ever seriously consider attempting suicide?	
Yes	7.3%
No	92.7%

During the past 12 months. Did you ever seriously consider attempting suicide?	Male	Female
Yes	5.2%	8.3%
No	94.8%	91.7%

During the past 12 months. Did you ever seriously consider attempting suicide?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Yes	7.1%	7.5%	3.0%	8.6%	6.3%	8.8%	11.4%
No	92.9%	92.5%	97.0%	91.4%	93.8%	91.2%	88.6%

Survey Report

During the past 12 months, did you make a plan about how you would attempt suicide?	
Yes	4.1%
No	95.9%

During the past 12 months, did you make a plan about how you would attempt suicide?	Male	Female
Yes	3.3%	4.3%
No	96.7%	95.7%

During the past 12 months, did you make a plan about how you would attempt suicide?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Yes	5.2%	2.8%	2.6%	4.1%	4.0%	5.3%	5.0%
No	94.8%	97.2%	97.4%	95.9%	96.0%	94.7%	95.0%

Survey Report

How safe do you feel in school?	
Not at all safe	2.1%
A little safe	11.6%
Moderately safe	50.4%
Very safe	35.9%

How safe do you feel in school?	Male	Female
Not at all safe	2.0%	2.0%
A little safe	10.5%	12.5%
Moderately safe	45.0%	55.4%
Very safe	42.5%	30.2%

How safe do you feel in school?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Not at all safe	0.7%	2.0%	3.0%	1.9%	4.0%	0.9%	2.5%
A little safe	9.3%	11.0%	6.7%	14.1%	18.8%	11.2%	9.4%
Moderately safe	48.0%	53.9%	56.3%	50.4%	48.2%	50.2%	43.6%
Very safe	42.0%	33.1%	34.0%	33.7%	29.0%	37.8%	44.6%

Survey Report

How safe do you feel when a police officer is present in the school?	
Not at all safe	4.7%
A little safe	11.6%
Moderately safe	34.7%
Very safe	49.1%

How safe do you feel when a police officer is present in the school?	Male	Female
Not at all safe	3.6%	5.2%
A little safe	9.9%	12.7%
Moderately safe	30.0%	38.8%
Very safe	56.5%	43.3%

How safe do you feel when a police officer is present in the school?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Not at all safe	3.0%	3.6%	4.1%	6.3%	4.7%	5.2%	6.4%
A little safe	7.8%	10.3%	9.7%	13.8%	14.1%	9.9%	16.3%
Moderately safe	30.6%	35.6%	37.7%	33.1%	32.6%	39.5%	33.7%
Very safe	58.6%	50.6%	48.5%	46.8%	48.6%	45.5%	43.6%

Survey Report

How often do you think about a potential school shooting taking place at your school?	
Not at all	25.5%
A little bit	42.5%
Somewhat	21.8%
A lot	10.2%

How often do you think about a potential school shooting taking place at your school?	Male	Female
Not at all	34.1%	18.1%
A little bit	42.8%	42.5%
Somewhat	19.4%	24.0%
A lot	3.7%	15.4%

How often do you think about a potential school shooting taking place at your school?	6 th grade	7 th grade	8 th grade	9 th grade	10 th grade	11 th grade	12 th grade
Not at all	44.9%	32.4%	28.4%	16.7%	14.1%	20.3%	20.8%
A little bit	37.4%	43.1%	47.8%	44.1%	42.4%	42.2%	40.1%
Somewhat	13.6%	20.6%	19.4%	26.3%	25.7%	23.3%	24.3%
A lot	4.2%	4.0%	4.5%	13.0%	17.8%	14.2%	14.9%

Student Survey Report

30 Day Use				
	2016		2019	
	Male	Female	Male	Female
Alcohol	17.9%	19.0%	17.7%	15.5%
Tobacco	5.2%	1.6%	1.7%	0.8%
Marijuana	7.5%	5.3%	8.5%	5.8%
Prescription Drugs	1.8%	0.8%	1.0%	0.5%
E-cigarettes	10.3%	10.3%	9.3%	10.4%
Rx Pain relievers	1.2%	0.6%	0.7%	0.2%
Rx Stimulants	1.4%	0.6%	0.7%	0.2%
Rx Tranquilizers	0.8%	0.3%	0.4%	0.3%

Student Survey Report

Perception of Risk					
		2016		2019	
		Male	Female	Male	Female
Smoke one or more packs of cigarettes per day	No Risk	2.8%	2.3%	2.4%	1.7%
	Slight Risk	4.4%	4.3%	3.5%	3.4%
	Moderate Risk	14.0%	13.4%	16.6%	14.3%
	Great Risk	78.8%	79.9%	77.6%	80.6%
Try marijuana once or twice?	No Risk	32.6%	23.5%	30.7%	22.7%
	Slight Risk	29.3%	30.0%	32.4%	35.3%
	Moderate Risk	21.1%	26.1%	24.0%	26.0%
	Great Risk	17.0%	20.4%	12.9%	16.0%
Smoke marijuana regularly	No Risk	10.5%	4.7%	8.7%	4.2%
	Slight Risk	24.7%	16.9%	23.1%	16.4%
	Moderate Risk	25.0%	23.1%	27.8%	26.7%
	Great Risk	39.8%	55.3%	40.3%	52.7%
Take one or two drinks of an alcoholic beverage once or twice a week?	No Risk	8.1%	6.4%	6.2%	2.9%
	Slight Risk	26.8%	21.0%	23.7%	18.4%
	Moderate Risk	33.4%	36.1%	39.2%	41.9%
	Great Risk	31.7%	36.5%	30.8%	36.8%
Have five or more drinks of an alcoholic beverage once or twice a week?	No Risk	6.6%	4.0%	5.3%	3.0%
	Slight Risk	19.1%	14.4%	17.4%	11.2%
	Moderate Risk	33.6%	34.6%	33.0%	36.0%
	Great Risk	40.7%	47.0%	44.3%	49.8%
Use prescription drugs not prescribed to them?	No Risk	2.7%	2.5%	2.4%	1.1%
	Slight Risk	5.6%	5.2%	4.7%	3.7%
	Moderate Risk	25.0%	20.0%	23.0%	22.3%
	Great Risk	66.7%	72.3%	70.0%	72.9%

Student Survey Report

Parental Disapproval					
		2016		2019	
		Male	Female	Male	Female
Smoke one or more packs of cigarettes per day?	Not at all wrong	0.5%	0.4%	0.6%	0.3%
	A little bit	1.1%	0.6%	0.6%	0.4%
	Wrong	7.3%	6.5%	6.4%	5.5%
	Very wrong	91.2%	92.5%	92.4%	93.7%
Try marijuana once or twice?	Not at all wrong	4.6%	4.9%	6.0%	5.6%
	A little bit	12.6%	10.5%	14.9%	12.5%
	Wrong	21.7%	17.8%	22.0%	20.7%
	Very wrong	61.1%	66.8%	57.0%	61.1%
Smoke marijuana regularly?	Not at all wrong	1.5%	0.4%	1.2%	0.9%
	A little bit	2.4%	3.3%	3.5%	4.1%
	Wrong	13.7%	9.4%	14.1%	9.0%
	Very wrong	82.5%	86.9%	81.2%	85.9%
Take one or two drinks of an alcoholic beverage nearly every day?	Not at all wrong	2.7%	1.6%	3.0%	1.4%
	A little bit	8.6%	6.5%	6.2%	4.2%
	Wrong	18.7%	16.2%	23.3%	16.9%
	Very wrong	70.0%	75.7%	67.5%	77.4%
Use prescription drugs not prescribed to them?	Not at all wrong	0.8%	0.4%	0.7%	0.5%
	A little bit	1.3%	1.8%	1.3%	1.0%
	Wrong	10.6%	9.2%	9.3%	9.5%
	Very wrong	87.3%	88.6%	88.7%	89.0%

Student Survey Report

Peer Disapproval					
		2016		2019	
		Male	Female	Male	Female
Smoke one or more packs of cigarettes per day?	Not at all wrong	3.3%	0.9%	2.3%	1.0%
	A little bit	6.3%	3.7%	7.3%	3.5%
	Wrong	26.7%	18.3%	26.5%	19.4%
	Very wrong	63.8%	77.2%	63.9%	76.1%
Try marijuana once or twice?	Not at all wrong	29.7%	22.7%	31.7%	24.6%
	A little bit	15.9%	15.4%	18.5%	18.3%
	Wrong	18.7%	15.3%	21.1%	19.3%
	Very wrong	35.6%	46.5%	28.7%	37.7%
Smoke marijuana regularly?	Not at all wrong	13.9%	6.7%	12.2%	8.7%
	A little bit	17.0%	13.1%	20.1%	11.6%
	Wrong	20.8%	16.3%	23.5%	20.1%
	Very wrong	48.2%	63.9%	44.1%	59.6%
Take one or two drinks of an alcoholic beverage nearly every day?	Not at all wrong	11.8%	7.8%	10.8%	5.3%
	A little bit	19.4%	12.8%	19.1%	13.2%
	Wrong	25.0%	25.0%	30.7%	26.7%
	Very wrong	43.9%	54.5%	39.4%	54.7%
Use prescription drugs not prescribed to them?	Not at all wrong	4.2%	1.4%	2.8%	1.3%
	A little bit	8.6%	6.0%	8.0%	6.4%
	Wrong	27.0%	18.5%	27.1%	20.7%
	Very wrong	60.3%	74.1%	62.1%	71.5%

Student Survey Report

How best do you describe your response to stress?				
	2016		2019	
	Male	Female	Male	Female
Cool and calm under pressure	48.4%	28.9%	54.5%	31.1%
Jittery and I cannot sit still	30.5%	39.3%	24.2%	34.9%
Angry and have outbursts often	10.5%	18.6%	9.4%	18.5%
I stay away from people	10.6%	13.2%	11.9%	15.5%

Stress							
	Year	Gender	Never	Almost Never	Sometimes	Fairly Often	Very Often
How often have you felt that you were unable to control important things in your life?	2016	Male	10.8%	34.5%	36.5%	12.0%	6.2%
		Female	8.3%	29.3%	36.0%	18.2%	8.1%
	2019	Male	14.8%	33.6%	39.0%	9.6%	3.0%
		Female	7.5%	25.2%	46.0%	16.4%	4.8%
How often have you found that you could NOT cope with all of the things you had to do?	2016	Male	17.1%	36.9%	33.8%	10.2%	2.1%
		Female	8.5%	29.5%	36.0%	17.7%	8.3%
	2019	Male	23.5%	39.4%	29.9%	6.2%	1.0%
		Female	12.2%	30.7%	36.9%	15.4%	4.7%
How often do you take time to do something you enjoy?	2016	Male	0.7%	3.8%	16.2%	45.4%	33.9%
		Female	0.2%	8.9%	26.2%	43.5%	21.9%
	2019	Male	0.2%	1.7%	12.8%	49.1%	36.1%
		Female	0.1%	3.0%	27.0%	49.2%	20.7%

Student Survey Report

How do you feel when you sit in silence with no distractions?				
	2016		2019	
	Male	Female	Male	Female
Jittery and I cannot sit still	22.4%	18.2%	16.6%	16.2%
Tired, I would probably fall asleep	30.4%	35.4%	23.0%	27.0%
Nervous and uncomfortable	7.7%	12.2%	5.5%	12.0%
Calm and I appreciate the silence	39.5%	34.2%	42.0%	35.1%

How many hours a day do you spend texting, emailing, video chatting, or socializing online?				
	2016		2019	
	Male	Female	Male	Female
None	3.2%	1.0%	8.3%	0.3%
Less than 1 hour	31.1%	19.0%	41.6%	15.0%
1-2 hours	41.8%	44.1%	0.0%	42.4%
3-4 hours	19.2%	27.0%	38.9%	33.0%
5 or more hours	4.7%	8.9%	11.2%	9.3%

Student Survey Report

30 Day Use- MS						
	2016			2019		
	6th	7th	8th	6th	7th	8th
Alcohol	1.8%	0.8%	2.9%	1.8%	0.4%	1.5%
Tobacco	1.4%	0.4%	0.7%	0.0%	0.0%	0.0%
Marijuana	1.4%	0.4%	1.0%	0.4%	0.0%	0.4%
Prescription Drugs	1.4%	1.1%	1.6%	0.7%	0.0%	0.0%
E-cigarettes	1.4%	0.0%	1.0%	0.7%	0.0%	1.1%
Rx Pain relievers	1.8%	1.1%	0.7%	1.5%	0.0%	0.4%
Rx Stimulants	1.5%	0.8%	0.3%	0.0%	0.4%	0.0%
Rx Tranquilizers	1.4%	0.4%	0.3%	0.0%	0.0%	0.0%

30 Day Use- HS								
	2016				2019			
	9th	10th	11th	12th	9th	10th	11th	12th
Alcohol	9.9%	26.8%	41.7%	57.1%	13.7%	26.4%	33.9%	47.7%
Tobacco	0.7%	5.5%	3.4%	16.8%	0.4%	1.1%	1.3%	7.0%
Marijuana	2.4%	10.8%	12.5%	24.1%	4.1%	12.0%	12.5%	25.8%
Prescription Drugs	1.7%	0.9%	1.5%	3.8%	0.4%	1.1%	0.9%	3.0%
E-cigarettes	6.1%	16.2%	22.2%	34.0%	9.3%	15.8%	18.9%	28.6%
Rx Pain relievers	2.0%	1.3%	0.4%	2.1%	0.4%	0.4%	0.0%	1.0%
Rx Stimulants	0.7%	1.3%	2.6%	3.4%	0.7%	0.7%	0.4%	1.5%
Rx Tranquilizers	0.7%	1.7%	0.0%	2.5%	0.7%	0.4%	0.4%	1.5%

Student Survey Report

Perception of Risk- MS							
		2016			2019		
		6th	7th	8th	6th	7th	8th
Smoke one or more packs of cigarettes per day	No Risk	5.1%	3.4%	3.3%	2.2%	1.6%	1.5%
	Slight Risk	2.6%	6.0%	4.6%	2.2%	4.7%	3.7%
	Moderate Risk	12.4%	16.9%	18.8%	19.9%	20.0%	18.7%
	Great Risk	79.9%	73.7%	73.4%	75.7%	73.7%	76.1%
Try marijuana once or twice?	No Risk	5.8%	6.7%	17.8%	3.4%	5.9%	9.7%
	Slight Risk	14.6%	27.2%	31.6%	27.4%	29.9%	40.4%
	Moderate Risk	34.9%	31.6%	31.3%	39.8%	38.6%	32.2%
	Great Risk	44.7%	36.1%	19.4%	29.3%	25.6%	17.6%
Smoke marijuana regularly	No Risk	5.3%	3.1%	6.3%	2.3%	2.0%	2.3%
	Slight Risk	1.5%	6.7%	12.0%	2.6%	6.7%	6.0%
	Moderate Risk	9.8%	16.1%	27.6%	14.3%	18.7%	26.7%
	Great Risk	83.5%	74.1%	54.2%	80.8%	72.6%	65.0%
Take one or two drinks of an alcoholic beverage once or twice a week?	No Risk	6.2%	4.5%	10.7%	3.4%	3.5%	2.2%
	Slight Risk	18.3%	20.3%	19.8%	16.0%	20.1%	18.3%
	Moderate Risk	30.3%	35.3%	34.4%	41.0%	44.1%	41.8%
	Great Risk	45.3%	39.9%	35.1%	39.6%	32.3%	37.7%

Student Survey Report

Perception of Risk- MS Continued							
		2016			2019		
		6th	7th	8th	6th	7th	8th
Have five or more drinks of an alcoholic beverage once or twice a week?	No Risk	6.5%	4.1%	7.3%	3.0%	2.4%	1.5%
	Slight Risk	6.2%	13.5%	13.5%	8.6%	9.8%	9.4%
	Moderate Risk	26.5%	32.3%	31.0%	28.8%	34.1%	31.1%
	Great Risk	60.9%	50.0%	48.2%	59.6%	53.7%	58.1%
Use prescription drugs not prescribed to them?	No Risk	5.1%	3.4%	3.9%	2.2%	2.0%	0.7%
	Slight Risk	5.9%	4.9%	5.2%	5.2%	6.7%	3.0%
	Moderate Risk	19.8%	18.7%	24.8%	22.0%	23.2%	27.2%
	Great Risk	69.2%	73.0%	66.1%	70.5%	68.1%	69.0%
Use an e-cigarette/vape pen?	No Risk	5.8%	7.9%	11.4%	2.2%	2.4%	2.6%
	Slight Risk	14.6%	20.3%	25.7%	7.4%	13.7%	9.0%
	Moderate Risk	28.1%	32.3%	32.1%	32.3%	37.6%	42.5%
	Great Risk	51.5%	39.5%	30.8%	58.0%	46.3%	45.9%

Student Survey Report

Perception of Risk- HS									
		2016				2019			
		9th	10th	11th	12th	9th	10th	11th	12th
Smoke one or more packs of cigarettes per day	No Risk	2.0%	2.2%	1.1%	3.8%	2.6%	0.0%	2.6%	4.5%
	Slight Risk	5.1%	4.8%	5.7%	2.5%	4.0%	2.2%	2.6%	4.5%
	Moderate Risk	12.6%	10.8%	10.9%	12.7%	13.2%	14.9%	9.8%	9.9%
	Great Risk	80.3%	82.3%	82.3%	81.0%	80.1%	83.0%	85.0%	81.2%
Try marijuana once or twice?	No Risk	23.1%	37.8%	53.6%	61.6%	26.5%	40.5%	53.0%	55.4%
	Slight Risk	36.1%	37.3%	28.9%	30.4%	41.2%	36.5%	29.1%	31.7%
	Moderate Risk	24.5%	15.9%	12.2%	3.4%	23.2%	14.6%	14.1%	7.9%
	Great Risk	16.3%	9.0%	5.3%	4.6%	9.2%	8.4%	3.8%	5.0%
Smoke marijuana regularly	No Risk	5.6%	9.5%	11.0%	16.7%	6.0%	6.6%	15.0%	12.9%
	Slight Risk	17.8%	26.4%	39.5%	46.4%	20.9%	30.3%	35.0%	42.1%
	Moderate Risk	31.5%	29.9%	28.1%	23.2%	35.4%	33.9%	32.1%	29.7%
	Great Risk	45.1%	34.2%	21.3%	13.7%	37.7%	29.2%	17.9%	15.3%
Take one or two drinks of an alcoholic beverage once or twice a week?	No Risk	7.1%	5.2%	7.9%	12.3%	4.8%	4.7%	6.0%	7.9%
	Slight Risk	21.8%	26.6%	29.8%	31.5%	19.2%	25.0%	23.5%	26.7%
	Moderate Risk	34.7%	39.9%	32.8%	35.3%	39.5%	38.4%	37.6%	42.1%
	Great Risk	36.4%	28.3%	29.4%	20.9%	36.5%	31.9%	32.9%	23.3%

Student Survey Report

Perception of Risk- HS Continued									
		2016				2019			
		9th	10th	11th	12th	9th	10th	11th	12th
Have five or more drinks of an alcoholic beverage once or twice a week?	No Risk	4.1%	3.9%	6.0%	8.4%	3.3%	5.5%	6.5%	7.5%
	Slight Risk	17.4%	16.0%	26.0%	24.9%	13.3%	18.9%	19.4%	21.4%
	Moderate Risk	32.8%	40.1%	33.6%	43.0%	38.9%	36.0%	36.2%	37.8%
	Great Risk	45.7%	40.1%	34.3%	23.6%	44.4%	39.6%	37.8%	33.3%
Use prescription drugs not prescribed to them?	No Risk	1.7%	2.6%	1.9%	2.5%	1.9%	0.0%	3.0%	2.5%
	Slight Risk	5.5%	4.3%	5.3%	6.3%	3.7%	4.0%	1.7%	5.0%
	Moderate Risk	21.9%	24.0%	25.4%	21.9%	22.0%	22.2%	18.2%	23.4%
	Great Risk	70.9%	69.1%	67.4%	69.2%	72.4%	73.8%	77.1%	69.2%
Use an e-cigarette/vape pen?	No Risk	12.7%	19.8%	23.9%	24.9%	5.1%	4.0%	6.4%	9.4%
	Slight Risk	39.7%	45.7%	48.5%	47.7%	26.1%	33.7%	32.1%	32.2%
	Moderate Risk	29.5%	22.0%	20.8%	21.5%	39.3%	35.5%	44.9%	40.1%
	Great Risk	18.2%	12.5%	6.8%	5.9%	29.4%	26.8%	16.7%	18.3%

Student Survey Report

Parental Disapproval- MS							
		2016			2019		
		6th	7th	8th	6th	7th	8th
Smoke one or more packs of cigarettes per day?	Not at all wrong	1.1%	0.8%	0.3%	0.4%	0.0%	0.0%
	A little bit	0.0%	0.8%	1.0%	0.4%	0.0%	0.7%
	Wrong	3.7%	5.3%	6.8%	4.8%	4.7%	6.7%
	Very wrong	95.2%	93.2%	91.9%	94.4%	95.3%	92.5%
Try marijuana once or twice?	Not at all wrong	1.5%	1.9%	2.3%	0.7%	0.4%	1.1%
	A little bit	1.1%	4.1%	5.8%	4.1%	2.4%	7.8%
	Wrong	8.1%	9.4%	16.6%	11.9%	12.5%	20.5%
	Very wrong	89.4%	84.6%	75.3%	83.2%	84.7%	70.5%
Smoke marijuana regularly?	Not at all wrong	1.1%	0.8%	0.3%	0.4%	0.0%	0.0%
	A little bit	0.0%	1.5%	0.7%	1.9%	0.8%	1.9%
	Wrong	1.5%	3.4%	7.9%	1.9%	4.0%	6.8%
	Very wrong	97.4%	94.3%	91.1%	95.9%	95.3%	91.3%
Take one or two drinks of an alcoholic beverage nearly every day?	Not at all wrong	1.1%	1.1%	2.0%	1.1%	1.2%	0.0%
	A little bit	2.6%	7.5%	3.9%	1.5%	3.1%	4.1%
	Wrong	9.9%	9.8%	14.4%	12.6%	15.4%	17.9%
	Very wrong	86.4%	81.6%	79.7%	84.8%	80.3%	78.0%
Use prescription drugs not prescribed to them?	Not at all wrong	1.5%	1.9%	0.7%	0.4%	0.0%	0.0%
	A little bit	1.1%	1.5%	1.0%	1.1%	1.6%	1.1%
	Wrong	7.7%	8.3%	10.7%	10.1%	12.3%	10.1%
	Very wrong	89.7%	88.4%	87.7%	88.4%	86.2%	88.8%
Use an e-cigarette/vape pen?	Not at all wrong	1.1%	1.5%	1.6%	0.4%	0.0%	0.4%
	A little bit	2.9%	4.1%	5.5%	1.5%	2.8%	1.9%
	Wrong	8.1%	10.9%	14.9%	8.6%	11.0%	17.5%
	Very wrong	87.9%	83.5%	77.9%	89.6%	86.2%	80.2%

Student Survey Report

Parental Disapproval- HS									
		2016				2019			
		9th	10th	11th	12th	9th	10th	11th	12th
Smoke one or more packs of cigarettes per day?	Not at all wrong	0.7%	0.9%	0.4%	1.3%	0.7%	0.0%	0.4%	2.5%
	A little bit	1.4%	0.0%	1.5%	1.3%	0.4%	0.4%	0.4%	1.0%
	Wrong	7.9%	8.6%	6.4%	10.2%	4.1%	7.6%	5.6%	8.4%
	Very wrong	90.0%	90.5%	91.7%	87.2%	94.8%	92.0%	93.6%	88.1%
Try marijuana once or twice?	Not at all wrong	4.5%	6.5%	6.1%	14.9%	4.4%	9.2%	8.6%	20.3%
	A little bit	11.7%	19.1%	16.7%	26.4%	18.8%	17.6%	20.7%	28.2%
	Wrong	19.0%	22.5%	33.8%	30.6%	23.6%	31.5%	29.3%	20.3%
	Very wrong	64.8%	52.0%	43.4%	28.1%	53.1%	41.8%	41.4%	31.2%
Smoke marijuana regularly?	Not at all wrong	1.1%	0.0%	1.2%	4.7%	1.5%	0.4%	2.2%	4.5%
	A little bit	3.5%	5.7%	3.8%	6.5%	1.5%	5.1%	6.0%	11.4%
	Wrong	9.8%	17.8%	16.0%	28.5%	13.3%	19.4%	15.1%	21.9%
	Very wrong	85.7%	76.5%	79.0%	60.3%	83.8%	75.1%	76.7%	62.2%
Take one or two drinks of an alcoholic beverage nearly every day?	Not at all wrong	1.4%	1.3%	1.9%	8.9%	3.0%	2.9%	1.7%	7.4%
	A little bit	8.3%	10.3%	12.1%	10.2%	4.8%	8.4%	6.4%	9.9%
	Wrong	19.7%	21.1%	22.7%	25.5%	17.3%	25.8%	24.5%	26.2%
	Very wrong	70.7%	67.2%	63.3%	55.3%	74.9%	62.9%	67.4%	56.4%
Use prescription drugs not prescribed to them?	Not at all wrong	0.7%	0.4%	0.0%	1.3%	1.1%	0.4%	0.4%	3.0%
	A little bit	1.4%	1.7%	1.1%	3.4%	0.0%	1.5%	0.9%	2.0%
	Wrong	11.0%	10.8%	8.8%	11.5%	9.6%	9.1%	6.5%	7.5%
	Very wrong	86.9%	87.0%	90.1%	83.8%	89.3%	89.1%	92.2%	87.6%
Use an e-cigarette/vape pen?	Not at all wrong	2.4%	1.7%	3.8%	7.7%	1.1%	0.4%	0.9%	5.0%
	A little bit	12.4%	20.7%	16.0%	23.8%	5.5%	6.2%	9.4%	12.9%
	Wrong	22.8%	24.6%	34.6%	33.6%	21.4%	24.8%	26.2%	27.2%
	Very wrong	62.4%	53.0%	45.6%	34.9%	72.0%	68.6%	63.5%	55.0%

Student Survey Report

Peer Disapproval- MS							
		2016			2019		
		6th	7th	8th	6th	7th	8th
Smoke one or more packs of cigarettes per day?	Not at all wrong	1.5%	1.1%	2.3%	1.1%	0.0%	0.0%
	A little bit	0.0%	1.1%	3.0%	2.7%	4.0%	3.8%
	Wrong	11.1%	16.5%	20.7%	14.0%	22.2%	22.7%
	Very wrong	87.4%	81.2%	74.1%	82.2%	73.8%	73.5%
Try marijuana once or twice?	Not at all wrong	1.5%	1.9%	9.2%	2.3%	3.2%	4.5%
	A little bit	1.5%	5.3%	12.8%	7.6%	11.3%	18.6%
	Wrong	15.2%	20.7%	21.7%	25.5%	27.8%	28.8%
	Very wrong	81.8%	72.2%	56.3%	64.6%	57.7%	48.1%
Smoke marijuana regularly?	Not at all wrong	1.5%	1.1%	3.0%	1.9%	0.0%	1.5%
	A little bit	0.0%	1.5%	4.0%	0.0%	3.3%	3.8%
	Wrong	4.9%	9.9%	20.7%	11.4%	17.5%	21.2%
	Very wrong	93.6%	87.5%	72.2%	86.7%	79.3%	73.5%
Take one or two drinks of an alcoholic beverage nearly every day?	Not at all wrong	1.9%	2.6%	3.6%	2.3%	1.2%	0.4%
	A little bit	1.9%	6.0%	11.6%	1.9%	12.5%	9.1%
	Wrong	14.9%	18.4%	21.5%	18.6%	26.2%	29.2%
	Very wrong	81.4%	72.9%	63.4%	77.2%	60.1%	61.4%
Use prescription drugs not prescribed to them?	Not at all wrong	1.9%	1.1%	2.6%	2.3%	0.4%	0.4%
	A little bit	2.2%	2.6%	4.9%	3.1%	7.3%	4.6%
	Wrong	12.7%	16.6%	20.0%	21.0%	22.7%	26.6%
	Very wrong	83.2%	79.6%	72.5%	73.7%	69.6%	68.4%
Use an e-cigarette/vape pen?	Not at all wrong	1.5%	2.6%	7.2%	1.9%	3.6%	5.7%
	A little bit	3.3%	8.3%	12.5%	4.2%	15.7%	15.9%
	Wrong	13.7%	17.7%	21.7%	24.0%	29.0%	31.1%
	Very wrong	81.5%	71.4%	58.6%	69.8%	51.6%	47.3%

Student Survey Report

Peer Disapproval- HS									
		2016				2019			
		9th	10th	11th	12th	9th	10th	11th	12th
Smoke one or more packs of cigarettes per day?	Not at all wrong	2.4%	4.3%	1.5%	4.3%	1.5%	2.2%	2.2%	5.1%
	A little bit	6.2%	8.2%	6.4%	11.5%	4.1%	7.3%	8.2%	8.6%
	Wrong	20.3%	26.0%	32.6%	30.3%	21.3%	30.0%	25.9%	23.2%
	Very wrong	71.1%	61.5%	59.5%	53.9%	73.1%	60.4%	63.8%	63.1%
Try marijuana once or twice?	Not at all wrong	15.9%	38.5%	55.9%	73.9%	29.5%	43.4%	53.4%	71.7%
	A little bit	22.4%	26.8%	24.7%	17.1%	20.9%	29.0%	26.3%	14.6%
	Wrong	23.1%	19.1%	11.4%	5.6%	22.4%	16.2%	9.9%	6.1%
	Very wrong	38.6%	15.6%	8.0%	3.4%	27.2%	11.4%	10.3%	7.6%
Smoke marijuana regularly?	Not at all wrong	6.3%	17.4%	19.5%	31.5%	7.5%	16.5%	20.3%	31.2%
	A little bit	11.9%	22.3%	31.8%	39.2%	20.6%	23.9%	27.7%	35.2%
	Wrong	22.7%	27.7%	27.6%	16.8%	23.2%	32.7%	26.4%	19.1%
	Very wrong	59.2%	32.6%	21.1%	12.5%	48.7%	26.8%	25.5%	14.6%
Take one or two drinks of an alcoholic beverage nearly every day?	Not at all wrong	9.0%	19.9%	15.2%	22.2%	8.2%	14.3%	10.3%	21.7%
	A little bit	16.9%	22.5%	27.7%	27.8%	17.2%	26.9%	24.1%	23.7%
	Wrong	29.0%	28.6%	33.0%	30.8%	32.8%	29.8%	35.3%	26.8%
	Very wrong	45.2%	29.0%	24.2%	19.2%	41.8%	29.0%	30.2%	27.8%
Use prescription drugs not prescribed to them?	Not at all wrong	3.1%	6.5%	1.1%	6.4%	1.5%	1.1%	2.6%	7.0%
	A little bit	8.0%	6.5%	14.0%	13.7%	7.5%	7.0%	10.0%	12.6%
	Wrong	21.5%	28.7%	30.3%	30.3%	23.2%	26.9%	20.8%	24.6%
	Very wrong	67.5%	58.3%	54.6%	49.6%	67.8%	64.9%	66.7%	55.8%
Use an e-cigarette/vape pen?	Not at all wrong	23.2%	42.0%	46.6%	59.2%	22.0%	36.0%	40.5%	44.7%
	A little bit	23.9%	24.2%	24.2%	23.2%	25.4%	26.8%	34.1%	30.7%
	Wrong	18.0%	14.7%	18.9%	9.9%	23.9%	22.4%	11.2%	15.1%
	Very wrong	35.0%	19.1%	10.2%	7.7%	28.7%	14.7%	14.2%	9.5%

Student Survey Report

How best do you describe your response to stress?- MS						
	2016			2019		
	6th	7th	8th	6th	7th	8th
Cool and calm under pressure	49.4%	40.2%	36.8%	48.7%	41.4%	47.0%
Jittery and I cannot sit still	36.1%	40.5%	32.1%	27.0%	32.9%	29.9%
Angry and have outbursts often	9.5%	10.6%	16.9%	12.2%	12.4%	11.2%
I stay away from people	4.9%	8.7%	14.2%	12.2%	13.3%	11.9%

How best do you describe your response to stress?- HS								
	2016				2019			
	9th	10th	11th	12th	9th	10th	11th	12th
Cool and calm under pressure	37.7%	32.8%	36.4%	31.5%	35.4%	42.6%	38.2%	39.3%
Jittery and I cannot sit still	31.7%	37.1%	30.7%	38.8%	31.7%	29.0%	24.5%	32.8%
Angry and have outbursts often	15.0%	15.7%	18.4%	17.7%	20.5%	12.5%	21.0%	10.4%
I stay away from people	15.7%	14.4%	14.6%	12.1%	12.3%	15.8%	16.3%	17.4%

Student Survey Report

Stress- MS							
	Year	Grade	Never	Almost Never	Sometimes	Fairly Often	Very Often
How often have you felt that you were unable to control important things in your life?	2016	6th	18.2%	35.9%	32.8%	8.5%	4.6%
		7th	15.2%	36.4%	29.2%	12.1%	7.2%
		8th	11.0%	36.0%	36.0%	12.3%	4.7%
	2019	6th	13.7%	31.2%	43.3%	7.2%	4.6%
		7th	16.3%	30.2%	41.3%	9.5%	2.8%
		8th	12.7%	38.2%	36.3%	10.9%	1.9%
How often have you found that you could NOT cope with all of the things you had to do?	2016	6th	17.6%	40.6%	32.6%	6.5%	2.7%
		7th	18.3%	37.0%	29.8%	10.3%	4.6%
		8th	12.3%	35.1%	38.1%	10.3%	4.3%
	2019	6th	17.8%	41.1%	28.9%	9.9%	2.4%
		7th	19.3%	32.5%	36.9%	8.4%	0.4%
		8th	19.6%	37.7%	32.8%	7.5%	2.3%
How often do you take time to do something you enjoy?	2016	6th	1.1%	2.7%	10.3%	43.0%	43.0%
		7th	0.0%	3.4%	16.4%	46.4%	33.8%
		8th	1.7%	3.0%	15.9%	48.3%	31.1%
	2019	6th	0.0%	1.1%	15.6%	52.6%	30.7%
		7th	0.0%	3.4%	16.4%	46.4%	33.8%
		8th	0.0%	1.9%	20.1%	46.6%	31.3%

Student Survey Report

Stress- HS							
	Year	Grade	Never	Almost Never	Sometimes	Fairly Often	Very Often
How often have you felt that you were unable to control important things in your life?	2016	9th	6.4%	28.7%	42.2%	15.3%	7.5%
		10th	7.1%	36.7%	30.5%	16.4%	9.3%
		11th	3.8%	25.2%	40.5%	22.5%	8.0%
		12th	4.7%	21.1%	41.4%	19.8%	12.9%
	2019	9th	8.9%	29.5%	40.6%	17.3%	3.7%
		10th	10.2%	24.0%	47.6%	14.2%	4.0%
		11th	5.6%	24.5%	45.9%	17.2%	6.9%
		12th	8.4%	23.3%	43.1%	17.3%	7.9%
How often have you found that you could NOT cope with all of the things you had to do?	2016	9th	14.0%	34.1%	32.6%	14.0%	5.4%
		10th	8.4%	35.0%	33.2%	16.8%	6.6%
		11th	8.0%	20.2%	40.8%	22.9%	8.0%
		12th	9.1%	27.6%	36.2%	18.5%	8.6%
	2019	9th	15.4%	33.5%	33.1%	16.2%	1.8%
		10th	18.5%	33.3%	35.1%	8.3%	4.7%
		11th	14.2%	31.8%	33.5%	15.0%	5.6%
		12th	17.3%	31.2%	34.7%	14.4%	2.5%
How often do you take time to do something you enjoy?	2016	9th	0.4%	6.4%	21.7%	49.8%	21.7%
		10th	0.9%	6.6%	25.1%	47.6%	19.5%
		11th	0.4%	8.4%	33.2%	38.2%	19.9%
		12th	0.9%	12.9%	28.9%	35.3%	22.0%
	2019	9th	0.0%	1.5%	21.8%	52.8%	24.0%
		10th	0.4%	2.9%	22.9%	45.1%	28.7%
		11th	0.4%	3.0%	24.5%	46.8%	25.3%
		12th	1.0%	3.0%	23.8%	47.5%	24.8%

Student Survey Report

How do you feel when you sit in silence with no distractions?- MS

	2016			2019		
	6th	7th	8th	6th	7th	8th
Jittery and I cannot sit still	24.7%	23.7%	22.7%	15.0%	16.9%	18.7%
Tired, I would probably fall asleep	17.8%	24.1%	31.3%	26.6%	23.6%	26.9%
Nervous and uncomfortable	11.4%	13.0%	12.7%	7.1%	9.4%	9.0%
Calm and I appreciate the silence	46.0%	39.3%	33.3%	40.8%	41.7%	36.2%

How do you feel when you sit in silence with no distractions?- HS

	2016				2019			
	9th	10th	11th	12th	9th	10th	11th	12th
Jittery and I cannot sit still	21.5%	24.6%	11.8%	14.7%	17.3%	14.9%	14.8%	16.8%
Tired, I would probably fall asleep	36.2%	41.1%	38.2%	42.2%	21.0%	26.5%	25.7%	24.8%
Nervous and uncomfortable	10.0%	7.6%	6.9%	7.8%	12.5%	9.1%	7.4%	8.4%
Calm and I appreciate the silence	32.3%	26.8%	43.1%	35.3%	36.2%	39.6%	36.5%	36.6%

How many hours a day do you spend texting, emailing, video chatting, or socializing online?- MS

	2016			2019		
	6th	7th	8th	6th	7th	8th
None	5.3%	3.1%	2.7%	4.9%	6.3%	2.2%
Less than 1 hour	44.7%	33.6%	23.5%	36.3%	24.8%	22.8%
1-2 hours	38.2%	44.3%	43.4%	38.6%	43.7%	43.3%
3-4 hours	9.5%	13.4%	23.8%	16.9%	21.7%	24.6%
5 or more hours	2.3%	5.7%	6.6%	3.4%	3.5%	7.1%

How many hours a day do you spend texting, emailing, video chatting, or socializing online?- HS

	2016				2019			
	9th	10th	11th	12th	9th	10th	11th	12th
None	0.7%	2.2%	0.8%	0.9%	0.4%	0.4%	1.7%	2.0%
Less than 1 hour	19.9%	15.9%	18.7%	14.7%	11.9%	16.7%	10.4%	10.4%
1-2 hours	43.1%	42.0%	43.5%	44.8%	45.6%	40.4%	40.3%	42.1%
3-4 hours	28.5%	30.5%	29.0%	28.9%	30.4%	32.4%	37.2%	34.7%
5 or more hours	7.8%	9.3%	8.0%	10.8%	11.9%	10.2%	10.4%	10.9%

Survey Report

Citations

¹Harrison, L. & Hughes, A. (1997). The validity of self-reported drug use in survey research: An overview and critique of research methods. *The Validity of Self-Reported Drug Use: Improving the Accuracy of Survey Estimates*. NIDA Research Monograph 167. Rockville, MD: National Institute of Drug Abuse, 18.

²Vrooman, P. and A. Vrooman. (2010). 2010 Lucas County youth survey. Toledo, OH: The Community Partnership